



TEACHER SELF-REPORT SURVEY FOR HEAD START CARES STUDY

To be completed by the Lead Teacher Only



Thank you for your participation in the Head Start CARES (Classroom-based Approaches and Resources for Emotion and Social skill promotion) research study. As part of this study, we would like you to answer some questions about yourself and your experiences as a Head Start teacher. This information is crucial in helping us understand the future impacts of Head Start CARES on children. Your participation is completely voluntary and you may, without penalty, skip any questions you do not wish to answer. However, please know that the answers to these questions will be kept completely private and will be used for research purposes only. Your performance as a teacher is not being evaluated, and your responses will not be shared with your supervisor, other staff at your school, or parents. The overall results of this study may be published in reports, but you will never be identified individually. To make sure we keep your information as private as possible, all paper data will be stored in locked research facilities, and electronic files will be password-protected.

You will receive \$15 after filling out this survey to reimburse you for your time and effort.

General Instructions:

- **1.** Complete the survey:
 - o Please use pencil so that you can fix mistakes easily.
 - **o** Bubbles do not have to be shaded in.
 - **o** Xs or \sqrt{s} are fine.
 - You may skip any questions you do not wish to answer.
- **2.** After you finish, please put it inside the provided envelope and seal it before you give it to the observer.

Secti	on A	
In this	s section, we would like to lea	rn more about you and your professional background.
Date:	/ / 2009	
Head	Start Center Name:	
Teacl	her Name:	
		First Last
A1.	What is your age?	YEARS
• •		
A2.	What is your gender?	Female O_1 Male O_2
A3.	What is your birth date?	Month Day Year
		Don't know O ₁₆
		Refuse to answer O_{17}
A4.	Are you of Spanish, Hispan	ic. or Latino origin?
	Yes	O_1
	No	O₀ —→> GO TO A6
	Don't know	\mathcal{O}_{16}
	Refuse to answer	$\mathcal{O}_{\scriptscriptstyle 17}$
A5.	Which one of these best de Mexican, Mexican A	escribes you? You may name more than one if you like.
	Chicano	O_1
	Puerto Rican	\mathcal{O}_2
	Cuban	\mathcal{O}_3
	Another Spanish/	
	Hispanic/Latino grou	up $\mathcal{O}_{\scriptscriptstyle{4}}$
	Don't know	\mathcal{O}_{16}
	Refuse to answer	\mathcal{O}_{17}

Appendix A.1: Head Start CARES Baseline Lead Teacher Self-Report Survey Updated: May 5, 2009

A6.	What is your race? You may name more th	nan one if you like.
	White	O_1
	Black or African American	O_2
	American Indian or Alaska Native	O_3
	Asian	\mathcal{O}_4
	Native Hawaiian or Pacific Islander	\mathcal{O}_5
	Don't know	\mathcal{O}_{16}
	Refuse to answer	\mathcal{O}_{17}
A7.	In what country were you born?	
	USA	O ₁ —> GO TO A9
	Another country	O ₂ -> Specify:
	Don't know	\mathcal{O}_{16}
	Refuse to answer	O_{17}
A8.	How many years have you lived in the Unite	ed States? Number of years
	Don't know	O_{16}
	Refuse to answer	O ₁₇
A9.	What language(s) do you speak (include Er	nglish)?
A10.		aching (including all grades and preschool)?
	Number of years	
	Don't know	O_{16}
	Refuse to answer	\mathcal{O}_{17}

> GO TO A19

A11. How many of those years have you been teaching Head Start (as either lead or assistant teacher)? |___| Number of years Don't know O_{16} O₁₇ Refuse to answer A12. How many years have you been teaching in this particular Head Start center? |___| Number of years Don't know O_{16} O₁₇ Refuse to answer A13. What is the highest grade or year of school that you completed? Up to 8th Grade O_1 -9th to 11th Grade 0, 12th Grade but no Diploma O_3 High School Diploma/Equivalent O_4 **GO TO A19** Voc/Tech Program after High School But No Voc/Tech Diploma O_5 Voc/Tech Diploma after High School O_6 Some College but no Degree O_7 **GO TO A15** Associate's Degree O₈ ___ Bachelor's Degree 0 Graduate or Professional School but no Degree O_{10} Master's Degree (MA, MS, MEd) O_{11} GO TO A14 O_{12} Doctorate Degree (Ph.D., Ed.D) Professional Degree After Bachelor's Degree (Medicine/MD; Dentistry/DDS; Law/JD/LLB etc.) Don't know

