## APPENDIX A

## ECLS-K

Spring 2007 Grade 8 Student Questionnaire


# Spring 2007 Grade 8 Student Questionnaire 

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Use a \#2 pencil to complete this questionnaire.


According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 1850-0750. Approval expires 01/31/2009 The time required to complete this information collection is estimated to average 20 minutes per response, including the time to review instruction, search existing data resources, gather the data needed, and complete and review the information collected. If you have any comments concerning the accuracy of the time estimate or suggestions for improving the survey instrument, please write to: U.S. Department of Education, Washington, D.C. 20202-4700. If you have comments or concerns regarding the status of your individual response to this survey, write directly to: National Center for Education Statistics, 1990 K Street, N.W., Washington, D.C. 20006-5650. Participation is voluntary. You may skip questions you do not wish to answer; however, we hope that you will answer as many questions as you can. Your responses are protected from disclosure by federal statute (PL 107-279, Title I, Part C, Sec. 183). All responses that relate to or describe identifiable characteristics of individuals may be used only for statistical purposes and may not be disclosed, or used, in identifiable form for any other purpose, unless otherwise compelled by law. Data will be combined to produce statistical reports. No individual data that links your name, address, telephone number, or identification number with your responses will be included in the statistical reports.

## MARKING DIRECTIONS

## PLEASE READ CAREFULLY AND USE A SOFT LEAD (\#2) PENCIL TO COMPLETE THIS QUESTIONNAIRE.

## CHECKING BOXES

It is important that you check the box next to your answers and print clearly.
Shown below is the correct way to mark your answers, along with examples of incorrect ways.

## Correct Mark:



## Incorrect Marks:

Light and thin, outside the box, thick or scrawled.


## PRINTING ANSWERS IN BOXES:

Print entire answer in box. Answers should be printed clearly and should not touch or cross any of the box lines. Do not cross zeroes or sevens. That is, do not write a zero with a line through it like this $-\theta$, and do not write a seven with a line through it like this -7 .

Write digits like this:

$$
1234567890
$$

Write words like this:

Harry Potter

## GENERAL INSTRUCTIONS

PLEASE READ EACH QUESTION CAREFULLY. It is important that you follow the directions for responding to each kind of question. Here are examples of the three types of items:

## I. MARK ONE RESPONSE

1. What is the color of your eyes?

MARK ONE RESPONSE.


Brown
$\square$ Blue
$\pm$ Green
Another color

If the color of your eyes is green, you would mark the circle beside green.

## II. MARK ALL THAT APPLY

2. Last week, did you do any of the following?

MARK ALL THAT APPLY.

Saw a play
Went to a movie
Attended a sporting event
None of the above

If you went to a movie and attended a sporting event last week, but did not see a play, you would mark the two circles as shown.

## III. MARK ONE RESPONSE ON EACH LINE.

3. Do you plan to do any of the following next week?

MARK ONE RESPONSE ON EACH LINE.

|  | Yes | No | Don't <br> know | If you plan to study at a friend's <br> house, do not plan to go to a |
| :--- | :---: | :---: | :---: | :--- |
| a. Study at a friend's |  |  |  |  |
| house | $\square$ | $\square$ | $\square$ | museum, and do not plan to visit |
| a relative, you would mark one <br> box on each line as shown. |  |  |  |  |
| b. Go to a museum | $\square$ | $\square$ | $\square$ | $\square$ |

THIS IS THE END OF THE EXAMPLES.

THIS QUESTIONNAIRE IS NOT A TEST.

WE HOPE YOU WILL ANSWER EVERY QUESTION (OTHER THAN THE ONES YOU ARE DIRECTED TO SKIP OVER), BUT YOU MAY SKIP ANY QUESTION YOU DO NOT WISH TO ANSWER.

PLEASE GO TO THE NEXT PAGE
TO BEGIN THE QUESTIONNAIRE.

## YOUR SCHOOL EXPERIENCES

1. This school year, how often did you ...

## MARK ONE RESPONSE ON EACH LINE.

| a.Feel like you fit in at your <br> school? | Never | Sometimes | Often | Always |
| :--- | :--- | :--- | :--- | :--- | :--- |
| b.Feel close to classmates at <br> your school? | $\square$ | $\square$ | $\square$ | $\square$ |
| c.Feel close to teachers at <br> your school? | $\square$ | $\square$ | $\square$ | $\square$ |
| d.Enjoy being at your school? $\square$ $\square$ $\square$ <br> e.Feel safe at your school? $\square$ $\square$ $\square$ $\square$  | $\square$ | $\square$ | $\square$ |  |

2. How important are good grades...

MARK ONE RESPONSE ON EACH LINE.

|  | Not <br> important | Somewhat <br> important | Very <br> Important | Important |  |
| :--- | :--- | :---: | :---: | :---: | :---: |
| a. | To you? | $\square$ | $\square$ | $\square$ | $\square$ |
| b. | To your parents? | $\square$ | $\square$ | $\square$ | $\square$ |

3. Overall, about how many hours do you spend on homework each week both in and out of school combined?
$\square$
hours per week
4. In the past year, have you...

