



# DRRI DEPLOYMENT EXPERIENCES PART II

**This survey contains questions regarding your experiences before, during, and after military deployment. No one has had exactly the same experiences that you have had, so your input is very important. There are no right or wrong answers.**

**Be sure to answer every statement, and press firmly on the page when circling your responses. If you want to change your response, please place an “X” over your original answer, and then circle the more appropriate response.**

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# Deployment Experiences Survey

## SECTION A: THOUGHTS AND ACTIONS

Listed below are a number of statements about how you think and do things. Please read each statement and decide how true or false it is for you personally. Please circle the number that best fits your choice.

	Very false	Somewh at false	Neither true nor false	Somewh at true	Very true
1) I'm always willing to admit it when I make a mistake.	1	2	3	4	5
2) No matter whom I'm talking to, I'm always a good listener.	1	2	3	4	5
3) I am always courteous, even to people who are disagreeable.	1	2	3	4	5
4) It is sometimes hard for me to go on with my work if I am not encouraged.	1	2	3	4	5
5) I sometimes feel resentful when I don't get my way.	1	2	3	4	5
6) On a few occasions, I have given up doing something because I thought too little of my ability.	1	2	3	4	5
7) There have been times when I felt like rebelling against people in authority even though I knew they were right.	1	2	3	4	5
8) There have been occasions when I took advantage of someone.	1	2	3	4	5
9) I sometimes try to get even rather than forgive and forget.	1	2	3	4	5
10) I have never been irked when people expressed ideas very different from my own.	1	2	3	4	5
11) There have been times when I was quite jealous of the good fortune of others.	1	2	3	4	5
12) I am sometimes irritated by people who ask favors of me.	1	2	3	4	5
13) I have never deliberately said something that hurt someone's feelings.	1	2	3	4	5

## SECTION B: PREDEPLOYMENT LIFE EVENTS

The statements below refer to events you may have experienced AT ANY TIME BEFORE YOUR MOST RECENT DEPLOYMENT. Please circle "Yes" or "No" for each question below.

### **Before I was deployed:**

1. ...I witnessed someone being seriously assaulted or killed.	Yes	No
2. ...I was exposed to a toxic substance (such as dangerous chemicals or radiation).	Yes	No
3. ...someone close to me experienced serious physical or mental health problems.	Yes	No
4. ...someone close to me died.	Yes	No
5. ...a close family member or friend experienced a serious drug or alcohol problem.	Yes	No
6. ...I went through a divorce or was left by a significant other.	Yes	No

7. ...I experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage.	Yes	No
8. ...I was robbed or had my home broken into.	Yes	No
9. ...I lost my job or was demoted.	Yes	No
10. ...I was emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good).	Yes	No
11. ...I experienced serious financial problems.	Yes	No
12. ...I experienced serious physical or mental health problems.	Yes	No
13. ...I experienced combat or exposure to a war zone in the military or as a civilian (e.g., prior deployment).	Yes	No
14. ...I saw or heard physical fighting between my parents or caregivers.	Yes	No
15. ...I was physically punished by a parent or primary caregiver.	Yes	No
16. ...I was seriously physically injured by another person (for example, hit or beaten up).	Yes	No
16a. [IF YES] did this occur (circle all that apply):	In childhood	In adulthood
17. ...I experienced unwanted sexual activity as a result of force, threat of harm, or manipulation.	Yes	No
17a. [IF YES] did this occur (circle all that apply):	In childhood	In adulthood

### **SECTION C: CHILDHOOD EXPERIENCES**

**The sentences below refer to YOUR FAMILY WHEN YOU WERE GROWING UP. Please read each statement and describe how often it was true for your family by circling the number that best fits your choice. If you spent time in more than one family setting, please answer these questions about the family in which you spent the greatest part of your childhood.**

	Almost none of the time	A few times	Some of the time	Most of the time	Almost all of the time
1. People in my family did things together.	1	2	3	4	5
2. Family members got on each other's nerves.	1	2	3	4	5
3. Family members felt uncomfortable with each other.	1	2	3	4	5
4. Family members were there for each other during difficult times.	1	2	3	4	5
5. Family members felt very close to each other.	1	2	3	4	5
6. Family members avoided each other.	1	2	3	4	5
7. When problems arose, family members compromised.	1	2	3	4	5
8. Family members were afraid to say what was on their minds.	1	2	3	4	5
9. There was fighting among family members.	1	2	3	4	5
10. Family members yelled when they were angry with	1	2	3	4	5

	Almost none of the time	A few times	Some of the time	Most of the time	Almost all of the time
each other.					
11. Family members discussed their personal problems with each other.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. Family members shared household responsibilities.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
13. Family members were affectionate with each other.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
14. Family members insulted or swore at each other.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
15. Family members were critical of each other.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

#### **SECTION D: FAMILY'S PREPAREDNESS FOR DEPLOYMENT**

**Below are several statements about different preparations military personnel who have spouses or significant others and/or children may make prior to deployment, if time allows. Please circle "Yes," "No," or "NA" (Not Applicable) for each statement below. PLEASE SKIP TO SECTION D IF YOU DID NOT HAVE A SPOUSE OR SIGNIFICANT OTHER AND/OR CHILDREN WHEN YOU DEPLOYED.**

