## Appendix E2. Data Collection Instrument for Students – "Student Health Survey" With Skip Patterns





## Student Health Survey

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. It will also ask you questions about your experience taking this survey. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Public reporting burden for this collection of information is estimated to average 45 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, GA 30333, ATTN:PRA (0920-XXXX).

Thank you very much for your help.

## **DIRECTIONS**

Use a #2 pencil only. Make dark marks. Fill in a response like this: (A) (B) If you change your answer, erase your old answer completely. 1. How old are you? 12 years old or younger 13 years old 14 years old 15 years old 16 years old 17 years old 18 years old or older 2. What is your sex? Female Male 3. In what grade are you? 9th grade 10th grade 11th grade 12th grade Ungraded or other grade Are you Hispanic or Latino? 4. Yes No What is your race? **(Select one or more responses.)** 5. American Indian or Alaska Native Asian Black or African American Native Hawaiian or Other Pacific Islander

White

6. How tall are you without your shoes on?
Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

He	ight
Feet	Inches
3	0
4	1
5	2
6	3
7	4
	5
	6
	7
	8
	9
	10
	11

7. How much do you weigh without your shoes on?
Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

Example

Weight		
	Pounds	
1	5	2
0		( )
	1	
2	2	
3	(3)	(3)
	4	4
		5
	6	6
	7	7
	8	8
	9	9

	Weight	
	Pounds	
9	$\bigcirc$	$\bigcirc$
1		
2	2	2
3	(3)	(3)
	4	4
	5	5
	(G)	(G)
	7	7
	8	8
	9	(G)

## The next 4 questions ask about safety.

8.	When A B C D E F	you rode a bicycle during the past 12 months, how often did you wear a helmet? I did not ride a bicycle during the past 12 months Never wore a helmet Rarely wore a helmet Sometimes wore a helmet Most of the time wore a helmet Always wore a helmet
9.	How of A. B. C. D. E.	ften do you wear a seat belt when <b>riding in</b> a car driven by someone else?  Never  Rarely  Sometimes  Most of the time  Always
10.		the past 30 days, how many times did you <b>ride</b> in a car or other vehicle <b>driven by ne who had been drinking alcohol?</b> 0 times  1 time  2 or 3 times  4 or 5 times  6 or more times
11. The n	had be A. B. C. D. E.	the past 30 days, how many times did you <b>drive</b> a car or other vehicle <b>when you een drinking alcohol?</b> 0 times  1 time  2 or 3 times  4 or 5 times  6 or more times  questions ask about violence-related behaviors.
12.	During or club (A) (B) (C) (D) (E)	g the past 30 days, on how many days did you carry <b>a weapon</b> such as a gun, knife, o?  0 days

13.	Durir A. B. C. D. E.	ng the past 30 days, on how many days did you carry <b>a gun?</b> 0 days 1 day 2 or 3 days 4 or 5 days 6 or more days
14.		ng the past 30 days, on how many days did you carry a weapon such as a gun, knife, ub <b>on school property?</b> 0 days  1 day  2 or 3 days  4 or 5 days  6 or more days
15.		ng the past 30 days, on how many days did you <b>not</b> go to school because you felt would be unsafe at school or on your way to or from school?  0 days 1 day 2 or 3 days 4 or 5 days 6 or more days
16.		ng the past 12 months, how many times has someone threatened or injured you with apon such as a gun, knife, or club <b>on school property?</b> 0 times  1 time  2 or 3 times  4 or 5 times  6 or 7 times  8 or 9 times  10 or 11 times  12 or more times
17.		ng the past 12 months, how many times has someone stolen or deliberately damaged property such as your car, clothing, or books <b>on school property?</b> 0 times  1 time  2 or 3 times  4 or 5 times  6 or 7 times  8 or 9 times  10 or 11 times  12 or more times

