

BERS-2

Behavioral and Emotional Rating Scale—Second Edition Youth Rating Scale

Section 1. Identifying Information

Name _____ Female ☐ Male ☐ Grade _____
Date Rated _____ School _____
Date of Birth _____ Rater's Name _____
Age _____ Rater's Relationship to Individual _____

Section 2. Score Summary

| | Raw Score | %ile Rank | Scaled Score |
|-----------------------------------|--------------|--------------|----------------------|
| I. Interpersonal Strength (IS) | _____ | _____ | <input type="text"/> |
| II. Family Involvement (FI) | _____ | _____ | <input type="text"/> |
| III. Intrapersonal Strength (IaS) | _____ | _____ | <input type="text"/> |
| IV. School Functioning (SF) | _____ | _____ | <input type="text"/> |
| V. Affective Strength (AS) | _____ | _____ | <input type="text"/> |
| Sum of Scaled Scores | | | _____ |
| BERS-2 Strength Index | | _____ | <input type="text"/> |
| Supplemental | | | |
| VI. Career Strength (CS) | _____ | _____ | <input type="text"/> |

Section 3. Interpretation and Recommendations

Section 4. Other Pertinent Information

Who referred the student? _____
What was the reason for the referral? _____
Parental permission obtained on (date) _____
BERS-2 results included in staffing or planning conference? ☐ Yes ☐ No

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Section 5. Youth Rating Items

Directions: Below is a list of items that describe you in a positive way. Some of the items will describe you very well. Other items will not describe you at all. Read each item and mark the number that corresponds to the rating that best describes you now or in the past 3 months. You must answer all 57 items. If you do not know the meaning of some of the words, ask the person who is giving you this form.

3 = If the statement is very much like you

2 = If the statement is like you

1 = If the statement is not much like you

0 = If the statement is not at all like you

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| Statement | | IS | FI | IaS | SF | AS |
|---|---------|-------|-------|-------|-------|-------|
| 1. My family makes me feel wanted | 3 2 1 0 | | _____ | | | |
| 2. I trust at least one person very much | 3 2 1 0 | | _____ | | | |
| 3. It's okay when people hug me | 3 2 1 0 | | | | | _____ |
| 4. I join in community activities | 3 2 1 0 | | _____ | | | |
| 5. I believe in myself | 3 2 1 0 | | | _____ | | |
| 6. I let someone know when my feelings are hurt | 3 2 1 0 | | | | | _____ |
| 7. I get along well with my family | 3 2 1 0 | | _____ | | | |
| 8. I have a sense of humor | 3 2 1 0 | | | _____ | | |
| 9. I ask for help when I need it | 3 2 1 0 | | | | | _____ |
| 10. I can express my anger in the right way | 3 2 1 0 | _____ | | | | |
| 11. My parents and I talk about how I act at home | 3 2 1 0 | | _____ | | | |
| 12. If I hurt or upset others, I tell them I am sorry | 3 2 1 0 | _____ | | | | |
| 13. I care about how others feel | 3 2 1 0 | | | | | _____ |
| 14. I complete tasks when asked | 3 2 1 0 | | | | _____ | |
| 15. I get along well with my parents | 3 2 1 0 | | _____ | | | |
| 16. When my feelings are hurt, I stay calm | 3 2 1 0 | _____ | | | | |
| 17. I think about what could happen before I decide to do something | 3 2 1 0 | _____ | | | | |
| 18. I accept criticism | 3 2 1 0 | _____ | | | | |
| 19. I go to religious activities | 3 2 1 0 | | _____ | | | |
| 20. I keep myself clean | 3 2 1 0 | | | _____ | | |
| 21. I ask my friends for help | 3 2 1 0 | | | _____ | | |
| 22. I have a hobby I enjoy | 3 2 1 0 | | | _____ | | |
| 23. When I have a problem, I talk with others about it | 3 2 1 0 | | | | | _____ |
| 24. I do my schoolwork on time | 3 2 1 0 | | | | _____ | |
| 25. I feel close to others | 3 2 1 0 | | | | | _____ |
| 26. I know when I am happy and when I am sad | 3 2 1 0 | | | _____ | | |
| 27. I know what I do well | 3 2 1 0 | | | _____ | | |
| 28. I accept responsibility for my actions | 3 2 1 0 | _____ | | | | |
| 29. I get along with my brothers and sisters | 3 2 1 0 | | _____ | | | |
| 30. When I lose a game, I accept it | 3 2 1 0 | _____ | | | | |
| Column Subtotals | | | | | | |

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2 = If the statement is like you

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0 = If the statement is not at all like you

| Statement | | IS | FI | IaS | SF | AS |
|---|---------|----|----|-----|----|----|
| 31. I complete my homework | 3 2 1 0 | | | | | |
| 32. I am liked by others my age | 3 2 1 0 | | | | | |
| 33. I am a good listener | 3 2 1 0 | | | | | |
| 34. I let people know when I like them | 3 2 1 0 | | | | | |
| 35. When I make a mistake, I admit it | 3 2 1 0 | | | | | |
| 36. I do things with my family | 3 2 1 0 | | | | | |
| 37. I can deal with being told "no" | 3 2 1 0 | | | | | |
| 38. I smile a lot | 3 2 1 0 | | | | | |
| 39. I pay attention in class | 3 2 1 0 | | | | | |
| 40. I am good at math | 3 2 1 0 | | | | | |
| 41. I am good at reading | 3 2 1 0 | | | | | |
| 42. I enjoy many of the things I do | 3 2 1 0 | | | | | |
| 43. I respect the rights of others | 3 2 1 0 | | | | | |
| 44. I share things with others | 3 2 1 0 | | | | | |
| 45. I follow the rules at home | 3 2 1 0 | | | | | |
| 46. When I do something wrong, I say I am sorry | 3 2 1 0 | | | | | |
| 47. I study for tests | 3 2 1 0 | | | | | |
| 48. When good things happen to me, I tell others | 3 2 1 0 | | | | | |
| 49. I am nice to others | 3 2 1 0 | | | | | |
| 50. I use appropriate language | 3 2 1 0 | | | | | |
| 51. I attend school daily | 3 2 1 0 | | | | | |
| 52. I listen during class and write things down to help me remember later | 3 2 1 0 | | | | | |
| Column Subtotals | | | | | | |
| Previous Page Column Subtotals | | | | | | |
| Total Raw Score for YRS | | | | | | |

Supplemental Career Strength (CS) Subscale

| | | |
|--|---------|--|
| 53. I can name at least one thing that I want to do in my life | 3 2 1 0 | |
| 54. My future looks good | 3 2 1 0 | |
| 55. I have a plan for my future career | 3 2 1 0 | |
| 56. I have a skill that will help me succeed in a good job | 3 2 1 0 | |
| 57. I know what I want to do for a career | 3 2 1 0 | |

Totals

1. My favorite hobbies or activities are _____

2. My favorite sport(s) is (are) _____

3. My best school subject(s) is (are) _____

4. My best friend(s) is (are) _____

5. My favorite teacher(s) is (are) _____

6. In the community, I have worked or volunteered at _____

7. The most important people in my life are _____

8. The best thing about me is _____