#### **Before I deployed:**

1. ...a tentative plan was made for how my family would stay in touch (for example, phone, mail, video, etc.).	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
2. ...family members were told who to contact to get information about my unit's safety.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
3. ...my family discussed what was and was not OK to talk about during the deployment (for example, exposure to dangerous situations in the war-zone, problems at home).	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
4. ...a plan was made for how household maintenance tasks would be managed.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
5. ...arrangements were made to ensure that there would be enough money to cover expenses at home.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
6. ...a plan was made for how to handle any financial problems that might come up.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
7. ...my family agreed on how money would be spent.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
8. ...my family discussed where to get help for different problems that might come up (for example, if home or car repairs were needed).	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
9. ...my family talked about how we would manage any conflicts that came up.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
10. ...my family discussed where they should go for help (for example, another family member or friend) in case there was an emergency.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
11. ...a backup childcare or other care plan was made for family dependents (for example, who would care for child(ren) if family members were unable to).	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>
12. ...my spouse or significant other and I explained what was going to happen during the deployment to our child(ren).	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>

			<b>ble</b>
13. ...my spouse or significant other and I talked to our child(ren) about how their activities or responsibilities would change during the deployment.	<b>Yes</b>	<b>No</b>	<b>Not applicable</b>

**SECTION E: DEPLOYMENT ENVIRONMENT**

**The next set of statements is about the conditions of day-to-day life DURING DEPLOYMENT. Please read each statement and describe what amount of time you were exposed to each condition over the course of the entire time you were deployed. Circle the number that best fits your choice.**

	Almost none of the time	A few times	Some of the time	Most of the time	Almost all of the time
1. The climate was extremely uncomfortable.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. I had to deal with annoying animals, insects, or plants during my deployment.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. I had access to clean clothing when I needed it.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. I could get a cold drink (for example, water, juice, etc.) when I wanted one.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
5. The food I had to eat was of very poor quality (for example, bad or old MREs).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
6. The conditions I lived in were extremely unsanitary.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7. I had access to bathrooms or showers when I needed them.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. I got as much sleep as I needed.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. The living space was too crowded.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10. I was able to get enough privacy.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11. The workdays were too long.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. I was able to get some rest when I needed it.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
13. I got my mail in a timely manner.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
14. I could email home when I needed to.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
15. I could call home when I needed to.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
16. I was exposed to awful smells.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
17. I was subjected to loud noises.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
18. I had to hassle with putting on and taking off heavy or annoying gear.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
19. I was exposed to insects, parasites, or other creatures that could harm me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
20. My daily activities were restricted because of local religious or ethnic customs.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
21. The local culture made it difficult for me to do my job.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

	Almost none of the time	A few times	Some of the time	Most of the time	Almost all of the time
22. I had enough time to myself.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
23. I was not allowed to do the things I needed to do to get my job done.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
24. The nature of my work or routine was often very boring.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
25. My activities during deployment were meaningful to me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
26. I had adequate shelter from uncomfortable living conditions (for example, heat, cold, wet, etc.).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
27. My work felt very repetitive.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

## **SECTION F: MISSION CHALLENGES**

Please rate the extent to which you agree with the following statements about your deployment experience. Indicate your agreement with each statement by circling the response that best fits your experience.

	Not applicable	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. I was concerned that the locals could not be trusted.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
1. The rules of engagement were confusing.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. I felt as if our humanitarian efforts didn't make a difference.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. I was frustrated by limits placed on when I could use my weapon.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
5. I felt as if our efforts to rebuild war-torn areas were a waste of time.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
6. I felt as if efforts to help the locals (for example, providing food and supplies) didn't make a difference.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7. I was concerned that civilians might actually be combatants in disguise.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. I worried that enemy combatants would target civilians as punishment for their contact with American personnel.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. I felt as if the locals did not want the help of American forces.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10. I felt as if our mission was a waste of time, money, or lives.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11. I worried that I would be criticized by my superiors for not following the rules of engagement.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. I was concerned that I would be punished by the military for trying to do my job.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
13. I was concerned that locals who were supposed to be helping us were actually working against us.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
14. I was frustrated by repeated changes to the rules of engagement.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
15. I felt as if we made little or no positive impact on civilians' lives.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
16. I was concerned about being trapped in the crossfire of	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

	Not applicable	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
local nationals.						
17. I felt that our humanitarian efforts were not appreciated.	0	1	2	3	4	5
18. The rules of engagement made it hard for me to do my job.	0	1	2	3	4	5

**SECTION G: COMBAT EXPERIENCES**

The statements below are about your combat experiences during deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

	Never	A few times over entire deployment	A few times each month	A few times each week	Daily or almost daily
<b>While deployed:</b>					
1. I went on combat patrols or missions.	1	2	3	4	5
2. I encountered land or water mines, booby traps, or roadside bombs (for example, IEDs).	1	2	3	4	5
3. My unit received hostile incoming fire.	1	2	3	4	5
4. My unit received "friendly" incoming fire.	1	2	3	4	5
5. I was in a vehicle (for example, a “humvee,” helicopter, or boat) or part of a convoy that was under fire.	1	2	3	4	5
	Never	A few times over entire deployment	A few times each month	A few times each week	Daily or almost daily
<b>While deployed:</b>					
6. I was part of a land or naval artillery unit that fired on enemy combatants.	1	2	3	4	5
7. I took part in an assault on entrenched or fortified positions.	1	2	3	4	5
8. I took part in an invasion that involved naval or land forces.	1	2	3	4	5
9. My unit suffered casualties.	1	2	3	4	5
10. I personally witnessed someone from my unit or an ally unit being seriously wounded or killed.	1	2	3	4	5
11. I personally witnessed enemy combatants being seriously wounded or killed.	1	2	3	4	5
12. I personally witnessed civilians (for example, women and children) being seriously wounded or killed.	1	2	3	4	5
13. I was wounded in combat.	1	2	3	4	5
14. I fired my weapon at enemy combatants.	1	2	3	4	5