18.		ng the past 12 months, how many times were you in a physical fight?
		0 times → SKIP TO Q21
	(B.)	1 time
	(C.)	2 or 3 times
	(D)	4 or 5 times
	(E.)	6 or 7 times
	( <u>F.</u> )	8 or 9 times
	(G.)	10 or 11 times
	H.	12 or more times
19.	Durir	ng the past 12 months, how many times were you in a physical fight in which you
	were	injured and had to be treated by a doctor or nurse?
	A.	0 times
	(B)	1 time
	(C)	2 or 3 times
	$\widecheck{\mathrm{D}}$	4 or 5 times
	A)B)C)D)E)	6 or more times
20.	Durir	ng the past 12 months, how many times were you in a physical fight <b>on school</b>
	prop	erty?
		0 times
	(B)	1 time
	(C)	2 or 3 times
	$\widecheck{\mathrm{D}}$	4 or 5 times
	Œ.	6 or 7 times
	(F.)	8 or 9 times
	Ğ	10 or 11 times
		12 or more times
21.	Durir	ng the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically
		you on purpose?
	$\widehat{A}$ .	Yes
	B.	No
22.	Have	you ever been physically forced to have sexual intercourse when you did not want
	to?	
	(A)	Yes
	<b>B</b> .	No
The	next 5 c	juestions ask about sad feelings and attempted suicide. Sometimes people feel
	_	d about the future that they may consider attempting suicide, that is, taking to end their own life.
23.	Durir	ng the past 12 months, did you ever feel so sad or hopeless almost every day for <b>two</b>
		s or more in a row that you stopped doing some usual activities?

Yes No

24.	During A. B.	g the past 12 months, did you ever <b>seriously</b> consider attempting suicide? Yes No
25.	Durin A. B.	g the past 12 months, did you make a plan about how you would attempt suicide? Yes No
26.	Durin A B C. D. E.	g the past 12 months, how many times did you actually attempt suicide?  0 times → SKIP TO Q28  1 time 2 or 3 times 4 or 5 times 6 or more times
27.		attempted suicide during the past 12 months, did any attempt result in an injury, ning, or overdose that had to be treated by a doctor or nurse?  I did not attempt suicide during the past 12 months  Yes  No
The	next 11 (	questions ask about tobacco use.
28.	Have (A.) B.)	you ever tried cigarette smoking, even one or two puffs? Yes No → SKIP TO Q36
29.	How G A B C D E F G	I have never smoked a whole cigarette for the first time?  I have never smoked a whole cigarette  8 years old or younger  9 or 10 years old  11 or 12 years old  13 or 14 years old  15 or 16 years old  17 years old or older
30.	Durin A B C D E F G	g the past 30 days, on how many days did you smoke cigarettes?  0 days → SKIP TO Q34  1 or 2 days  3 to 5 days  6 to 9 days  10 to 19 days  20 to 29 days  All 30 days

31.	During the past 30 days, on the days you smoked, how many cigarettes did you smoke <b>per day</b> ?			
	$\sim$	I did not smoke cigarettes during the past 30 days		
	(B.)	Less than 1 cigarette per day		
	(	1 cigarette per day		
	$(\overline{D})$	2 to 5 cigarettes per day		
	Ē	6 to 10 cigarettes per day		
	F	11 to 20 cigarettes per day		
		More than 20 cigarettes per day		
32.		g the past 30 days, how did you <b>usually</b> get your own cigarettes? (Select only <b>one</b>		
	respor	·		
	(A.) (B.)	I did not smoke cigarettes during the past 30 days		
	(B.)	I bought them in a store such as a convenience store, supermarket, discount store, or gas station		
	(C.)	I bought them from a vending machine		
		I gave someone else money to buy them for me		
	(E)	I borrowed (or bummed) them from someone else		
	(F.)	A person 18 years old or older gave them to me		
	(G)	I took them from a store or family member		
	H)	I got them some other way		
33.		g the past 30 days, on how many days did you smoke cigarettes <b>on school</b>		
	prope			
		0 days		
	(B.)	1 or 2 days		
	(C)	3 to 5 days		
	(D)	6 to 9 days		
	Œ.)	10 to 19 days		
	(F.)	20 to 29 days		
	(G)	All 30 days		
34.		you ever smoked cigarettes daily, that is, at least one cigarette every day for 30		
	days?	37		
	(A.)	Yes		
	(B.)	No		
35.	Durin	g the past 12 months, did you ever try <b>to quit</b> smoking cigarettes?		
	A.	I did not smoke during the past 12 months		
	(B)	Yes		
	$\overline{\mathbb{C}}$	No		
	<u> </u>			

