

To print copies of the PDQ-4 test booklet to be given to clients please use file called "**PDQ4 test booklet suitable for printing**" also located on the disk. The current file provides a listing of PDQ-4 questions in sequential order. The set-up of the questions on the page must be different in order for the test booklets to print out properly. The proper formatting for the test booklet is supplied in the other file.

PDQ-4+

Personality Questionnaire

Developed by Steven E. Hyler, M.D. of the New York State Psychiatric Institute. The items included in the PDQ-4 were adapted from the diagnostic criteria for personality disorders of the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, fourth edition, (DSM-IV) and contains items originally included in the PDQ and PDQ-R personality questionnaires. Investigators who wish to use this instrument should contact Dr. Hyler, New York State Psychiatric Institute, Unit #112, 722 West 168th Street, New York, N.Y. 10032. Telephone (212) 960-5656.

www.pdq4.com

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| 1. I avoid working with others who may criticize me. | T | F |
| 2. I can't make decisions without the advice, or reassurance, of others. | T | F |
| 3. I often get lost in details and lose sight of the "big picture." | T | F |
| 4. I need to be the center of attention. | T | F |
| 5. I have accomplished far more than others give me credit for. | T | F |
| 6. I'll go to extremes to prevent those who I love from ever leaving me. | T | F |
| 7. Others have complained that I do not keep up with my work or commitments. | T | F |
| 8. I've been in trouble with the law several times (or would have been if I had been caught). | T | F |
| 9. Spending time with family or friends just doesn't interest me. | T | F |
| 10. I get special messages from things happening around me. | T | F |
| 11. I know that people will take advantage of me, or try to cheat me, if I let them. | T | F |
| 12. Sometimes I get upset. | T | F |
| 13. I make friends with people only when I am sure they like me. | T | F |

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| 14. I am usually depressed. | T | F |
| 15. I prefer that other people assume responsibility for me. | T | F |
| 16. I waste time trying to make things too perfect. | T | F |
| 17. I am "sexier" than most people. | T | F |
| 18. I often find myself thinking about how great a person I am, or will be. | T | F |
| 19. I either love someone or hate them, with nothing in between. | T | F |
| 20. I get into a lot of physical fights. | T | F |
| 21. I feel that others don't understand or appreciate me. | T | F |
| 22. I would rather do things by myself than with other people. | T | F |
| 23. I have the ability to know that some things will happen before they actually do. | T | F |
| 24. I often wonder whether the people I know can really be trusted. | T | F |
| 25. Occasionally I talk about people behind their backs. | T | F |

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| 26. I am inhibited in my intimate relationships because I am afraid of being ridiculed. | T | F |
| 27. I fear losing the support of others if I disagree with them. | T | F |
| 28. I have many shortcomings. | T | F |
| 29. I put my work ahead of being with my family or friends or having fun. | T | F |
| 30. I show my emotions easily. | T | F |
| 31. Only certain special people can really appreciate and understand me. | T | F |
| 32. I often wonder who I really am. | T | F |
| 33. I have difficulty paying bills because I don't stay at any one job for very long. | T | F |
| 34. Sex just doesn't interest me. | T | F |
| 35. Others consider me moody and "hot tempered." | T | F |
| 36. I can often sense, or feel things, that others can't. | T | F |
| 37. Others will use what I tell them against me. | T | F |
| 38. There are some people I don't like. | T | F |

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| 39. I am more sensitive to criticism or rejection than most people. | T | F |
| 40. I find it difficult to start something if I have to do it by myself. | T | F |
| 41. I have a higher sense of morality than other people. | T | F |
| 42. I am my own worst critic. | T | F |
| 43. I use my "looks" to get the attention that I need. | T | F |
| 44. I very much need other people to take notice of me or compliment me. | T | F |
| 45. I have tried to hurt or kill myself. | T | F |
| 46. I do a lot of things without considering the consequences. | T | F |
| 47. There are few activities that I have any interest in. | T | F |
| 48. People often have difficulty understanding what I say. | T | F |
| 49. I object to supervisors telling me how I should do my job. | T | F |
| 50. I keep alert to figure out the real meaning of what people are saying. | T | F |
| 51. I have never told a lie. | T | F |

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| 52. I am afraid to meet new people because I feel inadequate. | T | F |
| 53. I want people to like me so much that I volunteer to do things that I'd rather not do. | T | F |
| 54. I have accumulated lots of things that I don't need but I can't bear to throw out. | T | F |
| 55. Even though I talk a lot, people say that I have trouble getting to the point. | T | F |
| 56. I worry a lot. | T | F |
| 57. I expect other people to do favors for me even though I do not usually do favors for them. | T | F |
| 58. I am a very moody person. | T | F |
| 59. Lying comes easily to me and I often do it. | T | F |
| 60. I am not interested in having close friends. | T | F |
| 61. I am often on guard against being taken advantage of. | T | F |
| 62. I never forget, or forgive, those who do me wrong. | T | F |
| 63. I resent those who have more "luck" than I. | T | F |

