

SAFE DATES Evaluation – Lesson 5 Questionnaire

Thank you for assisting us with the Safe Dates evaluation. As you prepare for and teach the Safe Dates curriculum, please keep track of all time that you spend on all Safe Dates-related activities. Please record your time after as soon as possible after each lesson. This will also minimize the effort required to complete this questionnaire.

Please complete and submit this material within two school days of completing this lesson. If you have any questions, please contact Thomas Hylands by phone [1-800-334-8571, x6955] or e-mail [thylands@rti.org].

Date: ____ / ____ / ____

Public Reporting burden of this collection of information is estimated at 20 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NW, MS D-24, Atlanta, GA 30333; Attn: PRA (0920-XXXX).

Your participation is important to us. To show our appreciation, after RTI receives your information for all nine Safe Dates lessons, the play, and the poster contest, you will receive an \$80 gift card.

A. TIME AND ACTIVITY LOG

In this section, we ask that you record your time spent on each Safe Dates lesson. Instructions and an example are provided below. An activity log for Lesson 5 (“Helping Friends”) is on the next screen.

INSTRUCTIONS

- We anticipate that you may teach each Safe Dates lesson to multiple classes. Please record your time separately by class and activity (the rows of the table).
- For activities that are difficult to divide between classes (e.g., preparation, photocopying), record your time under “General Safe Date Activities.”
- Record class-specific activities (e.g., instruction) in the appropriate columns.
- **All entries in the grid should sum to the total time you spent related to Safe Dates Lesson 5.** There should be no double counting or missed time.

- Do not include or record your time spent completing this questionnaire. We are only interested in the time associated with teaching and preparing for the Safe Dates curriculum.

EXAMPLE

	General Safe Dates Activities	Class-Specific Activities						Total time
		Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	
Preparation (before class)	60 min	0 min	0 min	0 min	0 min			60 min
Instruction (in class)	0 min	50 min	50 min	50 min	50 min			200 min
Wrap-up (after class)	15 min	5 min	0 min	0 min	0 min			20 min
							Total time	280 min (4 hr 40 m)

TIME AND ACTIVITY LOG

Lesson 5: "Helping Friends"

	General Safe Dates Activities	Class-Specific Activities						Total time
		Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	
Preparation (before class)								
Instruction (in class)								
Wrap-up (after class)								
Other Activities (not included in time reported above)								
Other Safe Dates activities (describe below)								
							Total time	

1. Did you receive assistance from anyone in preparing for or teaching this lesson?

1 ____ Yes 2 ____ No

[If 1=YES, GOTO 2]

[If 1=NO, GOTO 3]

2. Please list their job title (e.g., administrative assistant), the activity they assisted with (e.g., photocopying), and estimate the amount of time involved.

3. If you recorded time for "Other Safe Dates activities" above (last row), please describe the activities here. This may include attending training classes, meetings related to Safe Dates, supplemental activities, etc.

4. Were any additional materials purchased by the school or by you for this lesson?

1 ____ Yes 2 ____ No

[If 4=YES, GOTO 5.a]

[If 4=NO, GOTO 6]

5a. Please estimate the total cost of these materials: _____

5b. Please describe briefly: _____

B. SAFE DATES ACTIVITIES

Please complete this section after you have taught Lesson 5 to your students.

Date Lesson 5 taught: ____ / ____ / ____

	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
Number of students						
Were you able to get through the following items in the Lesson 5 outline? Please write “yes” or “no” for each item.						
Part 1: Greg’s story						
Part 2: Michele’s story						
Part 3: Being a friend						
Part 4: Conclusion						

Instructions: For the following questions, please use the scale provided below to indicate the extent to which you agree with the following statements. Circle the number associated with the response that comes closest to your answer. If you ‘don’t know’ circle “0”; if the statement does not apply to you, circle “9”, not applicable.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

6. The most important parts of this lesson were implemented as prescribed in the Safe Dates curriculum guide.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

7. I modified some of the lesson content in the course of teaching this Safe Dates lesson.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

8. I made modifications in the activities used to teach this Safe Dates lesson.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

9. I taught this Safe Dates lesson exactly as specified in the Safe Dates curriculum guide.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

10. For "Part 3: Being a Friend," did you do step 3 as it was described in the curriculum (with the two circles of students)?

