OMB Number 2900-XXXX Estimated burden: 30-45 minutes

HEALTH SURVEILLANCE FOR A NEW GENERATION OF U.S. VETERANS

QUESTIONNAIRE

Sponsored by U.S. Department of Veterans Affairs

PRIVACY ACT STATEMENT

The information requested on this survey is solicited under authority of 38 U.S.C. Section 7303. It is being collected to assist VA in learning more about the health of recent veterans and will help VA to provide better medical care. The information you supply will be confidential and protected by the provisions of the Privacy Act of 1974 (5 U.S.C. 552a) and specifically the VA system of records entitled 34VA12, "Veteran, Patient, Employee and Volunteer Research and Development Project Records – VA." Releases of the information may only be made with your consent or as identified in a "routine use" of the system of records. Routine uses include releases of statistical data and non-identifying data for research and associated administrative purposes. Disclosure is voluntary; failure to furnish the requested information will have no adverse effect on any VA benefit to which you may be entitled.

PAPERWORK REDUCTION ACT INFORMATION: This information is collected in accordance with the clearance requirements of section 3507 of the Paperwork Reduction Act of 1995. Accordingly, VA may not conduct or sponsor, and you are not required to respond to, a collection of information unless it displays a valid OMB control number. VA anticipates that the time expended by all individuals who complete this survey will average 30-45 minutes. This includes the time it will take to read instructions, gather the necessary facts, and fill out the survey. The information requested on this survey will be used to help VA assess the health status of veterans and plan health care services. A response to this survey is voluntary.

			ENERATION OF U.S. VETERANS ne past 5 years prior to separation from active
duty:	, , , , , , , , , , , , , , , , , , ,		, production of the state of th
O Afghanistan	O SW Asia -	Other	O North America
O Iraq	O Bosnia/Ko)SOVO	O Central America
O Kuwait	O Europe		O South America
O Qatar	O Africa		O On a ship
O Turkey			O Other
duty:	-	-	the past 5 years prior to separation from active
Operation Iraqi	Operation Endu	_	
Freedom	Freedom	Other _	
01	01		ame of operation of your most recent deployment
0 2	02	02	
03	03	03	
0 4	0 4	04	
O 5 or more	O 5 or more	O 5 or n	nore
3. In what component O Active Duty O Reserve O National Guard	:(s) have you served	l? (Check all	that apply.)
4. What branch(es) d O Air Force O Army O Coast Guard O Marine Corps O Navy	id you serve with?	(Check all th	at apply.)
5. What was your mo	st recent job in the	military?	
Freedom or in Ira	0	ne Persian G	ntries in support of Operation Enduring ulf in support of Operation Iraqi Freedom?

O Army	
O Coast Guard	
O Marine Corps	
O Navy	
5. What was your most recent job in the military?	
6a. Did you serve in Afghanistan or neighboring countries Freedom or in Iraq or elsewhere in the Persian Gulf in O No IF NO, continue to question #7. O Yes	
6b. IF YES, what was your period of last deployment From/ to// Month Day Year Month Day Year	t:
7. What were you doing most of the past 12 months? O Working outside the home O Looking for work and unemployed O On active duty O Student O Homemaker/Caring for family O Retired O On disability/Unable to work O Own small business O Other(Please specify:)	
O Other(Pieuse specify:)	

		he VA secretary or other VA office informing you of programs tled to through VA?
O No	O Yes	O Don't remember
9. Do you belong or The American O No IF YES, whice	can Legion? O Yes	up(s) such as Veterans of Foreign Wars of the Untied States (VFW)
		many clinic or doctor visits have you made because you had a ne visits for vaccinations, physical examinations, etc.) 10b. Please explain reasons for visit or diagnoses. 1
	past 12 months how o. of hospitalizations	many times have you been hospitalized overnight or longer? 11b. Please explain reasons for hospitalization or diagnoses. 1
O Departmen O Private ins O Medicaid	t of Defense's TRIC	
	O Yes IF YES, 13b. IF I O I O I a O I	services since you were separated from active duty? continue to question #14. NO, why? (Answer and then skip to question #16.) prefer to use other health care coverage do not wish to use VA health care services because of concerns bout quality of care do not know if I am eligible VA health care services are not in a convenient location for me Other (Please specify:

O To obtain regular or routine O To obtain specialist healthca O To obtain dental care; O To obtain prescription medi O To obtain mental health care O To obtain special emphasis of rehabilitation, prosthetics, etc. O To receive nursing home care O To obtain home health care 15. All things considered, how sation of Completely satisfied O Very satisfied O Very satisfied O Neither satisfied nor dissatisfied O Very dissatisfied O Completely dissatisfied O Completely dissatisfied O Completely dissatisfied O Completely dissatisfied	e health are; cations e; care suc tc.; re; sfied an	care; , eye glass ch as for a	es, hearing aids, or of spinal cord injury, to	raumatic brain	injury, blind
 17. About how much do you weigh *If currently pregnant, please 18. In general, would you say your O Excellent O Very good 	give yo health	ur usual v	(pounds veight before becomin O Fair	•	
19a. Has your doctor <u>ever</u> told yo have any of the following con	u that	you	19b. If yes, in what were you first	year	
	NO	YES	YEAR		
1. Arthritis of any kind					
2. Skin cancer					
3. Any other cancer					
(specify type:				_	
5. Hepatitis					
6. Any other liver trouble				_	
7. Irritable bowel syndrome or colitis (irritation of the	Colon)				
8. Diabetes			_		
9. Repeated seizures, convulsions, or blackouts					

Oa. Has your doctor <u>ever</u> told you have any of the following cond	19b. If yes, in what year were you first diagnosed?		
	NO	YES	Year
10. Migraines			
11. Coronary heart disease			
or artery disease 12. Hypertension			
	Ш	Ш	
13. Stroke			
14. Sinusitis			
15. Bronchitis			
16. Asthma			
17. Frequent bladder infections			
18. Significant hearing loss			
19. Multiple sclerosis			
20. Chronic Fatigue Syndrome			
21. Posttraumatic Stress Disorder			
22. Depression			
23. Sleep apnea			
24. Traumatic Brain Injury			
a. Did you experience any of the foot (Check all that apply.) O Blast or Explosion (IEF, RPG) O Motor vehicle, aircraft, or was common to bullet wo to Fall	, Land ter tra	d Mine, G ansportati	20b. <u>Number of times</u> renade, etc.)on accident
O Injury from sports/physical tr O Other injury (<i>Please specify:</i> _ O No, none of the above (Skip to			

21. Did you have any of these IMMEDIATELY afterwards?	
(Check all that apply.)	
O Losing consciousness/ "knocked out" IF YES: About how long were you unconscious? O Being dazed, confused, or "seeing stars"	111111.
O Not remembering the event O Concussion	
O Head injury	
O No, none of the above (Skip to question #24)	
22. Did any of the following problems begin or get worse afterwards?	
(Check all that apply.)	
O Memory problems or lapses	
O Balance problems or dizziness	
O Sensitivity to bright light	
O Irritability	
O Headaches	
O Sleep problems	
O Hearing problems	
O Other problems (Please specify:)	
O No, none of the above (Skip to question #24)	
 23. In the past week, have you had any of the following symptoms? (Check all that apply.) O Memory problems or lapses O Balance problems or dizziness O Sensitivity to bright light O Irritability O Headaches O Sleep problems O Trouble concentrating O Hearing problems O None of the above 24a. Has your doctor ever told you that you had a head injury? O No O Yes (IF NO, continue to question #25) 24b. Have you received treatment from a doctor or other health professional for a head inj O No O Yes (IF NO, continue to question # 25) 24c. Has this treatment been helpful? 	jury?
O No O Yes	
24d. Were you prescribed medicine?	
O No O Yes (Please specify:)	1

25. This question contains a list of comments made by people after stressful life events. Please read each item and mark how frequently these comments were true for you <u>DURING THE PAST 4 WEEKS</u>. If it did not occur during the past 4 weeks, please mark the "not at all" column.

25. In the past 4 weeks, have you had?					
	_	A LITTI		QUITE	
	AT ALL	BIT	MODERATELY	A BIT	EXTREMELY
1. Repeated, disturbing memories of					
stressful experiences from the past.					
2. Repeated, disturbing dreams of stressful experiences from the past.					
3. Suddenly acting or feeling as if stressf experiences were happening again.	ul				
4. Feeling very upset when something happened that reminds you of stressful experiences from the past.					
5. Trouble remembering important part					
of stressful experiences from the past. 6. Loss of interest in activities that you					
used to enjoy.		Ш	Ш		Ш
7. Feeling distant or cut off from other people.					
8. Feeling emotionally numb, or being unable to have loving feelings for those close to you.					
9. Feeling as if your future will somehow be cut short.					
10. Trouble falling asleep or staying asleep.					
11. Feeling irritable or having angry outbursts.					
12. Having difficulty concentrating.					
13. Being "super-alert," or watchful or on guard.					
14. Feeling jumpy or easily startled.					
15. Having physical reactions when something reminds you of stressful experiences from the past.					
16. Avoid thinking about your stressful experiences from the past, or avoid having feelings about them.					
17. Avoid activities or situations because they remind you of stressful experience from the past.	ces				

