

SAFE DATES Evaluation – Lesson 9 Questionnaire

Thank you for assisting us with the Safe Dates evaluation. As you prepare for and teach the Safe Dates curriculum, please keep track of all time that you spend on all Safe Dates-related activities. Please record your time after as soon as possible after each lesson. This will also minimize the effort required to complete this questionnaire.

Please complete and submit this material within two school days of completing this lesson. If you have any questions, please contact Thomas Hylands by phone [1-800-334-8571, x6955] or e-mail [thylands@rti.org].

Date: ____ / ____ / ____

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Your participation is important to us. To show our appreciation, after RTI receives your information for all nine Safe Dates lessons, the play, and the poster contest, you will receive an \$80 gift card.

A. TIME AND ACTIVITY LOG

In this section, we ask that you record your time spent on each Safe Dates lesson. Instructions and an example are provided below. An activity log for Lesson 9 (“Preventing Sexual Assault”) is on the next screen.

INSTRUCTIONS

- We anticipate that you may teach each Safe Dates lesson to multiple classes. Please record your time separately by class and activity (the rows of the table).
- For activities that are difficult to divide between classes (e.g., preparation, photocopying), record your time under “General Safe Date Activities.”
- Record class-specific activities (e.g., instruction) in the appropriate columns.
- All entries in the grid should sum to the total time you spent related to Safe Dates Lesson 9. There should be no double counting or missed time.

- Do not include or record your time spent completing this questionnaire. We are only interested in the time associated with teaching and preparing for the Safe Dates curriculum.

EXAMPLE

	General Safe Dates Activities	Class-Specific Activities						Total time
		Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	
Preparation (before class)	<i>60 min</i>	<i>0 min</i>	<i>0 min</i>	<i>0 min</i>	<i>0 min</i>			<i>60 min</i>
Instruction (in class)	<i>0 min</i>	<i>50 min</i>	<i>50 min</i>	<i>50 min</i>	<i>50 min</i>			<i>200 min</i>
Wrap-up (after class)	<i>15 min</i>	<i>5 min</i>	<i>0 min</i>	<i>0 min</i>	<i>0 min</i>			<i>20 min</i>
Optional Activities (not included in time reported above)								
Administer post-test (if time not included above)	<i>20min</i>	<i>15 min</i>	<i>15 min</i>	<i>15 min</i>	<i>15 min</i>			<i>80 min</i>
Create and photocopy Poster Contest Fliers	<i>30min</i>	<i>0min</i>	<i>0min</i>	<i>0min</i>	<i>0min</i>			<i>30 min</i>
							Total time	<i>390 min (6 hr 30 m)</i>

TIME AND ACTIVITY LOG

Lesson 9: "Preventing Sexual Assault"

	General Safe Dates Activities	Class-Specific Activities						Total time
		Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	
Preparation (before class)								
Instruction (in class)								
Wrap-up (after class)								
Optional Activities (not included in time reported above)								
Administer post-test (if time not included above)								
Create and photocopy Poster Contest Fliers								
Other Activities (not included in time reported above)								
Other Safe Dates activities (describe below)								
								Total time

1. Did you receive assistance from anyone in preparing for or teaching this lesson?

1 ____ Yes 2 ____ No

[If 1=YES, GOTO 2]

[If 1=NO, GOTO 3]

2. Please list their job title (e.g., administrative assistant), the activity they assisted with (e.g., photocopying), and estimate the amount of time involved.

3. If you recorded time for "Other Safe Dates activities" above (last row), please describe the activities here. This may include attending training classes, meetings related to Safe Dates, supplemental activities, etc.

4. Were any additional materials purchased by the school or by you for this lesson?

1 _____ Yes 2 _____ No

[If 4=YES, GOTO 4.a]

[If 4=NO, GOTO 5]

- 4a. Please estimate the total cost of these materials:

- 4b. Please describe briefly:

B. SAFE DATES ACTIVITIES

Please complete this section after you have taught Lesson 9 to your students.

Date(s) Lesson 9 taught: ____/____/____

	Class 1	Class 2	Class 3	Class 4	Class 5	Class 6
Number of students						
Were you able to get through the following items in the Lesson 9 outline? Please write "yes" or "no" for each item.						
Part 1: Understanding sexual assault						
Part 2: Confronting victim blaming						
Part 3: Interpreting cues						
Part 4: Precautions						

Part 5: Reviewing the Safe Dates program								
Optional post-test								

Instructions: For the following questions, please use the scale provided below to indicate the extent to which you agree with the following statements. Circle the number associated with the response that comes closest to your answer. If you 'don't know' circle "0"; if the statement does not apply to you, circle "9", not applicable.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

5. The most important parts of this lesson were implemented as prescribed in the Safe Dates curriculum guide.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

6. I modified some of the lesson content in the course of teaching this Safe Dates lesson.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

7. I made modifications in the activities used to teach this Safe Dates lesson.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

8. I taught this Safe Dates lesson exactly as specified in the Safe Dates curriculum guide.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

9. For "Part 2: Confronting Victim Blaming," did you ask students the optional question concerning the role alcohol may have played in the date rape situation?

