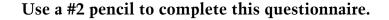
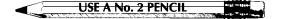


Spring 2007 Grade 8 Student Questionnaire

Prepared for the U.S. Department of Education National Center for Education Statistics by:

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ABEL

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 1850-0750. Approval expires 01/31/2009. The time required to complete this information collection is estimated to average 20 minutes per response, including the time to review instruction, search existing data resources, gather the data needed, and complete and review the information collected. If you have any comments concerning the accuracy of the time estimate or suggestions for improving the survey instrument, please write to: U.S. Department of Education, Washington, D.C. 20202-4700. If you have comments or concerns regarding the status of your individual response to this survey, write directly to: National Center for Education Statistics, 1990 K Street, N.W., Washington, D.C. 20006-5650.

The collection of information in this survey is authorized by Public Law 107-279 Education Sciences Reform Act of 2002, Title I, Part C, Sec. 151[b] and Sec. 153[a]. Participation is voluntary. You may skip questions you do not wish to answer; however, we hope that you will answer as many questions as you can. Your responses are protected from disclosure by federal statute [PL 107-279, Title I, Part C, Sec. 183]. All responses that relate to or describe identifiable characteristics of individuals may be used only for statistical purposes and may not be disclosed, or used, in identifiable form for any other purpose, unless otherwise compelled by law. Data will be combined to produce statistical reports. No individual data that links your name, address, telephone number, or identification number with your responses will be included in the statistical reports.

MARKING DIRECTIONS

PLEASE READ CAREFULLY AND USE A SOFT LEAD (#2) PENCIL TO COMPLETE THIS QUESTIONNAIRE.

CHECKING BOXES

It is important that you check the box next to your answers and print clearly.

Shown below is the correct way to mark your answers, along with examples of incorrect ways.

Correct Mark:



Incorrect Marks:

Light and thin, outside the box, thick or scrawled.



PRINTING ANSWERS IN BOXES:

Print entire answer in box. Answers should be printed clearly and should not touch or cross any of the box lines. Do not cross zeroes or sevens. That is, do not write a zero with a line through it like this $-\theta$, and do not write a seven with a line through it like this $-7 \cdot$

Write digits like this:

1234567890

Write words like this:

Harry Potter

GENERAL INSTRUCTIONS

PLEASE READ EACH QUESTION CAREFULLY. It is important that you follow the directions for responding to each kind of question. Here are examples of the three types of items:

I. MARK ONE RESPONSE

1.	What is the color of MARK ONE RESE		ves?		
	Brown Blue Green Another col	or		or of your eye would mar de green.	
		-		L THAT	APPLY
2.	Last week, did you MARK ALL THA	,		owing?	
	Saw a play Went to a n Attended a None of the	sporting e	event	attended a week, but	nt to a movie and sporting event last did not see a play, I mark the two circles
3.	III. MA Do you plan to do MARK ONE RESE	any of th	e followin	ıg next wee	ON EACH LINE.
	Charles at a fui and/a	Yes	No	Don't know	If you plan to study at a friend's
a.	Study at a friend's house				house, do not plan to go to a museum, and do not plan to visit
b.	Go to a museum				a relative, you would mark one box on each line as shown.
c.	Visit a relative				NOT OIL CHOIL IIILO BU UILU WIII

THIS IS THE END OF THE EXAMPLES.

THIS QUESTIONNAIRE IS NOT A TEST.

WE HOPE YOU WILL ANSWER EVERY QUESTION (OTHER THAN THE ONES YOU ARE DIRECTED TO SKIP OVER), BUT YOU MAY SKIP ANY QUESTION YOU DO NOT WISH TO ANSWER.

PLEASE GO TO THE NEXT PAGE TO BEGIN THE QUESTIONNAIRE.