36.	_	the past 30 days, on how many days did you use <b>chewing tobacco</b> , <b>snuff</b> , <b>or dip</b> ,
	such as	s Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
	(A)	0 days → SKIP TO Q38
	(B.)	1 or 2 days
	(C.)	3 to 5 days
	(D)	6 to 9 days
	Œ,	10 to 19 days
		20 to 29 days
	Ğ.	All 30 days
37.	_	the past 30 days, on how many days did you use <b>chewing tobacco, snuff, or dip</b>
	on sch	ool property?
	(A.)	0 days
	(B.)	1 or 2 days
	(C.)	3 to 5 days
	(D)	6 to 9 days
	E.	10 to 19 days
		20 to 29 days
	(G)	All 30 days
38.	_	the past 30 days, on how many days did you smoke cigars, cigarillos, or little
	cigars	
		0 days
	(B.)	1 or 2 days
	(C.)	3 to 5 days
	(D)	6 to 9 days
	(E.)	10 to 19 days
	(F.)	20 to 29 days
	G)	All 30 days
	_	estions ask about drinking alcohol. This includes drinking beer, wine, wine
		iquor such as rum, gin, vodka, or whiskey. For these questions, drinking
alcoh	ol does 1	not include drinking a few sips of wine for religious purposes.
39.	During	your life, on how many days have you had at least one drink of alcohol?
	( <u>A</u> .)	0 days → SKIP TO Q45
	(B.)	1 or 2 days
	(C.)	3 to 9 days
	(D)	10 to 19 days
		20 to 39 days
	F.	40 to 99 days
	G)	100 or more days
	_	

40.	How G A B C D E F G	I have never had a drink of alcohol other than a few sips?  I have never had a drink of alcohol other than a few sips  8 years old or younger  9 or 10 years old  11 or 12 years old  13 or 14 years old  15 or 16 years old  17 years old or older
41.	Durin (A.) (B.) (C.) (D.) (E.) (F.) (G.)	g the past 30 days, on how many days did you have at least one drink of alcohol?  0 days → SKIP TO Q45  1 or 2 days  3 to 5 days  6 to 9 days  10 to 19 days  20 to 29 days  All 30 days
42.		g the past 30 days, on how many days did you have 5 or more drinks of alcohol in a hat is, within a couple of hours?  0 days 1 day 2 days 3 to 5 days 6 to 9 days 10 to 19 days 20 or more days
43.	During the A B C D E F. G H	I did not drink alcohol during the past 30 days I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station I bought it at a restaurant, bar, or club I bought it at a public event such as a concert or sporting event I gave someone else money to buy it for me Someone gave it to me I took it from a store or family member I got it some other way
44.		g the past 30 days, on how many days did you have at least one drink of alcohol <b>on l property?</b> 0 days  1 or 2 days  3 to 5 days  6 to 9 days  10 to 19 days  20 to 29 days  All 30 days

The next 4 questions ask about marijuana use. Marijuana also is called grass or pot.