Refuse to answer

A14.	In wha		-	egree? You may name	two.
		Child Development o		2	
		Developmental Psych		O_1	
		Early Childhood Edu		\mathcal{O}_2	
		Elementary Educatio	n	O_3	
		Special Education		O_4	
		Other Field		O₅ —> <u>Specify:</u>	
		Don't know		O_{16}	
		Refuse to answer		O ₁₇	
	15. nild dev	Did your schooling elopment?	include 6 or m	nore college courses i	n early childhood education or
		Yes	O ₁ > IF \	YES GO TO A17	
		No	\mathcal{O}_0		
		Don't know	O_{16}		
		Refuse to answer	$O_{\scriptscriptstyle 17}$		
	.16. evelopm	Have you complete nent since you finishe Yes No Don't know Refuse to answer		•	y childhood education or child
A17.	What i		ege or universit	y you attended or where	e you completed your highest
		Name	of college or u	niversity	
		Don't know	O_{16}		
		Refuse to answer	O_{17}		
A18.	In wha	at city and state is th	e (college/uni	versity) located?	
		City:			
		State:			
		Don't know	\mathcal{O}_{16}		
		Refuse to answer	Ω_{17}		

A19.	Do you have a Ch	ild Develop	oment Associate (CDA) credential?
	Yes	$\mathcal{O}_{\scriptscriptstyle 1}$	
	No	$\mathcal{O}_{\scriptscriptstyle 0}$	
	Don't know	\mathcal{O}_{16}	
ŀ	Refuse to answer	O_{17}	
A20. Do y	ou have a state-award	ed preschoo	ol certificate?
,	Yes	O_1	
	No	\mathcal{O}_0	
	Don't know	\mathcal{O}_{16}	
	Refuse to answer	$\mathcal{O}_{\scriptscriptstyle 17}$	
A21.	Do you have a tea	ching certif	ficate or license?
	Yes	$\mathcal{O}_{\scriptscriptstyle 1}$	
	No	$\mathcal{O}_{\scriptscriptstyle 0}$	
	Don't know	\mathcal{O}_{16}	
	Refuse to answer	$\mathcal{O}_{\scriptscriptstyle 17}$	
A22. enrolled			nool degrees, graduate degrees etc., are you currently ed training or education?
	Yes	\mathcal{O}_1	
	No	O_0	→ GO TO A24
	Don't know	\mathcal{O}_{16}	
	Refuse to answer	O_{17}	
A23.	What kind of traini	ng or educa	ation program are you enrolled in? Please pick <u>one</u> .
	Child Development Degree Program Teaching Certificate	·	CDA) O_1 O_2
	Special Education T	eaching Dec	aree O ₃
	Graduate Degree		•
	(Master's or Ph.D./	Ea.D.)	\mathcal{O}_4
	Other		O₅ ——> <u>Specify:</u>
	Don't know		\mathcal{O}_{16}
	Refuse to answer		O_{17}

The following questions help us to understand your financial and family situation. All of your answers will be kept private.

A2	24.	What is your total a	annual salary (before taxes) as a teacher for the current school year?
		\$, Don't know Refuse to answer	O_{16} O_{17}
A2	25.	How many hours p	er week does this salary cover (not including overtime)?
		_ hours per v	veek
		Don't know	$\mathcal{O}_{\scriptscriptstyle 16}$
		Refuse to answer	O_{17}
A26.	Are yo	ou the primary income	earner of your household?
		Yes	$\mathcal{O}_{\scriptscriptstyle 1}$
		No	$\mathcal{O}_{\scriptscriptstyle{0}}$
		Don't know	$\mathcal{O}_{\scriptscriptstyle 16}$
		Refuse to answer	$\mathcal{O}_{\scriptscriptstyle 17}$
A27.	What	is your marital status?	(Choose only one)
		Single	\mathcal{O}_1
		Married	\mathcal{O}_2
		Remarried	\mathcal{O}_3
		Living with partner (not married)	\mathcal{O}_4
		Divorced	\mathcal{O}_5
		Separated	\mathcal{O}_{6}
		Widowed	\mathcal{O}_{7}
		Don't know	$\mathcal{O}_{\scriptscriptstyle 16}$
		Refuse to answer	O_{17}
A28.	Do yo	u have any children?	
	-	Yes	$\mathcal{O}_{\scriptscriptstyle 1}$
		No	O₀>IF NO GO TO A30
		Don't know	\mathcal{O}_{16}
		Refuse to answer	O.,

