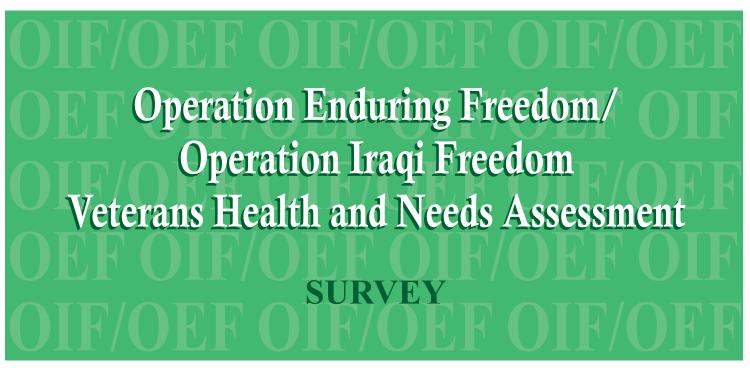
OMB Number 2900-XXXX Estimated Burden 20 minutes VA Form 10-21091

Department of Veterans Affairs



PRIVACY ACT STATEMENT

The information requested on this survey is solicited under authority of 38 U.S.C. Part I, Chapter 5, Section 527. It is being collected to assist VA in learning more about the health of OEF/OIF veterans and will help VA to provide better medical care. The information you supply will be confidential and protected by the provisions of the Privacy Act of 1974 (5 U.S.C. 552A). Disclosure is voluntary; failure to furnish the requested information will have no adverse effect on any VA benefit to which you may be entitled.

PAPERWORK REDUCTION ACT INFORMATION: This information is collected in accordance with the clearance requirements of section 3507 of the Paperwork Reduction Act of 1995. Accordingly, VA may not conduct or sponsor, and you are not required to respond to, a collection of information unless it displays a valid OMB control number. VA anticipates that the time expended by all individuals who complete this survey will average 20 minutes. This includes the time it will take to read instructions, gather the necessary facts, and fill out the survey. The information requested on this survey will be used to help VA assess the health status of veterans and plan health care services. A response to this survey is voluntary.

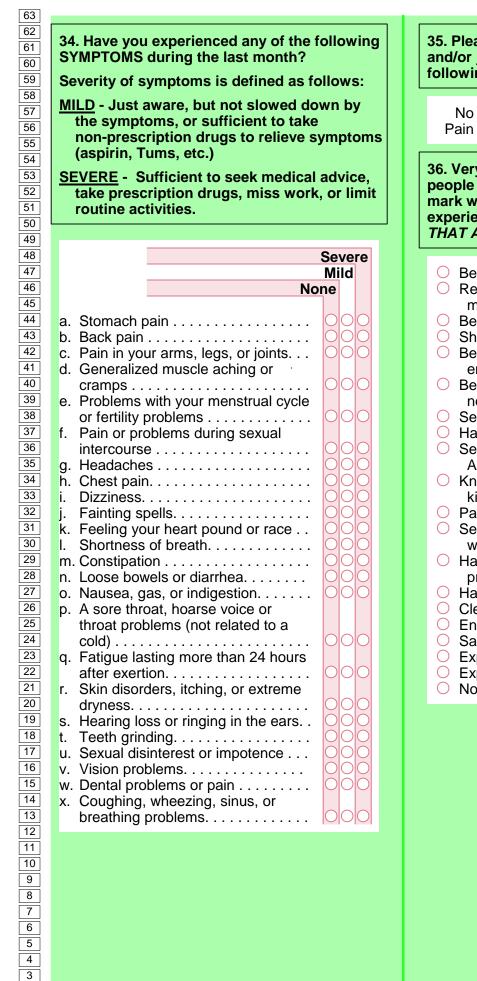


U.S. Department of Veterans Affairs Operation Enduring Freedom/Operation Iraqi Freedom Veterans Health and Needs Assessment

