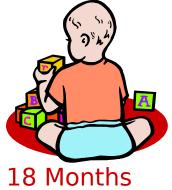
A.2.1.m–1 OMB #: 0925-xxxx Expiration Date: xx/xxxx

Source: Harvard FFQ; Project Viva Child FFQ Visits: 18 mo. Mode: Self-administered (Mail in) Estimated Time: 30 minutes



National Children's Study Child Food Questionnaire



PROTECTION OF PRIVACY STATEMENT INSERTED HERE

NOTIFICATION TO RESPONDENT OF ESTIMATED BURDEN

Public reporting burden for this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to,

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a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-xxxx*). Do not return the completed form to this address.

Please complete this questionnaire within 2 weeks and mail it in the large pre-stamped envelope to:

LABEL FOR CLINICAL CENTER RETURN ADDRESS

GENERAL INSTRUCTIONS

This questionnaire is about your 18 month-old child ______. When we refer to "your child," please respond with this 18-month old child in mind.

This questionnaire asks you about the foods your child has eaten in the past month.

Answer each question as best you can. Estimate if you are not sure. A guess is better than leaving a blank.

Use only a black ball-point pen. Do not use a pencil or felt-tip pen. Do not fold, staple, or tear the pages.

Put an X in the box next to your answer.

If you make any changes, cross out the incorrect answer and put an X in the box next to the correct answer. Also draw a circle around the correct answer.



BEFORE YOU BEGIN, PLEASE FILL IN TODAY'S DATE:

Month Day Year

A. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

(Fruits	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1.	Orange						
2.	Grapefruit						
3.	Banana						
4.	Apple						
5.	Applesauce						
6.	Grapes						
7.	Peach or plum						
8.	Strawberries or other berries						
9.	Cantaloupe						
10.	Watermelon						
11.	Pears						
12.	Raisins or prunes						



B Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

ţ	vegetables	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	
1.	Corn						
2.	Peas						
3.	Tomatoes						
4.	Peppers (all kinds)						
5.	Carrots						
6.	Broccoli						
7.	Green beans						
8.	Spinach						
9. (or	Squash ange or winter)						
10. ро	French fries, fried tatoes						
11. bo	Potatoes (baked, iled or mashed)						
12.	Onion						
13. ya	Sweet potatoes or ms						
14. ca	Cabbage, coleslaw, or uliflower						
15.	Cucumbers						
16.	Lettuce salad						
17.	Mixed vegetables						
18. be	Baked beans or chili ans						
19. dri	Other dried beans, ed peas or lima beans						

C. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

1 State	Meat, fish, and other main dishes	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1.	Pizza						
2.	Macaroni and cheese						
3.	Peanut butter						
4.	Hamburger, meatballs, or meatloaf						
5.	Beef—steak or roast						
6.	Pork—chops, roast, or ribs						
7.	Ham—baked or steak						
8.	Cold cuts (bologna, salami, ham)						
9.	Sausage						
10.	Bacon						
11.	Hot dogs						
12.	Fried chicken, chicken nuggets						
13.	Other chicken or turkey						
14.	Canned tuna						
15.	Fried fish, fish sticks						
16.	Other fish						
17.	Tofu or soy beans						
18.	Vegetable soup						
19.	Other soup						

D. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

	Starches & grains	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1.	Pasta							
2.	White rice							
3.	Brown Rice							
4.	White bread (slice, roll, or pita)							
5.	Dark bread (slice, roll, or pita)							
6.	Cornbread or tortilla							
7.	Oatmeal							
8.	Cereal (cold)							
9.	Donut, fried dough							
10.	Sweet roll or muffin							
11.	Pancake, waffle, or French toast							
12.	English muffin or bagel							
13.	Biscuit							

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E. Please check the box that best represents how often your child drank each of the beverages listed, on average, <u>in the past month</u>.