1 _____ Yes 2 _____ No

[If =YES, GOTO 12]
[If 10=NO, GOTO 11]

11. Briefly describe the changes you made.

We are seeking your first impressions and reactions.

Please provide responses based on what you know or what you think. Feel free to use the 'don't know' option as needed. There are no "right" or "wrong" answers.

We recommend that you work quickly without puzzling or worrying about individual questions. We are aware that some questions may appear to be repetitive but it is necessary to ask a variety of questions to obtain reliable and accurate information about the topics addressed in the questionnaire.

Confidentiality:

All answers you provide will be treated confidentially. Findings will be summarized in aggregated form to protect the identity of participating individuals and schools.

Background Information: Please provide the following information so that we a) can match your answers to this survey with those on follow-up surveys b) describe study participants, and c) group responses according to title, school, etc. The confidentiality of the information you provide is guaranteed.

12. Your title:

12a. Duration of a health class period:
_____ minutes.

13. Which of the following options best describes how the Safe Dates (SD) Program is being incorporated into your school's broader health or prevention curriculum?

- _____ Independent course in the health or prevention curriculum
- _____ Discrete module within a course in the health or prevention curriculum
- _____ Safe Dates lessons are being interspersed among other topics the curriculum
- _____ Other (please explain: _____)

The Safe Dates curriculum is designed to be taught in the form of nine, 50-minute lessons. Please indicate the actual kickoff date and a likely completion date for teaching the 9-session Safe Dates curriculum.

14. The actual kick-off date for the Safe Dates Curriculum was (mm/dd/yy): _____

15. The estimated completion date for the Safe Dates Curriculum is (mm/dd/yy): _____

16. Thinking back to the first five lessons in the Safe Dates curriculum, for how many of those lessons did you follow the curriculum guide to the letter?

- None of the first five Safe Dates lessons
- 1 of the first 5
- 2 of the first 5
- 3 of the first 5
- 4 of the first 5
- All five of the first 5 Safe Dates lessons

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

- 17. The Safe Dates curriculum must be implemented in a precise and prescribed manner in order to be effective. _____
- 18. In my view, formal training is needed in order for teachers to do a good job implementing the Safe Dates curriculum. _____
- 19. The Safe Dates curriculum is complicated to implement correctly. _____
- 20. I have implemented the Safe Dates curriculum exactly as has been prescribed by its developers. _____
- 21. I followed the curriculum guide to the letter in the process of teaching the Safe Dates program. _____
- 22. The only reason that I am teaching the Safe Dates curriculum is because I have to. _____
- 23. I added classroom activities to one or more Safe Dates lesson. _____
- 24. The district office has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
- 25. It is not clear who is leading this school's efforts to implement the Safe Dates curriculum. _____
- 26. If needed, teachers have access to experts who know how to implement the Safe Dates curriculum. _____
- 27. Clear and specific goals have been established pertaining to the implementation of the Safe Dates curriculum during the course of the study. _____
- 28. School administrators adequately address the concerns of teachers charged with implementing the Safe Dates curriculum. _____
- 29. This school has the resources necessary to support the ongoing implementation of Safe Dates. _____
- 30. Teachers involved in implementing the Safe Dates curriculum get recognition from their supervisors. _____
- 31. The administration monitors how things are going with the implementation of the Safe Dates curriculum. _____
- 32. Teachers are not speaking up although they harbor serious doubts about the effectiveness of Safe Dates. _____
- 33. Overall, students seem to like the Safe Dates curriculum. _____

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter “0” if you don’t know or “9” if the question does not apply to you or your school