1. Did you serve in Afghanistan or neighboring countries in support of Operation	7. During OEF/OIF, were you in the?	
Enduring Freedom (OEF)?	 Army Air Force Marines 	
O Yes O No	O Coast Guard	
2. Did you serve in Iraq or elsewhere in the Persian Gulf in support of Operation Iraqi Freedom (OIF)?	8. During OEF/OIF, what was your highest rank?	
O Yes O No	 E1 to E4 O1 to O3 E5 to E7 O4 or higher E8 or higher 	
3. How many times were you deployed during OEF/OIF?	9. During OEF/OIF, what was your primary military occupation (MOS, SSI, NEC, NOBC,	
 ○ 1 time ○ 2 times ○ 4 times or more 	or AFSC) code?	
4. In TOTAL, how many months were you deployed in OEF/OIF?	10. Please briefly describe what your unit was assigned to do during OEF/OIF. For example,	
 1 to 4 months 5 to 8 months 9 to 12 months 13 to 16 months 17 to 20 months 21 to 24 months 25 to 28 months 29 to 32 months 33 to 36 months 37 to 40 months 41 months or more 	transportation, moving equipment, etc.	
5. In what year did you last RETURN home from deployment during OEF/OIF?	11. What is your current military status?	
○ 2001 ○ 2004 ○ 2007 ○ 2002 ○ 2005 ○ 2008 or	 Reserves National Guard Regular Active Duty Separated/Retired 	
○ 2003 ○ 2006 later	12. How were you separated/retired?	
6. While serving in OEF/OIF, were you in the?	 Still on Active Duty, in Reserves or National Guard 	
 Reserves National Guard Regular Active Duty 	 At the end of full period of service Military retirement after normal length of service Military retirement due to disability Medical release due to injury Medical release due to pregnancy Other than honorable discharge Other, specify	

62		
	12 During your deployment, did you ouffer	47 Which of the following problems related to
61	13. During your deployment, did you suffer	17. Which of the following problems related to
60	any SERVICE-CONNECTED injuries?	a head injury or concussion do you currently
59		have? MARK ALL THAT APPLY
58	○ Yes ○ No SKIP TO Q15	
57		O Headaches
56		Dizziness
55	14. Did you have any injury(ies) during your	
	deployment from any of the following? MARK	Memory problems
54	ALL THAT APPLY	O Balance problems
53		Ringing in the ears
52		Irritability
51	Fragment wound	 Sleep problems
50	O Bullet wound	 Sensitivity to bright light
49	• Vehicle accident (tank, boat, plane, etc.)	Other, specify
48		 Other, speeny None of these
47	 Blast/explosion (IED, RPG, land mine, 	
46		
	grenade, etc.)	18. In general, would you say your health now
45	 Physical training or sports 	is
44	Other, specify	
43		
42	15. What is your VA service-connected	O Excellent
41		○ Very good
40	disability rating? MARK ONLY ONE	O Good
39		○ Fair
38	O None, never applied	O Poor
37	 None, claim is still pending 	
36	 None, claim was denied 	
35		19. Does your health limit you in moderate
34		activities, such as moving a table, pushing a
33		vacuum cleaner, bowling or playing golf?
32	○ 30% ○ 80%	
31	○ 40% ○ 90%	O Yes, limited a lot
30	○ 50% ○ 100%	Yes, limited a little
29		No, not limited at all
28	16. Did ANY injury you received during	
27		
	deployment recult in any of the following?	20. Have you over smalled signification?
26	deployment result in any of the following?	20. Have you ever smoked cigarettes?
26 25	deployment result in any of the following? MARK ALL THAT APPLY	20. Have you ever smoked cigarettes?
25 24	MÀRK ALL THAT APPLY	 Yes, still smoking every day
25 24 23	MARK ALL THAT APPLY O Required a hospital stay or medical	 Yes, still smoking every day Yes, still smoking some days
25 24 23 22	MARK ALL THAT APPLY	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all
25 24 23 22 21	 MÁRK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" 	 Yes, still smoking every day Yes, still smoking some days
25 24 23 22 21 20	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all
25 24 23 22 21 20 19	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all
25 24 23 22 21 20 19 18	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco,
25 24 23 22 21 20 19 18 17	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked
25 24 23 22 21 20 19 18 17 16	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco?
25 24 23 22 21 20 19 18 17 16 15	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day
25 24 23 22 21 20 19 18 17 16 15 14	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days
25 24 23 22 21 20 19 18 17 16 15 14 13	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day
25 24 23 22 21 20 19 18 17 16 15 14 13 12	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days
25 24 23 22 21 20 19 18 17 16 15 14 13	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be Overweight
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be Overweight About the right weight
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be Overweight
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be Overweight About the right weight
25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	 MARK ALL THAT APPLY Required a hospital stay or medical evacuation Being dazed, confused, or "seeing stars" Losing consciousness for less than 1 minute Losing consciousness for 1 to 20 minutes Losing consciousness for longer than 20 minutes Not remembering the injury Having any symptoms of concussion afterward (e.g., headache, dizziness, irritability, etc.) Head or brain injury 	 Yes, still smoking every day Yes, still smoking some days Yes, but no longer smoke at all No, never smoked 21. Have you ever used chewing tobacco, snuff, or other smokeless tobacco? Yes, still use every day Yes, still use some days Yes, but no longer use at all No, never used smokeless tobacco 22. In thinking about your weight, do you consider yourself to be Overweight About the right weight