O Military experiences only O Other traumatic life events only O Both O Don't know				
27. Over the <u>past 4 weeks</u> , how often have you been bothered by any of the following problems?	Not at a	all Sever	ral days	More than half the days
1. Feeling nervous, anxious, on edge, or worrying a lot about different things If you checked "Not at all", go to question #28.]		
2. Feeling restless so that it is hard to sit still				
3. Getting tired very easily				
4. Muscle tension, aches, or soreness				
5. Trouble falling asleep or staying asleep		Г		
6. Trouble concentrating on things, such as reading a book or watching TV		Г		
7. Becoming easily annoyed or irritable				
28. Over the <u>past 2 weeks</u> , how often have you been bothered by any of the following problems?	Not at all	Several days	More than ha the days	, ,
1. Little interest or pleasure in doing things				
2. Feeling down, depressed, or hopeless				
3. Trouble falling or staying asleep, or sleeping too much				
4. Feeling tired or having little energy				
5. Poor appetite or overeating				
Feeling bad about yourself – or that you are a failure or have let yourself or your family down				
7. Trouble concentrating on things, such as reading the newspaper or watching television				
8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual				
9. Thoughts that you would be better off dead or of hurting yourself in some way				

26. If you have any of the symptoms listed above, do you think they are related to your military experiences, other traumatic events in your life, or both?

9. Have you taken a prescribed me past year? O No O Yes	edication fo	r a p	hysica	l or p	osycho	logical/en	notional condition
IF YES, specify name(s) of medi	ication(s)						
				-			
				-			
. Since return from your deploym members, or close friends that co	ontinue to c						ur spouse, family
O No O Yes O Unsur							
. How often do you get into argum O Very Often O Often O S	ents with o ometimes		s at wo Rarely		Neve	r	
. The following questions are abo			_		_	a typical	day. Does
n die	se delivides	. 11.5	Ye	es,	Yes		
			a l		a litt		
pushing a vacuum cleaner, bo playing golf b. Climbing several flights of sta . During the <u>past 4 weeks</u> , how mu	airs						•
<pre>problems with your work or oth _health?</pre>	er regular	daily	activi	ties <u>a</u>	is a re	sult of you	<u>ır physical</u>
	All of the time		st of time		ne of time	A little of the time	None of the time
a. Accomplished less than you would like							
b. Were limited in the kind of work or other activities							
4. During the <u>past 4 weeks</u> , how m problems with your work or oth problems (such as feeling depres	er regular	daily	activi				_
broniems fauch as reemig debres	All of		<u>:</u> ost of	Son	ne of	A little	None of
	the time		time		time	of the time	the time
a. Accomplished less than you would like							
b. Did work or other activities							

35. These questions are about how you feel and how things have been with you during the
past 4 weeks. For each question, please give the one answer that comes closest to the
way you have been feeling. How much of the time during the past 4 weeks

	All of the time	Most of the time	Some of the time	A little of the time	None of the time
a. have you felt calm and peaceful?					
b. did you have a lot of energy?					
c. have you felt downhearted and depressed?					

		much of the time has social activities (lik O Some of the time	e visiting frie	ends,	
-		ou believe you were			
exposed to or	' did you experie	nce any of the follow	ing?	No	Yes
1. Dust and sa	nd			o	0
2. Burning tra	sh/feces			O	0
_		r petrochemical fum	ies	O	0
		or other petrochem		0	0
5. Smoke from	ı oil fires	-		\mathbf{o}	0
6. Solvents or	degreasers			\mathbf{o}	0
7. Paint opera	tions (vehicles or	equipment)		\mathbf{o}	0
		n, or cream applied	to your skin)	0	0
9. Pesticide-tro	eated uniforms			\mathbf{o}	0
10. Depleted ur	anium (DU) (han	dling DU munitions	s)	0	0
11. Ate local foo	od other than pro	ovided by Armed Fo	rces	0	0
12. Contact wit	h Prisoners of W	ar (POWs)		0	0
13. Exposure to	Loud Noises			O	0
14. Radiation				O	0
15. Industrial p	ollution			O	0
16. Other expos	sure which you co	onsider harmful		O	0
(Please desc	ribe.)				

