



The purpose of this simple procedure is to collect some loose cells from your mouth. Please follow the instructions below. You may request help reading the instructions from a member of your household, but **please do not permit anyone else to handle the collection materials.**

Here is a list of what you should find in the enclosed envelope:

- Two copies of the Informed Consent Form
- Screw top collection container
- Plastic bottle of mouthwash
- Leak-proof plastic bag with a small absorbent sheet (in case anything spills)
- Pre-stamped mailing envelope

INSTRUCTIONS FOR BUCCAL CELL COLLECTION

1. Read and sign one copy of the Informed Consent Form. (The other copy is yours to keep.)
2. Do not eat or rinse your mouth for one hour before collecting the sample.
3. Open the bottle of mouthwash and fill the enclosed container with mouthwash to the red line.
4. Swish the mouthwash from the container around in your mouth vigorously for 45 seconds. Watch the clock while you do this.
5. Holding the container close to your mouth, spit the mouthwash back into the container. Replace the top on the container and screw it on tightly. You may keep the remaining portion of mouthwash for your own use.

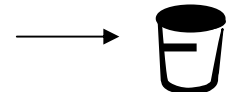
1. Sign Informed Consent 

2.  one hour!

3. Fill to red line 

4. Swish for  45 seconds

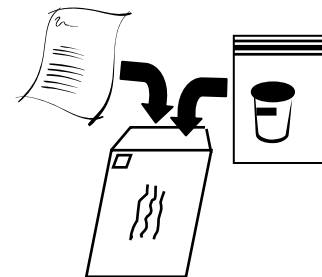
5. Spit and Close the top tightly



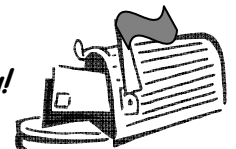
INSTRUCTIONS FOR MAILING

Prepare the collection container for mailing as follows:

1. Make sure the Informed Consent Form with your signature is placed in the padded envelope.
2. Place the collection container into the leak-proof plastic bag. Keep the absorbent sheet in the bag. Remove any air from the bag and seal the bag.
3. Place the plastic bag and its contents into the padded envelope that is addressed to the biorepository. Seal the envelope.
4. Mail the samples within 24 hours of collection.



Thank you!



If you have any questions or concerns, please call us at 1-800-424-7883.