

Hispanic Community Health Study



Get involved in the largest study of Hispanic/Latino health in the U.S.

16,000 persons in Miami, New York, San Diego and Chicago will participate in the study.



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YOUR PARTICIPATION COUNTS!

Questions?

If you have any questions please contact one of the following telephone numbers and we will be happy to answer your concerns.

Local telephone number ###

National telephone number #####

Website <http://www.csc.unc.edu/hchs/>

In Chicago, the Northwestern University in partnership with University of Illinois at Chicago (UIC) are conducting this health study .

At the national level, the study is sponsored by the National Institute of Health (NIH) and the National Heart, Lung, and Blood Institute, and coordinated by the University of North Carolina.



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Your Participation Counts!

Participate in the largest study of Hispanic/Latino in the U.S.

If you are Hispanic/Latino between 18 - 74 years and you are asked to participate in this important study, this is your opportunity to make history.

Sponsored by:



Local Sponsors:

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What is the HCHS/SOL?

- Largest Latino health study taking place in Chicago, New York, Miami, and San Diego
- In each city 4,000 persons will be randomly selected to participate.
- The purpose of SOL is to learn more about the health of Latinos living in the U.S.
- SOL is receiving funding by the National Institutes of Health (NIH)

Who can participate in the health study?

- Persons who have been randomly selected and invited to participate
- Persons who self identify as Hispanic or Latino
- Persons between 18 to 74 years old

When does the recruitment for the study start?

- The recruitment to the study will start in the Fall of 2007
- Activities in your neighborhood such as community meetings, media announcements, and other community events will alert you that the study has begun.

What does the study involve?

1. Participants invited to the study will be asked questions about their health status, medical history, occupational health, lifestyle behaviors, and about specific health conditions such as heart disease, stroke, diabetes, asthma, chronic pulmonary conditions, and sleep disorders.
2. Receive a free medical exam that includes:
 - Height, weight, and blood pressure assessments
 - A dental examination by a licensed dental hygienist or dentist
 - An examination to test your hearing
 - An electrocardiogram
 - A breathing test to see how well your lungs are working
 - Laboratory test of blood and urine samples to screen for illnesses like diabetes
 - Nutritional practices and preferences
 - Physical activity assessments
 - Home sleep monitoring
3. Follow-up telephone calls to answer a brief health questionnaire once a year for 5 years.

How do I know that I have been selected?

A letter of invitation with the SOL logo will be mailed to your home, followed by a telephone call and/or home visit about one week later.

What are the benefits of the study?

- There is no cost to participate in the study.
- Important health information will be collected to increase the level of knowledge about Hispanic/Latino health, lifestyle practices and environmental factors that affect their health
- This information will be useful for the planning and development of public health services and medical care, and to impact public policy that will improve the health of Hispanic/Latino communities and future generations.

Is there some risk for participating in the study?

- No. All information is confidential and all medical examinations are standard and considered safe.
- All activities will be fully explained to you. If you agree to participate, you will be asked to sign a consent form.
- Your participation is voluntary and you are free to choose to discontinue your participation in the study at any time.