38. During	any of your	deployments,	were you	wounded	or injured	by hostile	actions?
O No	O Yes						

39. Did you	ı see anyone wounded	l, killed or dead dur	ing any deployment? (Check all that a	ıpply.)
O No	O Yes – coalition	O Yes – enemy	O Yes- civilian	

40.	Were	you eng	gaged in di	rect com	bat where you	discharged	your weapon?
	O No	O Yes	(O land	O sea	O air)		

41. During any of your deployments, did you ever feel that you were in great danger of being killed?

O No

O Yes

touching, cornering, pressure for sexual favors, or inappropri O No O Yes	
43. When you were in the military, did anyone ever use force or the against your will?	he threat of force to have sex with you
O No O Yes	
44. Did you ever contract a sexually transmitted disease as a result O No O Yes	t of military sexual trauma?
45. Did you receive any of the following vaccinations just before o	r during deployment? Yes
1. Smallpox (leaves a scar on the arm) O	0
2. Anthrax series O	0
3. Rabies O	0
46a. Did you take medications to prevent malaria? O No O Yes	
46b. If YES, please indicate which medicines you took and w (Mark all that apply)	hether you took them as directed.
` 110'	ok as Directed
	No O Yes
- · · · · · · · · · · · · · · · · · · ·	No O Yes
	No O Yes
	No O Yes
	No O Yes
47a. Have you smoked cigarettes in the <u>past 12 months?</u> O No O Yes →IF YES, 47b. How many cigarettes do y	ou smoke per day?
47c. How old were you when yo smoking?	ou first started
↓	(AGE)
IF NO, 47d. Have you ever smoked cigarettes even occasion	onally?
O No O Yes → IF YES, 47e. When did you last	stop? (YEAR)
48. How often do you have a drink containing alcohol?	
O Never O Monthly or O 2 to 4 times O 2 to 3 times a month a week	
49. How many drinks containing alcohol do you have on a typical	day when you are drinking?
O 1 or 2 O 3 or 4 O 5 or 6 O 7 to 9	O 10 or more
50. How often do you have 5 or more drinks on one occasion? O Never O Less than monthly O Monthly O Weekly	y O Daily or almost daily

51. Have any of the following happened to you more than once in the past 6 months?	NO	YES	
1. You drank alcohol even though a doctor suggested that you stop drinking because of a problem with your health			
You drank alcohol, were high from alcohol, or hung over while you were working, going to school, or taking care of children or other responsibilities			
3. You missed or were late for work, school, or other activities because you were drinking or hung over			
4. You had a problem getting along with other people while you were drinking			
5. You drove a car after having several drinks or after drinking too much			
52. How often do you use seat belts when you drive or ride in a car? O Always O Nearly always O Sometimes O Seldom O Never O Don't know / Not sure O Never drive or ride in a car			
53. During the past 4 weeks, how many times did you ride with a drive to drink? Number of times O None O Don't know / Not sure	r who had	perhaps too n	nuch
54. Do you ride a motorcycle? O No O Yes			
55. Do you usually drive: O 20 miles per hour or more over the speed limit O about 15 miles per hour over the speed limit O about 10 miles per hour over the speed limit O about 5 miles per hour over the speed limit O at or below the speed limit.			
56. Have you been in a vehicle crash while in the United States during O No O Yes O Don't know	the past 3	years?	
57. For Operation Iraqi Freedom/Operation Enduring Freedom vetera previous question, did any of these crashes occur after you came back O No O Yes How many?			s to the
58. Were you driving or was someone else driving during your most re O I was driving O Someone else	cent crash	?	

59. Within the past 3 years, have you:	NO	YES
1. Gotten a ticket for speeding		
2. Gotten a warning for speeding		
3. Gotten a ticket for any other moving violation (such as running a red light or stop sign)		
4. Been convicted of DWI or DUI		
5. Had your car insurance canceled or premiums increased as a result of claims or points		
60. Not including blood donations, in what month and year was your last HI(Month)(Year) O Don't know or Not sure O Never tested	IV test?	
61. During the past 12 months, how many people have you had sex with? O None O One O More than one (give number)		
62. Have you been treated for a sexually transmitted disease or venereal disease (for example, gonorrhea, syphilis, herpes, chlamydia, etc.)? O No O Yes	ease in the p	east 12 months
63a. In the past 12 months, have you had sex with someone who is not your to do not consider to be your main partner? O No O Yes 63b. If "Yes," thinking back to the last time you had sex with the used?	-	·
O No O Yes		
64. Have you ever tried for a period of 12 months or longer for you or your pregnant?	partner to b	ecome
O No (Skip to question #67) O Yes (Continue with question #65)		
65a. Did you or your partner eventually get pregnant or did you stop trying O Got pregnant O Stopped trying	?	
65b. Did your partner with the pregnancy serve in Operation Iraqi Free Enduring Freedom?	dom or Ope	eration
O No O Yes		
65c. Did you seek any medical help while trying? O No (Skip to question #67) O Yes (Continue with question #66)		