45.	During	g your life, how many times have you used marijuana?
	(A)	0 times → SKIP TO Q49
	(B)	1 or 2 times
		3 to 9 times
	$\widetilde{\mathbb{Q}}$	10 to 19 times
	F	20 to 39 times
	$\asymp$	40 to 99 times
	(G)	100 or more times
46.	Цоти	old were you when you tried marijuana for the first time?
40.		old were you when you tried marijuana for the first time?
	A	I have never tried marijuana
	B.	8 years old or younger
	A B C D E F G	9 or 10 years old
	$_{\mathbb{R}}$	11 or 12 years old
	(E.)	13 or 14 years old
	( <u>F</u> .)	15 or 16 years old
	(G)	17 years old or older
47.	During	g the past 30 days, how many times did you use marijuana?
	( <u>A</u> .)	0 times → SKIP TO Q49
	A) B) C) D) E) F.	1 or 2 times
	(C.)	3 to 9 times
	(D)	10 to 19 times
	E)	20 to 39 times
	F.	40 or more times
40	ъ.	
48.		g the past 30 days, how many times did you use marijuana <b>on school property</b> ?
	(A.)	0 times
	A) B) C) D) E) F.	1 or 2 times
	(C.)	3 to 9 times
	(D)	10 to 19 times
	(E.)	20 to 39 times
	F.	40 or more times
The	novt 0 a	uestions ask about other drugs.
THE	next 5 q	destions ask about other drugs.
49.	Durin	g your life, how many times have you used <b>any</b> form of cocaine, including powder
		or freebase?
		0 times → SKIP TO Q51
	B	1 or 2 times
	$\aleph$	3 to 9 times
	$\approx$	10 to 19 times
	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	
	A,B,C,D,E,F,	20 to 39 times
	(F.)	40 or more times

50.	_	the past 30 days, how many times did you use <b>any</b> form of cocaine, including r, crack, or freebase?  0 times  1 or 2 times  3 to 9 times  10 to 19 times  20 to 39 times  40 or more times
51.		your life, how many times have you sniffed glue, breathed the contents of aerosol cans, or inhaled any paints or sprays to get high?  0 times  1 or 2 times 3 to 9 times 10 to 19 times 20 to 39 times 40 or more times
52.	_	your life, how many times have you used <b>heroin</b> (also called smack, junk, or White)?  0 times 1 or 2 times 3 to 9 times 10 to 19 times 20 to 39 times 40 or more times
53.		your life, how many times have you used <b>methamphetamines</b> (also called speed, crank, or ice)?  0 times  1 or 2 times 3 to 9 times 10 to 19 times 20 to 39 times 40 or more times
54.	During (A) (B) (C) (D) (E) (F)	g your life, how many times have you used <b>ecstasy</b> (also called MDMA)?  0 times  1 or 2 times 3 to 9 times 10 to 19 times 20 to 39 times 40 or more times

55.		g your life, how many times have you taken <b>steroid pills or shots</b> without a steroid pills or shots with a steroid pills or shots with a steroid pills or shots with
56.	During your b	g your life, how many times have you used a needle to inject any <b>illegal</b> drug into ody? 0 times 1 time 2 or more times
57.		g the past 12 months, has anyone offered, sold, or given you an illegal drug <b>on l property</b> ?  Yes  No
The	next 7 qı	uestions ask about sexual behavior.
58.	Have (A.) B.)	you ever had sexual intercourse? Yes No → SKIP TO Q65
59.	How G A B C D E F G H	I have never had sexual intercourse for the first time?  I have never had sexual intercourse  11 years old or younger  12 years old  13 years old  14 years old  15 years old  16 years old  17 years old or older
60.	During A B C D E F G	g your life, with how many people have you had sexual intercourse?  I have never had sexual intercourse  1 person  2 people 3 people 4 people 5 people 6 or more people