MARK ONE RESPONSE ON EACH LINE.

| a. $\quad$Had a tutor or mentor to help with your reading <br> skills? | No |
| :--- | :--- | :--- |
| b.Had a tutor or mentor to help with your math <br> skills? |  |
| c.Attended summer school for a class you did not do <br> well in during the school year? |  |
| d.Attended summer school so that you could take an <br> advanced or enrichment course? | $\square$ |

5. As things stand now, how far in school do you think you will get? MARK ONE RESPONSE ONLY.

Less than high school graduation
High school graduation or GED only
Attend or complete a 2 -year program in a community college or vocational school
$\square$ Attend college, but not complete a 4-year degree
$\square$ Graduate from a 4-year college
$\square$ Obtain a Master's degree or equivalent
$\square$ Obtain a Ph.D., M.D., or other advanced degree
$\square$ Don't know
6. Among your close friends, how important is it to them that they... MARK ONE RESPONSE ON EACH LINE.

Not \begin{tabular}{c}
Somewhat <br>
important

 

Not applicable, <br>
important <br>
imave no <br>
close friends.
\end{tabular}

7. How often are the following statements true?

MARK ONE RESPONSE ON EACH LINE.

|  |  | Never | Seldom | Sometimes | Often | Always |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. | My classmates think it is important to be my friend. |  |  | $\square$ | $\square$ | $\square$ |
| b. | My classmates like me the way I am. |  |  |  | $\square$ | $\square$ |
| c. | My classmates care about my feelings. | $\square$ | $\square$ | , |  |  |
| d. | My classmates like me as much as they like others. |  | $\square$ |  | $\square$ | $\square$ |
| e. | My classmates really care about me. | $\square$ | $\square$ |  | $\square$ | $\square$ |

## ACTIVITIES

1. Have you participated in the following school-sponsored activities this school year? MARK ONE RESPONSE ON EACH LINE. Participated

Did not participate

$\square$
$\square$
$\square$
2. In a typical week, how many total hours do you spend on all school-sponsored extracurricular activities (sports, clubs, or other activities)?
$\square$
hours per week
3. How often do you spend time...

| MARK ONE RESPONSE ON EACH LINE. |  |  |  |
| :---: | :---: | :---: | :---: |
| Rarely <br> or never | Less than <br> once a week | Once or <br> twice a week | Every day <br> or almost <br> every day |

a. Having friends over to your home?

b. Hanging out at a friend's home?
c. Out with friends (not at someone's home)? $\square$
$\square$

d. Talking with friends on the telephone or Internet?

e. Working on hobbies, arts, crafts, or playing a musical instrument?

f. Taking music, art, foreign language, or dance classes outside of school?
g. Playing non-school sports?

h. In an organized nonschool activity (such as, scouts, 4-H, or youth groups)?
i. At home by yourself?
j. Using a computer for school work? $\square$
$\square$
$\square$
$\square$
4. How many hours of reading do you do each week not counting schoolwork? (Do not count any school-assigned reading.)
$\square$
hours
5. What are the titles of the last two books you have read? (Do not count any schoolassigned reading.)

ENTER NAME OF THE PUBLICATION.
a. $\quad 1^{\text {st }}$ book $\square$
b. $\quad 2^{\text {nd }}$ book $\square$

$\square$Did not read any books
6. How many days in the past week did you ...

WRITE A NUMBER ON EACH LINE.
b. Watch national or local news on TV?

$\begin{array}{llc} & \begin{array}{c}\text { Number of } \\ \text { days }\end{array} \\ \text { a. } & \begin{array}{l}\text { Read national or local news in a newspaper or } \\ \text { from an online news service? }\end{array} & \square\end{array}$
$\square$
7. How many hours a day do you usually watch TV, videotapes, or DVDs? WRITE A NUMBER ON EACH LINE.
a. On weekdays

b. On weekends

8. Do you have a TV in your bedroom? (If you have more than one bedroom, please tell us about the bedroom you spend the most time in.)
$\square$ Yes
$\square$
No
9. How many hours a day do you play computer or videogames such as Nintendo, Play Station, or Xbox? WRITE A NUMBER ON EACH LINE.
Hours
per day
a. On weekdays

