



OMB #: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_

### **How To Prepare for Your Appointment**

You are scheduled for a home visit on *(date of visit)* at *(time of visit)*.

For a few of the measures, the data collector will need access to your shoulder and upper back area.

❖ ***If you own one, please wear a sleeveless, loose-fitting shirt.***

The data collector will be measuring your waist and hip circumferences. The hip measurement will be made over your clothing.

❖ ***We ask that you wear thin pants so the data collector can feel the correct point at which to place the measuring device.***

If you have any further questions about how to prepare for this Study visit, you may contact your Study Center at xxx-xxx-xxxx.