

# THE MOST FINELY TUNED INSTRUMENT OF ALL: YOUR BODY.



Tune into your body. What's normal for you? If something seems a bit off-key—like you feel tired or bloated all the time for no good reason; if you're spotting between periods or after menopause; or you have pain in your back or pelvic area for two weeks or longer—talk to a doctor. Ask about gynecologic cancer—including cervical, ovarian, uterine, and vaginal cancers.

Know the symptoms. And listen to your body. Get the Inside Knowledge about gynecologic cancer.

**1-800-CDC-INFO**     [www.cdc.gov/cancer/knowledge/](http://www.cdc.gov/cancer/knowledge/)



# KNOW YOUR NORMAL.

"I had spotting, after I went through menopause."

"I had to 'go' a lot more urgently than normal."

"I was tired all the time... for no reason."

"I had itching and burning in my genital area."

"I was bloated."

"I had a backache that wouldn't go away."



Knowing what's normal for your body, and recognizing what isn't, could make all the difference when it comes to gynecologic cancer. If you notice anything that isn't normal for you, like spotting or itching, or pelvic pain or pressure that lasts for two weeks or longer, talk to a doctor. Ask about gynecologic cancer—such as cancer of the cervix, ovaries, uterus, and vagina.

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# STAY IN TOP FORM.



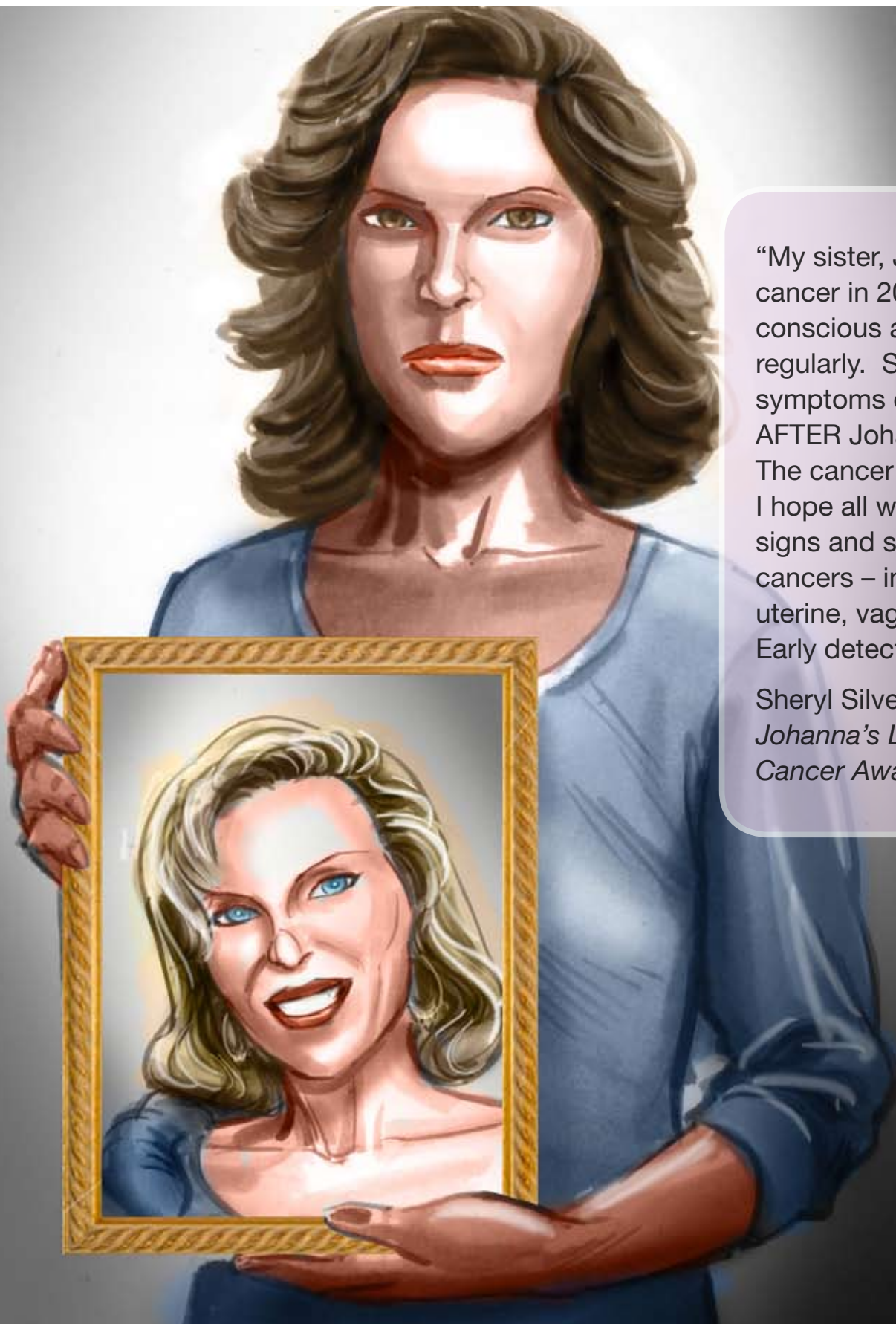
Knowing what's normal for your body, and recognizing what isn't, could make all the difference when it comes to gynecologic cancer. If you notice anything that isn't normal for you—a backache, pelvic pain, bloating, or being unusually tired for two weeks or longer, or if you have spotting, itching or burning in the genital area—talk to a doctor. Ask about gynecologic cancer—such as cervical, ovarian, uterine, and vaginal cancers.

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# “WE DIDN’T KNOW THE SYMPTOMS. BUT YOU SHOULD.”



“My sister, Johanna, died from ovarian cancer in 2000. She was health conscious and saw her gynecologist regularly. Sadly, we didn’t know the symptoms of ovarian cancer until AFTER Johanna was diagnosed. The cancer had already spread. I hope all women will learn the signs and symptoms of gynecologic cancers – including ovarian, cervical, uterine, vaginal, and vulvar cancers. Early detection is so important.”

Sheryl Silver, *Founder/President  
Johanna’s Law Alliance for Women’s  
Cancer Awareness*

Learn the symptoms and risk factors of gynecologic cancers through the Inside Knowledge Campaign, an initiative supporting the Gynecologic Cancer Education and Awareness Act, or Johanna’s Law (named for Johanna Silver Gordon), passed unanimously by Congress and signed into law in 2007. Sheryl Silver originated the legislation leading to Johanna’s Law.

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