*	Drinks	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1.	Milk, including chocolate milk							
2.	Hot chocolate							
3.	Apple juice							
4.	Grape juice							
5.	Orange juice							
6.	Pineapple juice							
7.	Other 100% juice							
8.	Fruit drinks (Hi-C, Kool-Aid, lemonade)							
9.	Soda (not sugar-free)							
10.	Soda (sugar-free)							
11.	Water							

12. What kind of milk does your child <u>usually</u> drink?

Breast milk, breast fed	
Breast milk, expressed	
Formula made from cow's milk	
Formula made from soy milk	
Whole milk	
2% milk	

1% milk	
Skim milk	
Soy milk	
Other	
My child does not drink milk	

13. What kind of water does your child <u>usually</u> drink?

Tap water, not filtered	
Tap water, filtered	
Bottled water	



F. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

K	Other dairy & eggs	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day
1.	Cheese, plain or in sandwiches						
2.	Cream cheese						
3.	Cottage cheese						
4.	Yogurt						
5.	Ice cream						
6.	Pudding						
7.	Whole eggs						

G. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

	gils and preads	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1.	Butter (not margarine)							
2.	Margarine (tub)							
3.	Margarine (stick)							
4.	Mayonnaise							
5.	Salad dressing							

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H. Please check the box that best represents how often your child ate each of the foods listed, on average, <u>in the past month</u>.

1.	Snacks and sweets Chips	Never	Less than 1 time per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
	(potato, corn or others)							
2.	Nuts							
3.	Crackers							
4.	Jell-O							
5.	Cookies or brownies							
6.	Cake or cupcakes							
7.	Pie							
8.	Chocolate candy							
9.	Other candy							

• Are there any other foods not mentioned above that your child eats <u>at least once per week</u>? Please write in the name of the food and check the box that best represents how often your child ate each food, on average, <u>in the past month</u>.

Other foods your child eats once per week	1 time per week	2–4 times per week	Nearly every day or every day	2 or more times per day	5 or more times per day
1					
2					
3					
4					
5					
6					
7					

Appendix A		A.2.1.m–1					
Versio	on -1/16/2007			EXP.	OMB # 0925-XXXX DATE: XX/XX/XXXX		
J.	In the past month , how often does your ch (French fries, egg rolls, fried chicken, shrim Less than once per week 1 time per week 2 to 4 times per week Nearly every day or every day		-	om home or as	take out		
K. In the past month, did you always, usually, sometimes, or seldom:							
		Always	Usually	Sometimes	Seldom		
	ash your hands before preparing food for our family?						
	ash the cutting board or counter before eparing food on it for your family?						
se	ash or rinse fresh fruits and vegetables 20 conds and drain 2 minutes before eparing them for your family?						
L. In the past month, did your child eat any of the following foods that contain raw eggs?							
1	Deve herrorede esclie er selve herror		Yes	No	Don't know		
1.	Raw, homemade cookie or cake batter?						
2.	Homemade frosting with raw egg?						
3.	Caesar salad with raw egg?						
4.	Chocolate mousse with raw egg?						
5.	Homemade eggnog?						
6.	Homemade ice cream with raw egg?						
7.	Shakes with raw egg?						

M. Where does your child eat, including breakfast, lunch, dinner, and snacks? For <u>each</u> of these places, tell me if she eats in these places usually, sometimes, or never.

Appendix A

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		Usually	Sometimes	Never
1.	Kitchen table or counter			
2.	High chair			
3.	Dining room table			
4.	Living room on a table or coffee table			
5.	On the carpet or floor anywhere in the house			
6.	Bedroom on a table or dresser			
7.	Garage			
8.	On a table or bench outside the house			
9.	Anywhere else he or she chooses			

N. Which of the following supplements was your child given **at least 3 days a week** during the past month? [MARK ALL THAT APPLY.]

Fluoride	
Iron	3
Vitamin D	Aser 1
Multi-vitamins	
Other vitamins or supplements:	
Specify	
None	

• Were the supplements you gave your baby in the form of drops or pills? [NOTE: MARK CRUSHED PILLS MIXED WITH LIQUID AS PILLS.]

Drops	
Pills	



Thank you <u>very much</u> for completing this questionnaire! All of your answers are very important.

Please help us by looking at each page again to make sure that you:



Did not skip any pages and

Crossed out the wrong answer and circled the right answer if you made any changes.

Thank you for continuing to be part of the National Children's Study.