

**Attachment 10a**

**Adult Medical History Form**

Affix Case ID Label Here

# Survey of CFS and Chronic Unwellness in Georgia

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## Medical History Form

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Time: \_\_\_\_\_am/pm



1. If you have to list three **major** problems that you have with your health, what would they be? Please start with what bothers you the most.

Problem/Complaint/Concern	When did this problem start?	Do you still have this health problem?
1.	____ / ____ MONTH YEAR	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	____ / ____ MONTH YEAR	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	____ / ____ MONTH YEAR	<input type="checkbox"/> Yes <input type="checkbox"/> No

- 1a. From the time these problems began until now, how have they changed? If there is such a thing as a typical episode, please describe it. If you have no problems, go to question 2.

Problem 1.

Problem 2.

Problem 3.

**PAST MEDICAL HISTORY**

2. **Before having the problems discussed above**, how would you describe your health? (Circle your answer).

Poor                      Fair                      Good                      Very Good                      Excellent

3. Before age 18, did you have any major **childhood health problems**? Please include problems that made you go to the doctor more often (not just for “check ups”), go to a hospital, or take medications. These problems include bad infections, reactions to immunizations or vaccinations, and other serious medical problems.

<sub>1</sub> Yes

<sub>2</sub> No → **IF NO, GO TO QUESTION 4.**

3a. Please describe these childhood health problems you had before age 18 and write below how old were you when you had the health problem. (If you don’t remember your age, give your approximate age or think of political or historic events that were happening at that time to help you remember.) If problems or bad reactions to immunizations happened more than once, list them separately. If you need more space, use another sheet of paper.

<b>Health problems before age 18</b>	<b>Age when problem occurred</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

4. The next question is about **medical problems** you have had **as an adult** (age 18 and over).

Have you had any medical problems for which you saw a doctor regularly? Please include bad infections, reactions to immunizations or vaccinations, and any other medical problems that bothered you.

<sub>1</sub> Yes

<sub>2</sub> No → **IF NO, GO TO QUESTION 5**

4a. Please describe your medical problems and the age at which you had them. If a medical problem or a bad reaction happened more than once, please list each occurrence separately. If you need more space, please use another sheet of paper.

<b>Medical problems age 18 and after</b>	<b>Age when problem occurred</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

5. Have you ever had any serious injuries, such as head injury, broken bones, burns or others that required visiting your doctor, an emergency room, or being hospitalized?

<sub>1</sub> Yes

<sub>2</sub> No → **IF NO, GO TO QUESTION 6**

5a. Please describe your injuries and ages at which the injuries occurred. If you need more space, please use another sheet of paper.

<b>Description of Injury</b>	<b>Age at which you were injured</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

6. Have you ever had other surgeries or hospitalizations? Please do not include the illnesses or injuries you described in items 4 and 5 above? (Women, please **do not** include hospitalizations for **normal deliveries**)

<sub>1</sub> Yes

<sub>2</sub> No → **IF NO, GO TO QUESTION 7**

6a. Please describe your surgeries and hospitalizations. Please include the age at the time of the surgery or hospitalization. If you need more space, please use another sheet of paper.

<b>Description of Surgery/Hospitalization</b>	<b>Age at Surgery/ Hospitalization</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	



7. During a typical **7-day period** (a week), how many times, on average, do you do the following kinds of exercise for **more than 15 minutes during your leisure time**? Also, for how many minutes do you usually do each kind of exercise?

		<u>Times Per Week</u>	<u>Minutes Each Time</u>
7a.	<b>STRENUOUS EXERCISE (HEART BEATS RAPIDLY)</b> (examples: running, jogging, soccer, squash, hockey, basketball, football, judo, roller skating, vigorous swimming, vigorous long distance bicycling)		
7b.	<b>MODERATE EXERCISE (NOT EXHAUSTING)</b> (examples: fast walking, lifting weights, baseball, tennis, easy bicycling, volleyball, badminton, easy swimming, popular and folk dancing, gardening)		
7c.	<b>MILD EXERCISE (MINIMAL EFFORT)</b> (examples: easy walking, yoga, archery, fishing from river bank, bowling, horseshoes, golf, snow-mobiling)		

- 7d. If you are you currently employed, what is the activity level of your job?

- 1 Not currently employed
- 2 Very active-one that involves heavy lifting, digging, strenuous labor (for example, construction labor, landscaping, lumberjack)
- 3 Active-one that involves walking and/or light lifting (for example, carpenter, mail delivery, janitor)
- 4 Moderately active-one that combines standing and walking (for example, security guard, mechanic, nursing)
- 5 Inactive-one that combines sitting and standing (for example, cashier, sales, teaching)
- 6 Very inactive-one that involves mostly sitting (for example, desk job, telemarketing, truck driver)

8. In the last year, did your weight change a lot?

- 1 Yes       2 No → **IF NO, GO TO QUESTION 9**

- 8a. Did you intend to gain or lose this weight?