	Never	A few times over entire deployment	A few times each month	A few times each week	Daily or almost daily
<b>While deployed:</b>					
15. I wounded or think I wounded someone during combat operations.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
16. I killed or think I killed someone during combat operations.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
17. I was involved in locating or disarming explosive devices.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
18. I was involved in searching or clearing homes, buildings, or other locations.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
19. A unit member I knew went missing in action or was taken prisoner/hostage.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
20. I participated in hand-to-hand combat.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
21. I experienced a “close call” or attack by an enemy combatant (for example, an insurgent).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
22. I was involved in searching and/or disarming civilians.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

### **SECTION H: POST-BATTLE EXPERIENCES**

Next are statements about your exposure to the consequences of warfare. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

	Never	A few times over entire deployment	A few times each month	A few times each week	Daily or almost daily
1. I observed homes or communities that had been destroyed.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. I saw refugees who had lost their homes and belongings.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. I saw people begging for food.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. My unit took detainees or prisoners of war.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
5. I interacted with detainees or prisoners of war.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
6. I was exposed to the sight, sound, or smell of dead or dying animals.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	Never	A few times over entire deployment	A few times each month	A few times each week	Daily or almost daily
7. I took care of injured or dying people.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. I was involved in handling human remains.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. I was exposed to the sight, sound, or smell of dying men or women.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>



10. I saw enemy combatants after they had been severely wounded or disfigured.	1	2	3	4	5
11. I saw the bodies of dead enemy combatants.	1	2	3	4	5
12. I saw civilians after they had been severely wounded or disfigured.	1	2	3	4	5
13. I saw the bodies of dead civilians.	1	2	3	4	5
14. I saw Americans or allies after they had been severely wounded or disfigured.	1	2	3	4	5
15. I saw the bodies of dead Americans or allies.	1	2	3	4	5
16. Someone I cared about was killed.	1	2	3	4	5

**SECTION I: EXPOSURE TO NUCLEAR, BIOLOGICAL, OR CHEMICAL AGENTS**

Next are some statements about nuclear, biological, and chemical agents (NBCs) that you may have been exposed to during the time you were preparing for deployment or during your deployment. Please circle “Yes,” “No,” or “Don’t know” for each question below.

**Either in preparation for or during my deployment:**

1. ...I took preventative pills (for example, to protect against nerve gas).	Yes	No	Don't know
2. ...I received preventative vaccinations by injection (for example, to prevent anthrax or botulism).	Yes	No	Don't know

**While I was deployed, I was exposed to:**

3. ...nerve gas agents (for example, sarin).	Yes	No	Don't know
4. ...mustard gas or other blistering agents.	Yes	No	Don't know
5. ...chlorine gas.	Yes	No	Don't know
6. ...pesticides (for example, in flea collars, uniforms, or the environment).	Yes	No	Don't know
7. ...government-issued DEET-containing insect repellents.	Yes	No	Don't know
8. ...smoke or other air pollution.	Yes	No	Don't know
9. ...diesel or other petrochemical fuel on my skin.	Yes	No	Don't know
10. ...fumes or exhaust from heaters or generators, including heaters in tents.	Yes	No	Don't know
11. ...depleted uranium in munitions.	Yes	No	Don't know
12. ...burning trash or burning feces.	Yes	No	Don't know
13. ...local food other than that provided by the Armed Forces.	Yes	No	Don't know
14. ...poisoned food.	Yes	No	Don't know

**While I was deployed:**

15. ...I was within 1 km of an exploding artillery shell.	Yes	No	Don't know
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16. ...I was within 5 km of an exploding missile or mortar, or attack by a rocket-propelled grenade (RPG).	Yes	No	Don't know
17. ...I was exposed to chemical or biological weapons.	Yes	No	Don't know

**SECTION J: DEPLOYMENT CONCERNS**

The statements below are about the amount of danger you felt you were exposed to while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. I thought I would never survive.	1	2	3	4	5
2. I felt safe.	1	2	3	4	5
3. I was extremely concerned that I would be exposed to nuclear, biological, or chemical agents (NBC) agents.	1	2	3	4	5
4. I felt I was in great danger of being wounded (for example, losing a limb).	1	2	3	4	5
5. I was concerned that my unit would be attacked.	1	2	3	4	5
6. I worried about the possibility of accidents (for example, “friendly” fire or training injuries in my unit).	1	2	3	4	5
7. I was concerned that I would encounter an explosive device (for example, a roadside bomb, mine, or booby trap).	1	2	3	4	5
8. I felt secure that I would be coming home after the war.	1	2	3	4	5
9. I was concerned that the medicine I was given to protect me from illness would make me sick.	1	2	3	4	5
10. I felt that I would become sick from pesticides (for example, bug spray) or other routinely used chemicals.	1	2	3	4	5
11. I was concerned about the effects of breathing bad air.	1	2	3	4	5
12. I worried about exposure to depleted uranium in munitions.	1	2	3	4	5
13. I feared that the protective gear I was given would not work.	1	2	3	4	5
14. I worried about getting an infectious disease.	1	2	3	4	5
15. I worried that I would be intentionally hurt by one of my own.	1	2	3	4	5
16. I was concerned that I would be attacked while on convoy or patrol.	1	2	3	4	5
17. I was concerned that a rocket or mortar would hit our living quarters.	1	2	3	4	5
18. I worried that others in my unit could not keep me safe.	1	2	3	4	5
19. I spent a lot of time worrying about the bad things that	1	2	3	4	5