A29.	If so, \	what ar	e the ages of y	our child	dren? (<i>che</i> d	ck all that a	pply)
			<u>Ages</u>		Do they c	urrently live	e with you?
		\square_1	0-2 years —			O_0 No)
		\square_2	3-5 years —		O ₁ Yes	O ₀ No)
		\square_3	6-10 years —	-	O ₁ Yes	O_0 No)
		\square_4	11-18 years –	-	O ₁ Yes	O_0 No)
		\square_5	19+ -		O ₁ Yes	O_0 No)
		Don't	know	O_{16}			
		Refus	se to answer	O_{17}			
A3	30.	Do yo	ou have any c	hildren	living in ye	our housel	hold who attend Head Start now?
		Yes		O_1			
		No		\mathcal{O}_0			
		Don't	know	O_{16}			
	Re	efuse t	o answer	O_{17}			
A3	31.	Did a	ny child who l	ived in	your hous	ehold in th	ne past attend Head Start?
		Yes		O_1			
		No		\mathcal{O}_0			
		Don't	know	\mathcal{O}_{16}			
		Refus	se to answer	\mathcal{O}_{17}			
Section	on B						
		-			•		noom. Please answer the following questions sessions, please answer for your morning
sessio	<u>n.</u>		2.	-	-		
B1.	Classi	room N	ame or Numbe	r:			
B2.	Is this	classro	oom full day or	part day	/? Fι	ıll day $\mathfrak{O}_{\scriptscriptstyle 1}$	Part day O_2
B3.	Numb	er of bo	oys enrolled in (classroc	om:	I	
						<u></u> -	
B4.	Numb	er of gi	rls enrolled in c	lassroo	m: _	_	
B5.	Numb	er of te	achers/teaching	g assista	ants assigr	ned to class	sroom (please include yourself):
B6.	Avera	ge num	nber of children	absent	on any giv	en day:	
B7.	Avera	ge num	nber of children	late on	any given	day:	<u> _</u>
B8.	Numb	er of st	udents present	today:			

Appendix A.1: Head Start CARES Baseline Lead Teacher Self-Report Survey Updated: May 5, 2009

B9.	Names of other teachers/teaching assistants in the class	room on any given day (and circle one):
	1	Teacher / Teaching Assistant / Other
	2	Teacher / Teaching Assistant / Other
	3	Teacher / Teaching Assistant / Other
	4	Teacher / Teaching Assistant / Other

Section C

In this section, you will be asked some questions about your experiences with children in your classroom.

	Never True	Rarely True	Sometimes True	Very Often True	Always True
C1. When a child in my classroom is acting sad, he/she turns into a real brat.	O ₁	O ₂	O ₃	O ₄	O ₅
C2. Children in my classroom often act sad to get their way.	O ₁	O ₂	O ₃	O ₄	O ₅
C3. I don't mind dealing with a child's sadness, so long as it doesn't last too long.	O_1	\mathcal{O}_2	O ₃	O ₄	O ₅
C4. When a child in my classroom is sad, I try to help him/her explore what is making him/her sad.	O 1	O ₂	O ₃	O ₄	O ₅
C5. When a child in my classroom is sad, we sit down to talk over the sadness.	O 1	\mathcal{O}_2	O ₃	O ₄	O ₅
C6. When a child in my classroom is sad, I try to help him/her figure out why the feeling is there.	O 1	\mathcal{O}_2	O ₃	O ₄	O ₅
C7. When a child in my classroom gets sad, I warn him/her about not developing a bad character.	\mathcal{O}_1	O ₂	O ₃	O ₄	O ₅
C8. When a child in my classroom is angry, it's time to solve a problem.	O 1	\mathcal{O}_2	O ₃	O ₄	O ₅
C9. When a child in my classroom gets angry, my goal is to get him/her to stop.	O_1	O ₂	O ₃	O ₄	O ₅
C10. When a child in my classroom gets angry, it is important to help the child find out what caused his/her anger.	O ₁	O ₂	O ₃	O ₄	O ₅

Section D

The purpose of this section is to discover how educators view their job and the people with whom they work closely.

