# Childhood Obesity Prevention Communications Campaign Research Children ages 8-12 Online Consumer Survey

#### SAMPLE:

- □ n = 1000
  - √ Boys and girls balanced across gender
  - √ 8-12 years old- balanced across ages

#### **QUOTAS**:

		Sample
Gender	Age	Size
	8	100
	9	100
Girls	10	100
	11	100
	12	100
	8	100
	9	100
Boys	10	100
	11	100
	12	100

Ethnicity	Sample
Ellillicity	Size
African- American	200
Hispanic	200
Caucasian or other	600

Region	Sample		
Region	Size		
Northeast	170		
South	369		
Midwest	220		
West	241		

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Income	Sample
Income	Size
< \$35,000	303
\$35,000-\$74,999	330
\$75,000 +	367
Prefer not to answer	1000

#### EXCLUDE SAMPLE THAT DOES NOT HAVE PARENT EDUCATION DATA OR INCOME DATA.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0990-0379. The time required to complete this information collection is estimated to average 15 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: U.S. Department of Health & Human Services, OS/OCIO/PRA, 200 Independence Ave., S.W., Suite 336-E, Washington D.C. 20201, Attention: PRA Reports Clearance Officer

#### **INTRO PAGE**

Thanks for participating in this survey!

Once you complete this survey you will earn 50 KidzPoints!

Please click on CONTINUE to begin.

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#### 1. TYPE: CHOICE

How important is it to you to eat healthy foods everyday? "Healthy foods" are foods like yogurt, milk, whole grains, fruits, and vegetables.

- O Very important
- O Somewhat important
- O Not very important
- O Not important at all

## IF QUOTAS ARE FULL, TERM AFTER THEY ANSWER Q1, OTHERWISE THEY GO TO THE QUALIFICATION PAGE.

#### **QUALIFICATION PAGE**

You have qualified to take the remainder of this survey. Once you complete it we will add an additional 100 KidzPoints for a total of 150 KidzPoints!

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2. TYPE: GRID

**LOGIC: RANDOMIZE LIST** 

Does eating healthy foods help you. . .? Just a reminder, "healthy foods" are foods like yogurt, milk, whole grains, fruits, and vegetables.

	Yes	No	Not Sure
Do better in school	0	O	O
Tell funnier jokes	0	O	O
Have more energy to play	0	O	O
Be healthier	0	O	O
Have a stronger body	0	O	O
Have more fun	O	O	O
Be more like an action hero			

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#### 3. TYPE: GRID

## LOGIC: RANDOMIZE LIST. ALWAYS SHOW "OTHER VEGETABLES" LISTED UNDER "GREEN VEGETABLES"

In a typical week, how often would you say you eat or drink the following?

	5-7 days a week	3 or 4 days a week	1 or 2 days a week	1 or 2 days a month	Hardly ever	I never eat or drink this
Soda						
Milk						
Water						
Sports Drinks (like Gatorade, Powerade, Vitamin Water, etc.)						
Fast Food (like Taco Bell, McDonalds or						
Burger King, etc.)						
Fruit (like apples, grapes, oranges, etc.)						
Whole Grains (like wheat bread, oatmeal,						
etc.)						
Salty Snacks (like potato chips, cheese						
puffs, etc.)						
Green Vegetables (like broccoli, spinach,						
green peppers, etc.)						
Other Vegetables (like carrots, corn, etc.)						

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4. TYPE: GRID

LOGIC: RANDOMIZE LIST.

And how many times a day would you say you ordinarily eat or drink the following?

	0 Times a Day (none)	1 time per day	2 times per day	3 times per day	4 times per day	5 or more times per day
Fruit (like apples,						
grapes, oranges, etc.)						
Whole Grains (like						
Wheat Bread, oatmeal,						
etc.)						
Vegetables (like						
broccoli, carrots, corn,						
etc.)						
Milk						
Water						

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#### 5. TYPE: CHOICE

How important is it to you to be physically	active every day? "Being physically active" means
doing things like walking, playing outside,	dancing, playing sports, or other activities.

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- Somewhat important
- O Not very important
- O Not important at all

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TYPE: GRID

**LOGIC: RANDOMIZE LIST** 

How much do you agree or disagree with each statement below?

	Really agree	Sort of agree	Sort of disagree	Really disagree
I'd rather watch TV or play video games than do physical activities			-	
I should probably do more physical activities than I do				
Being physically active is fun				
Eating healthy food helps bring out the best in me				
I should probably eat more healthy foods than I do				

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#### 6. TYPE: CHOICE

How much time do you spend in an ordinary day doing things like watching TV or playing computer or video games? Is it closest to...

- O None
- O Less than 30 minutes
- O 30 minutes 1 hour
- O 1 2 hours
- $\bigcirc$  2 3 hours
- O More than 3 hours

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#### 7. TYPE: CHOICE

Thinking about yesterday, how much time did you spend being physically active in some way, including things like walking, playing outside, dancing, playing a sport, or other activities? Is it closest to...