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
could happen to me.					
20. I worried that someone I thought I could trust would turn against me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
21. I worried that I might be taken hostage.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

**SECTION K: TRAINING AND DEPLOYMENT PREPARATION**

Below are several statements about how well prepared you were by the military for your deployment. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. I had the supplies and equipment needed to get my job done.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. The equipment I was given functioned the way it was supposed to.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. I received adequate training on how to use my equipment.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. I knew how to treat animal bites, insect stings, or allergic reactions to plants in the region.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
5. I received adequate training on what to do in case of a nuclear, biological, or chemical (NBC) attack.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
6. I had enough gear to protect myself in case of an attack.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7. I received adequate training for the nature of the deployment I experienced.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. I was adequately prepared to deal with the region’s climate.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. I was accurately informed about what to expect from enemy combatants.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10. I was trained by people who were knowledgeable and well-informed about the topics they were covering.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11. I was informed about the role my unit was expected to play in the deployment.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. I had a pretty good idea of how long my deployment would last.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
13. I was accurately informed of what daily life would be like.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
14. My military duties and assignments were what I expected.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
15. My unit was prepared to operate as a team during deployment.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

## **SECTION L: UNIT SUPPORT**

The statements below are about your relationships with other military personnel while you were deployed. As used in these statements, the term “unit” refers to those you lived and worked with on a daily basis during deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. My unit was like family to me.	1	2	3	4	5
2. I felt a sense of camaraderie with other members of my unit.	1	2	3	4	5
3. Others in my unit understood me.	1	2	3	4	5
4. Most people in my unit were trustworthy.	1	2	3	4	5
5. I could go to most people in my unit for help when I had a personal problem.	1	2	3	4	5
6. Other unit members appreciated my efforts.	1	2	3	4	5
7. Other unit members were there to “back me up” if things went wrong.	1	2	3	4	5
8. Unit leaders were interested in what I thought and how I felt about things.	1	2	3	4	5
9. I was impressed by the quality of leadership in my unit.	1	2	3	4	5
10. Unit leaders made a real attempt to treat me as a person.	1	2	3	4	5
11. Unit leaders supported the decisions I made during deployment.	1	2	3	4	5
12. I felt like my efforts really counted to the military leadership.	1	2	3	4	5
13. My service was appreciated by the military leadership.	1	2	3	4	5
14. I was supported by the military leadership.	1	2	3	4	5

## **SECTION M: RELATIONSHIPS WITHIN UNIT**

The next set of questions is again about your relationships with other military personnel while deployed. Please describe how often you experienced each circumstance by circling the number that best fits your choice.

	Never	Once or twice	Several times	Many times
<b>While I was deployed, military leaders or other service members:</b>				
1. ...treated me in an overly critical way.	1	2	3	4
2. ...behaved in a way that was uncooperative when working with me.	1	2	3	4
3. ...treated me as if I had to work harder than others to prove myself.	1	2	3	4
4. ...questioned my abilities or commitment to perform my job effectively.	1	2	3	4
5. ...acted as though my mistakes were worse than others’.	1	2	3	4
6. ...tried to make my job more difficult to do.	1	2	3	4

	Never	Once or twice	Several times	Many times
<b>While I was deployed, military leaders or other service members:</b>				
7. ..."put me down" or treated me in a condescending way.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
8. ...threatened my physical safety.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9. ...spread negative rumors about my sexual activities.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
10. ...made crude and offensive sexual remarks directed at me, either publicly or privately.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
11. ...pressured me into unwanted sexual activity.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
12. ...offered me some sort of reward or special treatment to take part in sexual behavior.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
13. ...threatened me with some sort of retaliation for not being sexually cooperative (for example, the threat of a negative review or physical violence).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
14. ...made unwanted attempts to stroke or fondle me (for example, stroking my leg or neck).	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
15. ...made unwanted attempts to have sex with me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
16. ...forced me to have sex.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

#### **SECTION N: LIFE AND FAMILY CONCERNS**

**The following set of statements refers to concerns you may have had related to your life and family back home while you were deployed. These questions do not ask if these events actually occurred, but only how concerned you were that they might happen while you were deployed. Please describe how concerned you were by circling the number that best fits your choice.**

	Not applicable	Not at all	A little	Moderately	A great Deal
<b>While I was deployed, I was concerned about:</b>					
1. ...missing out on opportunities to start a career.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
2. ...missing out on a promotion at my job back home.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
3. ...damaging my career because I was deployed for a long time.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
4. ...losing touch with my co-workers or supervisors back home.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
5. ...being unable to financially support my family.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
6. ...harming my relationship with my spouse/significant other.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
7. ...being left by my spouse/significant other.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
8. ...missing out on my children's growth and development.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
9. ...losing touch with my friends.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
10. ...missing important events at home such as birthdays, weddings, funerals, graduations, etc.	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
11. ...my inability to help my family or friends if they had some type of	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