	Never	A few times a year or less	Once a month or less	A few times a month	Once a week	A few times a week	Every day
D1. I feel emotionally drained from my work.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D2. I feel used up at the end of the workday.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D3. I feel fatigued when I get up in the morning and have to face another day on the job.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D4. I can easily understand how my students feel about things.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D5. I feel I treat some students as if they were impersonal objects.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O_6
D6. Working with people all day is really a strain for me.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D7. I deal very effectively with the problems of my students.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D8. I feel burned out from my work.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D9. I feel I'm positively influencing other people's lives through my work.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D10. I've become more callous (hardened/less sympathetic) toward people since I took this job.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D11. I worry that this job is hardening me emotionally.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D12. I feel energetic.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O ₆
D13. I feel frustrated by my job.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O_6
D14. I feel I'm working too hard on my job.	O ₀	O ₁	O ₂	O ₃	O ₄	O ₅	O_6
D15. I don't really care what happens to some students.	O ₀	O 1	O ₂	O 3	O ₄	O ₅	O ₆
D16. Working with people directly puts too much stress on me.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D17. I can easily create a relaxed atmosphere with my students.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D18. I feel exhilarated after working closely with my students.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D19. I have accomplished many worthwhile things in this job.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	\mathcal{O}_6
D.20 I feel like I'm at the end of my rope.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D.21 In my work, I deal with emotional problems very calmly.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆
D.22 I feel students blame me for some of their problems.	O ₀	O 1	O ₂	O ₃	O ₄	O ₅	O ₆

Section E

The following questions ask about how you have been feeling during the **past 30 days**. For each question, please mark the number that best describes how often you had this feeling. Please remember that your answers will be kept completely private.

During the <u>last 30 days</u> , about how often did you feel	None of the time	A little of the time	Some of the time	Most of the time	All of the time
E1 nervous?	O_1	\mathcal{O}_2	O ₃	\mathcal{O}_4	O_5
E2 hopeless?	O 1	O ₂	O ₃	O ₄	O ₅
E3 restless or fidgety?	O 1	O ₂	O ₃	O ₄	O ₅
E4 so depressed that nothing could cheer you up?	O 1	O ₂	O ₃	O ₄	O ₅
E5 that everything was an effort?	O 1	O ₂	O ₃	O ₄	O ₅
E6 worthless?	O 1	O ₂	O ₃	O ₄	O ₅

Section F

The next several questions ask about how you see yourself and people you work with. Your answers will be private and will not be shared with your supervisor or other staff.

How strongly do you agree or disagree with each of the following statements?

	Disagree Strongly	Disagree	Uncertain	Agree	Agree Strongly
F1. The staff here all get along very well.	O 1	O ₂	O ₃	O ₄	O ₅
F2. Too many staff decisions have to be reviewed by someone else.	O 1	O ₂	O ₃	O ₄	O ₅
F3. Management here fully trusts your professional judgment.	O_1	\mathcal{O}_2	O ₃	\mathcal{O}_4	O ₅
F4. There is too much friction among staff members.	O 1	O ₂	O ₃	O ₄	O ₅
F5. The staff here work together effectively as a team.	O 1	O ₂	O ₃	O ₄	O ₅
F6. Staff members are given broad authority in carrying out their duties.	O 1	O ₂	O ₃	O ₄	O ₅
F7. Staff here are always quick to help one another when needed.	\mathcal{O}_1	O ₂	O ₃	O ₄	O ₅
F8. Novel ideas by staff are discouraged here.	O 1	O ₂	O ₃	O ₄	O ₅
F9. Mutual trust and cooperation among staff here are strong.	\mathcal{O}_1	O ₂	O ₃	O ₄	O ₅

Appendix A.1: Head Start CARES Baseline Lead Teacher Self-Report Survey
Updated: May 5, 2009

	Disagree Strongly	Disagree	Uncertain	Agree	Agree Strongly
F10. You are willing to try new ideas even if some people are reluctant.	O_1	O ₂	\mathcal{O}_3	\mathcal{O}_4	O ₅
F11. Learning and using new procedures are easy for you.	O ₁	O ₂	O ₃	\mathcal{O}_4	O ₅
F12. It is easy to change routine procedures to meet new conditions.	O_1	\mathcal{O}_2	O ₃	\mathcal{O}_4	O ₅
F13. Staff here are free to try out different ideas or techniques.	O_1	\mathcal{O}_2	O ₃	\mathcal{O}_4	O ₅
F14. You are sometimes too cautious or slow to make changes.	O_1	\mathcal{O}_2	O ₃	\mathcal{O}_4	O ₅
F15. There are too many rules and limitations here.	O_1	O_2	O ₃	\mathcal{O}_4	O ₅
F16. You frequently hear good staff ideas for improving operations.	O ₁	O ₂	O ₃	O ₄	O ₅
F17. Some staff members do not do their fair share of work.	O ₁	O ₂	O ₃	\mathcal{O}_4	O ₅
F18. The general attitude here is to change things that aren't working.	O_1	O ₂	O ₃	\mathcal{O}_4	O ₅
F19. You are encouraged here to try new and different ideas.	O ₁	O ₂	O ₃	\mathcal{O}_4	O ₅
F20. You are able to adapt quickly when you have to shift focus.	O 1	O ₂	O ₃	O ₄	O ₅

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Section G

Before entering kindergarten, there are academic and social-emotional milestones that children should be able to master.