61.	Duri	ng the past 3 months, with how many people did you have sexual intercourse?	
	A.	I have never had sexual intercourse	
	<b>B</b> .	I have had sexual intercourse, but not during the past 3 months	
	(C.)	1 person	
	(D)	2 people	
	(E.)	3 people	
	Œ.	4 people	
	$\sim$	5 people	
		6 or more people	
62.	Did :	you drink alcohol or use drugs before you had sexual intercourse the <b>last time</b> ?	
	(A)	I have never had sexual intercourse	
	<b>B</b> )	Yes	
	<u>C</u> ,	No	
63.	The 1	last time you had sexual intercourse, did you or your partner use a condom?	
	( <u>A</u> )	I have never had sexual intercourse	
	(B.)	Yes	
	(C.)	No	
64.	The <b>last time</b> you had sexual intercourse, what <b>one</b> method did you or your partner use to		
	prev	ent pregnancy? (Select only one response.)	
	(A.)	I have never had sexual intercourse	
	<b>B</b> .	No method was used to prevent pregnancy	
	(C)	Birth control pills	
	$(\widetilde{\mathbb{D}})$	Condoms	
	(E.)	Depo-Provera (injectable birth control)	
	F.)	Withdrawal	
	$\overline{G}$	Some other method	
		Not sure	
The	next 7	questions ask about body weight.	
65.	How	do <b>you</b> describe your weight?	
		Very underweight	
	A)B)C)D)E	Slightly underweight	
	$\sim$	About the right weight	
	TO TO	Slightly overweight	
	F	Very overweight	
66.	Whic	ch of the following are you trying to do about your weight?	
	A.	Lose weight	
	<b>B</b> .	Gain weight	
	A) B) C)	Stay the same weight	
	$(\widetilde{\mathrm{D}})$	I am <b>not trying to do anything</b> about my weight	
	$\overline{}$		

67.	During A. B.	the past 30 days, did you <b>exercise</b> to lose weight or to keep from gaining weight? Yes No
68.	_	the past 30 days, did you <b>eat less food, fewer calories, or foods low in fat</b> to lose or to keep from gaining weight? Yes No
69.		the past 30 days, did you <b>go without eating for 24 hours or more</b> (also called ) to lose weight or to keep from gaining weight? Yes No
70.	doctor'	the past 30 days, did you <b>take any diet pills, powders, or liquids</b> without a s advice to lose weight or to keep from gaining weight? (Do <b>not</b> include meal ement products such as Slim Fast.)  Yes  No
71.		the past 30 days, did you <b>vomit or take laxatives</b> to lose weight or to keep from g weight? Yes No
The	next 5 qu	estions ask about physical activity.
72.	least 6	the past 7 days, on how many days were you physically active for a total of at minutes per day? (Add up all the time you spend in any kind of physical that increases your heart rate and makes you breathe hard some of the time.)  O days  1 day  2 days  3 days  4 days  5 days  6 days  7 days
73.	On an A B. C. D. E. F.	average school day, how many hours do you watch TV?  I do not watch TV on an average school day  Less than 1 hour per day  1 hour per day  2 hours per day  3 hours per day  4 hours per day  5 or more hours per day