b. On weekends $\square$
10. How many hours a day do you spend on the Internet? WRITE A NUMBER ON EACH LINE.
Hours
per day
a. On weekdays

b. On weekends


## ABOUT YOURSELF

1. How true is each of these about you? MARK ONE RESPONSE ON EACH LINE.
a. Math is one of my best subjects.
b. I feel angry when I have trouble learning.
c. I like reading.
d. I worry about taking tests.
e. I get good grades in math.
f. I often feel lonely.
g. English is one of my best subjects.
h. I feel sad a lot of the time.
i. I like math.
j. I worry about doing well in school.
k. I enjoy doing work in reading.
2. I worry about finishing my work.
m. I enjoy doing work in math.
n. I worry about having someone to hang out with at school.

o. I get good grades in English.

p. I feel ashamed when I make mistakes at school.

3. How do you feel about the following statements?

MARK ONE RESPONSE ON EACH LINE. Strongly $\begin{array}{cccc}\text { disagree } & \text { Disagree } & \text { Agree } & \text { agree } \\ \square & \square & \square & \square\end{array}$
a. I feel good about myself.

c. In my life, good luck is more important than hard work for success.

d. I feel I am a person of worth, the equal of other people.
$\square$
$\square$
e. I am able to do things as well as most other people. $\square$
$\square$
f. Every time I try to get ahead, something or somebody stops me.

g. My plans hardly ever work out, so planning only makes me unhappy.


h. On the whole, I am satisfied with myself.
i. I certainly feel useless at times.
j. At times I think I am no good at all.

k. When I make plans, I am almost certain I can make them work.

1. I feel I do not have much to be proud of.

m . Chance and luck are very important for what happens in my life.

2. What adult do you to talk to when you need...

MARK ALL THAT APPLY IN EACH ROW.

|  | Parent | Adult <br> relative | Adult at <br> school | Other <br> adult | No one |  |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: |
| a. | Someone to cheer you up? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. | $\square$ | $\square$ | $\square$ | $\square$ |  |  |
| c. | Adpice about making <br> Amportant decisions? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

4. What kid do you to talk to when you need... MARK ALL THAT APPLY IN EACH ROW.

|  | Brother <br> or sister | Friends <br> at school | Other <br> friends | No one |
| :--- | :--- | :--- | :--- | :--- |
| a. | Someone to cheer you up? | $\square$ | $\square$ | $\square$ |
| b. | Help with school work? | $\square$ | $\square$ | $\square$ |
| c. | Advice about making <br> important decisions? | $\square$ | $\square$ | $\square$ |

5. Is English your native language (the first language you learned to speak when you were a child)?

## $\square$ <br> Yes (GO TO NEXT SECTION ON PAGE 15) <br> $\square$ <br> No

6. How often do you speak your native language with...

MARK ONE RESPONSE ON EACH LINE.
IF AN EXAMPLE DOES NOT APPLY TO YOU, MARK "Does not apply."

| Sometimes | About half <br> of the time | Always <br> or most <br> of the time | Does not <br> apply |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| a. your parents? | $\square$ | $\square$ | $\square$ | $\square$ |

## WEIGHT AND EXERCISE

1. How would you describe your weight?

MARK ONE RESPONSE.Very underweightSlightly underweight

$\square$
About the right weightSlightly overweight
$\square$ Very overweight
2. Are you trying to do any of the following about your weight? MARK ONE RESPONSE.Lose weightGain weightStay the same weightI am not trying to do anything about my weight
3. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic exercise?

MARK ONE RESPONSE.

| $\square$ | 0 days | $\square$ | 3 days | $\square$ |
| :--- | :--- | :--- | :--- | :--- |
|  | 1 days |  |  |  |
| $\square$ | days |  |  |  |

4. In an average week when you are in school, on how many days do you go to physical education (PE) classes?
MARK ONE RESPONSE.

| $\square$ | 0 days | $\square$ | 3 days |
| :--- | :--- | :--- | :--- |
| $\square$ | 1 days | $\square$ | 4 days |
| $\square$ | 2 days | $\square$ | 5 days |

## YOUR DIET

These questions are about buying food and drinks at your school. Please only think about buying things at school; do not think about eating at school.

1. In your school, can kids buy candy, ice cream, cookies, cakes, brownies or other sweets in the school?

$\square$Yes No (GO TO QUESTION 4)
2. During the last week that you were in school, how many times did you buy candy, ice cream, cookies, cakes, brownies or other sweets at school? MARK ONE RESPONSE.

1 time per day
2 times per day

$\square$
3 times per day

$\square$
4 or more times per day
3. During the last week that you were in school, where in the school did you usually buy candy, ice cream, cookies, cakes, brownies or other sweets? MARK ONE RESPONSE.

