

# MCBS Planner 2007

CONTINUING SAMPLE



*Because we care...*

## **Your answers are confidential**

All information you provide will be kept in strict confidence under the laws prescribed by the Privacy Act of 1974. Information cannot be disclosed in any form that would permit identification of an individual in this study.

Organizing your medical papers and bills can be very time consuming. Using this MCBS Respondent Planner will help! The handy calendar will keep track of your appointments, important dates and bills right where you can find them.



## Message from CENTERS for MEDICARE & MEDICAID SERVICES

Thank you for participating in the Medicare Current Beneficiary Survey (MCBS). With your help, we are working to make Medicare a more cost-effective purchaser of high-quality health care that meets the needs of all beneficiaries.

*Franklin J. Epstein, Jr.*

## Message from

Your participation in the MCBS provides valuable information to both researchers and policymakers about the needs of Americans who have Medicare health insurance.

CMS collects large amounts of information about hospitals, doctors, and other medical professionals. They can tell how Medicare works for those groups. But the only way to learn about how the Medicare program works for people like you, is to ask.

AARP supports this survey because we think it is important. Please take part, and help improve your Medicare program. Whether you take part in the survey is entirely your choice. Your Medicare benefits will not be affected by the answers that you give, or by whether or not you participate. Also, your answers must be kept private and confidential. There is a law – the federal Privacy Act – that requires this.

## Using Your Planner

It is helpful to use the separate folder to store Medicare/insurance statements, canceled checks, medical bills/receipts and RX labels/receipts. A convenient way you may choose to keep track of your health care events is to write down the following items in your planner.

- Doctor and dentist appointments.
- Prescribed medicines you obtained, including refills.
- If you do not have a bill or receipt, record the total cost and what was paid.
- Hospital visits including the emergency room (ER) and outpatient department (OPD).
- Labs, x-rays, or other tests.
- Nursing home stays.
- Home Visits by a medical professional, family, or friend.
- Eyeglasses, diabetic equipment, ambulance services, or other medical items.

## Important Numbers & Websites

MCBS Respondent Hotline: **1-800-937-8286**  
 Medicare Hotline: **1-800-633-4227**  
 Medicare Fraud Hotline: **1-800-447-8477**  
 Social Security Administration: **1-800-772-1213**

[www.cms.hhs.gov/mcbs](http://www.cms.hhs.gov/mcbs)  
[www.aarp.org](http://www.aarp.org)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <small>New Year's Day</small>	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <small>Martin Luther King, Jr. Day (observed)</small>	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<h1>January</h1> <h1>2007</h1>		



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1	2	3
4	5	6	7	8	9	10
11	12 <i>Lincoln's Birthday</i>	13	14 <i>Valentine's Day</i>	15	16	17
18	19 <i>President's Day</i>	20	21	22	23	24
25	26	27	28	<i>February</i> 2007		

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<i>March</i> 2007				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17 <i>St. Patrick's Day</i>
18	19	20 <i>First Day of Spring</i>	21	22	23	24
25	26	27	28	29	30	31



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Daylight Savings Time Begins</i>	2	3	4	5	6 <i>Good Friday</i>	7
8 <i>Easter</i>	9	10	11	12	13	14
15	16	17	18	19	20 <i>Passover</i>	21
22 <i>Earth Day</i>	23	24	25	26	27	28
29	30	<i>April</i> 2007				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13 <i>Mother's Day</i>	14	15	16	17	18	19 <i>Armed Forces Day</i>
20	21	22	23	24	25	26
27	28 <i>Memorial Day</i>	29	30	31	<i>May</i> 2007	



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

# June 2007

					1	2
3	4	5	6	7	8	9
10	11	12	13	14 <i>Flag Day</i>	15	16
17 <i>Father's Day</i>	18	19	20	21 <i>First Day of Summer</i>	22	23
24	25	26	27	28	29	30

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4 <i>Independence Day</i>	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# July 2007



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>August</i> 2007			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>September</i> 2007						1
2	3 <i>Labor Day</i>	4	5	6	7	8
9 <i>Grandparents Day</i>	10	11	12	13 <i>Rosh Hashanah; First Day of Autumn</i>	14	15
16	17	18	19	20	21	22 <i>Yom Kippur</i>
23 <i>First Day of Autumn</i>	24	25	26	27	28	29
30						



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 <small>Columbus Day</small>	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 <small>Daylight Savings Time Ends</small>	29	30	30	31 <small>Halloween</small>	<h1>October</h1> <h2>2007</h2>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November</h1> <h2>2007</h2>				1	2	3
				4	5	6
11 <small>Veterans Day</small>	12	13	14	15	16	17
19	19	20	21	22 <small>Thanksgiving Day</small>	23	24
25	26	27	29	29	30	



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

# December 2007

						1
2	3	4	5 <i>Hanukkah</i>	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 <i>First Day of Winter</i>
23	24	25 <i>Christmas Day</i>	26	27	28	29
30	31					

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

		1 <i>New Year's Day</i>	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 <i>Martin Luther King, Jr. Day (observed)</i>	22	23	24	25	26
27	28	29	30	31	<h1>January 2008</h1>	



# MCBS 2007

# MCBS 2008

## JANUARY 2007

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## FEBRUARY 2007

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

## MARCH 2007

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## JANUARY 2008

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## FEBRUARY 2008

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

## MARCH 2008

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## APRIL 2007

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## MAY 2007

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## JUNE 2007

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## APRIL 2008

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## MAY 2008

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## JUNE 2008

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## JULY 2007

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## AUGUST 2007

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## SEPTEMBER 2007

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## JULY 2008

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## AUGUST 2008

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## SEPTEMBER 2008

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## OCTOBER 2007

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## NOVEMBER 2007

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## DECEMBER 2007

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## OCTOBER 2008

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## NOVEMBER 2008

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## DECEMBER 2008

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			