

**Region III Head Start Administration for Children and Families**

**Evaluation of the  
*I Am Moving, I Am Learning* Enhancement**

Site Visit Observation Checklist: Domain List  
Fall 2007

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1. **Eating Occasions: Foods**—Types of food served/available and how they are served. Menu adherence and content.
2. **Eating Occasions: Beverages**—Types of beverages served/available and how they are served. Menu adherence and content.
3. **Eating Occasions: Staff Behaviors**—Staff behaviors associated with children’s eating habits and types of food staff consume
4. **Physical Activity and Structured Movement: Child Behaviors**—Extent of physical activity and structured movement for children
5. **Physical Activity and Structured Movement: Staff Behaviors**—Staff behaviors associated with encouraging/discouraging physical activity and engaging in structured movement
6. **Center Environment:** Types of equipment and materials present in center to promote healthy nutrition and physical activity