66. Did the medical provider find any of the following reasons to explain why you or your partner were
having difficulty getting pregnant?
O Problems with ovulation
O Blocked tubes
O Endometriosis
O Semen or sperm problems
O Other (Please specify.)
O No reason found
67a. FOR WOMEN: Have you ever been pregnant?
O No (Skip to question #69)
O Yes (Continue with question #68)
67b. FOR MEN: Have you ever been the biological father in any pregnancy, regardless of whether there was a live birth outcome from that pregnancy? O No (Skip to question #69)
O Yes (Continue with question #68)

68) Please provide information on all of your or your partner's(s') pregnancies. For multiple birth outcomes, make a separate entry for

each (e.g., 2 entries for twins). If you are uncertain about a detail, please provide your best estimate:

Pregnancy	Outcome	Date of Pregnancy Outcome	Birth Weight (If live birth)	Length of pregnancy	Birth Defects	Medical Conditions and Health Habits During Pregnancy	Did your partner serve in OIF or OEF?
1	O Single Live Birth O Multiple births (please fill out one row for each) O Miscarriage O Abortion O Stillbirth O Ectopic or tubal O Molar pregnancy O Other:	MM DD Year	lbsoz O Not applicable	Months or Weeks	O No O Yes (please describe): O Not applicable	O Diabetes O High blood pressure O Premature labor O Maternal smoking O Maternal drinking O Infection(s) O Prenatal care	O No O Yes
2	O Single Live Birth O Multiple births (please fill out one row for each) O Miscarriage O Abortion O Stillbirth O Ectopic or tubal O Molar pregnancy O Other:	/	lbsoz O Not applicable	Months or Weeks	O No O Yes (please describe): O Not applicable	O Diabetes O High blood pressure O Premature labor O Maternal smoking O Maternal drinking O Infection(s) O Prenatal care	O No O Yes
3	O Single Live Birth O Multiple births (please fill out one row for each) O Miscarriage O Abortion O Stillbirth O Ectopic or tubal O Molar pregnancy O Other:	MM DD Year	lbsoz O Not applicable	Months or Weeks	O No O Yes (please describe): O Not applicable	O Diabetes O High blood pressure O Premature labor O Maternal smoking O Maternal drinking O Infection(s) O Prenatal care	O No O Yes

in the military? Check all the	Before the military	On active duty	After separation from active duty
Birth control pills			
Birth control ring			
Birth control patch			
Condom			
Tubal ligation			
Partner's vasectomy			
Withdrawal			
Depo-Provera			
Calendar method			
Diaphragm or cervical cap			
IUD			
"Morning after" pills			
Foam/jelly			
Progestin implant			
None			
Not sexually active			
Other: (please specify)			

72a. While on active duty, did you use any hormonal methods to stop or control your period? O No O Yes (please specify):(skip to question 72d.)							
72b. Were you provider O No		-	ir period by a health care				
1 O	No O Yes		d to stop or control your period?				
720			d to stop or control your period?				
73. Have you experienced a apply:	any of the following probl	ems before, during, or af	ter active duty? Check all that				
	Before the military	On active duty	After separation from active duty				
Irregular periods							
Painful periods							
Abnormal PAP smear							
Pelvic inflammatory disease							
Chronic pelvic pain							
Low sexual interest							
Painful intercourse							
Urinary tract infection							
74. Name:	Last	Suffix —	First MI				
	nth Day Year						
76. Last four digits	of your social security nu	mber:	<u> </u>				
77. Gender: O Ma	le O Female						

78. Current marital status						
O Married or living with partner						
O Married but separated from partner						
O Single, never married	-					
O Divorced						
O Widowed						
79. Current annual household in						
O less than \$35,000 O \$35,000-\$49,999	O \$75,000-\$99,999					
O \$35,000-\$49,999	O \$100,000 - \$149,999					
O \$50,000-\$74,999	O \$150,000 or more					
80. What is the highest level of e	ducation that you have completed?					
O High School degree/GED/or						
O Some college, no degree	•					
O Associate's degree						
O Bachelor's degree						
O Master's, doctorate, or prof	fessional degree					
81. Current contact information	:					
Home Phone: ()						
Cell Phone: ()						
E-mail address:						
Mailing address:						
82. Point of contact who can alw	ays reach you:					
Name:						
E-mail address:						
Mailing address:						