1 ____ Yes 2 ____ No

10. Did you have students compare their answers from the post-test to their pre-test to see changes in their knowledge and attitudes?

1 ____ Yes 2 ____ No

11. Did you allow students to keep their journals and encourage them to review them regularly? (optional activity)

1 ____ Yes 2 ____ No

We are seeking your first impressions and reactions.

Please provide responses based on what you know or what you think. Feel free to use the 'don't know' option as needed. There are no "right" or "wrong" answers.

We recommend that you work quickly without puzzling or worrying about individual questions. We are aware that some questions may appear to be repetitive but it is necessary to ask a variety of questions to obtain reliable and accurate information about the topics addressed in the questionnaire.

Confidentiality:

All answers you provide will be treated confidentially. Findings will be summarized in aggregated form to protect the identity of participating individuals and schools.

Background Information: Please provide the following information so that we a) can match your answers to this survey with those on follow-up surveys b) describe study participants, and c) group responses according to title, school, etc. The confidentiality of the information you provide is guaranteed.

12. Your title:

13. Duration of a health class period:
_____ minutes.

14. Which of the following options best describes how the Safe Dates (SD) Program is being incorporated into your school's broader health or prevention curriculum?

- ____ Independent course in the health or prevention curriculum
- ____ Discrete module within a course in the health or prevention curriculum
- ____ Safe Dates lessons are being interspersed among other topics the curriculum
- ____ Other (please explain: _____)

The Safe Dates curriculum is designed to be taught in the form of nine, 50-minute lessons. Please indicate the actual kickoff date and a likely completion date for teaching the 9-

session Safe Dates curriculum.

15. The actual kick-off date for the Safe Dates Curriculum was (mm/dd/yy): _____
16. The estimated completion date for the Safe Dates Curriculum is (mm/dd/yy): _____
17. Thinking back to the first five lessons in the Safe Dates curriculum, for how many of those lessons did you follow the curriculum guide to the letter?

- _____ None of the first five Safe Dates lessons
- _____ 1 of the first 5
- _____ 2 of the first 5
- _____ 3 of the first 5
- _____ 4 of the first 5
- _____ All five of the first 5 Safe Dates lessons

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school.

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
1	2	3	4	5	6	7	0	9

18. The Safe Dates curriculum must be implemented in a precise and prescribed manner in order to be effective. _____
19. In my view, formal training is needed in order for teachers to do a good job implementing the Safe Dates curriculum. _____
20. The Safe Dates curriculum is complicated to implement correctly. _____
21. I have implemented the Safe Dates curriculum exactly as has been prescribed by its developers. _____
22. I followed the curriculum guide to the letter in the process of teaching the Safe Dates program. _____
23. The only reason that I am teaching the Safe Dates curriculum is because I have to. _____
24. I added classroom activities to one or more Safe Dates lesson. _____
25. The district office has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
26. It is not clear who is leading this school's efforts to implement the Safe Dates curriculum. _____
27. If needed, teachers have access to experts who know how to implement the Safe Dates curriculum. _____
28. Clear and specific goals have been established pertaining to the implementation of the Safe Dates curriculum during the course of the study. _____
29. School administrators adequately address the concerns of teachers charged with implementing the Safe Dates curriculum. _____
30. This school has the resources necessary to support the ongoing implementation of Safe Dates. _____
31. Teachers involved in implementing the Safe Dates curriculum get recognition from their supervisors. _____

- 32. The administration monitors how things are going with the implementation of the Safe Dates curriculum. _____
- 33. Teachers are not speaking up although they harbor serious doubts about the effectiveness of Safe Dates. _____
- 34. Overall, students seem to like the Safe Dates curriculum. _____

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following

Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree		Don't Know	Not Applicable
1	2	3	4	5	6	7		0	9

statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school.

