# **Mobile Psychometric Testing Software**

## Screen shots and design of the scheduling and testing components

Prepared by:

Peter Wubbels peter@archinoetics.com

Archinoetics 700 Bishop St, Suite 2000 Honolulu HI 808.585.7439

### I. Scheduling

To set up testing schedules and log events, users will be presented with a simple timeline-based scheduling interface. In its default view, the timeline shows a 24-hour period with a red mark in the center that represents the current local time. Blue markers represent events/tests scheduled for the visible time period. (Figure 1) The top of the timeline shows the earliest time represented by the timeline, whereas the bottom of the timeline shows the latest time boundary in the 24 hour period.

The right half of the scheduling screen shows the event design screen. In this area, new events can be created, events can be deleted, and all aspects of events and test scheduling can be modified.

To adjust the timeline's viewing period, a user can simply drag the timeline up or down to scroll through time. (Figure 2) Clicking on the arrows at the top and bottom of the timeline will also initiate scrolling.





Figure 2. Default Interface (after scroll)

The size of the timeline's viewing window may also be changed by pressing down with the stylus on the timeline, then holding any button and moving the stylus up or down. The length of the timeline window can be expanded to cover multiple days (Figure 3), or magnified down to an hourly scale for higher precision. (Figure 4)



Figure 3. Zoomed-Out Window

Figure 4. Magnified Window

Time on the timeline is expressed in two forms: local time and an offset from the current time. Pressing the stylus on the area to the right of the timeline and moving up/down will cause these times to be shown. (Figure 5) If the stylus passes over a blue event marker, this event will automatically be loaded and its data displayed in the area on the right-hand side of the screen. (Figure 6) A loaded event is indicated though a small triangle located to the right of the blue event marker.

윩 Scheduler	#‡ Yıl 4€ ok	윩 Scheduler	#‡ Yıl 4€ ok
1 04:12 07-21	New Del Cir Events	1 04:12 07-21	New Del Cir Events
Ť	1. Time +0:00	T	1. Time +2:32
1	11:04 07/21/08 🔹 👻		12:37 07/21/2008 -
Ŧ	2. Type	+	2. Type
1	Commute Start 🛛 👻	1	Voice Test 🔹
1	3. Notes		3. Notes
+		+	
13:29		† •	
(+2:25)	Use SW Keyboard	T	Use SW Keyboard
Ŧ		+	
t		t	
18:41 07-21		🛨 18:41 07-21	

Figure 5. Local Time & Offset Figure 6. A Loaded Event The program also adapts to differing orientations. If the phone is turned on its side and the physical keyboard used, then the software will shift to a horizontal layout. (Figure 7)

윩 Scheduler	📰 🎢 ◀€ 11:03 ok
<b>1</b> 04:12 07-21	New Del Cir Events
	1. Time +0:00
ł	11:03 07/21/08 🗸
+	2. Type
+	Commute Start 👻
÷	3. Notes
İ	
Ŧ	
<b>↓</b> 18:41 07-21	Use SW Keyboard

Figure 7. Horizontal Layout

Once an event has been loaded or a new event has been created, a user may edit the time of the event. Clicking on the date/time box will cause a calendar to be displayed for easy date selection. (Figure 8) Time can then be modified within the date/time box itself.

After the event time has been set, the type of the event can then be chosen. Common event types such as Commute Start/End and Flight Start/End are provided for logging purposes. (Figure 9) Additionally, if the user is trying to schedule a test at a specific



Figure 8. Date/Time Box

Figure 9. Event Type Box

time, then the name of the test they plan to take can be selected in this box.

Once a satisfactory schedule has been created, the data from the scheduling portion of the testing software will be exported and converted into scheduled tests.

#### **II.** Testing

Testing begins with a check by the software that determines what, if any changes have been made to the testing schedule. These changes can come from the scheduling software discussed above, or designed remotely and then synced down to the phone through its Internet connection. (Figure 10)

Once updates have been applied, the system either starts a test (if one has been scheduled), or simply exits and tells the phone to restart the software at the time of the next test. (Figure 11)

🎥 MPT Suite 🛛 🗱 🏋 👫 🔀	🎥 MPT Suite 🛛 🗱 🍕 🗙	
Logged in as: pwubbels	Logged in as: pwubbels	
Last run at:	Last run at: 2008-06-27 14:45:58	
Current Time: 2008-07-01 11:18:03	Current Time: 2008-07-01 11:18:03	
Next Test Begins at:	Next Test Begins at:	
	2008-07-01 11:51:04	
Manually Test	Manually Test	
Checking for test updates	Quitting in 4 seconds	
Wait Exit	Wait Exit	
Figure 10. Updating Tests	Figure 11. Automatic Exit	

After the scheduled tests have been run, tests can also always be manually started through the main testing screen. Clicking 'Manually Test' provides a list of all available tests, which can then be started by clicking 'Begin'. (Figure 12)

When the time comes for the next scheduled test, the phone's operating system will automatically run the testing software. The software will cause a notification window to pop up accompanied by a vibration and alarm sound, alerting the user that a scheduled test is ready to be executed. At this point, the user may then begin the test, delay it by 5, 10, 30 or 60 minutes, or dismiss the test alert entirely. (Figure 13) If no user input is received, then the test alert will be automatically dismissed after 60 seconds.