	Not applicable	Not at all	A little	Moderately	A great Deal
<b>While I was deployed, I was concerned about:</b>					
problem.					
12. ...my inability to directly manage or control family affairs.	0	1	2	3	4
13. ...the care that my child(ren) or other dependents were receiving.	0	1	2	3	4
14. ...the care that my pet(s) were receiving.	0	1	2	3	4
15. ...being cheated on by my spouse or significant other.	0	1	2	3	4
16. ...the safety and well-being of a loved one who was also deployed.	0	1	2	3	4
17. ...sharing information with my family or other loved ones that would cause them to worry.	0	1	2	3	4
18. ...my family's ability to manage their stress and worries about my safety.	0	1	2	3	4
19. ...my spouse or significant other's ability to manage the household (for example, chores, bills, home repairs, etc.).	0	1	2	3	4
20. ...how my finances were being managed.	0	1	2	3	4

### **SECTION O: FAMILY EVENTS**

The next set of statements refers to stressful family events that you may have experienced during your deployment. Please circle "Yes" or "No" for each question below.

#### **While I was deployed:**

1. ...I had serious problems getting in touch with a family member or other loved one.	Yes	No
2. ...a family member or other loved one suffered a mental health crisis.	Yes	No
3. ...a family member or other loved one had serious legal problems.	Yes	No
4. ...a family member or other loved one was injured.	Yes	No
5. ...a family member or other loved one was severely mistreated.	Yes	No
6. ...a family member or other loved one passed away.	Yes	No
7. ...my family had serious money problems.	Yes	No
8. ...a spouse or significant other cheated on me.	Yes	No
9. ...a spouse or significant other heard that I had cheated on him/her.	Yes	No
10. ...my relationship with a spouse or significant other ended.	Yes	No
11. ...I had a major conflict with a family member or other loved one.	Yes	No
12. ...I stopped hearing from a family member or other loved one.	Yes	No
13. ...my family or other loved ones had serious difficulty adjusting to my absence.	Yes	No
14. ...my home was robbed or broken into.	Yes	No
15. ...my money or belongings were stolen.	Yes	No

16. ...a family member or other person I trusted stole or wasted my money.	<b>Yes</b>	<b>No</b>
17. ...I learned that a loved one was doing things I disapproved of.	<b>Yes</b>	<b>No</b>
18. ...a family member or other loved one was also deployed.	<b>Yes</b>	<b>No</b>
19. ...a family member got into serious trouble at home, at school, or in the community.	<b>Yes</b>	<b>No</b>

**SECTION P: SUPPORT FROM FAMILY/FRIENDS**

The next set of statements refers to social support from family or friends during your deployment. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
<b>During my deployment:</b>					
1. ...I was carefully listened to by family members or friends.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. ...I had family members or friends back home who were proud of my service to my country.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
3. ...Among my friends or relatives, there was someone who made me feel better when I was feeling down.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4. ...I had problems that I could not discuss with family or friends.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
5. ...Among my friends or relatives, there was someone I could talk to when I needed good advice.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
6. ...People at home just did not understand what I was going through.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7. ...My friends and family respected my role in the Armed Forces.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. ...I had friends or relatives to look out for my family or other dependents (including pets), or take care of my finances, property, or belongings if needed.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. ...I was disappointed by how little communication I got from home.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10. ...I was disappointed by how little support I got from home.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11. ...There were people at home who cared about me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. ...I had friends or family members I could talk to about my deployment experiences.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

**SECTION Q: POSTDEPLOYMENT REINTEGRATION**

You have completed the questions about your deployment. The next set of statements relates to experiences that you may have had in the process of readjusting/reintegrating into life at home after deployment. Please describe how much you agree or disagree with each statement as it reflects your experiences IN THE FIRST THREE MONTHS AFTER YOU RETURNED FROM DEPLOYMENT by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. The transition back from deployment went smoothly.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2. I was frustrated by people asking me questions about my deployment.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
3. Finding a job or returning to work or school was difficult for me.	1	2	3	4	5
4. I was happy at work or school.	1	2	3	4	5
5. I had trouble getting along with others at work or school.	1	2	3	4	5
6. Other people's complaints about their daily lives irritated me.	1	2	3	4	5
7. I felt more comfortable talking to my military buddies than my friends or family.	1	2	3	4	5
8. I had trouble dealing with people who reminded me of the enemy.	1	2	3	4	5
9. I didn't feel needed by friends, family, or coworkers anymore.	1	2	3	4	5
10. I felt like I was in the way around my friends and family.	1	2	3	4	5
11. I no longer fit in with my friends and family.	1	2	3	4	5
12. I had trouble relaxing around friends and family.	1	2	3	4	5
13. I enjoyed doing the things I used to do.	1	2	3	4	5
14. I spent a lot of time watching TV shows, listening to radio programs, or reading articles about the war.	1	2	3	4	5
15. It was hard for me to stop thinking about things that happened during the deployment.	1	2	3	4	5
16. People bothered or annoyed me more than they used to.	1	2	3	4	5
17. People voiced opinions about the deployment that made me angry.	1	2	3	4	5
18. I found it hard to be around old friends.	1	2	3	4	5
19. I had an easy time making new friends.	1	2	3	4	5
20. Someone I relied on for support was no longer around.	1	2	3	4	5

## SECTION R: POSTDEPLOYMENT SUPPORT

The next set of statements refers to social support AFTER DEPLOYMENT. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice.