		63
Over the past two weeks, how often have you been bothered by the following problems?	30. Have you felt you wanted or needed to cut down on your drug use in the past year?	62 61 60
23. Little interest or pleasure in doing things	 Yes No Not applicable 	59 58 57
24. Feeling down, depressed, or hopeless Not at all Several days More than half the days	31. In the past year, have you felt you wanted or needed to cut down on aggressive driving or "road rage"?	56 55 54 53 52
Nearly every day	○ Yes ○ No	51 50 49
25. How often did you have a drink containing alcohol in the past year?	32. How often do you use a seat belt when you drive or ride in a car?	48
 Never SKIP TO Q29 Monthly or less Two or three times a month Two or three times a week Four or more times a week 	 Always Nearly always Sometimes Seldom Never 	45 44 43 42 41 40
26. How many drinks did you have on a typical day when you were drinking in the past year?	33. Has a doctor or other health care provider ever said that you have any of the following CONDITIONS?	39 38 37 36 35
 3 or 4 drinks 5 or 6 drinks 7 to 9 drinks 10 or more drinks 	Yes No a. Fibromyalgia 0 b. Chronic Fatigue Syndrome 0 c. Irritable Bowel Syndrome 0	34 33 32 31 30
27. How often did you have six or more drinks on one occasion in the past year?	 d. Post Traumatic Stress Disorder (PTSD)	29 28 27
 Never 1 or 2 times 3 or 4 times 5 or 6 times 7 to 9 times 10 or more times 28. In the past 12 months, has a health care	Injury-TBI). O f. Depression O g. Asthma and other breathing O problems. O h. Allergies O i. Sinusitis. O j. Hearing loss O k. Arthritis O I. Diabetes or high blood sugar. O m. Heart problems (cardiac). O	26 25 24 23 22 21 20 19 18 17
provider advised you about your drinking (to drink less or not to drink)?	n. Cancer	16 15 14
 No Yes, a VA provider Yes, a non-VA provider 	 q. Traumatic injury (involving loss of a limb). r. Liver problems. s. Kidney problems 	13 12 11 10
29. In the past year, have you ever used drugs more than you meant to?	t. Epilepsy or Seizures	9 8 7
O Yes O No		6 5 4
		3 2 1



2

35. Please rate the severity of your muscle and/or joint pain AT THIS MOMENT on the following scale?

No 012345678910 Extreme Pain Pain

36. Very often when serving in a combat area people experience difficult situations. Please mark which of the following you have experienced while deployed. *MARK ALL THAT APPLY*

- O Being attacked or ambushed
- Receiving incoming artillery, rocket, or morter fire, or an IED
- O Being shot at or receiving small arms fire
- Shooting or directing fire at the enemy
- Being responsible for the death of an enemy combatant
- Being responsible for the death of a non-combatant
- Seeing dead bodies or human remains
- O Handling or uncovering human remains
- Seeing dead or seriously injured Americans
- Knowing someone seriously injured or killed
- O Participating in demeaning operations
- Seeing ill or injured women and children whom you could not help
- Had a close call, was shot at or hit, but protective gear saved you
- O Had a buddy shot or hit who was near you
- Clearing or searching buildings
- Engaging in hand-to-hand combat
- Saved the life of a soldier or civilian
- Experienced sexual assault or rape
- Experienced sexual harassment or abuse
- O None of these

