

## **Appendix C**

### **Exploratory Study of Low-Income Couples' Decision Making Processes:**

### **In-Home Observation Protocols**

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The following components, put together, comprise the in-Home Observation; this appendix contains relevant information and materials for each of the components. A description of each activity and relevant protocols are provided in Supporting Statement Section B, Question 2.

1. Pre-Task Procedures
  - A. The Oral History Interview
  - B. Behavioral Choices Response Form
  - C. Individual Survey with Sensitive Questions
2. Paper Tower Exercise
  - A. Satisfaction with Process and Outcome
3. Economic Decision/Revealed Differences Exercise
  - A. Allocation of Money to Each Expenditure
  - B. Satisfaction with Process and Outcome
4. Interpersonal Conflict Discussion
  - A. Problem Inventory: Areas of Disagreement
  - B. Psycho-Physiological Measurement  
(no written response is required by the couple)
  - C. Satisfaction with Process and Outcome
5. Video Recall Procedure  
(no written response is required by couple)

## Document 1A: Oral History Interview

In this interview, an RRI staff member asks the couple to tell the story of how they met, their first impressions of one another, and how they moved through major life transitions, such as the decision to move in with one another.

Question 1. Why don't we start from the very beginning. Let's discuss how the two of you met and got together. Do you remember the time you met for the first time? Tell me about it. Was there anything about your partner (spouse) that made her (him) stand out? What were your first impressions of each other?

Question 2. When you think back to the time you were dating, before you got together, what do you remember? What stands out? How long did you know each other before you started living together (got married)? What do you remember of this period? What were some of the highlights? Some of the tensions? What types of things did you do together?

Question 3. Tell me about how the two of you decided to live together. Of all the people in the world, what led you to decide that this was the person you wanted to live with? Was it an easy decision? Was it a difficult decision? Were you ever in love? Tell me about this time.

Question 4. Did you have a ceremony of commitment to each other? Tell me about it.

Question 5. When you think back to the first year you were living together, what do you remember? Were there any adjustments to living together?

Question 6. What about the transition to becoming parents? Tell me about this period of your relationship. What was it like for the two of you?

Question 7. Looking back over the years, what moments stand out as the really good times in your relationship? What were the really happy times? What is a good time for you as a couple? Has this changed over the years?

Question 8. Many of the couples we've talked to say that their relationships go through periods of ups and downs. Would you say that this is true of your relationship?

Question 9. Looking back over the years, what moments stand out as the really hard times in your relationship? Why do you think you stayed together? How did you get through these difficult times? What is your philosophy about how to get through difficult times?

Question 10. How would you say your relationship is different from when you first started living together (got married)? (Lots of people have losses here; they have stopped doing things that once gave them pleasure. Explore these with the couple.)



	You Do Grocery Shopping	You Don't Do Grocery Shopping
Your Partner Does Grocery Shopping		
Your Partner Doesn't Do Grocery Shopping		

	You Work	You Don't Work
Your Partner Works		
Your Partner Doesn't Work		

	You Take Kids to School/Day Care	You Don't Take Kids to School/Day Care
Your Partner Takes Kids to School/Day Care		
Your Partner Doesn't Take Kids to School/Day Care		

**Document 1.C: Individual Survey with Sensitive Questions**

While the couple is still separated, the individuals will be asked to complete a short survey with more sensitive questions. The female partner will be asked some questions on domestic violence and the male partner will be asked about fatherhood—both members of the couple will receive questions on substance abuse. Positive results on the domestic violence questionnaire will mean that the couple will not be asked to engage in the conflict discussion or any part of interaction task 3.

**SUBSTANCE ABUSE (ADMINISTER TO BOTH MEN AND WOMEN)**

The next questions are about drinking alcoholic beverages. By a “drink” we mean either a bottle of beer, a wine cooler, a glass of wine, a shot of liquor, or a mixed drink.