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. The reception I received from my family made me feel appreciated for my efforts.	1	2	3	4	5
2. The reception I received from members of my community made me feel appreciated for my efforts.	1	2	3	4	5
3. The American people made me feel at home when I returned.	1	2	3	4	5
4. When I returned, people made me feel proud to have served my country in the Armed Forces.	1	2	3	4	5
5. I am carefully listened to by family members or friends.	1	2	3	4	5



	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
6. Among my friends or relatives, there is someone who makes me feel better when I am feeling down.	1	2	3	4	5
7. I have problems that I can't discuss with family or friends.	1	2	3	4	5
8. Among my friends or relatives, there is someone I go to when I need good advice.	1	2	3	4	5
9. People at home just don't understand what I have been through while in the Armed Forces.	1	2	3	4	5
10. There are people to whom I can talk about my deployment experiences.	1	2	3	4	5
11. The people I work with respect the fact that I served my country.	1	2	3	4	5
12. My supervisor would understand if I needed time off to take care of personal matters.	1	2	3	4	5
13. My friends or relatives would lend me money if I needed it.	1	2	3	4	5
14. My friends or relatives would help me move my belongings if I needed to.	1	2	3	4	5
15. If I were unable to attend to daily chores, there is someone who would help me with those tasks.	1	2	3	4	5
16. When I am ill, friends or family members help out until I am well.	1	2	3	4	5

**SECTION S: POSTDEPLOYMENT FAMILY EXPERIENCES**

The sentences below refer to family experiences for military personnel who are CURRENTLY married or living with other family members. Please describe how much you agree or disagree with each statement by circling the number that best fits your choice. If you spend time in more than one family setting, please answer these questions about the family in which you spend the greatest amount of time.

**PLEASE SKIP TO SECTION U IF YOU ARE NOT MARRIED OR LIVING WITH OTHER FAMILY MEMBERS.**

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. People in my family do things together.	1	2	3	4	5
2. Family members get on each other's nerves.	1	2	3	4	5
3. Family members feel uncomfortable with each other.	1	2	3	4	5
4. Family members are there for each other during difficult times.	1	2	3	4	5
5. Family members feel very close to each other.	1	2	3	4	5
6. Family members avoid each other.	1	2	3	4	5
7. When problems arise, family members compromise.	1	2	3	4	5
8. Family members are afraid to say what is on their minds.	1	2	3	4	5

	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
9. There is fighting among family members.	1	2	3	4	5
10. Family members yell when they are angry with each other.	1	2	3	4	5
11. Family members discuss their personal problems with each other.	1	2	3	4	5
12. Family members share household responsibilities.	1	2	3	4	5
13. Family members are affectionate with each other.	1	2	3	4	5
14. Family members insult or swear at each other.	1	2	3	4	5
15. Family members are critical of each other.	1	2	3	4	5

### **SECTION T: POSTDEPLOYMENT LIFE EVENTS**

**The next statements refer to events you may have experienced SINCE RETURNING FROM YOUR DEPLOYMENT. These questions are similar to the questions you've answered previously about events before your deployment. Please circle "Yes" or "No" for each question below.**

#### **Since returning home:**

1. ...I have experienced a natural disaster (for example, a hurricane), a fire, or an accident in which I or someone close to me was hurt or had serious property damage.	Yes	No
2. ...I have been exposed to a toxic substance (such as dangerous chemicals or radiation).	Yes	No
3. ...someone close to me has experienced serious physical or mental health problems.	Yes	No
4. ...someone close to me has died.	Yes	No
5. ...a close family member or friend has experienced a serious drug or alcohol problem.	Yes	No
6. ...I have gone through a divorce or been left by a significant other.	Yes	No
7. ...I have witnessed someone being seriously assaulted or killed.	Yes	No
8. ...I have been robbed or had my home broken into.	Yes	No
9. ...I have lost my job or been demoted.	Yes	No
10. ...I have been emotionally mistreated by a family member or other loved one (for example, ignored or repeatedly told I was no good).	Yes	No
11. ...I have experienced serious financial problems.	Yes	No
12. ...I have experienced serious physical or mental health problems.	Yes	No
13. ...I have experienced stressful legal problems (for example, being sued, suing someone else, or being in a custody battle).	Yes	No
14. ...I have been unemployed and seeking employment for at least 3 months.	Yes	No
15. ...I have had problems getting access to adequate healthcare.	Yes	No
16. ...I have been seriously physically injured by another person (for example, hit or beaten up).	Yes	No

17. ...I have experienced unwanted sexual activity as a result of force, threat of harm, or manipulation.	<b>Yes</b>	<b>No</b>
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**SECTION U: FEELING AND EMOTIONS**

Next is a set of statements about feelings you may or may not have experienced IN THE LAST THREE MONTHS. Please read each statement and indicate the extent to which you agree or disagree with each statement by circling the number corresponding to your response choice.

