

**UNITED STATES NAVAL ACADEMY** *Admissions* 

**USNA Candidate Fitness Assessment Application**


**Danielle Lynn Kaegel / Candidate Number: 121811**

Click [here](#) for Application Instructions

The above named U.S. Naval Academy Candidate is in the process of applying for an appointment in the United States Naval Academy and has designated you to submit a Candidate Fitness Assessment Application on his or her behalf. This application must be completed by a Physical Education Instructor/Coach.

Please read Application Instructions thoroughly and complete this document accurately. This is an integral portion of the Naval Academy application process and will be reviewed carefully by the United States Naval Academy Admissions Office.

Contact [USNA Admissions](#) if you have any questions or concerns regarding this application.

<b>Date of Examination:</b> (DD-MON-YYYY)	<input type="text"/>	 (Required)
<b>Height:</b> (Inches)	<input type="text"/>	(Required)
<b>Weight:</b> (Pounds)	<input type="text"/>	(Required)
<b>Pull-Ups:</b> (Number Completed)	<input type="text"/>	(Required)
<b>Flex Arm Hang:</b> (Round to the Nearest Second)	<input type="text"/>	(Required, If Unable To Execute One Pull-Up)
<b>Push-Ups:</b> (Number Completed)	<input type="text"/>	(Required)
<b>Basketball Throw:</b> (Feet)	<input type="text"/>	(Required)
<b>40 Yard Shuttle Run:</b> (Round to the Nearest Tenth of a Second)	<input type="text"/>	(Required)
<b>Abdominal Crunches:</b> (Number Completed)	<input type="text"/>	(Required)
<b>One Mile Run:</b> (Minutes:Seconds)	<input type="text"/>	(Required)
<b>Remarks:</b> (Limited to 2000 Characters)	<div style="border: 1px solid black; height: 100px;"></div>	
<b>Evaluator Phone Number:</b>	<input type="text"/>	(Required)
<b>Evaluator Job Title:</b>	<input type="text"/> (Required)	

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PRIVACY ACT STATEMENT Authority: Title 5 USC Ch 301; Title 10 USC Ch 403 Sec 4346, Ch 503, Ch 505 Sec 5031, Ch 603 Sec 6958; Title 44 USC 3101; EO 9397. AUTHORIZE USE of data requested for PURPOSES of evaluation by the Service Academies. SSN AND CANDIDATE NUMBER are required for identification. DISCLOSURE IS VOLUNTARY; however, failure to provide information could preclude appointment. RELEASE AUTHORIZATION: Submission of this application constitutes requisite written authorization by the party above whom the record is maintained for release to the following individuals/entities: appropriate Members of Congress (sources of nomination), other officer accession programs and to parent or guardian of record. Release to any other individual/entity is only as permissible by law. WAIVER: Submission of this application constitutes requisite written waiver by the party about whom this record is maintained of the right to review this record, including the school official's evaluation, if the school official stipulates a request for confidentiality.

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Select 'Submit' to submit completed application to the United States Naval Academy.  
Select 'Print' to print a copy for your records.  
Select 'Exit' to exit without saving.