- 1. In the past year, how many times have you had (4 if female/5 if male) drinks of alcohol in one day?

|\_|\_|\_|

DON'T KNOW.....d  
REFUSED.....r

- 2. In the past year, did you have any problems keeping a job or getting along with family or friends because of your alcohol or drug use?

YES.....01  
NO.....02  
DON'T KNOW.....d  
REFUSED.....r

- 3. And what about your partner? In the past year, did (he/she) have any problems keeping a job or getting along with family and friends because of (his/her) alcohol or drug use?

YES.....01  
NO.....02  
DON'T KNOW.....d  
REFUSED.....r

**DOMESTIC VIOLENCE (ADMINISTER TO WOMEN ONLY)**

Now I'm going to ask you some personal questions. No matter how well a couple gets along, there are times when they disagree on major decisions, get annoyed about something the other person does, or have spats or fights because they're in a bad mood or for some other reason. We're interested in understanding each person's unique experience in their relationship, specifically, how couples deal with conflict. Some couples avoid talking to each other, while other couples may yell and sometimes throw things or hit each other. We are interested in hearing what your experience has been like in your relationship. The information that you share with me today will be confidential and will NOT be shared with your partner or others outside the research team. The information will be kept in a locked cabinet. Are you comfortable answering these types of questions?

**Section I.**

The following are some things that you or your partner may have done when you had a disagreement.

1. During the past 6 months, has your partner hit you?							• Yes	• No
If YES	How many times in the past year has your partner hit you?	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	
		1	2	3	4	5	6	
2. During the past 6 months, has your partner twisted your arm or hair?							• Yes	• No
If YES	How many times in the past year has your partner twisted your arm or hair?	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	
		1	2	3	4	5	6	
3. During the past 6 months, has your partner pushed or shoved you?							• Yes	• No
If YES	How many times in the past year has your partner pushed or shoved you?	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	
		1	2	3	4	5	6	
4. During the past 6 months, has your partner grabbed you?							• Yes	• No
If YES	How many times in the past year has your partner grabbed you?	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	
		1	2	3	4	5	6	
5. During the past 6 months, has your partner slapped you?							• Yes	• No
If YES	How many times in the past year has your partner slapped you?	Once	Twice	3-5 times	6-10 times	11-20 times	More than 20 times	
		1	2	3	4	5	6	

## FOR INTERVIEWER USE:

1a. Did the respondent answer “YES” to any question in Section I (1-5)?

NO → *Proceed to Section II.*

YES → *Continue to 1b.*

1b. Did the respondent indicate that any incident in questions 1-5 happened more than 20 times?

NO → *The respondent may be eligible. Proceed to Section II.*

YES → *The respondent is **ineligible** to participate in the conflict discussion. Read the following:*

Thank you for your willingness to answer these questions. Based on your answers to some of the questions I asked, it seems that you are experiencing moderate to severe emotional and/or physical violence in your relationship. Therefore, I would like to provide you with a few resources. The first is the National Domestic Violence Hotline which is staffed 24 hours a day and can provide support and resources their number is 1-800-799-7233. I also have the number for the Washington State Domestic Violence Hotline. That number is 1-800-562-6025. It is important for us to tell you that both physical and emotional violence are NOT part of a healthy and safe relationship. If you are concerned for your safety right now or at any time, it is important that you call 9-1-1 or either of the Hotline numbers I just provided you.

### **Section II.**

Now I am going to ask you whether your partner has done certain things when you had a fight during the past six months. Please just answer yes or no to each of the following.