YOUR SCHOOL EXPERIENCES

1.	This	s school year, how often did you		ONE RESPON	ISE ON EAC	CH LINE.
			Never	Sometimes	Often	Always
	a.	Feel like you fit in at your school?				
	b.	Feel close to classmates at your school?				
	c.	Feel close to teachers at your school?				
	d.	Enjoy being at your school?				
	e.	Feel safe at your school?				
2.	How	v important are good grades	MARK C	ONE RESPON	ISE ON EAC	CH LINE.
	a.	To you?	Not important	Somewhat important	Important	Very Important
	b.	To your parents?				
3.	out	rall, about how many hours do y of school combined? rs per week	you spend on	n homework	each week b	oth in and

4.	In th	ne past year, have you	MA	RK ONE RE	SPONSE ON	N EACH LINE.
					Yes	No
	a.	Had a tutor or mentor to he skills?	elp with you	r reading		
	b.	Had a tutor or mentor to he skills?	elp with you	r math		
	c.	Attended summer school for well in during the school ye	,	u did not do		
	d.	Attended summer school so advanced or enrichment co		ould take an		
5.		hings stand now, how far in so RK ONE RESPONSE ONLY.	chool do you	ı think you v	will get?	
		Less than high school gradu	ıation			
		High school graduation or (
		Attend or complete a 2-year school	r program in	a communi	ty college or	vocational
		Attend college, but not con	nplete a 4-ye	ear degree		
		Graduate from a 4-year coll	ege			
		Obtain a Master's degree or	equivalent			
		Obtain a Ph.D., M.D., or ot	her advance	d degree		
		Don't know				
6.	Amo	ong your close friends, how in		t to them tha CONE RESPO		ACH LINE.
			Not important	Somewhat important	Very important	Not applicable, I have no close friends.
	a.	Attend classes regularly?				
	b.	Get good grades?				
	c.	Continue their education past high school?				

How often are the following statements true? MARK ONE RESPONSE ON EACH LINE. 7.

		Never	Seldom	Sometimes	Often	Always
a.	My classmates think it is important to be my friend.					
b.	My classmates like me the way I am.					
c.	My classmates care about my feelings.					
d.	My classmates like me as much as they like others.					
e.	My classmates really care about me.					

ACTIVITIES

1.	Have you participated in the following school-sponsored activities this school y MARK ONE RESPONSE ON EACH LIN							
			Did not		Participated			
			participate	Participated	as an officer, leader, or captain			
	a.	School sports						
	b.	Drama or music						
	c.	School clubs (e.g., school yearbook, newspaper, hobby club, photography)						
2.		typical week, how many total ho acurricular activities (sports, club	, -		ol-sponsored			
	hour	rs per week						

3.	How	often do you spend time	MARK ONE RESPONSE ON EACH LINE. Every day					
			Rarely or never	Less than once a week	Once or twice a week	or almost every day		
	a.	Having friends over to your home?						
	b.	Hanging out at a friend's home?						
	c.	Out with friends (not at someone's home)?						
	d.	Talking with friends on the telephone or Internet?						
	e.	Working on hobbies, arts, crafts, or playing a musical instrument?						
	f.	Taking music, art, foreign language, or dance classes outside of school?						
	g.	Playing non-school sports?						
	h.	In an organized non- school activity (such as, scouts, 4-H, or youth groups)?						
	i.	At home by yourself?						
	j.	Using a computer for school work?						
4.		many hours of reading do you		eek <u>not</u> count	ting schoolwo	rk?		

hours

		9

5.	What are the titles of the last two books you have read? (Do not count any school-assigned reading.)				
		ENTER NAME OF THE F	PUBLICATION.		
	a.	1st book			
	b.	2 nd book			
		Did not read any books			
6.		many days in the past week did you FE A NUMBER ON EACH LINE.			
			Number of days		
	a.	Read national or local news in a newspaper or from an online news service?			
	b.	Watch national or local news on TV?			
7.		many hours a day do you <u>usually</u> watch TV, video ΓΕ Α NUMBER ON EACH LINE.	tapes, or DVDs?		
			Hours per day		
	a.	On weekdays			
	b.	On weekends			
8.		ou have a TV in your bedroom? (If you have more t s about the bedroom you spend the most time in.)	han one bedroom, please		
		Yes No			