- 1 Yes       2 No

- 8b. How much weight did you gain in the last year? \_\_\_\_\_ pounds

- 8c. How much weight did you lose in the last year? \_\_\_\_\_ pounds

## TOBACCO USE

9. Have you ever smoked **cigarettes** regularly, that is, as least one per day for six months or longer?

<sub>1</sub> Yes       <sub>2</sub> No → **IF NO, GO TO QUESTION 10**

9a. **How old** were you when you started smoking cigarettes regularly?      Age: \_\_\_\_\_

9b. How many cigarettes would you say you smoke(d) per day?

Cigarettes per day: \_\_\_\_\_

9c. Do you currently smoke cigarettes?

<sub>1</sub> Yes → **IF YES, GO TO QUESTION 9e**       <sub>2</sub> No

9d. How old were you when you quit smoking cigarettes?      Age: \_\_\_\_\_

9e. Between the time when you started smoking cigarettes and the time that you quit or now, was there ever a period of one year or longer when you did not smoke cigarettes?

<sub>1</sub> Yes       <sub>2</sub> No → **IF NO, GO TO QUESTION 10**

9f. How many years did you not smoke cigarettes?

Number of years: \_\_\_\_\_

10. Do you currently smoke cigars?

<sub>1</sub> Yes       <sub>2</sub> No

11. Do you currently chew tobacco?

<sub>1</sub> Yes       <sub>2</sub> No

12. Do you currently use snuff?

<sub>1</sub> Yes       <sub>2</sub> No

**The rest of this questionnaire is about health history. For some conditions or health problems you have had, please tell us the age at which it began and whether you have had this condition or illness in the past 12 months. The clinic doctor and nurse will review your completed form with you during your clinic appointment.**

		If "YES":		<b>DOCTOR/NURSE USE ONLY</b>
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
13a. Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 13B)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Ask about the allergens.
13b. Sudden, severe swelling of the face, mouth, and throat (Quincke's edema)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 13C)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Ask about the allergens.
13c. Anaphylactic shock	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 13D)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Ask about the allergens.
13d. Other allergies	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 14a)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	Ask about the allergens
13e. What other allergies have you had?				Ask about the allergens.
<b>Skin</b>				
14a. Eczema	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 14B)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
14b. Hives	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 14C)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
14c. Skin rashes	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 14D)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
14d. Skin discoloration or swelling	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 14E)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
14e. Other skin problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 15A)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

	If "YES":		DOCTOR/NURSE USE ONLY
	How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>			
14f. What other skin problems have you had?			
<b>Head</b>			
15a. <b>Headaches</b> (for example, tension headaches, migraines)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 16A)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Eyes</b>			
16a. Glaucoma	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 16B)	AGE: _____	
16b. Eye infection	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 16C)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
16c. Cataract	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 16D)	AGE: _____	
16d. Other eye problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17A)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
16e. What other eye problems have you had?			
<b>Ears, Nose, Mouth and Throat</b>			
17a. Problems hearing	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17B)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
17b. Ringing in your ears	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17C)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
17c. Ear infections as an adult	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17D)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No

		If "YES":		DOCTOR/NURSE USE ONLY
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
17d. Problems with a stuffy nose or drainage from your nose to your throat.	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
17e. Sores in your mouth or nose	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
17f. Problems with dry mouth	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17G)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
17g. Gum disease (for example: bleeding gums, gum recession)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 17H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
17h. Problems swallowing or the feeling of a lump in your throat	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 18A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Neck</b>				
18a. Tenderness or pain in your neck	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Digestive System</b>				
19a. Poor appetite	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19b. Excessive appetite	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19c. Heartburn or gastroesophageal reflux (GER)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19D)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19d. Gastritis or ulcer	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19e. Blood in bowel movements	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

		If "YES":		DOCTOR/NURSE USE ONLY
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
19f. Hemorrhoids	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19G)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19g. Inflammatory bowel disease, ulcerative colitis or Crohn's disease	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19h. Hepatitis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19I)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19i. Cirrhosis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19J)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19j. Gallbladder problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19K)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19k. Recurring or persistent nausea or vomiting	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19L)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19l. Recurring or persistent diarrhea	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19M)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19m. Recurring or persistent constipation	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19N)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19n. Chronic or persistent bloating	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19O)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19o. Other problems with digestive system	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19Q)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
19p. What other problems have you had with your digestive system?				
19q. High cholesterol	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 19R)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

		If "YES":		DOCTOR/NURSE USE ONLY
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
19r. High triglycerides	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Chest: Heart and Lungs</b>				
20a. Chronic cough	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20b. Chronic bronchitis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20c. Chronic obstructive pulmonary disease (COPD) or emphysema	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20D)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20d. Shortness of breath when inactive (sitting or in bed)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20e. Shortness of breath when you walk, run, or climb stairs	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20f. Fluid in your lungs	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20G)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20g. Pneumonia	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20h. Wheezing	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20I)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20i. Chest pain	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20J)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20j. <b>High</b> blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20K)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20k. <b>Low</b> blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20L)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