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

34. Most students seemed interested in the material presented in the Safe Dates program. _____
35. Adaptations can be made in how the Safe Dates curriculum is implemented without jeopardizing its effectiveness. _____
36. The curriculum guide is sufficient to prepare the average teacher to do a good job implementing the Safe Dates curriculum. _____
37. It is easy to prepare teachers to implement the Safe Dates curriculum as recommended by experts. _____
38. I have made modifications in the Safe Dates curriculum while teaching one or more of the first five lessons. _____
39. I rarely followed the curriculum guide in the process of teaching Safe Dates lessons. _____
40. I am teaching the Safe Dates curriculum because I want to. _____
41. I added material to one or more of the first five Safe Dates lessons. _____
42. The school board has been very supportive of this school's efforts to implement the Safe Dates (prevention) curriculum. _____
43. There was not enough time to adequately plan for the implementation of the Safe Dates curriculum at this school. _____
44. Training is available to any teacher who needs guidance in order to implement Safe Dates as prescribed by experts. _____
45. The school administration has clearly communicated its expectations pertaining to the implementation of the Safe Dates curriculum during the course of the study. _____
46. School administrators insure that everything necessary for the implementation of Safe Dates is made available to teachers. _____
47. The school has the manpower necessary to support the ongoing implementation of Safe Dates. _____
48. Teachers are given positive feedback for contributing to the implementation of the Safe Dates program. _____
49. The administration holds meetings with teachers to review how the implementation of Safe Dates is going. _____
50. Teachers are encouraged to speak openly about the strengths and weaknesses of the Safe Dates curriculum from the Prevention Coordinator and/or teachers. _____
51. The Prevention Coordinator seems to like the Safe Dates curriculum. _____
52. Overall, students seemed engaged in Safe Dates classroom activities. _____
53. Some components of the Safe Dates curriculum have to be implemented as prescribed but others do not. _____
54. In my view, the average teacher is likely to need follow-up training or coaching in order to do a good job implementing the Safe Dates curriculum. _____
55. There are one or more reasons why it's difficult for teachers to implement the Safe Dates curriculum at this school. _____
56. I have implemented the most important elements of the Safe Dates curriculum as it has been prescribed by program developers. _____

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

57. I taught the material exactly as specified in the Safe Dates curriculum guide. _____
58. I made modifications in the course of teaching the Safe Dates curriculum. _____
59. Parents generally have been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
60. The implementation of the Safe Dates curriculum has not been well coordinated at this school. _____
61. If questions arise about implementing the Safe Dates program, teachers have ready access to needed information. _____
62. Teachers who are responsible for implementing the Safe Dates curriculum have a clear understanding of their roles and responsibilities. _____
63. Teachers responsible for implementing Safe Dates believe they are given the tools and resources they need to do so effectively. _____
64. We do not have the resources necessary to implement the Safe Dates program on a long-term basis. _____
65. Teachers responsible for implementing the Safe Dates program know their efforts are appreciated by this school. _____
66. The administration gets regular progress reports about the implementation of the Safe Dates curriculum. _____
67. Often teachers feel pressured not to "rock the boat" by speaking their minds about the pros and cons of the Safe Dates curriculum. _____
68. School administrators appear to like the Safe Dates curriculum. _____
69. Students frequently asked questions during Safe Dates classes. _____
70. Teaching Safe Dates exactly as it was developed by experts is critical to getting expected results. _____
71. After reviewing the curriculum guide, the average teacher will be well-equipped to do a good job implementing the Safe Dates curriculum. _____
72. It is easy to implement the Safe Dates curriculum correctly on a consistent basis. _____
73. The way I am implementing Safe Dates departs significantly from what is prescribed by its developers. _____
74. I made modifications in the activities used to teach the Safe Dates curriculum. _____
75. The School principal has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
76. The individual in charge of leading the effort to implement the Safes Dates curriculum lacked some important skills. _____
77. Technical assistance is available to teachers who are responsible for teaching Safe Dates. _____
78. School administrators do a good job removing barriers that interfere with teaching the Safe Dates curriculum exactly as prescribed. _____
79. This school has the resources necessary to support the initial implementation of Safe Dates. _____
80. Top administrators provide encouragement to teachers involved in implementing the Safe Dates program. _____