- Examples of <u>academic</u> skills include: can recite ABCs, knows all the letters in his/her first name, can recognize basic shapes and colors, and can count to 10.
- Examples of <u>social-emotional</u> skills include: plays nicely with other same-aged children, follows simple directions given by an adult, stays in seat when appropriate, and can wait his/her turn and share.

Please indicate which of the following options best represents your opinion by marking the appropriate circle.

- G1. Would you say (choose one):
 - O₁ I value children's <u>academic</u> readiness for school **a lot more** than I value children's <u>social-emotional</u> readiness for school.
 - O₂ I value children's <u>academic</u> readiness for school **a little more** than I value children's <u>social</u> emotional readiness for school.
 - O₃ I value children's <u>academic</u> readiness for school **as much as** I value children's <u>social-emotional</u> readiness for school.
 - O₄ I value children's <u>academic</u> readiness for school **a little less** than I value children's <u>social</u> emotional readiness for school.
 - O_5 I value children's <u>academic</u> readiness for school **a lot less** than I value children's <u>social</u> emotional readiness for school.

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S	Δ		hı	\mathbf{a}	n		4
-7	•	u		.,			7

In this section, we are interested in your past training and professional development as a teacher.

H1.	Within the la	st year,	how many pi	ofessional	development	days did y	you use?		
-----	---------------	----------	-------------	------------	-------------	------------	----------	--	--

H2. Within the last year, have you had training in:

	No	Yes → When?	Number of hours?
a. how to foster social behavior and emotional skills in preschoolers?	O ₀	$O_1 \rightarrow$	
b. classroom management?	O ₀	O₁ →	
c. children's attention or self- regulation skills?	O ₀	$O_1 \rightarrow$	

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H3. In the last year, have you had training in the following curricula:

		No	Yes → Whe	n?	Number of hours?
a.	Al's Pals	O_0	$O_1 \rightarrow$		
b.	As I am Program	O ₀	$O_1 \rightarrow$		
C.	Behavior Modeling Curriculum	O ₀	$O_1 \rightarrow$		
d.	Chicago School Readiness Project	O ₀	O₁ →		
e.	COMPASS	O ₀	$O_1 \rightarrow$		
f.	Conscious Discipline	O ₀	O₁ →		
g.	CSEFEL (The Center on the Social and Emotional Foundations for Early Learning)	O ₀	O₁ →		
h.	Denham's Teacher Training Intervention	O ₀	O₁ →		
i.	Emotions Course	O_0	$O_1 \rightarrow$		
j.	FACET	O ₀	O₁ →		
k.	Foundations of Learning	O ₀	$O_1 \rightarrow$		
I.	Functional Assessment	O ₀	$O_1 \rightarrow$		
m.	Gillespie Modeling Program	O ₀	O₁ →		
n.	Guralnick's Intervention	O ₀	$O_1 \rightarrow$		
0.	Head Start REDI	O ₀	$O_1 \rightarrow$		
p.	Incredible Years Dinosaur School	O ₀	$O_1 \rightarrow$		
q.	Incredible Years Parenting Program	O ₀	$O_1 \rightarrow$		
r.	Incredible Years Teacher Training Program	O ₀	O₁ →		
S.	Positive Behavior Support	O_0	$O_1 \rightarrow$		
t.	Preschool PATHS	O ₀	$O_1 \rightarrow$		
u.	Project STAR	O ₀	$O_1 \rightarrow$		
V.	Resilient Peer Treatment	O ₀	$O_1 \rightarrow$		
W.	Second Step	O ₀	$O_1 \rightarrow$		
X.	Tools of the Mind	O ₀	$O_1 \rightarrow$		
у.	Other (please specify below):		\rightarrow	When?	

Section I

For each question, please mark the circle that best represents your experience with the teaching assistant with whom you have been working. Please remember that your answers to these and all other questions will be kept private.

		Never	Seldom	Sometimes	Often	Always
l1.	The teaching assistant and I trust one another.	$\mathcal{O}_{\scriptscriptstyle 1}$	O ₂	\mathcal{O}_3	\mathcal{O}_4	O ₅
12.	The teaching assistant and I work together collaboratively in the classroom.	\mathcal{O}_1	O ₂	\mathcal{O}_3	O ₄	O ₅