		If "YES":		DOCTOR/NURSE USE ONLY
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
20l. Heart problems or irregular heart beat (arrhythmia)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20M)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20m. Problems with your arteries	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20N)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20n. Swelling of your legs	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20O)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20o. Feet or hands get cold very easily	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 20P)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20p. Other lung, heart or vascular problems?	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
20q. What other lung, heart or vascular problems have you had?				
<b>Urinary Tract</b>				
21a. Bladder or kidney infection, or urinary tract infection (UTI)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
21b. Kidney stones	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
21c. Frequent need to urinate (pee)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21D)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
21d. Problems with starting to urinate (pee)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
21e. Burning sensation or pain when urinating (peeing)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
21f. Other kidney or urinary problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 21H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No	



	If "YES":		DOCTOR/NURSE USE ONLY
	How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>			
21g. What other kidney or urinary problems have you had?			
21h. How many times per night, on average, do you get up to go to the bathroom?  ___ times			
<b>Nervous System</b>			
22a. Dizziness or vertigo ("head spinning")	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22b. Feeling faint or fainting	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22c. Poor balance	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22D)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22d. Poor coordination	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22e. Numbness or tingling on face, trunk, arms or legs	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22f. Loss of consciousness (other than fainting)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22G)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22g. Seizures	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22h. Encephalitis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22I)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
22i. Meningitis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 22J)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No

		If "YES":		DOCTOR/NURSE USE ONLY
		How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>				
22j. Other neurological problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23A)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
22k. What other neurological problems have you had?				
<b>Musculo-skeletal System</b>				
23a. Pain in muscles, tendons or joints	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23B)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23b. Stiffness in joints or back	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23C)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23c. Carpal tunnel syndrome or other tendon problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23D)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23d. Bone problems (including osteopenia and osteoporosis)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23E)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23e. Muscle weakness	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23F)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23f. Systemic Lupus Erythematosus	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23G)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23g. Rheumatoid Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23H)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23h. Other arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 23J)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
23i. What other arthritis have you had?				
23j. Fibromyalgia	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 24A)	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Have you ever had this condition or illness?	If "YES":		DOCTOR/NURSE USE ONLY
	How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Endocrine System</b>			
24a. Diabetes or high blood sugar	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 24B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
24b. Problems with your thyroid gland	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 24C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
24c. Other endocrine problems	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
24d. What other endocrine problems have you had?			
<b>Blood</b>			
25a. Anemia, low hemoglobin, "thin blood," or low number of red blood cells	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25b. Easy bruising or bleeding	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25C)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25c. Very <b>low</b> white blood cell count	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25D)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25d. Very <b>high</b> white blood cell count	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25E)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25e. Leukemia	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25F)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25f. Hodgkin's Lymphoma	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25G)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25g. Lymphoma (non-Hodgkin's)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25H)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No

	If "YES":		DOCTOR/NURSE USE ONLY
	How old were you when you first had this condition?	Have you had this condition in the last 12 months?	
<b>Have you ever had this condition or illness?</b>			
25h. Swollen lymph nodes (for example, around your neck, or in your groin, or armpits or other places on your body)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25I)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25i. Infectious mono-nucleosis (also called "Mono")	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25J)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25j. Blood diseases (such as sickle cell anemia, thalassemia or hemophilia)	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 25L)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
25k. What blood diseases have you had? (Check all that apply.)			
<input type="checkbox"/> Sickle cell anemia <input type="checkbox"/> Thalassemia <input type="checkbox"/> Hemophilia <input type="checkbox"/> Other, please specify: _____			
_____ Age started: _____			
25l. Have you ever had blood transfusions?	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 26A)	AGE: ____	For what reason
<b>Sexual History</b>			
26a. Low sexual drive/desire	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 26B)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
26b. Pain during sexual intercourse	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 27A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>FEMALES, PLEASE SKIP TO 27a. Also, remember to fill out the gynecological questionnaire.</b>			
27a. Problems with prostate ( <b>MALES ONLY</b> )	<input type="checkbox"/> Yes <input type="checkbox"/> No (SKIP TO 28A)	AGE: ____	<input type="checkbox"/> Yes <input type="checkbox"/> No

28a. Are there any other particular problems or concerns related to your health that you would like to mention?

<sub>1</sub> Yes → **GO TO QUESTION 28B**

<sub>2</sub> No → **GO TO NEXT PAGE**

28b. Please describe the problems or concerns below. Use more pages if necessary.

Other diseases (or health problems/ concerns)	How old were you when this problem began?	Do you still have this problem?	DOCTOR/NURSE USE ONLY
1.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
2.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
4.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
5.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	
6.	AGE: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	

### **Additional notes to questions**

If you wish to explain more about a condition or illness that you had, please use the space provided below (Remember to enter the number of the question to which your explanation applies).

**Thank You!**  
**Please bring this form with you to your clinic appointment.**