9.	How many hours a day do you play comput Station, or Xbox? WRITE A NUMBER ON	, ,
		Hours per day
	a. On weekdays	
	b. On weekends	
10.	How many hours a day do you spend on the EACH LINE.	Internet? WRITE A NUMBER ON
		Hours per day
	a. On weekdays	
	b. On weekends	

ABOUT YOURSELF

1.		true is each of these about you? K ONE RESPONSE ON EACH LINE.				
	141711	R ONE RESTORAGE ON EARCH EARL.	Not at all true	A little bit true	Mostly true	Very true
	a.	Math is one of my best subjects.				
	b.	I feel angry when I have trouble learning.				
	c.	I like reading.				
	d.	I worry about taking tests.				
	e.	I get good grades in math.				
	f.	I often feel lonely.				
	g.	English is one of my best subjects.				
	h.	I feel sad a lot of the time.				
	i.	I like math.				
	j.	I worry about doing well in school.				
	k.	I enjoy doing work in reading.				
	1.	I worry about finishing my work.				
	m.	I enjoy doing work in math.				
	n.	I worry about having someone to hang out with at school.				
	о.	I get good grades in English.				
	p.	I feel ashamed when I make mistakes at school.				

REFERENCES

^{1.} Adapted with permission from Self-Description Questionnaire II (SDQII; Marsh, 1990).

2.		RK ONE RESPONSE ON EACH LINE.	Strongly disagree	Disagree	Agree	Strongly agree
	a.	I feel good about myself.				
	b.	I don't have enough control over the direction my life is taking.				
	c.	In my life, good luck is more important than hard work for success.				
	d.	I feel I am a person of worth, the equal of other people.				
	e.	I am able to do things as well as most other people.				
	f.	Every time I try to get ahead, something or somebody stops me.				
	g.	My plans hardly ever work out, so planning only makes me unhappy.				
	h.	On the whole, I am satisfied with myself.				
	i.	I certainly feel useless at times.				
	j.	At times I think I am no good at all.				
	k.	When I make plans, I am almost certain I can make them work.				
	1.	I feel I do not have much to be proud of.				
	m.	Chance and luck are very important for what happens in my life.				
3.		t adult do you to talk to when you need RK ALL THAT APPLY IN EACH ROW.				
					Other adult	No one
	a.	Someone to cheer you up?				
	b.	Help with school work?				
	c.	Advice about making important decisions?				

4.		t kid do you to talk to v RK ALL THAT APPLY	,					
				Brother or sister	Friends at school	Other friend		
	a.	Someone to cheer you	u up?					
	b.	Help with school wor	rk?					
	c.	Advice about making important decisions?						
5.		nglish your native langu a child)?	age (the	first lang	uage you	learned	to speak wh	ien you
		Yes (GO TO NEXT S No	ECTION	N ON PAC	GE 15)			
6.	MAF	often do you speak you RK ONE RESPONSE OF N EXAMPLE DOES NO	N EACH	LINE.		K "Does	anot apply."	,
	a.	your parents?	Never	Somet		out half he time	Always or most of the time	Does not apply
	b.	your brothers and sisters?						
	c.	friends in your school?]			
	d.	friends outside of your school?]			