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| 64. A nuclear war may not be such a bad idea. | T | F |
| 65. When alone, I feel helpless and unable to care for myself. | T | F |
| 66. If others can't do things correctly, I would prefer to do them myself. | T | F |
| 67. I have a flair for the dramatic. | T | F |
| 68. Some people think that I take advantage of others. | T | F |
| 69. I feel that my life is dull and meaningless. | T | F |
| 70. I am critical of others. | T | F |
| 71. I don't care what others have to say about me. | T | F |
| 72. I have difficulties relating to others in a one-to-one situation. | T | F |
| 73. People have often complained that I did not realize that they were upset. | T | F |
| 74. By looking at me, people might think that I'm pretty odd, eccentric or weird. | T | F |
| 75. I enjoy doing risky things. | T | F |
| 76. I have lied a lot on this questionnaire. | T | F |

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| 77. I complain a lot about my hardships. | T | F |
| 78. I have difficulty controlling my anger, or temper. | T | F |
| 79. Some people are jealous of me. | T | F |
| 80. I am easily influenced by others. | T | F |
| 81. I see myself as thrifty but others see me as being cheap. | T | F |
| 82. When a close relationship ends, I need to get involved with someone else immediately. | T | F |
| 83. I suffer from low self esteem. | T | F |
| 84. I am a pessimist. | T | F |
| 85. I waste no time in getting back at people who insult me. | T | F |
| 86. Being around other people makes me nervous. | T | F |
| 87. In new situations, I fear being embarrassed. | T | F |
| 88. I am terrified of being left to care for myself. | T | F |
| 89. People complain that I'm "stubborn as a mule." | T | F |

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| 90. I take relationships more seriously than do those who I'm involved with. | T | F |
| 91. I can be nasty with someone one minute, then find myself apologizing to them the next minute. | T | F |
| 92. Others consider me to be stuck up. | T | F |
| 93. When stressed, things happen. Like I get paranoid or just "black out." | T | F |
| 94. I don't care if others get hurt so long as I get what I want. | T | F |
| 95. I keep my distance from others. | T | F |
| 96. I often wonder whether my wife (husband, girlfriend, or boyfriend) has been unfaithful to me. | T | F |
| 97. I often feel guilty. | T | F |
| 98. I have done things on impulse (such as those below) that could have gotten me into trouble. | T | F |

Check all that apply to you:

- a. Spending more money than I have
- b. Having sex with people I hardly know
- c. Drinking too much
- d. Taking drugs
- e. Eating binges
- g. Reckless driving

99. When I was a kid (before age 15),
I was somewhat of a juvenile delinquent,
doing some of the things below. T F

Now, Check° all that apply to you:

- (1) I was considered a bully.
- (2) I used to start fights with other kids.
- (3) I used a weapon in fights that I had.
- (4) I robbed or mugged other people.
- (5) I was physically cruel to other people.
- (6) I was physically cruel to animals.
- (7) I forced someone to have sex with me.
- (8) I lied a lot.
- (9) I stayed out at night without my parents
permission.
- (10) I stole things from others.
- (11) I set fires.
- (12) I broke windows or destroyed property.
- (13) I ran away from home overnight
more than once.
- (14) I began skipping school, a lot,
before age 13.
- (15) I broke into someone's house,
building or car.

Thank-you for your time

PDQ-4
Clinical Significance Scale
Interview guide

If the patient has scored at or above threshold on any disorder evaluated, the clinician should use this interview format to assess the clinical significance of the disorder.

You have reported that the following related items are true for you:

(Read the pathological items for each disorder, one at a time, to the patient)

A. Are any of the items not really true for you?

Indicate which: _____ *delete any indicated items that the patient reports are not really true for them.

B. How long have these items been part of your personality?

Less than one year _____

One to five years _____

*Most of your life, or since before age 18 _____

C. Have these items been part of your personality only when you have been depressed, anxious, using alcohol/drugs or physically ill or have they been there most of the time regardless of your mood, level of anxiety, use of alcohol/drugs or general state of health?

Only when depressed _____

Only when anxious _____

Only when using alcohol/drugs _____

Only when physically ill _____

*Not related to any of the above _____

D. In what areas have these items created difficulties for you:

At home _____

At work _____

In relationships _____

Other (specify) _____

* impairment in at least one area is required to meet D.

or

E. Are you bothered about yourself because of the above?

*Yes _____

No _____

*To be clinically significant the personality disorder: must still meet the threshold after the patient has been given the opportunity to indicate that items were not really true (A), the disorder must be longstanding (B), the disorder must not be limited to times when the patient has been depressed, anxious, using alcohol/drugs, or physically ill (C), the disorder must either have led to impairment (D) or distress (E).

Repeat for each disorder that is above threshold.