37. Below is a list of problems and complaints t stressful experiences. In the <u>last month</u> , how m	hat veterans sometimes have in response to nuch have you	63 62
,	Extremely	61
	Quite a lot	60 59
	Moderately	58
	A little bit	57
	None	56
a. Had repeated, disturbing memories, thoughts,	or images of a stressful military	55
experience from the past.		54
b. Had repeated, disturbing dreams of a stressful	military experience from the past OOOOO	53
c. Suddenly acted or felt as if a stressful military e		52
you were reliving it)		51 50
d. Felt very upset when something reminded you e. Had physical reactions (e.g., heart pounding, tr		49
something reminded you of a stressful military		48
f. Avoided thinking about or talking about a stress		47
avoided having feelings related to it.		46
g. Avoided activities or situations because they re	mind you of a stressful military	45
experience from the past.		44 43
h. Had trouble remembering important parts of a si. Lost interest in things that you used to enjoy.		43
j. Felt distant or cut off from other people		41
k. Felt emotionally numb or being unable to have		40
I. Felt as if your future will somehow be cut short		39
m. Had trouble falling or staying asleep		38
n. Felt irritable or had angry outbursts		37
o. Had difficulty concentrating		36 35
p. Felt "super alert" or watchful or on guard q. Felt jumpy or easily startled		34
		33
38. During the past year have you been unable	42. What would make using a VA facility more	32 31
to get health care because you don't have insurance coverage or you can't pay?	convenient? MARK UP TO <u>FIVE</u>	30
insurance coverage of you can't pay?		29
\bigcirc Yes, unable to get care \bigcirc No	 Location closer to home Safer location 	28 27
	Better handicapped accessibility	26
39. How far away is the nearest VA hospital or	Better public or VA transportation	25
clinic from your home?	O Better buildings/facilities	24
	Improved parking	23
○ Less than 30 min. ○ 90-120 minutes	O Valet parking	22
 30-59 minutes 60-89 minutes More than 120 min. (More than 2 hours) 	 Evening Clinics Weekend Clinics 	21 20
	Walk-in Clinics	19
40. How would you normally get to the VA	• Family more involved in my care	18
hospital or clinic?	On-site child care	17
	Child-friendly environment	16
O Bus O Personal car	 Less time in waiting room 	15
◯ Taxi	 Less time between appointments Easier to reach my doctor 	14 13
O Other, specify	 Waiting rooms for women only 	12
 Never used VA health care 	 All VA appointments on same day 	11
	 More time with my doctor 	10
41. How convenient is the location of the	 Staff shows more concern/respect 	9
nearest VA hospital or clinic for you to use?	 Just not interested Other specify 	8
 Very convenient 	Other, specify	6
 Somewhat convenient 		5
 Somewhat inconvenient 		4
Very inconvenient		3
_ _ _	_	2

47. How many times have you seen a doctor or 43. Since your last deployment, which, if any, 61 have you used? MARK ALL THAT APPLY received counseling or therapy for 60 **READJUSTMENT or EMOTIONAL problems in** 59 the last 12 months? 58 Used VA for health care services. O Used non-VA for health care services O Have not used any health care services O Never 55 O 1 or 2 times 54 ○ 3 to 5 times 44. What are the main reasons that you would 6 or more times NOT choose a VA hospital or clinic for your 52 health care? MARK ALL THAT APPLY 51 48. Veterans with readjustment problems 50 following deployment may not seek mental 49 Want to use my own local doctor health services for a number of reasons. 48 O Prefer to be treated elsewhere Please rate how much you agree or disagree 47 O Want to use Tri-Care with each statement as it applies to you. 46 O Entitled to military/DoD medical care 45 O Have other health insurance 44 VA doesn't offer the care I need Strongly agree 43 Quality of care is poor at VA Agree 42 Staff lacks knowledge/expertise Neither agree nor disagree 41 Inconsiderate staff at VA Disagree 40 On't think I'm eligible Strongly disagree 39 ○ VA facilities are unpleasant 38 O Worried about confidentiality of my records a. I don't know where to go for 37 00000 Lack of privacy help..... 36 O Poor quality of VA health care providers b. I don't have adequate 35 ○ VA refused to give me the care I needed OOOOC 00000 34 O Treated elsewhere at VA expense c. I just don't have the time 33 O Live too far from a VA medical center d. It's hard getting time off work 00000 32 Dangerous location of VA facility for treatment 31 00000 O Too much red tape e. It might harm my career. . . . 30 Inadequate parking My unit or co-workers might f. 29 DOOOC Other, specify have less confidence in me. . . 28 g. My unit leadership or employer 27 might treat me differently.... OOOOC 26 h. I would be seen as weak by 25 24 olololo Visits would not remain i. 23 OOOOC 45. Since your deployment, have you tried to 22 i. I don't trust mental health get mental health counseling? MARK ALL 21 OOOC professionals. THAT APPLY 20 k. I am concerned about the cost 19 00000 of treatment. 18 Yes, from a VA hospital or clinic I. I don't want to talk about my 17 O Yes, from a Vet Center war experiences OOOOC 16 • Yes, from my chaplain or religious leader m. I don't want to be prescribed 15 ○ Yes, from a non-VA provider medications. OOOOC 14 O No n. I don't think treatment will help OIOIOIC o. It's up to me to work out my 46. How many times have you seen a doctor 11 OOOOC or health care provider for PHYSICAL 10 p. Treatment would make me feel problems in the last 12 months? 9 down on myself..... |O|O|O|C8 q. It is difficult getting childcare. . O|O|O|O|7 O Never 6 1 or 2 times