WEIGHT AND EXERCISE

1.	How would you describe your weight? MARK ONE RESPONSE.			
	Very underweight			
	Slightly underweig	ht		
	About the right we	ight		
	Slightly overweigh	t		
	Very overweight			
2.	Are you trying to do any of the following about your weight? MARK ONE RESPONSE.			
	Lose weight			
	Gain weight			
	Stay the same weig	ht		
	I am not trying to o	lo anything about my weigh	nt	
3.	for at least 20 minutes th		participate in physical activity the hard, such as basketball, ancing, or similar aerobic	
	MARK ONE	RESPONSE.		
	0 days	3 days	6 days	
	1 days	4 days	7 days	
	2 days	5 days		
4.	In an average week when you are in school, on how many days do you go to physical education (PE) classes? MARK ONE RESPONSE.			
	0 days	3 days		
	1 days	4 days		
	2 days	5 days		

YOUR DIET

These questions are about buying food and drinks at your school. Please only think about buying things at school; do not think about eating at school.

1.	-	In your school, can kids <u>buy</u> candy, ice cream, cookies, cakes, brownies or other sweets in the school?		
		es To (GO TO QUESTION 4)		
2.	ice crear	the <u>last week</u> that you were in school, how many times did you <u>buy</u> candy n, cookies, cakes, brownies or other sweets at school? ONE RESPONSE.		
		did not buy any at school during the last week in school GO TO QUESTION 4)		
		or 2 times during the last week in school		
	3	or 4 times during the last week in school		
		time per day		
		times per day		
	3	times per day		
	4	or more times per day		
3.	<u>buy</u> can	the <u>last week</u> that you were in school, where in the school did you usually dy, ice cream, cookies, cakes, brownies or other sweets? ONE RESPONSE.		
		ending machine in school		
	So	chool cafeteria		
		omewhere else in school		
4.		school, can kids <u>buy</u> potato chips, corn chips (Fritos, Doritos), Cheetos, popcorn, crackers or other salty snack foods at school?		
	Y	es		
	L N	(o (GO TO QUESTION 7)		

5.	snack foods at school? MARK ONE RESPONSE.		
		I did not buy any at school during the last week in school (GO TO QUESTION 7)	
		1 or 2 times during the last week in school	
		3 or 4 times during the last week in school	
		1 time per day	
		2 times per day	
		3 times per day	
		4 or more times per day	
6.	<u>buy</u> s	ng the <u>last week</u> that you were in school, where in the school did you usually salty snack foods?	
		RK ONE RESPONSE.	
		Vending machine in school	
		Vending machine in school School cafeteria	
		Vending machine in school	
7.	sport	Vending machine in school School cafeteria	
7.	sport	Vending machine in school School cafeteria Somewhere else in school our school, can kids buy soda pop (EXAMPLES Coke, Pepsi, Mountain Dew), s drinks (EXAMPLE Gatorade), or fruit drinks that are not 100% fruit juice	

8.	During the <u>last week</u> that you were in school, how many times did you <u>buy</u> soda pop, sports drinks, or fruit drinks at school? MARK ONE RESPONSE.		
		I did not buy any at school during the last week in school (GO TO QUESTION 10)	
		1 or 2 times during the last week in school	
		3 or 4 times during the last week in school	
		1 time per day	
		2 times per day	
		3 times per day	
		4 or more times per day	
9.	<u>buy</u> s	ng the <u>last week</u> that you were in school, where in the school did you usually soda pop, sports drinks, or fruit drinks? KK ONE RESPONSE.	
		Vending machine in school	
		School cafeteria	
		Somewhere else in school	
the r	neals a	nestions ask about food you ate or drank during the <u>past 7 days</u> . Think about all nd snacks you had from the time you got up until you went to bed. Be sure to d you ate at home, at school, at restaurants, or anywhere else.	
10.	of mi you o milk	ng the <u>past 7 days</u> , how many glasses of milk did you drink? (Include all types ilk, including cow's milk, soy milk or any other kind of milk; include the milk drank in a glass or cup, from a carton, or with cereal. Count the half pint of served at school as equal to one glass.) CK ONE RESPONSE.	
		I did not drink milk during the past 7 days (GO TO QUESTION 12)	
		1 to 3 glasses during the past 7 days	
		4 to 6 glasses during the past 7 days	
		1 glass per day	
		2 glasses per day	
		3 glasses per day	
		4 or more glasses per day	