$\square$
Vending machine in school
School cafeteriaSomewhere else in school
4. In your school, can kids buy potato chips, corn chips (Fritos, Doritos), Cheetos, pretzels, popcorn, crackers or other salty snack foods at school?Yes
$\square$
No (GO TO QUESTION 7)
5. During the last week that you were in school, how many times did you buy salty snack foods at school? MARK ONE RESPONSE.

$\square$I did not buy any at school during the last week in school (GO TO QUESTION 7)1 or 2 times during the last week in school3 or 4 times during the last week in school 1 time per day

2 times per day
3 times per day

$\square$
4 or more times per day
6. During the last week that you were in school, where in the school did you usually buy salty snack foods? MARK ONE RESPONSE.

$\square$Vending machine in school

$\square$School cafeteria
$\square$ Somewhere else in school
7. In your school, can kids buy soda pop (EXAMPLES Coke, Pepsi, Mountain Dew), sports drinks (EXAMPLE Gatorade), or fruit drinks that are not $\mathbf{1 0 0 \%}$ fruit juice (EXAMPLES Kool-Aid, Hi-C, Fruitopia, Fruitworks) in the school?

Yes
No (GO TO QUESTION 10)
8. During the last week that you were in school, how many times did you buy soda pop, sports drinks, or fruit drinks at school?
MARK ONE RESPONSE.I did not buy any at school during the last week in school
(GO TO QUESTION 10)1 or 2 times during the last week in school

$\square$
3 or 4 times during the last week in school
1 time per day
2 times per day
3 times per day

$\square$
4 or more times per day
9. During the last week that you were in school, where in the school did you usually buy soda pop, sports drinks, or fruit drinks?
MARK ONE RESPONSE.Vending machine in school
School cafeteriaSomewhere else in school

The next questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.
10. During the past 7 days, how many glasses of milk did you drink? (Include all types of milk, including cow's milk, soy milk or any other kind of milk; include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
MARK ONE RESPONSE.

11. What kind of milk did you drink during the past 7 days? MARK ONE RESPONSE.

$\square$
Regular milk from a cow (including whole milk, low fat milk, chocolate milk, or any other kind of cow's milk)Soy milk

$\square$
Both regular milk and soy milkSome other kind of milk
12. During the past 7 days, how many times did you drink $100 \%$ fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
MARK ONE RESPONSE.

$\square$
I did not drink $100 \%$ fruit juice during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day
2 times per day

$\square$
3 times per day
$\square$
4 or more times per day
13. During the past 7 days, how many times did you drink soda pop (EXAMPLES Coke, Pepsi, Mountain Dew), sports drinks (EXAMPLE Gatorade), or fruit drinks that are not $\mathbf{1 0 0 \%}$ fruit juice (EXAMPLES Kool-Aid, Hi-C, Fruitopia, Fruitworks)? MARK ONE RESPONSE.

I did not drink any during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days

$\square$
1 time per day
2 times per day
3 times per day
$\square$
4 or more times per day
14. During the past 7 days, how many times did you eat green salad? MARK ONE RESPONSE.I did not eat any green salad during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day

$\square$
2 times per day
3 times per day
$\square$
4 or more times per day
15. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.) MARK ONE RESPONSE.

I did not eat potatoes during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day

$\square$
2 times per day

$\square$
3 times per day
4 or more times per day
16. During the past 7 days, how many times did you eat carrots? MARK ONE RESPONSE.I did not eat carrots during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
$\square 1$ time per day
$\square 2$ times per day
$\square 3$ times per day
$\square 4$ or more times per day
17. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.) MARK ONE RESPONSE.

- 

I did not eat other vegetables during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day
2 times per day
3 times per day
$\square$
4 or more times per day
18. During the past 7 days, how many times did you eat fruit, such as apples, bananas, oranges, berries or other fruit? (Do not count fruit juice.) MARK ONE RESPONSE.

I did not eat fruit during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day
2 times per day

$\square$
3 times per day
$\square$
4 or more times per day
19. During the past 7 days, about how many times did you eat a meal or snack from a fast food restaurant such as McDonald's, Pizza Hut, Burger King, KFC (Kentucky Fried Chicken), Taco Bell, Wendy's and so on? MARK ONE RESPONSE.

I did not eat food from a fast food restaurant during the past 7 days
1 to 3 times during the past 7 days
4 to 6 times during the past 7 days
1 time per day

$\square$
2 times per day
$\square$
3 times per day
4 or more times per day
20. Date questionnaire completed:


## THANK YOU FOR YOUR COOPERATION.