6. During the past 6 months, has your partner used a knife or a gun on you?	<input type="radio"/> Yes	<input type="radio"/> No
7. ...choked you?	<input type="radio"/> Yes	<input type="radio"/> No
8. ...beat you up?	<input type="radio"/> Yes	<input type="radio"/> No
9. ...burned or scalded you on purpose?	<input type="radio"/> Yes	<input type="radio"/> No
10. ...slammed you against a wall?	<input type="radio"/> Yes	<input type="radio"/> No
11. ...kicked you?	<input type="radio"/> Yes	<input type="radio"/> No

12. During the past 6 months, have you passed out from being hit on the head by your partner?	• Yes	• No
13. ...has your partner punched or hit you with something that could hurt?	• Yes	• No
14. ...have you gone to a doctor because of a fight with your partner?	• Yes	• No
15. ...did you have a broken bone from a fight with your partner?	• Yes	• No
16. ...did you need to see a doctor because of a fight, but didn't?	• Yes	• No
17. ...did you partner use force (like hitting or using a weapon) to make you have sex?	• Yes	• No
18. ...did your partner use threats to make you have sex?	• Yes	• No

### FOR INTERVIEWER USE:

2a. Did the respondent answer “YES” to any question in Section II (6-18)?

NO → *The respondent may be eligible. Proceed to Section III.*

YES → *The respondent is **ineligible** to participate in the conflict discussion.*

Thank you for your willingness to answer these questions. Based on your answers to some of the questions I asked, it seems that you are experiencing moderate to severe emotional and/or physical violence in your relationship. Therefore, I would like to provide you with a few resources. The first is the National Domestic Violence Hotline which is staffed 24 hours a day and can provide support and resources their number is 1-800-799-7233. I also have the number for the Washington State Domestic Violence Hotline. That number is 1-800-562-6025. It is important for us to tell you that both physical and emotional violence are NOT part of a healthy and safe relationship. If you are concerned for your safety right now or at any time, it is important that you call 9-1-1 or either of the Hotline numbers I just provided you.

### **Section III.**

19. In the past 6 months, did you partner try to control your every move by making you ask permission?	• Yes	• No
20. ...did your partner withhold money, make you ask for money, or take yours?	• Yes	• No
21. ...did you partner threaten to kill you?	• Yes	• No
22. ...did your partner threaten to hurt your family, friends, or pets?	• Yes	• No
23. ...did you partner refuse to take responsibility for violent behavior, putting the	• Yes	• No

blame on you?		
24. ...did your partner try to isolate you by keeping you away from your family and friends?	• Yes	• No
25. ...did your partner stalk or harass you or someone else at work or elsewhere?	• Yes	• No
26. ...did your partner insult, swear at you, or call you a name?	• Yes	• No
27. ...did your partner accuse you of being with another man?	• Yes	• No

**FOR INTERVIEWER USE:**

3a. Did the respondent answer “YES” to 2 or more questions in Section III (19-27)?

NO → *The respondent may be eligible. Proceed to Section IV.*

YES → *The respondent is **ineligible** to participate in the conflict discussion.*

Thank you for your willingness to answer these questions. Based on your answers to some of the questions I asked, it seems that you are experiencing moderate to severe emotional and/or physical violence in your relationship. Therefore, I would like to provide you with a few resources. The first is the National Domestic Violence Hotline which is staffed 24 hours a day and can provide support and resources their number is 1-800-799-7233. I also have the number for the Washington State Domestic Violence Hotline. That number is 1-800-562-6025. It is important for us to tell you that both physical and emotional violence are NOT part of a healthy and safe relationship. If you are concerned for your safety right now or at any time, it is important that you call 9-1-1 or either of the Hotline numbers I just provided you.

**Section IV.**

28. Are you afraid of your partner?	• Yes	• No
29. Are you uncomfortable talking in front of your partner because of what he may do to you?	• Yes	• No

**FOR INTERVIEWER USE:**

4a. Did the respondent answer “YES” to any of the questions in Section IV (28-29)?

