

	Calories (g)	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Total Protein (g)
Sandwiches											
Burger	650	340	37	10	1	70	720	55	5	11	26
Cheeseburger	720	360	42	14	15	90	1040	56	5	12	29
Bacon Cheeseburger	810	450	50	19	2	130	1480	52	3	13	39
Sides											
Fries – Small	200	70	8	2	0	0	270	30	2	0	2
Fries – Medium	330	120	13	3	0	0	440	48	4	0	4
Fries – Large	450	160	18	4	0	0	600	67	5	0	5
Tots – Small	130	70	8	15	0	0	270	13	1	0	1
Tots – Medium	200	120	13	25	0	0	440	20	2	0	2
Tots – Large	330	190	21	30	0	0	720	33	4	0	2
Soda											
Fizz – Small	140	0	0	0	0	0	10	39	0	39	0
Fizz – Medium	170	0	0	0	0	0	10	47	0	47	0
Fizz – Large	270	0	0	0	0	0	15	74	0	74	0
Diet Fizz – Small	0	0	0	0	0	0	15	0	0		0
Diet Fizz – Medium	0	0	0	0	0	0	20	0	0	0	0
Diet Fizz – Large	0	0	0	0	0	0	30	0	0	0	0
Milk Shakes											
Vanilla	460	230	26	18	0	100	280	51	0	49	8
Chocolate	560	230	26	18	0	100	360	74	0	65	8
Banana	500	230	26	18	0	100	280	60	1	54	8
Caramel	520	230	26	18	0	100	290	65	0	57	8
Peanut Butter (Large)	1010	630	70	30	0	135	610	86	0	75	18

Nutrition Information Sheet A

American Fare Café