- O None
- O Less than 30 minutes
- O 30 minutes 1 hour
- $\bigcirc$  1 2 hours
- $\bigcirc$  2 3 hours
- O More than 3 hours

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8.	ΤY	PE: CHOICE
		To be healthy, how much time do you think you should spend running around and playing every day?
		O 20 minutes O 40 minutes O 1 hour O 2 hours
	Ne	ext, we're going to show you some commercials, which you might see on television.
	We	e're going to show you 4 different commercials, and we're going to ask you a question about each e.
	<u>PL</u>	EASE MAKE SURE THE VOLUME ON YOUR COMPUTER/SPEAKERS IS TURNED UP!
		ANDOMIZE THE ORDER IN WHICH THE ADS ARE SHOWN. SHOW FULL-SCREEN SIZE. HOW THE AD AND ASK Q9 BEFORE SHOWING THE NEXT AD.
		AD 1 AD 2 AD 3 AD 4
		ease look carefully at this [INSERT: FIRST/SECOND/THIRD/FOURTH] commercial. Then click ntinue.
	SH	IOW AD HERE
9.	ΤY	PE: CHOICE
		Before today, have you ever seen the TV commercial we just showed you?
		<ul><li>Yes</li><li>No</li><li>Don't know</li></ul>
		ALL 4 ADS ARE SHOWN, AND Q9 IS ASKED FOR EACH, THEN ASK Q9A (SO Q9A ONLY ASKED ONCE).
9a.		TYPE: CHOICE
		Were you able to <u>hear and see</u> ALL 4 commercials?
		O Yes O No

PLEASE MAKE SURE THE VOLUME ON YOUR COMPUTER/SPEAKERS IS TURNED UP! RANDOMIZE THE ORDER IN WHICH THE ADS ARE PLAYED. PLAY THE AD AND ASK Q10 BEFORE PLAYING THE NEXT AD. **RADIO AD 1 RADIO AD 2** -----Please listen carefully to this [INSERT FIRST/SECOND] commercial. Then click Continue. [AD PLAYS ON THIS PAGE] 10. TYPE: CHOICE Before today, have you ever heard the radio commercial we just played for you? O Yes oN C O Don't know ONCE BOTH ADS ARE PLAYED, AND Q10 IS ASKED FOR EACH, THEN ASK 10A (ONLY ASK 10A ONCE). 10a. **TYPE: CHOICE** Were you able to hear BOTH radio commercials? O Yes oN C O Don't know TRACKING VARIABLE: "HAD AUDIO OR VIDEO TROUBLES" = RESPONDENT SELECTS "NO" AT Q9A AND/OR Q10A

Now we would like to play you some commercials, which you might hear on the radio.

We're going to play 2 different commercials, and we're going to ask you a question about each one.

Now we would like to show you some ads, which you might see on a website.
RANDOMIZE THE ORDER IN WHICH THE ADS ARE SHOWN. SHOW THE AD AND ASK Q11 BEFORE SHOWING THE NEXT AD.
BANNER AD 1 = BANNER AD 2 =
[SHOW IMAGE ON THIS PAGE]
11. TYPE: CHOICE.
Before today, have you ever seen this ad on a website?
O Yes
O No O Don't know
S DOTT KNOW
11A. TYPE: CHOICE.  NOTE – THIS QUESTION IS TO MEASURE AWARENESS OF A CAMPAIGN LOGO (e.g. GAME logo or the Presidential Active Lifestyle Award (PALA +)
Before today, have you seen anything like this image on TV, in school, in the store, in a magazine or anywhere else?  • Yes
O No O Don't know
ONCE BOTH ADS ARE SHOWN, AND Q11 IS ASKED FOR EACH, THEN ASK Q12
12. TYPE: CHOICE
"The Greatest Action Movie Ever" is a series of ads about eating healthy food and being physically active which may be seen on TV, at school, in a magazine, on a website or heard on the radio. The commercials you just saw are part of "The Greatest Action Movie Ever."
Before this survey, have you ever seen or heard something about "The Greatest Action Movie Ever"?
O Yes
O No
O Don't know
IF ANSWERED "YES" AT Q12, ASK Q13.

### 13. TYPE: MULTI-CHOICE LOGIC: RANDOMIZE LIST, ANCHOR I DON'T REMEMBER Please tell us how you have seen or heard about "The Greatest Action Movie Ever" (which includes the commercials). You can choose more than 1 answer. ☐ On TV ■ At school ☐ In a magazine ■ Website ☐ On the Radio ☐ At the store or supermarket ☐ I don't remember 14a. TYPE: CHOICE Before today, have you ever heard of the website ActionHeroAlliance.com? O Yes ON C O Don't know 14b. TYPE: CHOICE Before today, have you ever heard of the website PresidentsChallenge.org or Fitness.gov (determine appropriate website via HHS)? O Yes ON C O Don't know 15. TYPE: DROPDOWN LISTS- ONE FOR FEET AND ONE FOR INCHES BOTH ON ONE SCREEN How tall are you? If you aren't sure about your height, please feel free to ask an adult to help you. Height in Feet Height in Inches \_\_\_\_\_ O Prefer not to answer 16. **TYPE: DROPDOWN LIST** How much do you weigh? If you aren't sure about your weight, please feel free to ask an adult to help you or give your best estimate. Lbs

O Prefer not to answer

#### **THANK YOU PAGE - COMPLETES**

THAT'S ALL! Thanks for taking our survey! We hope you enjoyed it! Please click on the button below to receive <u>150 KidzPoints</u> for helping us on this survey. Be sure to check your email often to look for new surveys where you can earn more KidzPoints and get more ca\$h!!

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#### **THANK YOU PAGE - TERMS**

THAT'S ALL! Thanks for taking our survey! We hope you enjoyed it! Please click on the button below to receive 50 KidzPoints for helping us on this survey. Be sure to check your email often to look for new surveys where you can earn more KidzPoints and get more ca\$h!!

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