NO → *The respondent is **eligible**. Proceed with all remaining tasks.*

YES → *The respondent is **ineligible** to participate in the conflict discussion. Please read the following:*

Thank you for your willingness to answer these questions. Based on your answers to some of the questions I asked, it seems that you are experiencing moderate to severe emotional and/or physical violence in your relationship. Therefore, I would like to provide you with a few resources. The first is the National Domestic Violence Hotline which is staffed 24 hours a day and can provide support and resources their number is 1-800-799-7233. I also have the number for the Washington State Domestic Violence Hotline. That number is 1-800-562-6025. It is important for us to tell you that both physical and emotional violence are NOT part of a healthy and safe relationship. If you are concerned for your safety right now or at any time, it is important that you call 9-1-1 or either of the Hotline numbers I just provided you.

**INVENTORY OF FATHER INVOLVEMENT: ADMINISTER TO MEN ONLY**

Think of your experiences as a father over the past 6 months. Please rate how good a job you think you did as a father on each of the items listed below using a scale from zero to 6 with zero meaning very poor and 6 meaning excellent. If an item is not applicable to your situation, circle "NA" for not applicable.

	<b>0</b> Very Poor	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b> Excellent	<b>NA</b> Doesn't Apply to Me						
<b>1</b>	Disciplining your children						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>2</b>	Encouraging your children to do their chores						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>3</b>	Setting rules and limits for your children's behavior						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>4</b>	Encouraging your children to succeed in school						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>5</b>	Encouraging your children to do their homework						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>6</b>	Teaching your children to follow rules at school						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>7</b>	Giving your children's mother encouragement and emotional support						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>8</b>	Letting your children know that their mother is an important and special person						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>9</b>	Cooperating with your children's mother in the rearing of your children						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>10</b>	Providing your children's basic needs (food, clothing, shelter, and health care)						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>11</b>	Accepting responsibility for the financial support of the children you have fathered						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>12</b>	Being a pal or a friend to your children						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>13</b>	Spending time just talking with your children when they want to talk about something						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>14</b>	Spending time with your children doing things they like to do						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>15</b>	Praising your children for being good or doing the right thing						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>
<b>16</b>	Praising your children for something they have done well						<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>NA</b>

	0 Very Poor	1	2	3	4	5	6 Excellent	NA Doesn't Apply to Me					
17	Telling your children that you love them					0	1	2	3	4	5	6	NA
18	Encouraging your children to develop their talents (music, athletics, art, etc.)					0	1	2	3	4	5	6	NA
19	Encouraging your children to continue their schooling beyond high school					0	1	2	3	4	5	6	NA
20	Planning for your children's future (education, training)					0	1	2	3	4	5	6	NA
21	Encouraging your children to read					0	1	2	3	4	5	6	NA
22	Reading to your younger children					0	1	2	3	4	5	6	NA
23	Helping your older children with their homework					0	1	2	3	4	5	6	NA
24	Attending events your children participate in					0	1	2	3	4	5	6	NA
25	Being involved in the daily or regular routine of taking care of your children's basic needs or activities (feeding, driving them places, etc.)					0	1	2	3	4	5	6	NA
26	Knowing where your children go and what they do with their friends					0	1	2	3	4	5	6	NA

**PERCEPTIONS OF PARTNER'S AGREEABLENESS: ADMINISTER TO MEN ONLY**

Now I am going to read you some phrases that describe people's behaviors. Please use an X to indicate how accurately each statement describes **your partner**. Answer as your partner as he/she generally is now, not as you wish him or her to be in the future. Answer as you honestly see him/her, in relation to other people you know.

		Very True	Somewhat True	Neither True or UnTrue	Somewhat Untrue	Very Untrue
1						
1	Your partner makes people feel at ease.					
2	Your partner is not interested in other people's problems.					
3	Your partner takes time out for others.					

4	Your partner is interested in people.					
5	Your partner feels others' emotions.					
6	Your partner is not really interested in others.					
7	Your partner sympathizes with others' feelings.					
8	Your partner has a soft heart.					
9	Your partner insults people.					
10	Your partner feels little concern for others.					