<b>In the last three months...</b>	Strongly disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Strongly agree
1. ...I have felt sad.	1	2	3	4	5
2. ...I have felt discouraged about the future.	1	2	3	4	5
3. ...I have felt like a failure.	1	2	3	4	5
4. ...I haven't gotten as much satisfaction out of things as I used to.	1	2	3	4	5
5. ...I have been disappointed in myself.	1	2	3	4	5
6. ...I have been critical of myself for my weaknesses or mistakes.	1	2	3	4	5
7. ...I have had thoughts about killing myself.	1	2	3	4	5
8. ...I have been unable to relax.	1	2	3	4	5
9. ...I have had a fear of the worst happening.	1	2	3	4	5
10. ...I have felt terrified.	1	2	3	4	5
11. ...I have felt nervous.	1	2	3	4	5
12. ...I have had a fear of losing control.	1	2	3	4	5
13. ...I have had a fear of dying.	1	2	3	4	5
14. ...I have felt scared.	1	2	3	4	5

**SECTION V: POST-DEPLOYMENT DISTRESS**

The following statements refer to feelings you may have had since returning from your deployment. Please think about the event or events that were most disturbing to you while you were deployed and respond to the statements about experiences or feelings you have had IN THE LAST THREE MONTHS. Circle the number that best fits your choice.

<b>In the last three months I have been bothered by...</b>	Not at all	A little bit	Moderately	Quite a bit	Extremely
1. ...repeated, disturbing memories of my military experiences.	1	2	3	4	5
2. ...repeated, disturbing dreams of my military experiences.	1	2	3	4	5
3. ...suddenly acting or feeling as if my military experiences were happening again.	1	2	3	4	5
4. ...feeling very upset when something happened that reminded me of my military experiences.	1	2	3	4	5
5. ...trouble remembering important parts of my military experiences.	1	2	3	4	5

6. ...loss of interest in activities that I used to enjoy.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7. ...feeling distant or cut off from other people.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
8. ...feeling emotionally numb, or being unable to have loving feelings for those close to me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9. ...feeling as if my future will somehow be cut short.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10. ...trouble falling or staying asleep.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
11. ...feeling irritable or having angry outbursts.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
12. ...having difficulty concentrating.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
13. ...being “super alert,” or watchful or on guard.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
14. ...feeling jumpy or easily startled.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
15. ...having physical reactions when something reminds me of my military experiences.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	Not at all	A little bit	Moderately	Quite a bit	Extremely
<b>In the past three months, I have tried to:</b>					
16. ...avoid thinking about my military experiences, or avoid having feelings about them.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
17. ...avoid activities or situations because they reminded me of my military experiences.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

### **SECTION W: CURRENT HEALTH**

**The following questions ask about your current health. Please circle the response corresponding to the most appropriate option.**

1. In general, would you say your health is:	<b>Excellent</b>	<b>Very good</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>
2. Does your health now limit you in moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf?			<b>No, not limited at all</b>	<b>Yes, limited a little</b>	<b>Yes, limited a lot</b>
3. Does your health now limit you in climbing several flights of stairs?			<b>No, not limited at all</b>	<b>Yes, limited a little</b>	<b>Yes, limited a lot</b>
4. In the past four weeks, have you accomplished less than you would like as a result of your physical health?				<b>Yes</b>	<b>No</b>
5. In the past four weeks, have you been limited in your work or other activities as a result of your physical health?				<b>Yes</b>	<b>No</b>
6. In the past four weeks, have you accomplished less than you would like as a result of any emotional problems (such as feeling depressed or anxious)?				<b>Yes</b>	<b>No</b>
7. In the past four weeks, have you not done work or other activities as carefully as usual as a result of any emotional problems?				<b>Yes</b>	<b>No</b>
8. During the past four weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?	<b>A little bit</b>	<b>Moderately</b>	<b>Quite a bit</b>	<b>Extremely</b>	

**How much of the time during the past four weeks...**

9. ...have you felt calm and peaceful?	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time
10. ...did you have a lot of energy?	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time

**How much of the time during the past four weeks...**

11. ...have you felt downhearted and blue?	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time
12. ...has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.?)	A little of the time	Some of the time	Most of the time	All of the time	

**SECTION X: ALCOHOL USE**

**The following questions relate to your use of alcohol. Please circle the response corresponding to the most appropriate option.**

	No	Yes, before I was deployed	Yes, at some time after deployment	Yes, in the last 3 months		
1. Have you felt you ought to cut down on drinking?	1	2	3	4		
2. Have people criticized your drinking?	1	2	3	4		
	No	Yes, before I was deployed	Yes, at some time after deployment	Yes, in the last 3 months		
3. Have you felt bad or guilty about your drinking?	1	2	3	4		
4. Have you had a drink first thing in the morning to steady your nerves or get rid of a hangover (an "eye-opener")?	1	2	3	4		
5. In the past three months how often have you had a drink containing alcohol?	Never	Monthly or less	2 to 3 times a month	2 to 3 times a week	4 or more times a week	
6. In the past three months, how many drinks containing alcohol have you had on a typical day when you were drinking?	None	1 or 2	3 or 4	5 or 6	7 or 9	More than 5 years

**SECTION Y: HEALTH-CARE USE**

**The next statements refer to your use of health care SINCE RETURNING FROM YOUR MOST RECENT DEPLOYMENT TO OEF/OIF. Please circle “Yes” or “No” for each question below.**