🎥 MPT Suite 🛛 🗱 🏹 🕂 🗙	윩 File Explorer 🛛 🗱 🏹 帐 🗙
Logged in as: pwubbels	📕 mpt 🚽 💦 Name 🚽
Last run at: 2008-06-27 14:45:58	Manager 7/1/08 2.01K
Current Time: 2008-07-01 11:18:03	amicrosoft.win 5/6/05 16.0K
	Profile 6/26/08 272B
Please Choose a Test:	MPT 7/1/08 115K
Daily Test 🔹 Begin	
Cancel	A scheduled test is ready to begin.
	Would you like to start it now or delay it to a future time?
	Now Dismiss
Wait Exit	Dela <mark>y: <u>5 mins</u> <u>10 mins</u> <u>30 mins</u> <u>60 mins</u></mark>
	Hide 🔒
Elementa Manual Tratine	Tizen 10 Track Mattification

Figure 12. Manual Testing

Figure 13. Test Notification

Each battery of tests begins with a quick selection of the current time zone by the user. (Figure 14). This allows tracking of the current time zone even if tests are scheduled and taken in different time zones. The program remembers the user's last time zone selection.

😝 Time Zon	e	#	5ı ∙€	ok
Plea: curre	se select ent time	: yoı zon	ır e:	
Hawaiian Sta	andard Time	(-10)		•
	ОК			

Figure 14. Time Zone Selection

#### III. Tasks

Each task begins with a prompt that tells the user to prepare for the task. (Figure 15) After the user clicks on the prompt, the task begins.

Y Suite 🗱 🏹 📢
<u>lick on the line below to ind</u> icate ok
Prepare for visual analog test.
Press OK to begin.
en end
ОК
ck 🔒 Forward

Figure 15. Prepare Prompt

There are currently four tasks in the testing suite. The first task, the Visual Analog Scales (VAS) task presents a user with a series of moods/conditions and asks them to indicate how much the prompt describes their current situation. (Figure 16) A response from the user is a number between 0 and 100 determined by the location the user clicks along a horizontal line. The line is bounded by two semantic tags, 'Not at all' and 'Extremely' that represent the extremes of responses to the prompt. (Figure 17)

😝 MPT Suite	,#‡ Yıl € ×	🔒 MPT Suite	,≓ ¥ , 4€ ×
Please click on the line below to indicate how much the following mood/condition describes your current state.		Please click on the line below to indicate how much the following mood/condition describes your current state.	
Alert/Able to Con	centrate	S	leepy
			i
Not at all	Extremely	Not at all	Extremely
OK			OK
Back 🔒	Forward	Back	R4 Forward
Alert/Able to Con Not at all	centrate Extremely	S Not at all	Extremel

Figure 16. Visual Analog Scales Task

Figure 17. VAS Task After Selection

The second task available on the mobile platform is the Profile of Mood States (POMS) task. In this task, the user is asked to indicate how much, on a semantic scale, a particular word describes their current feeling/state. A series of these word prompts are given to the user and automatically advance after the user chooses a semantic level. (Figure 18)

🎥 MPT Suite 🛛 📰 🏹 📢 🗙
Describe HOW YOU FEEL RIGHT NOW by checking one space after each of the words listed below
Friendly
Not at all
🗌 A little
Moderately
🗌 Quite a bit
Extremely
Back 🔒 Forward

Figure 18. POMS Task

The third task in the testing suite is the Voice Analysis task. To determine levels of fatigue, a user is asked to speak a series of phrases into the phone's microphone, and the raw audio data is transformed into a speech vector called the Mel Frequency Cepstrum Coefficients. This transformation is commonly used in speech recognition technologies and deviations in a speaker's vector can be linked to fatigue. If during the recording of a particular phrase, the user deems the recording inaccurate (due to high background noise, interruptions, etc), the user may redo the recording process by clicking 'Retry'. (Figure 19) The speaking prompts for the user can be changed by the test designer and also, to facilitate future changes to the audio processing, both the raw audio (8kHz Mono) and processed speech vectors are recorded in the testing log files.

The fourth task is the Psychomotor Vigilance task. This task presents a black screen with a high contrast red prompt that shows response time. (Figure 20) The response time starts at zero and counts up in one millisecond intervals until a response is made. If no response is made, the current trial is tagged as a 'non-response', and the system clears the screen to prepare for the next trial. If a response is made, then the response time is logged, the screen is cleared, and the system prepares for the next trial. Delays between trials vary randomly and can be configured by the test designer. By default, the intervals range from 2 to 12 seconds. Other configurable variables for this task include total task time, and maximum response time.



Figure 19. Voice Analysis Task



Figure 20. Psychomotor Vigilance Task