

Keep all of your clinic appointments

Stay Connected

Take control of your health by seeing your health care providers regularly.



The 1917 Clinic at UAB

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(205) 934-1917 (phone)
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www.1917clinic.org

Clinic Hours:
Monday–Friday, 8AM–5PM



**Keep all of your
clinic appointments.**

Your health depends on it!



How to Stay Connected

- Keep all of your scheduled clinic appointments.
- Work as a team with your health care providers.
- Talk openly and honestly with your health care team.
- Ask questions that are important to you.

Why Is It Important to Keep All of Your Clinic Appointments?

Your Health Depends on It!

At your appointments

- We can check your health and make changes to your treatment plan if needed.
- We can give you the best medical care.
- You can take control of your health.

In one large study, people with HIV who attended all of their clinic appointments lived longer.

Source: Clinical Infectious Diseases, 2007.

Remember—it is important to come to all of your clinic appointments whether you feel sick or feel well.

Ways to Remember Your Clinic Appointments

- Write all of your appointments in a calendar.
- Put reminders or alerts in your cell phone.
- Put your reminder card in a place where you will see it often.
- Make sure we have your correct telephone number and address.
- Let us know right away if your telephone number or address changes.

If something comes up and you can't keep a clinic appointment, please call us at least 2 days in advance. It is important to reschedule if you miss an appointment.