Coalition Survey Posttest

This survey explores your understanding and views about bone health as well as your perceptions about your team's pilot project efforts over the past year. Please read each question carefully and provide your honest feedback. The survey results will be used by the Office on Women's Health and Hager Sharp to improve future bone health program activities. We look forward to your feedback and suggestions. The survey should take about 30 minutes to complete. Thank you in advance for your time.

The first set of items asks about your team and your role on your team.

- 1) Last 4 digits of your HOME phone number: ______
- 2) What is your gender?
 - Male
 - Female
- 3) How old are you?
 - 18-24 years
 - 25-29 years
 - 30-39 years
 - □ 40-49 years
 - □ 50-59 years
 - □ 60+ years
- 4) Are you Hispanic or Latino?
 - No
 - Yes
- 5) What is your race/ethnicity? (Choose one or more.)
 - Black/African American
 - White
 - American Indian or Alaska Native
 - Asian
 - Native Hawaiian or Pacific Islander
- 6) What team do you represent?
 - City 1
 - City 2
 - City 3
- 7) What is your role on your team? (Choose one or more)
 - □ Site Coordinator
 - Team Leader
 - Team Member
 - Body Works Trainer
 - Other: _____

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0990-. The time required to complete this information collection is estimated to average (hours) (minutes) per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: U.S. Department of Health & Human Services, OS/OCIO/PRA, 200 Independence Ave., S.W., Suite 537-H, Washington D.C. 20201, Attention: PRA Reports Clearance Officer

- 8) What stakeholder group do you primarily represent? (Choose one.)
 - Community Organization
 - Health Professional
 - Nutrition Professional
 - Physical Education Professional
 - School Administrator
 - Teacher
 - Business/Industry
 - Student
 - Parent
 - Other:__
- 9) Prior to working on this project, in which of the following areas did you have experience working on projects or with partnerships? (Choose one or more.)
 - Childhood obesity prevention
 - Nutrition
 - Physical activity
 - Bone health
 - None of the above
- 10) Prior to working on this project, have members of your team worked together on previous projects or partnerships?
 - No, not at all
 - □ Yes, some have worked together before
 - □ Yes, most have worked together before
 - □ Yes, all have worked together before
 - Not sure

11) How often did your team	Weekly	Bi- weekly	Monthly	Quarterly	Never	Not Sure
a. Meet in person?						
b. Conduct conference calls?						
c. Conduct web meetings?						

 This set of questions assesses what you currently know about bone health. 12) By age, females have built most of their bone mass (how solid and strong bones are from the inside) for the rest of their lives. 									
,	□ 13 yrs	□ 18 yrs	□ 30 yrs	□ 55 yrs					
13) How many minu stay healthy?	tes of DAILY ph	ysical activity a	re recommend	ed for pre-teen and adolescent girls to					
□ 20 minute	s 🛛 30 minutes	□ 45 minutes	□ 60 minutes	□ 90 minutes					
14) How many days girls to build stro	•	ne-strengthenin	g activity are re	ecommended for pre-teen and adolescent					
0	□ 2 Days	□ 3 Days	□ 4 Days	□ 5 Days					
15) How many minu healthy?	15) How many minutes of DAILY physical activity are recommended for adults to be active and stay healthy?								
□ 20 minute	s 🛛 30 minutes	□ 45 minutes	□ 60 minutes	□ 90 minutes					
16) How many millig build strong bond			mmended DAIL	Y for pre-teen and adolescent girls to					
	□ 500 mg	•	□ 900 mg	□ 1300 mg					
17) How many interr girls to build stro	•	•	are recommend	ded DAILY for pre-teen and adolescent					
□ 100 IU	200 IU	☐ 300 IÚ	□ 400 IU	□ 500 IU					
The next set of items examines your views about bone health and your capacity to help your team in current or future efforts to plan, implement and evaluate a variety of project activities.									

18)) Please check how important you think it is to help girls and their parents to:	Not At All Important	A Little Important	Quite Important	Very Important
d.	Better understand how to build strong bones to prevent osteoporosis				
e.	Identify foods and drinks that are high in calcium and Vitamin D				
f.	Better understand the role of physical activity in building strong, healthy bones				
g.	Choose foods and drinks that are high in calcium and Vitamin D				
h.	Get the recommended amount of physical activity everyday				

	Please check how confident you feel helping girls and their parents to:	Not At All Confident	A Little Confident	Quite Confident	Very Confident
	Better understand how to build strong bones to prevent osteoporosis				
	dentify foods and drinks that are high in calcium and Vitamin D				
	Better understand the role of physical activity in building strong, healthy bones				
	Choose foods and drinks that are high in calcium and Vitamin D				
	Get the recommended amount of physical activity everyday				
	f the project were to continue, please check how confident you would feel helping your team with	Not At All Confident	Not Very Confident	Quite Confident	Very Confident
a. (Communication and Outreach planning efforts				

a. Communication and Outreach planning efforts		
b. Communication and Outreach implementation efforts		
c. Communication and Outreach evaluation efforts		
d. Body Works planning efforts		
e. Body Works implementation efforts		
f. Body Works evaluation efforts		

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21) Below is a list of technical assistance and training services that Hager Sharp provided to teams. For each, please indicate if you were aware of the service, if your team used it during the past year, and if so, how valuable the service was to your team.		aware this servic NO, s to ne	Were you aware of this service? If NO, skip to next service.			his	If YES, how valuable was this service to your team? (Scale of 1-5)					this
		Yes	No	Yes	No	Don't Know		at all able 2	3	Extrer Valu 4		Don't Know
a.	Understanding Bone Health:						1	2	3	4	Э	
a.	Background Information											
b.	Action Planning Technical Assistance: General											
C.	Evaluation Technical Assistance: General											
d.	Marketing/Communication: Planning											
e.	Marketing/Communication: Implementation											
f.	Marketing/Communication: Evaluation											
g.	Outreach: Planning											

h.	Outreach: Implementation						
i.	Outreach: Evaluation						
j.	Body Works: Planning & Training						
k.	Body Works: Recruitment & Retention of Participants						
١.	Body Works: Implementation						
m.	Body Works: Evaluation						
n.	Other:						

