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First Name: \_\_\_\_\_

Session #: \_\_\_\_\_

### Handout 3

What is the one thing you would tell a friend if you were going to help him/her get their 6-10 year-old children to eat more fruits and vegetables?

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What is the one thing you would tell a friend if you were going to help him/her get their 6-10 year-old children to drink more low-fat milk?

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