- 35. Most students seemed interested in the material presented in the Safe Dates program. _____
- 36. Adaptations can be made in how the Safe Dates curriculum is implemented without jeopardizing its effectiveness. _____
- 37. The curriculum guide is sufficient to prepare the average teacher to do a good job implementing the Safe Dates curriculum. _____
- 38. It is easy to prepare teachers to implement the Safe Dates curriculum as recommended by experts. _____
- 39. I have made modifications in the Safe Dates curriculum while teaching one or more of the first five lessons. _____
- 40. I rarely followed the curriculum guide in the process of teaching Safe Dates lessons. _____
- 41. I am teaching the Safe Dates curriculum because I want to. _____
- 42. I added material to one or more of the first five Safe Dates lessons. _____
- 43. The school board has been very supportive of this school's efforts to implement the Safe Dates (prevention) curriculum. _____
- 44. There was not enough time to adequately plan for the implementation of the Safe Dates curriculum at this school. _____
- 45. Training is available to any teacher who needs guidance in order to implement Safe Dates as prescribed by experts. _____
- 46. The school administration has clearly communicated its expectations pertaining to the implementation of the Safe Dates curriculum during the course of the study. _____
- 47. School administrators insure that everything necessary for the implementation of Safe Dates is made available to teachers. _____
- 48. The school has the manpower necessary to support the ongoing implementation of Safe Dates. _____
- 49. Teachers are given positive feedback for contributing to the implementation of the Safe Dates program. _____
- 50. The administration holds meetings with teachers to review how the implementation of Safe Dates is going. _____
- 51. Teachers are encouraged to speak openly about the strengths and weaknesses of the Safe Dates curriculum from the Prevention Coordinator and/or teachers. _____
- 52. The Prevention Coordinator seems to like the Safe Dates curriculum. _____

53. Overall, students seemed engaged in Safe Dates classroom activities. _____
54. Some components of the Safe Dates curriculum have to be implemented as prescribed but others do not. _____
55. In my view, the average teacher is likely to need follow-up training or coaching in order to do a good job implementing the Safe Dates curriculum. _____
56. There are one or more reasons why it's difficult for teachers to implement the Safe Dates curriculum at this school. _____

57. I h pr	Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
	1	2	3	4	5	6	7	0	9

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school

58. I taught the material exactly as specified in the Safe Dates curriculum guide. _____
59. I made modifications in the course of teaching the Safe Dates curriculum. _____
60. Parents generally have been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
61. The implementation of the Safe Dates curriculum has not been well coordinated at this school. _____
62. If questions arise about implementing the Safe Dates program, teachers have ready access to needed information. _____
63. Teachers who are responsible for implementing the Safe Dates curriculum have a clear understanding of their roles and responsibilities. _____
64. Teachers responsible for implementing Safe Dates believe they are given the tools and resources they need to do so effectively. _____
65. We do not have the resources necessary to implement the Safe Dates program on a long-term basis. _____
66. Teachers responsible for implementing the Safe Dates program know their efforts are appreciated by this school. _____
67. The administration gets regular progress reports about the implementation of the Safe Dates curriculum. _____
68. Often teachers feel pressured not to "rock the boat" by speaking their minds about the pros and cons of the Safe Dates curriculum. _____
69. School administrators appear to like the Safe Dates curriculum. _____
70. Students frequently asked questions during Safe Dates classes. _____
71. Teaching Safe Dates exactly as it was developed by experts is critical to getting expected results. _____
72. After reviewing the curriculum guide, the average teacher will be well-equipped to do a good job implementing the Safe Dates curriculum. _____
73. It is easy to implement the Safe Dates curriculum correctly on a consistent basis. _____
74. The way I am implementing Safe Dates departs significantly from what is prescribed by its developers. _____
75. I made modifications in the activities used to teach the Safe Dates curriculum. _____
76. The School principal has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
77. The individual in charge of leading the effort to implement the Safes Dates curriculum lacked some _____

important skills.

- 78. Technical assistance is available to teachers who are responsible for teaching Safe Dates. _____
- 79. School administrators do a good job removing barriers that interfere with teaching the Safe Dates curriculum exactly as prescribed. _____
- 80. This school has the resources necessary to support the initial implementation of Safe Dates. _____
- 81. Top administrators provide encouragement to teachers involved in implementing the Safe Dates _____

82. The Safe Dates program	Strongly Disagree	Disagree	Somewhat Disagree	Neither Agree nor Disagree	Somewhat Agree	Agree	Strongly Agree	Don't Know	Not Applicable
	1	2	3	4	5	6	7	0	9

Instructions: Using the scale provided below, please indicate the extent to which you agree with each of the following statements. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know or "9" if the question does not apply to you or your school