**Since returning home:**

1. Have you had a physical health problem that required health care?	Yes	No
2. Have you had an emotional problem that required health care?	Yes	No
3. Have you gotten any <i>medical care</i> for yourself? For example, hospital stays, doctor’s visits, urgent care, routine exams, medical tests, or shots?	Yes	No
3a. If yes, did you go to a Department of Veterans Affairs (VA) health-care facility for any of this care?	Yes	No
4. Have you seen a professional for help with an emotional problem? These professionals could be psychologists, therapists, counselors, or psychiatrists, and could include groups led by professional counselors and visits for medication for emotional problems?	Yes	No
4a. If yes, did you go to a Department of Veterans Affairs (VA) health-care facility for any of this care?	Yes	No

**SECTION Z: ADDITIONAL SURVEY INFORMATION**

**Please check the appropriate response or fill in the required information.**

1. What is your gender?

- Male
- Female

2. What is your age? \_\_\_\_

3 Are you of Hispanic or Latino origin or descent?

- Yes, Hispanic
- No, not Hispanic or Latino

4. In which of the following categories do you feel that you belong? (Please check all that apply)

- Pacific Islander or Native Hawaiian
- Black or African/American
- American Indian or Alaskan Native
- White
- Asian
- Other (Please specify) \_\_\_\_\_

5. What is the highest level of education you have attained?

- 8<sup>th</sup> grade or less
- Some college
- Some high school
- Four-year college graduate
- High school graduate
- Some graduate or professional school
- Vocational or technical training
- Graduate or professional degree

6. What is your current marital status?

- Married
- Divorced
- Living as a couple
- Widowed
- Separated
- Single/Never married

7. Which of the following categories best describes your 2006 household income before taxes?

- \$15,000 or less
- \$50,001 to \$75,000
- \$15,001 to \$25,000
- \$75,001 to \$100,000
- \$25,001 to \$35,000
- Over \$100,000

\_\_\_ \$35,001 to \$50,000

8. Are you currently serving in the military either on active duty or with the National Guard or Reserves?

\_\_\_ Yes

\_\_\_ No

8a. (If Yes) Are you currently:

\_\_\_ Regular active duty

\_\_\_ National Guard

\_\_\_ Reserves

9. Have you ever applied or are you currently applying for service-connected disability status?

\_\_\_ Yes

\_\_\_ No

9a. (If yes in past) Did you receive service-connected disability status?

\_\_\_ Yes

\_\_\_ No

9b. If yes, What is the total % disability rating you received? \_\_\_

9c. What % disability rating did you receive for disability related to your mental health? \_\_\_

9d. What % disability rating did you receive for disability related to your physical health?

10. Do you receive disability benefits? (*Check all that apply.*)

\_\_\_ Yes, Disability payments from the VA

\_\_\_ Yes, SSI

\_\_\_ Yes, SSDI

\_\_\_ Yes, Worker's compensation

\_\_\_ Yes, Disability Insurance from employer

\_\_\_ Yes, Self-purchased disability insurance

\_\_\_ Yes, I get disability payments, but not sure where they come from

\_\_\_ No, I don't receive any disability payments

11. During what time period was your most recent deployment to Iraq or Afghanistan?

From \_\_\_/\_\_\_/\_\_\_ (month/day/year)

To \_\_\_/\_\_\_/\_\_\_ (month/day/year)

12. Was this most recent deployment in support of:

\_\_\_ OEF (Operation Enduring Freedom)

\_\_\_ OIF (Operation Iraqi Freedom)

13. When you were deployed, were you:

\_\_\_ Regular active duty

\_\_\_ National Guard

\_\_\_ Reserves

14. What was your branch of the military when you were deployed?

Marines\_\_\_\_ Army\_\_\_\_ Navy\_\_\_\_ Air Force\_\_\_\_ Coast Guard \_\_\_\_

15. What was your military rank when you were deployed (e.g., E-5, O-6)? \_\_\_\_\_

16. What was your primary military occupation during your most recent deployment?

- Combat arms
- Combat support
- Service support

17. Please briefly describe what duties your unit performed (e.g. transportation, moving equipment from ports to front lines).

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18. Where were you stationed?

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19. What was your marital status when you deployed?

- Married
- Living as a couple
- Separated
- Divorced
- Widowed
- Single/Never married

20. Did you have any children when you deployed?

- Yes
- No

21. Have you had children since you deployed?

- Yes
- No

22. IF YES TO EITHER 18 OR 19: How many children do you have and what are their ages?

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23. Do you think that you have in the past or are currently suffering from deployment-related illnesses?

- No, never
- Yes, in the past
- Yes, currently

24. Did you have an experience during deployment that was so frightening, horrible, or upsetting that, in the past month, you:

- a. Have had nightmares about it or thought about it when you did not want to?  Yes  No
- b. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?  Yes  No
- c. Were constantly on guard, watchful, or easily startled?  Yes  No
- d. Felt numb or detached from others, activities, or your surroundings?  Yes  No

25. Did you have any injury(ies) during your most recent deployment from any of the following?

- Fragment
- Bullet
- Vehicular (any type of vehicle, including airplane)



- Blast (for example, Improvised Explosive Device, RPG, Land mine, Grenade, etc.)
- Fall

26. Did any injury you received while you were deployed result in any of the following? Check all that apply.

- Being dazed, confused or “seeing stars”
- Not remembering the injury
- Losing consciousness (knocked out) for less than a minute
- Losing consciousness for 1-30 minutes
- Losing consciousness for longer than 30 minutes
- Symptoms of concussion afterward (such as headache, dizziness, irritability, etc.)
- Head Injury
- None of the above

*Please take a minute to go back through the survey and make sure you haven't skipped any pages. **Thank you for your participation!***