

**Bright Futures for Women's Health and Wellness Initiative**  
**Survey for Individuals Distributing the Bright Futures for Women's Health and Wellness: Emotional Wellness Tools**

*Please answer the following questions by checking the circle or circles next to your answer.*

1. **Please indicate your sex:**
    - Male
    - Female
  2. **Please indicate your age group:**
    - 18-24
    - 25-44
    - 45-64
    - 65+
  3. **Are you Hispanic or Latina?**
    - Yes
    - No
  4. **Which of the following would you say is your race (please select one or more)?**
    - White
    - Black
    - American Indian or Alaska Native
    - Asian
    - Native Hawaiian or other Pacific Islander
  5. **What is your role in your organization?**
    - Health care provider
    - Counselor
    - Social worker
    - Outreach worker
    - Peer educator/Promotora
    - Other \_\_\_\_\_
  6. **What is your primary professional qualification?**
    - Medical Doctor
    - Licensed nurse
    - Licensed social worker
    - Midwife
    - Psychologist
    - Licensed Professional Counselor
    - Advanced Practice Nurse
    - Other \_\_\_\_\_
  7. **How many years of experience do you have in your current profession?**
    - Less than 3 years
    - 3 - 5 years
    - 6 - 10 years
    - 11- 20 years
    - More than 20 years
  8. **What types of services do you (personally) provide to the women you see (check all that apply)?**
    - Prenatal care
    - HIV/AIDS treatment
    - Routine medical care
    - Emotional health care
    - Social support or case management services
    - Other \_\_\_\_\_
  9. **Approximately how many individual women do you (personally) see each month?**
    - 1-10
    - 11-25
    - 26-50
    - More than 50
- Please describe the women to whom you provide services:*
10. **Approximately what percentage of the women you (personally) see fall into each of these age groups?**
    - Under 18 \_\_\_\_\_%
    - 18-24 \_\_\_\_\_%
    - 25-44 \_\_\_\_\_%
    - 45-64 \_\_\_\_\_%
    - 65+ \_\_\_\_\_%

11. Approximately what percentage of the women you (personally) see are in each of these race/ethnic groups?

- Hispanic \_\_\_\_%
- White \_\_\_\_%
- Black \_\_\_\_%
- Native American or Alaska Native \_\_\_\_%
- Asian \_\_\_\_%
- Native Hawaiian or other Pacific Islander \_\_\_\_%
- Two or more races \_\_\_\_%

12. How often do the women you (personally) see talk to you about emotional issues or emotional concerns?

- Very often
- Somewhat often
- Occasionally
- Rarely

13. What types of emotional health issues or concerns are most frequently reported to you (personally) by the women you see (check all that apply)?

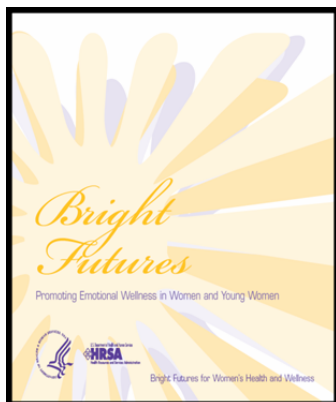
- Depression
- Family or relationship problems
- Loneliness
- Substance abuse
- Anxiety
- Other \_\_\_\_\_

14. How comfortable are you (personally) talking about emotional health and well-being with the women you see?

- Very comfortable
- Mostly comfortable
- Somewhat comfortable
- Somewhat uncomfortable
- Very uncomfortable

15. Were you (personally) aware of the *Bright Futures for Women's Health and Wellness* (BFWHW) program or consumer Guides prior to this evaluation?

