

Bright Futures for Women's Health and Wellness Initiative
Survey for Individuals Distributing the Bright Futures for Women's Health and Wellness:
Emotional Wellness Guides
DRAFT

Please answer the following questions:

1. **Please indicate your sex:**
 - Male
 - Female

2. **Please indicate your age group:**
 - 18-24
 - 25-44
 - 45-64
 - 65+

3. **Are you Hispanic or Latina?**
 - Yes
 - No

4. **Which one of the following would you say is your race?**
 - White
 - Black
 - American Indian or Alaska Native
 - Asian
 - Native Hawaiian or other Pacific Islander
 - Two or more races

5. **What is your role in your organization?**
 - Health care provider
 - Counselor
 - Social worker
 - Outreach worker
 - Peer educator/Promotora
 - Other _____

6. **What is your primary professional qualification?**
 - Medical Doctor
 - Licensed nurse
 - Licensed social worker
 - Midwife
 - Psychologist
 - Licensed Professional Counselor
 - Advanced Practice Nurse
 - Other _____

7. **How many years of experience do you have in your current profession?**
 - Less than 3 years
 - 3 - 5 years
 - 6 - 10 years
 - 11- 20 years
 - More than 20 years

8. **What types of services do you provide (check all that apply)?**
 - Prenatal care
 - HIV/AIDS treatment
 - Routine medical care
 - Emotional health care
 - Social support or case management services
 - Other _____

9. **Approximately how many individual women do you see each month?**
 - 1-10
 - 11-25
 - 26-50
 - More than 50

- Please describe the women to whom you provide services:*

10. **Approximately what percentage of the women you see fall into each of these age groups?**
 - Under 18 ____%
 - 18-24 ____%
 - 25-44 ____%
 - 45-64 ____%
 - 65+ ____%

11. **Approximately what percentage of the women you see are in each of these race/ethnic groups?**

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Hispanic ____%
White ____%
Black ____%
American Indian or Alaska Native ____%
Asian ____%
Native Hawaiian or other Pacific Islander ____%
Two or more races ____%

12. How often do the women you see talk to you about emotional health issues or concerns?

- Very often
- Somewhat often
- Occasionally
- Rarely

13. What types of emotional health issues or concerns are most frequently reported to you by the women you see (check all that apply)?

- Depression
- Family or relationship problems
- Loneliness
- Substance abuse
- Anxiety
- Other _____

14. How comfortable are you talking about emotional health and well-being with the women you see?

- Very comfortable
- Mostly comfortable
- Somewhat comfortable
- Somewhat uncomfortable
- Very uncomfortable

15. Were you aware of the *Bright Futures for Women's Health and Wellness (BFWHW)* program or the consumer guides prior to this evaluation of the guides?

- Yes
- No

16. Did you distribute any of the BFWHW Emotional Wellness Guide guides prior to this evaluation of these guides?

- Yes (check all that apply)
____ Physical Activity and Healthy Eating Guides

____ Emotional Wellness Guides

- No
- Unsure

17. Approximately how many women have you given copies of the BFWHW Adult *Woman's Guide to Emotional Wellness* since this evaluation of the guides began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

18. Approximately how many women have you given copies of the BFWHW *Young Woman's Guide to Emotional Wellness* since this evaluation of the guides began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

19. To whom and under what circumstances do you give the BFWHW Emotional Wellness Guides?

- Only to women who express concerns about emotional wellness
- Only to women who participate in a certain program or receive a certain type of service. Please specify: _____
- Most of the women I have seen since the evaluation began
- All the women I have seen since the evaluation began

20. When you give women the BFWHW Emotional Wellness Guides, how extensively do you usually go through it with them (e.g., explaining, talking about it, and/or answering questions)?

- I spend a minute or two explaining what it is and why I'm giving it to them
- I flip through it with them for several minutes and point out one or two points of interest

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- I spend 10 or more minutes walking through the whole Guide with them and answering questions
- It varies depending on the circumstance (e.g. depends on whether the woman raised any issues of emotional health herself, how many questions she asks, what type of appointment)
- Other _____

21. Do you think the *Woman's Guide* contains advice that the adult women you see can use to feel better about their lives?

- Yes, it contains very useful advice
- Yes, it contains mostly useful advice
- No, the advice is not very useful
- Unsure
- Not applicable (I did not distribute the *Woman's Guide*)

22. Do you think the *Young Woman's Guide* contains advice that the young women (under 18) you see can use to feel better about their lives?

- Yes, it contains very useful advice
- Yes, it contains mostly useful advice
- No, the advice is not very useful
- Unsure
- Not applicable (I did not distribute the *Young Woman's Guide*)

23. How easy do you find it to explain and talk about the BFWHW Emotional Wellness Guides to the women you see?

- Very easy to explain and talk about
- Mostly easy to explain and talk about
- Somewhat easy to explain and talk about
- Somewhat difficult to explain and talk about
- Very difficult to explain and talk about
- I did not distribute the Women's Guide

24. How relevant do you think the examples and personal stories in the BFWHW Emotional Wellness Guides are to the lives of the women you serve?

- Very relevant
- Mostly relevant
- Somewhat relevant

- Somewhat irrelevant
- Very irrelevant

25. Since you have been distributing the BFWHW Emotional Wellness Guides, do you discuss emotional wellness with the women you serve more often than before?

- Yes, much more often than before
- Yes, somewhat more often than before
- No, no difference
- Unsure

26. Since you have been distributing the BFWHW Emotional Wellness Guides, have you referred more women for further emotional health services (on average)?

- Yes, I have referred many more women for emotional health services on average than I did before
- I have probably referred a few more women for emotional health services on average than I did before
- No, I have probably referred fewer women for emotional health services on average than I did before
- No, no difference
- Unsure

27. Would you recommend these BFWHW Emotional Wellness Guides to other professionals in your field?

- Yes
- No
- Unsure

28. Please circle whether you think the following statements about the BFWHW Emotional Wellness Guides are True or False:

- T/F They are easy for the women I see to read and understand.
- T/F They are culturally appropriate for the women I see.
- T/F They help women to feel more comfortable talking about emotional health and wellbeing with me

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T/F They help me to feel more comfortable bringing up issues of emotional health and wellbeing with the women I see

T/F They are too long.

T/F I often don't have enough time to discuss them with the women I see.

29. Do you plan to continue distributing these BFWHW Emotional Wellness Guides as part of your routine practice?

Yes

No

Unsure

30. What other types of educational materials or BFWHW Emotional Wellness Guides would you find most useful in your practice?

31. Additional Comments:

Thank you for your participation!

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