



**U.S. Coast Guard  
Academy**

**Physical Fitness  
Examination (PFE)  
Scoring Form**

Director of Admissions (tp)  
U.S. Coast Guard Academy  
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New London, CT 06320

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Privacy Act Statement. In accordance with 5 USC 552a(e)(3), the following information is provided to you when supplying personal information to the USCG. (1) Authority which authorizes the solicitation of the information: 14 USC 182(a). (2) The Principal Purpose for this information is to ensure that the applicant is basically qualified to apply for the USCGA. (3) Routine uses which may be made of the info: As background info on applicants for the selection process. To contact the applicant. The SSN is a basic identifier. To determine if there are existing USCG records on the individual. In performance of the duties of officials and employees of the USCG, in managing and contributing to the admissions program and appointment of Cadets. (4) Disclosure of the information is voluntary, but the applicant will not be considered further if the information is not provided. Submissions of the Evaluator will not be disclosed to the applicant without consent.

Please provide the information requested in Section 1. Ask either a coach or physical education instructor to administer this examination, providing him/her this form and a copy of the PFE Instruction Manual in advance. Ensure the examiner completes Section 2 and signs the form in pen after you've completed all events. Confirm your raw scores/points before signing the form yourself. **This form must be returned to the Admissions Office, along with your other supplemental forms, by March 1st.**

**Section 1:**

**Name:** \_\_\_\_\_ **Last Four Digits of SSN:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Section 2:** The above student is applying to the U.S. Coast Guard Academy, where physical fitness is essential to cadet performance. **If accepted to the Academy, the applicant will retake this examination shortly after Reporting-In Day and incoming cadets who receive a failing score will be disenrolled, so accurate reporting is critical.** Please administer the examination in accordance with the PFE Instruction Manual (provided by the student) and then complete the table below in pen. Raw score is converted to points by consulting the scoring table within the PFE Instruction Manual. Please direct questions to the Academy's Admissions Processing Branch at (860) 701-6778. Thank you for your time and assistance.

Event	Raw Score	Points
1) CADENCE PUSH-UPS	push-ups	
2) TWO MINUTE SIT-UPS	sit-ups	
3) 1.5 MILE RUN	min      sec	
Total Points		
Body Measurements		
1) HEIGHT	inches	2) WEIGHT
		pounds
3) WRIST	inches	

**Coach/Instructor Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**By signing this form, I certify that the raw scores/points above are accurate. In addition, I understand that all incoming cadets must retake this evaluation shortly after Reporting-In Day and anyone failing to meet the passing standard will be disenrolled.**

**Applicant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_