- Yes
- No



16. Did you (personally) distribute any of the BFWHW Emotional Wellness Guides prior to this evaluation?

- Yes (check all that apply)
  - Physical Activity and Healthy Eating Tools
  - Emotional Wellness Tools
- No
- Unsure

17. Approximately how many women have you (personally) given copies of the BFWHW Adult *Woman's Guide to Emotional Wellness* since this evaluation project began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

18. Approximately how many women ages 13-17 have you (personally) given copies of the BFWHW *Young Woman's Guide to Emotional Wellness* since this evaluation began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

19. To whom and under what circumstances do you (personally) give the BFWHW Emotional Wellness Guides?

- Only to women who express concerns about emotional wellness
- Only to women who participate in a certain program or receive a certain type of service. Please specify:

\_\_\_\_\_

- Most of the women I have seen since the evaluation began
- All the women I have seen since the evaluation began

Public Burden Statement: An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this project is 0915-xxxx. Public reporting burden for this collection of information is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to HRSA Reports Clearance Officer, 5600 Fishers Lane, Room 10-33, Rockville, Maryland, 20857.

20. **When you (personally) give women the BFWHW Emotional Wellness Guides, how extensively do you usually go through it with them (e.g., explaining, talking about it, and/or answering questions)?**
- I spend a minute or two explaining what it is and why I'm giving it to them
  - I flip through it with them for several minutes and point out one or two points of interest
  - I spend 10 or more minutes walking through the whole Guide with them and answering questions
  - It varies depending on the circumstance (e.g., depends on whether the woman raised any issues of emotional health herself, how many questions she asks, what type of appointment)
  - Other \_\_\_\_\_
21. **Do you (personally) think the Woman's Guide contains advice that the adult women you see can use to feel better about their lives?**
- Yes, it contains very useful advice
  - Yes, it contains some useful advice
  - No, the advice is not very useful
  - Unsure
  - Not applicable (I did not distribute the *Woman's Guide*)
22. **Do you (personally) think the Young Woman's Guide contains advice that the young women (under 18) you see can use to feel better about their lives?**
- Yes, it contains very useful advice
  - Yes, it contains some useful advice
  - No, the advice is not very useful
  - Unsure
  - Not applicable (I did not distribute the *Young Woman's Guide*)
23. **How easy do you (personally) find it to explain and talk about the BFWHW Emotional Wellness Guides to the women you see?**
- Very easy to explain and talk about
  - Mostly easy to explain and talk about
  - Neither easy nor difficult to explain and talk about
  - Somewhat difficult to explain and talk about
  - Very difficult to explain and talk about
  - I did not distribute the Women's Guide
24. **How relevant do you (personally) think the examples and personal stories in the BFWHW Emotional Wellness Guides are to the lives of the women you serve?**
- Very relevant
  - Mostly relevant
  - Somewhat relevant
  - Somewhat irrelevant
  - Very irrelevant
25. **Since you (personally) have been distributing the BFWHW Emotional Wellness Guides, do you discuss emotional wellness with the women you serve more often than before?**
- Yes, much more often than before
  - Yes, somewhat more often than before
  - No, somewhat less often than before
  - No, much less often than before
  - About the same
  - Unsure
26. **Since you (personally) have been distributing the BFWHW Emotional Wellness Guides, have you referred more women for further mental health services (on average)?**
- Yes, I have referred many more women for mental health services on average than I did before
  - Yes, I have referred a few more women for mental health services on average than I did before
  - No, I have referred fewer women for mental health services on average than I did before
  - About the same
  - Unsure

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27. Would you (personally) recommend these BFWHW Emotional Wellness Guides to other professionals in your field?

- Yes
- No
- Unsure

28. Please mark whether you think the following statements about the BFWHW Emotional Wellness Guides are True or False:

T/F They are easy for the women I see to read and understand.

T/F They are culturally appropriate for the women I see.

T/F They help women to feel more comfortable talking about emotional health and well-being with me or other health professionals.

T/F They help me to feel more comfortable bringing up issues of emotional health and well-being with the women I see.

T/F They are too long.

T/F They are too short.

T/F I often don't have enough time to discuss them with the women I see.

29. Do you plan to continue distributing these Guides as part of your routine practice even after this evaluation period is completed?

- Yes
- No
- Unsure

30. What other types of educational materials or consumer tools would you find most useful in your practice?

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31. Additional Comments:

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*Thank you for your participation!*