62

57

56

53

13

12

5

4

3 2

3 to 5 times

6 or more times

49. How likely would you be to use the following services if they were offered by VA?

Very likely Somewhat likely Not likely

a.	Help getting your marriage back on track	0
b.	Help getting back in touch with your kids.	0
c.	Information and support for your family about normal readjustment	
	problems	0
d.	Help getting a job	O
e.	Help with school or career decisions	
f.	Help handling stress	0
g.	Help dealing with anger and	
	irritability	000000
h. i	Help learning about benefits Help with pain management	K
т. ј.	Help with sleep problems	K
k.	Help with smoking cessation.	Ŏ
I.	Help with weight control	\bigcirc
m.	Information about chemical or	
	infectious exposures while deployed overseas	
n.	Hearing tests	ŏ
о.	Help with managing breathing	
	problems.	000
р.	Peer counseling with other veterans Financial counseling	В
q. r.	Assistance with physical	Μ
••	rehabilitation	\bigcirc
s.	Eye exams	000
t.	Dental exams	O
u.	Readjustment help if offered within primary care	\circ
v.	Help with substance use/	
	dependence	0
	Multi-lingual services	Ο
х.	Info about exposure to chemicals	
у.	and toxins	0

50. Since demobilization, have you ever received any information from VA explaining their programs and benefits?

○ Yes

O No

51a. People learn about VA programs from different sources. Did you receive any information about VA programs from the following sources?

	No
	Yes
a. Newspapers or magazines	
b. Television	\cdot
c. Radio	
d. VA information or publications	
e. Other government publications	
f. Other veterans	
g. Counseling and advice you got at	
discharge from the service	00
h. Post Deployment Health	
Reassessment (PDHRA)	00
i. Veterans' organizations (American	
Legion, VFW, DAV, etc.).	
j. Website	
k. Friends, family, and co-workers	
I. Chaplain or religious leader	
m. Command/superiors	
o. Combat Stress Control or	. 00
Behavioral Health contacts	
p. Toll-free hotline	
q. Military OneSource	ŐŐ
r. Other, specify	. ŏŏ

51b. In the last column above, please indicate how you would prefer to receive information from in the future. *MARK ONLY <u>THREE</u>*

DEMOGRAPHICS	56. Please indicate if you have DEPENDENT		
52. Are you	children in any of the following age groups. MARK ALL THAT APPLY		
O Male O Female	 Under 5 years old 5 to 8 years old None 		
53. How old are you?	 9 to 11 years old 12 to 18 years old 		
years old	57. What was your approximate household		
54. Are you currently Single, never married Separated Married Divorced Committed/living as married Widowed	 Less than \$20,000 \$50,000-\$59,999 \$20,000-\$29,999 \$60,000-\$74,999 \$30,000-\$39,999 \$75,000-\$99,999 		
	 \$40,000-\$49,999 \$100,000 or more 58. Do you consider yourself Hispanic or Latino? 		
55. How would you describe your employment	O Yes O No		
status during the past week? MARK ALL THAT APPLY	59. Do you consider yourself		
 Active Duty Military Employed full-time as a civilian Employed part-time as a civilian Unemployed, but looking for work Unemployed, but NOT looking for work Retired Disabled A homemaker A student 	 Asian African-American Native American or Alaska Native Pacific Islander White Other, specify 		
	60. If it was available, would you have preferred to complete this survey on the Web?		
	O Yes O No		

That concludes the survey.

 Your input is very valuable to us and we would like to thank you for your participation and cooperation. We very much appreciate your time and honesty in answering these questions. We want to remind you that this is an anonymous survey so there is no way for anyone to link your responses to your identity.

If you have any questions or concerns about this study or if any part of this survey has been upsetting for you, and you would like to talk to someone, you can contact Dr. Patrick Calhoun or Dr. Kristy Straits-Tröster at the Durham VAMC toll free at (888) 878-6890 extension 6154, Monday through Friday from 9 AM to 5 PM Eastern Standard Time. If you have questions about the research, you may contact the administrative officer of the research service at the Durham VAMC at (919) 286-0411 ext. 7632.

If you or anyone you know are having thoughts about hurting or killing yourself, please call the free, confidential Suicide Prevention Hotline at 1-800-273-TALK (8255).

If you'd like more information about the VA and benefits please go to <u>www.va.gov</u> on the internet.

Please return the completed survey in the enclosed postage-paid envelope to:

Abt SRBI Inc. 8403 Colesville Road, Suite 820 Silver Spring, MD 20910