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

- 81. The administration pays close attention to the progress being made related to implementing the Safe Dates program. _____
- 82. Overall, parents seem to like the Safe Dates curriculum. _____
- 83. Student comments suggested there was genuine interest in the topics presented in the Safe Dates program. _____
- 84.** The Prevention Coordinator has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
- 85. One class period provides enough time to implement an entire Safe Dates lesson as prescribed by program developers _____
- 86. The existing violence-prevention policies at this school are very effective. _____
- 87. There is a substantial amount of scientific evidence that indicates Safe Dates is effective in reducing dating violence. _____
- 88. Little effort has been directed to overcoming obstacles that got in the way of implementing the Safe Dates curriculum as prescribed. _____
- 89. The school has the resources to support the implementation of the Safe Dates curriculum BUT ONLY during the course of the study. _____
- 90. Students have been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
- 91. One class period is sufficient to complete the activities recommended for one Safe Dates lesson. _____
- 92. The existing violence-prevention policies at this school are very effective. _____
- 93. The scientific evidence is strong that supports the effectiveness of Safe Dates. _____
- 94. Not enough attention was given to monitoring the early stages of implementing the Safe Dates curriculum at this school. _____
- The school does not have the resources necessary to support the implementation of the Safe Dates curriculum during the course of the study. _____
- 95. There was not enough time to adequately prepare for teaching individual lessons in the Safe Dates curriculum _____
- 96. One class period is sufficient to present the material associated with one Safe Dates lesson _____
- 97. The violence-prevention programs and classes at this school are very effective. _____
- 98. There is convincing scientific evidence which suggests that Safe Dates is effective in reducing dating violence. _____
- 99. This school takes a comprehensive approach to reducing the incidence of violence among our students _____

INSTRUCTIONS: The Safe Dates curriculum addresses the topic of dating violence and recommends approaches for reducing its occurrence. Whether or not you have had the chance to review the Safe Dates Teacher Manual/Curriculum guide, please carefully read each statement and indicate how much confidence you have that you could accomplish each of these tasks using the 5-point shown below. Enter "0" if you don't know.

No confidence at all	Very little confidence	Some confidence	A lot of confidence	Complete confidence		Don't Know
1	2	3	4	5		9

HOW MUCH CONFIDENCE DO YOU HAVE THAT YOU CAN:

- 100. Teach the 9 lessons in the Safe Dates curriculum after reading the teacher manual/curriculum guide _____
- 101. See to it that the recommended Safe Dates student poster contest is implemented for students in your class. _____
- 102. See to it that the recommended Safe Dates student play is performed by students in your class. _____
- 103. Persuade students in your Safe Dates class to actively participate in role-playing exercises. _____
- 104. Persuade students in your Safe Dates class to work together as a group on Safe Dates group exercises. _____
- 105. Persuade students in your class to participate in classroom discussions about the topic of dating violence. _____
- 106. Teach the lessons in the Safe Dates curriculum in strict accordance with the curriculum guide. _____
- 107. Implement the activities in the Safe Dates curriculum in strict accordance with the curriculum guide. _____
- 108. Comfortably present information to your students about preventing sexual violence. _____

Instructions: Using the scale provided below, please indicate **the extent** to which each of the following describes the implementation of the Safe Dates curriculum at this school. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know.

No Extent/ Not at all	Very Small Extent	Small Extent	Moderate Extent	Considerable Extent	Great Extent	Very Great Extent		Don't Know
1	2	3	4	5	6	7		9

To what extent...

- 109. ...have changes in school leadership hindered the implementation of the Safe Dates curriculum? _____
- 110. ...has teacher turnover hindered the implementation of the Safe Dates curriculum? _____
- 111. ...has lack of clarity about goals and plans hindered the implementation of the Safe Dates curriculum? _____
- 112. ...has lack of clarity about how to implement parts of the Safe Dates curriculum hindered its overall implementation? _____
- 113. ...has lack of resources hindered the implementation of the Safe Dates curriculum? _____
- 114. ...have internal coordination problems hindered the implementation of the Safe Dates curriculum? _____
- 115. ...has interference by outside groups hindered the implementation of the Safe Dates curriculum? _____
- 116. ...has resistance from students hindered the implementation of the Safe Dates curriculum? _____

Instructions: Using the scale provided below, please indicate **the extent** to which each of the following describes the implementation of the Safe Dates curriculum at this school. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know.

No Extent/ Not at all	Very Small Extent	Small Extent	Moderate Extent	Considerabl e Extent	Great Extent	Very Great Extent		Don't Know
1	2	3	4	5	6	7		0

To what extent...

- 117. ...have scheduling problems hindered the implementation of the Safe Dates curriculum? _____
- 118. ...has resistance from key school personnel hindered the implementation of the Safe Dates curriculum? _____
- 119. ...does this school continue to require technical assistance from outside experts in order to implement Safe Dates as prescribed? _____
- 120. ...is this school capable of continuing to implement the Safe Dates curriculum as designed without technical assistance from outside experts? _____
- 121. ...does this school possess the expertise needed to continue to implement Safe Dates program _____

without help from outside experts?