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22) Below is a list of resources that Hager Sharp provided to teams. For each, please indicate if you were aware of the resource, if you used it during the past year, and, if so, how valuable the resource was		Were you aware of this resource? If NO, skip to next resource.		If YES, did you use this resource in the past year?			If YES, how valuable was this resource to you? (Scale of 1-5)					this
	to you.		No	Yes	No	Don't Know	Not valu 1	at all able 2	3	Extrei Valu 4		Don't Know
a.	Funding Alerts/Opportunities											
b.	Listserv											
c.	Team E-Newsletter											
d.	Partnership/Coalition Building Referrals											
e.	Best Bones Forever Identity Materials (logo, letterhead)											
f.	Best Bones Forever Educational Materials											
g.	Pilot Site Web Site											
h.	Media kit											
i.	Partner Toolkits (AFHK, NASN, NOF)											
j.	Other:											

Please indicate the extent to which you agree or disagree with each statement. Be sure to answer based on your own perspective and not what you think other team members would say.

23)	When reflecting on the past year, I believe that my team effectively	Strongly Disagree	Disagree	Agree	Strongly Agree	Don't Know
a.	Established realistic goals and objectives from the outset.					
b.	Developed a feasible, thoughtful action plan to implement communication/outreach activities.					
C.	Developed a feasible, thoughtful action plan to implement Body Works.					
	Updated the action plan to keep team members abreast of activities and on the same page.					
	Accomplished objectives stated in our action plan.					
f.	Recruited the right team members to help implement our action plan.					
g.	Worked well together.					
h.	Worked well with Hager Sharp.					
i.	Maintained open and effective channels of communication.					
j.	Shared the work load between team members.					
k.	Developed high functioning sub-committees to plan and implement elements of the program.					
I.	Integrated bone health messages and activities into existing projects or partnerships.					
m.	Implemented communication & outreach activities.					
n.	Evaluated communication & outreach activities.					
0.	Undertook planning & training efforts for Body Works.					
p.	Undertook recruitment & retention of participants for Body Works					
q.	Implemented Body Works					
r.	Generated interest in bone health at the community level.					
s.	Successfully integrated bone health into the larger context of physical activity and nutrition.					

During the past year, in which of the following related activities did you participate? Please choose one or more.

24) During the past year, did you	Yes	No
a. Attend in-person meeting with Hager Sharp.		
b. Participate in conference call(s) with Hager Sharp.		
c. Help to mobilize others to join your team.		
 Use your organization's communication vehicles to distribute information related to the project. 		
e. Distribute Best Bones Forever Campaign materials		
f. Champion Bone Health initiatives with leaders <i>in</i> your organization.		
 G. Champion Bone Health initiatives with leaders <i>outside</i> your organization. 		
h. Participate in one or more of your team's subcommittees or projects.		
i. Author or co-author project related articles.		
j. Act as spokesperson for your team to the media.		
k. Conduct media outreach		
 Conduct presentations about the project at professional meetings or conferences. 		
m. Conduct community presentations		
n. Other:		

25) As a team member, I participated in:

- Too many activities this year, I felt overextended.
- Just the right amount of activities, I would like to do the same next year.
- □ Not enough activities, I was willing to do more this year.
- □ No activities this past year.

26) What was your key contribution to your team?

27) Overall, how satisfied are you with Hager Sharp's support of your team?

- Not at all satisfied
- Somewhat satisfied
- □ Satisfied
- Very satisfied

Please indicate the extent to which you agree or disagree with each statement. Be sure to answer based on your own perspective and not what you think other team members would say.

28) Overall, I think that Hager Sharp…	Strongly Disagree	Disagree	Agree	Strongly Agree
a.	Provided effective leadership for teams.				
b.	Clearly articulated its goals and objectives for the project to teams.				
C.	Was clear about the technical assistance it could provide in support of my team's effort.				
d.	Was clear about the resources that it could provide to support my team's effort.				
e.	Had the right partner organizations involved to advance the goals of the project.				
f.	Fostered effective collaboration between the partner organizations and teams.				
g.	Provided clear guidance with respect to Body Works.				
h.	Provided needed support and resources with respect to Body Works.				
i.	Provided clear guidance with respect to community outreach.				
j.	Provided needed support and resources with respect to community outreach.				

29) What suggestions or comments do you have for Hager Sharp to improve its technical assistance and support services?

30) What three aspects of the pilot program do you consider most crucial to its success? (Please select up to three)

- Given Funding
- A Paid team Leader
- Community Support
- Technical Support: Outreach
- □ Technical Support: Background Information
- Technical Support: Action Planning
- Technical Support: Marketing
- □ Technical Support: Evaluation
- □ Technical Assistance: BodyWorks
- □ Resources Provided by Hager Sharp
- Bone Health Materials
- Other _

31) What was your team's greatest strength?

32) What was your team's greatest success?

33) What was your team's most significant challenge?

34) If your team had the opportunity to do this project all over again, do you think it should? Why or why not?

35) What advice would you give to members of a new team just starting out?

36) Does your site intend to continue any of the following aspects of the program once the pilot intervention has ended?

We plan to continue	Yes	No	Not Sure
Coalition Activities			
Outreach/Education Activities			
BodyWorks Programs			
Other:			