**RELATIONSHIP WITH PARTNER: ADMINISTER TO MEN ONLY**

Most persons have disagreements in their relationships. Please indicate with an 'X' below, how often each of the following events occurs between you and your partner.

	All the time	Most of the time	More often than not	Occasionally	Rarely	Never
1	How often do you discuss or have you considered divorce, separation or terminating your relationship?					
2	How often do you or your partner leave the house after a fight?					
3	In general, how often do you think that things between you and your partner are going well?					
4	Do you confide in your mate?					
5	Do you ever regret living together?					
6	How often do you and your partner quarrel?					
7	How often do you and your partner "get on each others' nerves?"					

Please use an X to answer the following questions (8-11).

How often would you say the following events occur between you and your partner?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often
8 Have stimulating exchange of ideas						
9 Laugh together						
10 Calmly discuss something						
11 Work together on a project						

**Document 2.A: Paper Tower—Satisfaction with Process and Outcome**

To construct the tower, the couple is provided with a box that contains materials such as newspaper, cardboard, construction paper, tape, markers and crayons, string, straws, and other materials for decorating. The couple has 30 minutes to complete this task, which is recorded, and afterward each partner is asked to rate their satisfaction with the process and product of their efforts.

1. On a scale of 1 to 10, where 1 is very unsatisfied and 10 is very satisfied, how satisfied are with the way you and your partner worked together to build the tower?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

2. How satisfied are with the way your tower turned out?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

**Document 3.A: Allocation of Money to Each Expenditure**

For this task, the couple begins by imagining that the family has won \$5,000 in a lottery. Each individual then indicates separately how she or he would prefer to spend that money across 30 different categories, by completing a form. After completing the forms, the couple engages in a joint discussion about how they will spend the money.

For each of the categories below, please rank order your priorities for spending the lottery winnings. On each line, place a number to indicate your top priority with a “1,” your next highest priority with a “2,” your third priority with a “3” and so on until all lines have been filled. After ranking each category, please write in the amount you wish to spend on each item, starting with your top priority "1", your next highest priority "2", and so on until all of your money has been spent.

Rank Order	Amount	
_____	_____	1. Stereo sound equipment
_____	_____	2. Music CDs
_____	_____	3. Pay off bills or debts
_____	_____	4. Entertainment (concerts, clubs)
_____	_____	5. Musical instruments
_____	_____	6. Deposit on a house or apartment
_____	_____	7. Flat panel TV
_____	_____	8. TiVo
_____	_____	9. New appliances
_____	_____	10. Computer
_____	_____	11. Cell phone
_____	_____	12. GPS for car
_____	_____	13. Toys for kids
_____	_____	14. New speakers
_____	_____	15. Clothes for kids
_____	_____	16. A vacation
_____	_____	17. Clothes for self/selves
_____	_____	18. Home repair
_____	_____	19. Shoes
_____	_____	20. Power tools
_____	_____	21. Jewelry
_____	_____	22. Watches
_____	_____	23. New furniture
_____	_____	24. Exercise club membership
_____	_____	25. A car or truck
_____	_____	26. Money or gift to parent or other relative
_____	_____	27. New kitchen cabinets
_____	_____	28. Put some money in a savings account
_____	_____	29. Eating out
_____	_____	30. Other: _____ (specify)



**Document 3.B: Allocation of Money Task—Satisfaction with Process and Outcome**

At the end of the allocation of money discussion, the couple completes another form together, indicating satisfaction with the outcome of their decision about how to allocate the winnings.

1. On a scale of 1 to 10, where 1 is very unsatisfied and 10 is very satisfied, how satisfied are you with the way you and your partner discussed how to spend the money?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

2. How satisfied are you with the joint decision that was made about how to spend the money?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

**Document 4.A: Interpersonal Conflict Discussion---Problem Inventory**

Prior to the conflict discussion, RRI staff ask each partner to complete a “problem inventory” to identify major conflict areas in the couple’s relationship.

