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Script for the Diet and Supplement Recall Collected by Phone:

“Hello! My name is (*insert your first name*) and I am calling for the Hispanic Community Health Study/Study of Latinos to collect the dietary and supplement recall. May I speak with (*insert participant’s name*)?”

Wait until the participant is on the phone. Introduce yourself again and say you are calling for the HCHS/SOL then ask: “Is this a good time to talk?”

Hesitate and wait for a response. If the response is “no”, ask if you can call back later that day. If they tell you that yesterday was not a typical day (e.g. they were ill), tell them that you will call back on another day. If they say, “Call tomorrow,” explain that you can’t make any appointments for tomorrow. Thank them for their time and tell them we’ll try another day.

If the response is “yes”, say:

“Do you have the Food Amounts Booklet with you?”

If the participant lost or can not find the booklet say: “We can’t complete the interview without the Food Amounts Booklet, so we will send you a copy of it by mail and we will call you another day.”

If the participant has it, continue with the recall, briefly reminding them of the process.

“What we’ll do first is to make a list of all the foods and beverages you had yesterday from 12 midnight on (*insert day of week*) until 12 midnight last night.”

“We’ll make a general list at first with approximate times you ate and then we’ll go back and fill it in with more detail. Finally, we’ll go through the list once more to make sure we haven’t missed anything.”

“Take a moment to think about yesterday, what you did, where you went and so forth. Thinking about the day can help you remember what you did yesterday and when you ate or drank.”

“Now let’s begin.”

Entering the Quick List:

“After 12 midnight on (*insert the day of the week*), when was the first time you had something to eat or drink?”

Wait for a response and as needed follow up with:

“What did you have at that time?”

“Did you have anything else at that time?”

After completing the Quick List say:

“Now we will review what we have so far”

Reviewing the Quick List:

“I’m going to go over what I have so far. If you think of anything else you ate or drank yesterday or if I have missed anything, let me know.”

“At (*insert time*) you had (*read all foods*). Can you think of anything else you had at that time?”

As needed say:

“I don’t have anything between midnight and (*insert the first time*) yesterday morning. Do you remember if you got up during the night and had anything to eat or drink?”

“Did you have a beverage with that meal?”

“Did you have any snacks between meals or did you sample food as you prepared for the meal?”

After completing the Quick List review say:

“Now we will fill in your list with more detail”

Proceed with Collecting the Recall per the In-Person Interview Script Following Prompts on the NDSR Screens to Collect Information

When NDSR prompts you to ask the participant to read the product label over the telephone, be sensitive to their ability to read a product label which may be in English. If this is the case, ask them to provide the information that they can without reading the label as you would if they did not have the product container.

Finishing the Interview:

“(*Insert participant’s name*) this completes the interview. Thanks so much for your participation and time. You did a great job and I really enjoyed talking with you.”

“Do you have any questions?”

Pause and respond to their questions.

“Thanks again. Bye.”