11.		What kind of milk did you drink during the <u>past 7 days</u> ? MARK ONE RESPONSE.		
		Regular milk from a cow (including whole milk, low fat milk, chocolate milk, or any other kind of cow's milk)		
		Soy milk		
		Both regular milk and soy milk		
		Some other kind of milk		
12.	oran; drinl	ng the <u>past 7 days</u> , how many times did you drink 100% fruit juices such as ge juice, apple juice, or grape juice? (Do <u>not</u> count punch, Kool-Aid, sports as, or other fruit-flavored drinks.) RK ONE RESPONSE.		
		I did not drink 100% fruit juice during the past 7 days		
		1 to 3 times during the past 7 days		
		4 to 6 times during the past 7 days		
		1 time per day		
		2 times per day		
		3 times per day		
		4 or more times per day		
13.	Peps not 1	ng the <u>past 7 days</u> , how many times did you drink soda pop (EXAMPLES Coke, i, Mountain Dew), sports drinks (EXAMPLE Gatorade), or fruit drinks that are 100% fruit juice (EXAMPLES Kool-Aid, Hi-C, Fruitopia, Fruitworks)?		
		I did not drink any during the past 7 days		
		1 to 3 times during the past 7 days		
		4 to 6 times during the past 7 days		
		1 time per day		
		2 times per day		
		3 times per day		
		4 or more times per day		

14.	During the <u>past 7 days</u> , how many times did you eat green salad? MARK ONE RESPONSE.		
		I did not eat any green salad during the past 7 days	
		1 to 3 times during the past 7 days	
		4 to 6 times during the past 7 days	
		1 time per day	
		2 times per day	
		3 times per day	
		4 or more times per day	
15. During the <u>past 7 days</u> , how many times did you eat potatoes? (Do <u>not</u> c fries, fried potatoes, or potato chips.) MARK ONE RESPONSE.			
		I did not eat potatoes during the past 7 days	
		1 to 3 times during the past 7 days	
		4 to 6 times during the past 7 days	
		1 time per day	
		2 times per day	
		3 times per day	
		4 or more times per day	
16.	During the <u>past 7 days</u> , how many times did you eat carrots? MARK ONE RESPONSE.		
		I did not eat carrots during the past 7 days	
		1 to 3 times during the past 7 days	
		4 to 6 times during the past 7 days	
		1 time per day	
		2 times per day	
		3 times per day	
		4 or more times per day	

17.	During the <u>past 7 days</u> , how many times did you eat other vegetables? (Do <u>not</u> count green salad, potatoes, or carrots.) MARK ONE RESPONSE.		
	I did not eat other vegetables during the past 7 days		
	1 to 3 times during the past 7 days		
	4 to 6 times during the past 7 days		
	1 time per day		
	2 times per day		
	3 times per day		
	4 or more times per day		
18.	During the <u>past 7 days</u> , how many times did you eat fruit, such as apples, bananas oranges, berries or other fruit? (Do <u>not</u> count fruit juice.) MARK ONE RESPONSE.		
	I did not eat fruit during the past 7 days		
	1 to 3 times during the past 7 days		
	4 to 6 times during the past 7 days		
	1 time per day		
	2 times per day		
	3 times per day		
	4 or more times per day		
19.	During the <u>past 7 days</u> , about how many times did you eat a meal or snack from a fast food restaurant such as McDonald's, Pizza Hut, Burger King, KFC (Kentucky Fried Chicken), Taco Bell, Wendy's and so on? MARK ONE RESPONSE.		
	I did not eat food from a fast food restaurant during the past 7 days		
	1 to 3 times during the past 7 days		
	4 to 6 times during the past 7 days		
	1 time per day		
	2 times per day		
	3 times per day		
	4 or more times per day		

20.	Date questionnaire completed:			
	MONTH	DAY	YEAR	

THANK YOU FOR YOUR COOPERATION.