- 83. Overall, parents seem to like the Safe Dates curriculum. _____
- 84. Student comments suggested there was genuine interest in the topics presented in the Safe Dates program. _____
- 85. The Prevention Coordinator has been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
- 86. One class period provides enough time to implement an entire Safe Dates lesson as prescribed by program developers _____
- 87. The existing violence-prevention policies at this school are very effective. _____
- 88. There is a substantial amount of scientific evidence that indicates Safe Dates is effective in reducing dating violence. _____
- 89. Little effort has been directed to overcoming obstacles that got in the way of implementing the Safe Dates curriculum as prescribed. _____
- 90. The school has the resources to support the implementation of the Safe Dates curriculum BUT ONLY during the course of the study. _____
- 91. Students have been very supportive of this school's efforts to implement the Safe Dates curriculum. _____
- 92. One class period is sufficient to complete the activities recommended for one Safe Dates lesson. _____
- 93. The existing violence-prevention policies at this school are very effective. _____
- 94. The scientific evidence is strong that supports the effectiveness of Safe Dates. _____
- 95. Not enough attention was given to monitoring the early stages of implementing the Safe Dates curriculum at this school. _____
- The school does not have the resources necessary to support the implementation of the Safe Dates curriculum during the course of the study. _____
- 96. There was not enough time to adequately prepare for teaching individual lessons in the Safe Dates curriculum _____

- 97. One class period is sufficient to present the material associated with one Safe Dates lesson _____
- 98. The violence-prevention programs and classes at this school are very effective. _____
- 99. There is convincing scientific evidence which suggests that Safe Dates is effective in reducing dating violence. _____
- 100. This school takes a comprehensive approach to reducing the incidence of violence among our students _____

INSTRUCTIONS: The Safe Dates curriculum addresses the topic of dating violence and recommends approaches for reducing its occurrence. Whether or not you have had the chance to review the Safe Dates Teacher Manual/Curriculum guide, please carefully read each statement and indicate how much confidence you have that you could accomplish each of these tasks using the 5-point shown below. Enter "0" if you don't know.

No confidence at all	Very little confidence	Some confidence	A lot of confidence	Complete confidence		Don't Know
1	2	3	4	5		0

HOW MUCH CONFIDENCE DO YOU HAVE THAT YOU CAN:

- 101. Teach the 9 lessons in the Safe Dates curriculum after reading the teacher manual/curriculum guide _____
- 102. See to it that the recommended Safe Dates student poster contest is implemented for students in your class. _____
- 103. See to it that the recommended Safe Dates student play is performed by students in your class. _____
- 104. Persuade students in your Safe Dates class to actively participate in role-playing exercises. _____
- 105. Persuade students in your Safe Dates class to work together as a group on Safe Dates group exercises. _____
- 106. Persuade students in your class to participate in classroom discussions about the topic of dating violence. _____
- 107. Teach the lessons in the Safe Dates curriculum in strict accordance with the curriculum guide. _____
- 108. Implement the activities in the Safe Dates curriculum in strict accordance with the curriculum guide. _____
- 109. Comfortably present information to your students about preventing sexual violence. _____

Instructions: Using the scale provided below, please indicate **the extent** to which each of the following describes the implementation of the Safe Dates curriculum at this school. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know.

No Extent/ Not at all	Very Small Extent	Small Extent	Moderate Extent	Considerable Extent	Great Extent	Very Great Extent		Don't Know
1	2	3	4	5	6	7		0

To what extent...

- 110. ...have changes in school leadership hindered the implementation of the Safe Dates curriculum? _____
- 111. ...has teacher turnover hindered the implementation of the Safe Dates curriculum? _____
- 112. ...has lack of clarity about goals and plans hindered the implementation of the Safe Dates curriculum? _____
- 113. ...has lack of clarity about how to implement parts of the Safe Dates curriculum hindered its overall implementation? _____
- 114. ...has lack of resources hindered the implementation of the Safe Dates curriculum? _____
- 115. ...have internal coordination problems hindered the implementation of the Safe Dates curriculum? _____
- 116. ...has interference by outside groups hindered the implementation of the Safe Dates curriculum? _____
- 117. ...has resistance from students hindered the implementation of the Safe Dates curriculum? _____

Instructions: Using the scale provided below, please indicate **the extent** to which each of the following describes the implementation of the Safe Dates curriculum at this school. Enter the number that most closely reflects your response in the space provided next to each phrase. Enter "0" if you don't know.

No Extent/ Not at all	Very Small Extent	Small Extent	Moderate Extent	Considerabl e Extent	Great Extent	Very Great Extent		Don't Know
1	2	3	4	5	6	7		0

To what extent...

- 118. ...have scheduling problems hindered the implementation of the Safe Dates curriculum? _____
- 119. ...has resistance from key school personnel hindered the implementation of the Safe Dates curriculum? _____
- 120. ...does this school continue to require technical assistance from outside experts in order to implement Safe Dates as prescribed? _____
- 121. ...is this school capable of continuing to implement the Safe Dates curriculum as designed without technical assistance from outside experts? _____
- 122. ...does this school possess the expertise needed to continue to implement Safe Dates program _____

without help from outside experts?