

Att. 3-2. Screenshots of the ACT-24 Instrument (demo)

ACT24 - Microsoft Internet Explorer

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ACT 24

Welcome to NCI ACT-24

The purpose of this brief questionnaire is to capture what activities you performed yesterday.

Please report activities that you engaged in for a minimum of 15 minutes from midnight yesterday to midnight today.

You do not need to remember the exact minute that you did the activity, but can round to the nearest 15 minutes.

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ACT 24

From the below list select the activity that you were doing at midnight yesterday 3/5/2008

Please choose an activity

Quick Pick List

- Sleep/Tap
- Bathe/Shower/D
- Prepare Meals/S
- Eat Meals/Snack
- Drive/Ride in a S
- Work (Occupati
- Wake
- Watch TV/Move
- Shopping (Not C
- Use the Comput
- Talk on Phone/S

Activity List

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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Yesterday's date was: Thursday, May 29, 2008

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Done

Select the activity that you were doing at 11:30 AM yesterday, May 29, 2008



Please choose one activity below

- | | |
|---|--|
| Most Common Activities | Activity Groups |
| <input type="radio"/> Sleep/Nap | <input type="radio"/> Personal Care/Essentials of Daily Living |
| <input type="radio"/> Bathe/Shower/Dress | <input type="radio"/> Routine Chores/Care Giving |
| <input type="radio"/> Prepare Meals/Snacks | <input type="radio"/> Quiet/Leisure Activities |
| <input type="radio"/> Eat Meals/Snacks | <input type="radio"/> Home/Yard Maintenance |
| <input type="radio"/> Drive/Ride in a Vehicle | <input type="radio"/> Exercise and Sports |
| <input type="radio"/> Work (Occupational/Volunteer) | <input type="radio"/> Other |
| <input type="radio"/> Walk | |
| <input type="radio"/> Watch TV/Movies/Videos | |
| <input type="radio"/> Shopping (Not Online) | |
| <input type="radio"/> Use the Computer | |
| <input type="radio"/> Talk on Phone/In-Person | |

My Activity List

Yesterday, Thursday, May 29, 2008	
Midnight	
12 ^{AM}	
1 ^{AM}	
2 ^{AM}	
3 ^{AM}	
4 ^{AM}	
5 ^{AM}	
6 ^{AM}	
7 ^{AM}	

End Time

Select the activity that you were doing at 11:30 AM yesterday, May 29, 2008



Activity - Click here to return to Quick Pick List and Activity

Sleep/Nap

What time did you start to sleep or nap?

Thur., 12 am : 00

What time did you get up?

Thur., 6 am : 00



Add to Activity List

My Activity List

Yesterday, Thursday, May 29, 2008	
Midnight 12 AM	
1 AM	
2 AM	
3 AM	
4 AM	
5 AM	
6 AM	
7 AM	

Scroll down

Select the activity that you were doing at 6:00 AM yesterday, May 29, 2008



Activity - Click here to return to Quick Pick List and Activity

Bathe/Shower/Dress

What time did you start to bathe, shower or dress? Thur., 6 am : 00

What time did you finish bathing, showering or dressing? Thur., 7 am : 00



Add to Activity List

My Activity List

Yesterday, Thursday, May 29, 2008	
5 AM	Sleep/Nap (12:00 AM - 6:00 AM)
6 AM	
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
Neon 12 PM	

Select the activity that you were doing at 7:00 AM yesterday,
May 29, 2008



Activity - Click here to return to Quick Pick List and Activity

Drive/Ride in a Vehicle

What time did you start driving or riding in a vehicle?
Thur., 7 am : 00

What time did you finish driving or riding in a vehicle?
Thur., 8 am : 00



Add to Activity List

My Activity List

Yesterday, Thursday, May 29, 2008	
6 AM	Bathe/Shower/Dress (6:00 AM - 7:00 AM) Scroll up
7 AM	
8 AM	
9 AM	
10 AM	
11 AM	
Noon	
12 PM	
1 PM	Scroll down

Select the activity that you were doing at 8:00 AM yesterday, May 29, 2008



Activity - Click here to return to Quick Pick List and Activity

Eat Meals/Snacks

What time did you start eating your meal or snack?

Thur., 7 am : 00

What time did you finish eating your meal or snack?

Thur., 7 am : 15



Add to Activity List

My Activity List

Yesterday, Thursday, May 29, 2008	
7 AM	Drive/Ride in a Vehicle (7:00 AM - 8:00 AM) Scroll up
8 AM	
9 AM	
10 AM	
11 AM	
Noon	
12 PM	
1 PM	
2 PM	Scroll down

Select the activity that you were doing at 8:00 AM yesterday, May 29, 2008



Please choose one activity below

Most Common Activities

- Sleep/Nap
- Bathe/Shower/Dress
- Prepare Meals/Snacks
- Eat Meals/Snacks
- Drive/Ride in a Vehicle
- Work (Occupational/Volunteer)
- Walk
- Watch TV/Movies/Videos
- Shopping (Not Online)
- Use the Computer
- Talk on Phone/In-Person

Activity Groups

- Personal Care/Essentials of Daily Living
- Routine Chores/Care Giving
- Quiet/Leisure Activities
- Home/Yard Maintenance
- Exercise and Sports
- Other

My Activity List

Yesterday, Thursday, May 29, 2008	
3 AM	
4 AM	
5 AM	Sleep/Nap (12:00 AM - 6:00 AM)
6 AM	Bathe/Shower/Dress (6:00 AM - 7:00 AM)
7 AM	Drive/Ride in a Vehicle (7:00 AM - 8:00 AM) Eat Meals/Snacks (7:00 AM - 8:00 AM)
8 AM	
9 AM	

End Time