

Bright Futures for Women's Health and Wellness Initiative
Survey for Individuals Distributing the Bright Futures for Women's Health and Wellness: Emotional Wellness Tools

Please answer the following questions by checking the circle or circles next to your answer.

1. **Please indicate your sex:**
 - Male
 - Female
 2. **Please indicate your age group:**
 - 18-24
 - 25-44
 - 45-64
 - 65+
 3. **Are you Hispanic or Latina?**
 - Yes
 - No
 4. **Which of the following would you say is your race (please select one or more)?**
 - White
 - Black
 - American Indian or Alaska Native
 - Asian
 - Native Hawaiian or other Pacific Islander
 5. **What is your role in your organization?**
 - Health care provider
 - Counselor
 - Social worker
 - Outreach worker
 - Peer educator/Promotora
 - Other _____
 6. **What is your primary professional qualification?**
 - Medical Doctor
 - Licensed nurse
 - Licensed social worker
 - Midwife
 - Psychologist
 - Licensed Professional Counselor
 - Advanced Practice Nurse
 - Other _____
 7. **How many years of experience do you have in your current profession?**
 - Less than 3 years
 - 3 - 5 years
 - 6 - 10 years
 - 11- 20 years
 - More than 20 years
 8. **What types of services do you (personally) provide to the women you see (check all that apply)?**
 - Prenatal care
 - HIV/AIDS treatment
 - Routine medical care
 - Emotional health care
 - Social support or case management services
 - Other _____
 9. **Approximately how many individual women do you (personally) see each month?**
 - 1-10
 - 11-25
 - 26-50
 - More than 50
- Please describe the women to whom you provide services:*
10. **Approximately what percentage of the women you (personally) see fall into each of these age groups?**
 - Under 18 _____%
 - 18-24 _____%
 - 25-44 _____%
 - 45-64 _____%
 - 65+ _____%

11. Approximately what percentage of the women you (personally) see are in each of these race/ethnic groups?

- Hispanic ____%
- White ____%
- Black ____%
- Native American or Alaska Native ____%
- Asian ____%
- Native Hawaiian or other Pacific Islander ____%
- Two or more races ____%

12. How often do the women you (personally) see talk to you about emotional issues or emotional concerns?

- Very often
- Somewhat often
- Occasionally
- Rarely

13. What types of emotional health issues or concerns are most frequently reported to you (personally) by the women you see (check all that apply)?

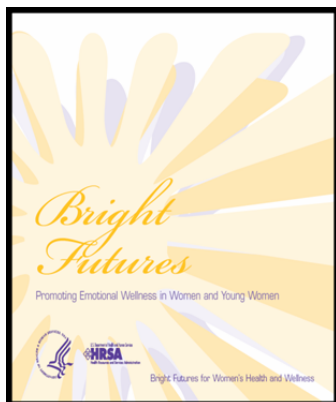
- Depression
- Family or relationship problems
- Loneliness
- Substance abuse
- Anxiety
- Other _____

14. How comfortable are you (personally) talking about emotional health and well-being with the women you see?

- Very comfortable
- Mostly comfortable
- Somewhat comfortable
- Somewhat uncomfortable
- Very uncomfortable

15. Were you (personally) aware of the *Bright Futures for Women's Health and Wellness* (BFWHW) program or consumer Guides prior to this evaluation?

- Yes
- No



16. Did you (personally) distribute any of the BFWHW Emotional Wellness Guides prior to this evaluation?

- Yes (check all that apply)
 - Physical Activity and Healthy Eating Tools
 - Emotional Wellness Tools
- No
- Unsure

17. Approximately how many women have you (personally) given copies of the BFWHW Adult *Woman's Guide to Emotional Wellness* since this evaluation project began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

18. Approximately how many women ages 13-17 have you (personally) given copies of the BFWHW *Young Woman's Guide to Emotional Wellness* since this evaluation began?

- 0
- 1-25
- 26-50
- 51-100
- More than 100

19. To whom and under what circumstances do you (personally) give the BFWHW Emotional Wellness Guides?

- Only to women who express concerns about emotional wellness
- Only to women who participate in a certain program or receive a certain type of service. Please specify:

- Most of the women I have seen since the evaluation began
- All the women I have seen since the evaluation began

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20. **When you (personally) give women the BFWHW Emotional Wellness Guides, how extensively do you usually go through it with them (e.g., explaining, talking about it, and/or answering questions)?**
- I spend a minute or two explaining what it is and why I'm giving it to them
 - I flip through it with them for several minutes and point out one or two points of interest
 - I spend 10 or more minutes walking through the whole Guide with them and answering questions
 - It varies depending on the circumstance (e.g., depends on whether the woman raised any issues of emotional health herself, how many questions she asks, what type of appointment)
 - Other _____
21. **Do you (personally) think the Woman's Guide contains advice that the adult women you see can use to feel better about their lives?**
- Yes, it contains very useful advice
 - Yes, it contains some useful advice
 - No, the advice is not very useful
 - Unsure
 - Not applicable (I did not distribute the *Woman's Guide*)
22. **Do you (personally) think the Young Woman's Guide contains advice that the young women (under 18) you see can use to feel better about their lives?**
- Yes, it contains very useful advice
 - Yes, it contains some useful advice
 - No, the advice is not very useful
 - Unsure
 - Not applicable (I did not distribute the *Young Woman's Guide*)
23. **How easy do you (personally) find it to explain and talk about the BFWHW Emotional Wellness Guides to the women you see?**
- Very easy to explain and talk about
 - Mostly easy to explain and talk about
 - Neither easy nor difficult to explain and talk about
 - Somewhat difficult to explain and talk about
 - Very difficult to explain and talk about
 - I did not distribute the Women's Guide
24. **How relevant do you (personally) think the examples and personal stories in the BFWHW Emotional Wellness Guides are to the lives of the women you serve?**
- Very relevant
 - Mostly relevant
 - Somewhat relevant
 - Somewhat irrelevant
 - Very irrelevant
25. **Since you (personally) have been distributing the BFWHW Emotional Wellness Guides, do you discuss emotional wellness with the women you serve more often than before?**
- Yes, much more often than before
 - Yes, somewhat more often than before
 - No, somewhat less often than before
 - No, much less often than before
 - About the same
 - Unsure
26. **Since you (personally) have been distributing the BFWHW Emotional Wellness Guides, have you referred more women for further mental health services (on average)?**
- Yes, I have referred many more women for mental health services on average than I did before
 - Yes, I have referred a few more women for mental health services on average than I did before
 - No, I have referred fewer women for mental health services on average than I did before
 - About the same
 - Unsure

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27. Would you (personally) recommend these BFWHW Emotional Wellness Guides to other professionals in your field?

- Yes
- No
- Unsure

28. Please mark whether you think the following statements about the BFWHW Emotional Wellness Guides are True or False:

T/F They are easy for the women I see to read and understand.

T/F They are culturally appropriate for the women I see.

T/F They help women to feel more comfortable talking about emotional health and well-being with me or other health professionals.

T/F They help me to feel more comfortable bringing up issues of emotional health and well-being with the women I see.

T/F They are too long.

T/F They are too short.

T/F I often don't have enough time to discuss them with the women I see.

29. Do you plan to continue distributing these Guides as part of your routine practice even after this evaluation period is completed?

- Yes
- No
- Unsure

30. What other types of educational materials or consumer tools would you find most useful in your practice?

31. Additional Comments:

Thank you for your participation!