*Instructions.* This form contains a list of topics that many couples disagree about. We would like to get some idea of how much you and your partner disagree about each area. In the first column, please indicate much you and your partner disagree by placing a number from 0 to 100 next to each item. A zero indicates that you don’t disagree at all, and a 100 indicates that you disagree very much. In the second column, please write down the number of years, months, weeks, or days that this has been an area of disagreement

For example:

We disagree about...	How much?	How long?
Money and Finances	90	2 ½ years

The answers in this example indicates that money and finances is something you disagree about very much and that it has been a problem for about 2 ½ years.

<b>We disagree about</b>	<b>How much?</b>	<b>How long?</b>
Money and finances.....		
Communication.....		
Who does what (chores, childcare, etc.).....		
In-laws and relatives.....		
Sex.....		
Infidelity.....		
Spending time with children .....		
Religion.....		
Whether we should get married .....		
Recreation and having fun.....		
Trust.....		
Alcohol and/or drugs.....		
Disciplining children .....		
Having a child together (in the future).....		
Jealousy.....		
Whether or not to work .....		
Finishing education .....		
Getting our own place to live .....		
Basic values.....		
How much we should work .....		
Our goals.....		
Emotional expression.....		
Issues of power.....		
Independence and dependence.....		
Looking for a job .....		

Politics.....

## **Document 4.B: Interpersonal Conflict Discussion--Psychophysiological Measurement**

Prior to the conflict discussion, research assistants will connect psycho-physiological recording devices to both the male and female participants. The 15-minute discussion is videotaped and indicators of heart rate, skin conductance, vagal tone (calculated from EKG), and ear pulse transit time are taken throughout. These measures provide a comprehensive assessment of each partner's autonomic reactivity during the conflict/decision making task. No pain is involved in wearing these devices, and participants are told that they may ask to be disconnected at any time.

In order for staff to attach the equipment, each participant is asked to stand and allow the researchers to place two electrodes on the third rib; one on the right and one on the left. This involves briefly cleaning the area with prep-pads (if particularly hairy, a razor may be used to shave a small area). On the participant's non-dominant hand, two velcro electrodes are attached to the middle and index fingers, and the participant wears a wristband. A PPG (photoplethysmograph) is clipped onto the earlobe of the non-dominant side.

Once the electrodes are connected, participants are told that staff will take a 2 minute baseline reading. They hear a tone, which signals the start of the 2 minutes. During those 2 minutes they are asked not to talk to one another or look at each other and are asked not to touch the electrodes. Another tone sounds the end of the 2 minutes. The couple is then asked to begin their discussion while the psycho-physiological data are recorded.

**Document 4.C: Interpersonal Conflict Discussion—  
Satisfaction with Process and Outcome**

For the conflict discussion, couples are asked to spend 15 minutes discussing and trying to make progress on the issue identified during the problem inventory. Following the conflict discussion, partners rate their satisfaction with the interaction they just experienced and the decision outcome, if a decision was reached.

1. On a scale of 1 to 10, where 1 is very unsatisfied and 10 is very satisfied, how satisfied are you with the way this discussion went?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

2. If you and your partner came to a decision during this discussion, how satisfied are you with the decision that was made?

*Please circle the number which best represents your response.*

Very Unsatisfied										Very Satisfied
1	2	3	4	5	6	7	8	9	10	

No decision was reached: \_\_\_\_\_

### **Document 5: Video Recall Task**

The video recall procedure occurs after completion of the conflict discussion. Each partner simultaneously views a play-back recording of their interaction and separately uses a rating dial to provide a continuous self-report of how they felt from moment to moment during the interaction. The dial traverses a 180° path, with the dial pointer moving over a nine-point scale ranging from extremely negative (1) to extremely positive (9), with neutral at 5. Spouses are instructed to adjust the dial continuously so that it always represents how they were feeling *when they were in the interaction*. For the conflict task, the couple will rate the video twice, once for how they felt, and again for how they think their partner felt.