	a computer for something that is not school work? (Include activities such as Ninter	ıdo,
	Game Boy, PlayStation, Xbox, computer games, and the Internet.)	. ,
	A I do not play video or computer games or use a computer for something that	is not
	school work	
	<ul> <li>(B) Less than 1 hour per day</li> <li>(C) 1 hour per day</li> <li>(D) 2 hours per day</li> <li>(E) 3 hours per day</li> <li>(F) 4 hours per day</li> <li>(G) 5 or more hours per day</li> </ul>	
	(C) 1 hour per day	
	D) 2 hours per day	
	(E.) 3 hours per day	
	(F.) 4 hours per day	
	G. 5 or more hours per day	
75.	In an average week when you are in school, on how many days do you go to physical	al
	education (PE) classes?	
	A 0 days	
	B 1 day	
	C) 2 days	
	D 3 days	
	(E.) 4 days	
	<ul> <li>(A) 0 days</li> <li>(B) 1 day</li> <li>(C) 2 days</li> <li>(D) 3 days</li> <li>(E) 4 days</li> <li>(F) 5 days</li> </ul>	
76.	During the past 12 months, on how many sports teams did you play? (Include any t	eams
	run by your school or community groups.)	
	(A) 0 teams	
	(B) 1 team	
	C 2 teams	
	D. 3 or more teams	
The r	ext question asks about AIDS education.	
77.	Have you ever been taught about AIDS or HIV infection in school?	
//.	Have you ever been taught about AIDS or HIV infection in school?	
	A. Yes	
	(B) No	
	C. No sure	
The	next 2 questions ask about missing school.	
78.	During the past 30 days, on how many days did you miss classes or school for any	
, O.	reason, with or without permission?	
	$\begin{array}{ccc} (A) & 0 \text{ days} \rightarrow SKIF & 10 & Q00 \\ (B) & 1 \text{ days} \end{array}$	
	(B.) 1 day	
	C. 2 or 3 days	
	D 4 or 5 days	
	<ul> <li>(A.) 0 days → SKIP TO Q80</li> <li>(B.) 1 day</li> <li>(C.) 2 or 3 days</li> <li>(D.) 4 or 5 days</li> <li>(E.) 6 to 9 days</li> <li>(F.) 10 or more days</li> </ul>	
	(F.) 10 or more days	
79.	During the past 30 days, on how many days did you miss classes or school without	
	permission?	
	(A) 0 days	

On an average school day, how many hours do you play video or computer games or use

74.

	BCDEF	1 day 2 or 3 days 4 or 5 days 6 to 9 days 10 or more days
		nestions ask about your experience using computers.
80.		average school day, how many hours do you use a computer? Include activities is being on the internet, playing computer games, sending e-mail, and doing work.  I do not use a computer Less than 1 hour per day 1 hour per day 2 hours per day 3 hours per day 4 hours per day 5 or more hours per day
*81.	(Befor A.) B.	e today,) have you ever used a computer to take a survey or test? Yes No
The n	ıext 3 qı	nestions ask about your experience taking this survey.
82.	While A. B. C.	taking this survey, could anyone besides you see your answers? Yes No No sure
83.		taking this survey, did you ask anyone about what some questions meant or about your answers should be? Yes No
84.		had a choice of taking this survey on the internet or taking this survey using paper ncil, which would you choose? Internet Paper and pencil It would not matter to me
How much do you agree or disagree with the following 4 statements?		
85.	I am co A B C D E.	onfident that the answers I gave in this survey will never be linked with my name.  Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree

86.	I wish I A B C D E	Could have taken the survey in a more private place.  Strongly agree  Agree  Neither agree nor disagree
	E.	Disagree Strongly disagree
*87	. Taking (A) (B) (C) (D) (E)	this survey on the internet would keep (keeps) it from being private. Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree
88.	am vis (A) (B) (C) (D) (E)	oncerned that people I do not know can get personal information about me when I iting websites on the internet.  Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree
The	following	g 3 (4) questions ask about how you took this survey.
89.	How was  (A) (B) (C)	your class originally asked to take this survey? On paper On a computer Not sure
90.	How was  (A) (B)	your class originally asked to do this survey? As a group in class Individually, on our own time Not sure
91.	Did you to A. B. C.	ake this survey at the same time as most of the other students in your class? Yes No Not sure

92.	Which of	the following best describes where you took this survey?**
	A.	Computer lab at school
	<b>B</b> ,	At school, but not in a computer lab
	<u>C</u> ,	Home
	D,	Work
	Œ.	Friend's house
	F.	Public place, such as a library or internet café

Somewhere else

This is the end of the survey.
Thank you very much for your help.

<sup>\*</sup>Question wording is for paper-and-pencil condition. Words in parentheses will be used for computer condition.

<sup>\*\*</sup>Question will appear on web-based questionnaire only.