

**For Approved
OMB No.
Expiration Date:**

Attachment 24

Stress and Coping Questionnaires

<<The Ironson-Woods Spirituality/Religiousness Index>>

Public reporting burden of this collection of information is estimated to average 8 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or an other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-XXXX)

The Ironson-Woods Spirituality/Religiousness Index

Instructions

*On the following pages you will be asked to respond to a number of statements. You have the choice of: agreeing with each statement, strongly agreeing, disagreeing, strongly disagreeing, or neither agree or disagree. Please circle the appropriate number that best corresponds to **your personal opinion** by circling it.*

Here is an example:

“I am a lively person”

strongly disagree 1 2 3 4 5 strongly agree

- If you strongly disagree with this statement, then circle 1
- If you disagree with this statement, then circle 2
- If you neither agree or disagree with this statement, then circle 3
- If you agree with this statement, then circle 4
- If you strongly agree with this statement, then circle 5

*Please respond to the following statements. In each case please circle the number which best reflects **your personal** opinion.*

1. My beliefs give me a sense of peace.

strongly disagree strongly agree
1 2 3 4 5

2. My beliefs help me to know everything will be fine.

strongly disagree strongly agree
1 2 3 4 5

3. My beliefs give meaning to my life.

strongly disagree strongly agree
1 2 3 4 5

4. My beliefs help me to be relaxed.

strongly disagree strongly agree
1 2 3 4 5

5. My beliefs help me feel protected.

strongly disagree strongly agree
1 2 3 4 5

6. My beliefs help me to feel I am not alone.

strongly disagree strongly agree
1 2 3 4 5

7. My beliefs help me feel I have a relationship or a connection with a higher form of being.

strongly disagree strongly agree
1 2 3 4 5

8. My beliefs help me be less afraid of death.

strongly disagree strongly agree
1 2 3 4 5

- 9. I believe my soul will live on in some form after my body dies.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 10. I believe God created all things in the universe.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 11. God will not turn his back on me no matter what I do.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 12. When I am ill, God gives me courage to cope with my illness.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 13. When I am ill, God will answer my prayers for a recovery.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 14. My beliefs are very influential in my recovery when I am ill.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 15. When I am ill, my faith gives me optimism that I will recover.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 16. I attend religious services.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |
- 17. I participate in religious rituals.**
- | | | | | |
|-------------------|---|---|---|----------------|
| strongly disagree | | | | strongly agree |
| 1 | 2 | 3 | 4 | 5 |

