



CO

How Can I Protect Myself from Carbon Monoxide?

- ◆ Know symptoms of CO poisoning
(headache, dizziness, drowsiness, nausea)
- ◆ Know sources and conditions that could result in CO poisoning
- ◆ Turn off forklift when not in use
(do not leave it idling indoors)
- ◆ Don't stay in unvented areas for an extended time

*CO levels can rise rapidly if there is
no fresh air supply*



CO

Carbon Monoxide

How can I
protect myself?