

# **VALIDATING PERFORMANCE IMPROVEMENT PROJECTS**

A protocol for use in Conducting Medicaid External Quality  
Review Activities

Department of Health and Human Services  
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# VALIDATING PERFORMANCE IMPROVEMENT PROJECTS

## I. PURPOSE OF THE PROTOCOL

The purpose of health care quality performance improvement projects (PIPs) is to assess and improve processes, and thereby outcomes, of care. In order for such projects to achieve real improvements in care, and for interested parties to have confidence in the reported improvements, PIPs must be designed, conducted and reported in a methodologically sound manner. This protocol specifies procedures for external quality review organizations (EQROs)<sup>1</sup> to use in evaluating the soundness and results of PIPs implemented by Medicaid Managed Care Organizations (MCOs) and Prepaid Inpatient Health Plans (PIHPs).

## II. OVERVIEW OF THE PROTOCOL

This protocol has been derived from existing public and private sector tools and approaches to reviewing PIPs (See Attachment A). Activities that all public and private sector tools have in common were included in this protocol. In addition, activities found in fewer documents were included where the activity was felt to be important to promoting stronger PIPs, but would not result in an inappropriate burden on the MCO, PIHP or the EQRO. In particular, the protocol relies heavily on a guidebook produced by the National Committee for Quality Assurance (NCQA) under a contract from the Centers for Medicare & Medicaid Services (CMS), formerly the Health Care Financing Administration (HCFA), “*Health Care Quality Improvement Studies in Managed Care Settings: A Guide for State Medicaid Agencies*” This guidebook identifies key concepts related to the conduct of quality improvement (QI) studies and details widely accepted principles in designing, implementing and assessing QI studies.

The protocol describes three activities that are to be undertaken in validating PIPs: 1) assessing the MCO’s/PIHP’s methodology for conducting the PIP, 2) verifying actual PIP study findings, and 3) evaluating overall validity and reliability of study results. Activity One, *Assessing the MCO’s/PIHP’s Methodology for Conducting the PIP*, involves ten steps:

1. Review the selected study topic(s)
2. Review the study question(s)
3. Review selected study indicator(s)
4. Review the identified study population
5. Review sampling methods (if sampling was used)
6. Review the MCO’s/PIHP’s data collection procedures
7. Assess the MCO’s/PIHP’s improvement strategies

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<sup>1</sup> It is recognized that a State Medicaid agency may choose an organization other than an EQRO (as defined in Federal regulation) to validate MCO or PIHP PIPs. However, for convenience, in this protocol we use the term “external quality review organization (EQRO)” to refer to any organization that validates performance improvement projects undertaken by MCOs or PIHPs.

8. Review data analysis and interpretation of study results
9. Assess the likelihood that reported improvement is “real” improvement
10. Assess whether the MCO/PIHP has sustained its documented improvement

Activity Two, *Verifying PIP Study Findings*, is a resource intensive activity that may not always be feasible. It is included here as an optional component of the protocol. At the conclusion of Activity One, and as appropriate for Activity Two, Activity Three describes how the EQRO will need to consider all validation findings and render a judgement about the extent to which the State should accept the findings of the MCO’s/PIHP’s PIP as valid and reliable.

### **III. PROTOCOL ACTIVITIES**

#### **ACTIVITY 1: ASSESS THE STUDY METHODOLOGY**

Assessing an MCO’s or PIHP’s methodology for conducting a PIP requires the EQRO to have information on the design and implementation of the PIP. This information could be obtained from a hardcopy or electronic written description of the PIP design and implementation that is transmitted by the MCO/PIHP to the State and/or the EQRO. It also could be obtained through an interview of MCO/PIHP personnel responsible for the design and conduct of the PIP, or a combination of a written description plus interviews. Information obtained through hardcopy or electronic submission, or interview, may also need to be supplemented by supporting documentation obtained from the MCO/PIHP on an ad hoc basis. Whatever sources(s) of information are used, the EQRO should follow the steps below to assess the methodology of the MCO’s/PIHP’s PIP(s). Answers to the questions in each of the steps should be recorded on a standardized PIP Validation Worksheet such as that located in Attachment B.

It is expected that each State will prescribe how long a MCO/PIHP may take to complete the PIPs required by the State. In implementing this protocol, the State will need to inform the EQRO:

- 1) whether the EQRO is to annually validate all projects a) initiated, b) underway but not completed, and c) completed during the reporting year, or d) some combination of these three stages of PIPs.
- 2) whether the EQRO is to review all projects in the categories above, or a subset of the PIPs in the particular categories. If the EQRO is to review only a subset, the EQRO will need to ascertain with the State how that subset will be chosen.

#### **Step 1: Review the Selected Study Topic(s)**

**Rationale.** All PIPs should target improvement in relevant areas of clinical care and non-clinical services. Topics selected for study by Medicaid MCOs and PIHPs must reflect the

MCO's/PIHP's Medicaid enrollment in terms of demographic characteristics, prevalence of disease and the potential consequences (risks) of the disease. Note that sometimes the State Medicaid agencies may have selected the MCO's/PIHP's study topic.

### **Potential Sources of Supporting Information:**

- Data in the MCO's/PIHP's Medicaid enrollment/membership files on enrollee characteristics relevant to health risks or utilization of clinical and non-clinical services, such as age, sex, race/ethnicity/language and disability or functional status.
- Utilization, diagnostic, and outcome information on Medicaid outpatient and inpatient encounters, services, procedures, medications and devices, admitting and encounter diagnoses, adverse incidents (such as deaths, avoidable admissions, or readmissions); and patterns of referrals or authorization requests obtained from MCO/PIHP encounter, claims, or other administrative data.
- Data on the MCO's/PIHP's performance as reflected in standardized measures, including, when possible: local, State, or national information on performance of comparable organizations.
- Data from other outside organizations, such as Medicaid or Medicare fee-for-service data, data from other health plans, and local or national public health reports on conditions or risks for specified populations.
- Data from surveys, grievance and appeals processes, and disenrollments and requests to change providers.
- Data on appointments and provider networks (e.g., access, open and closed panels, and provider language spoken).

### **Methods of Evaluation:**

Review the MCO's/PIHP's project documentation and, as needed, the above data sources to assess the extent to which MCO/PIHP selected an appropriate study topic. In general, a clinical or non-clinical issue selected for study should affect a significant portion of the enrollees (or a specified sub-portion of enrollees) and have a potentially significant impact on enrollee health, functional status or satisfaction. The topics should reflect high-volume or high-risk conditions of the population served. High-risk conditions may occur for infrequent conditions or services, such as when a pattern of unexpected adverse outcomes are identified through data analysis. High risk also exists for populations with special health care needs, such as children in foster care, adults with disabilities and the homeless. Although these individuals may be small in number, their special health care needs place them at high risk.

Consider the answers to the following questions to ascertain the extent to which the MCO's/PIHP's PIP reflected an appropriate study topic.

1. Was the topic selected by the MCO/PIHP either specified by the State Medicaid agency or identified through MCO/PIHP data collection and analysis of comprehensive aspects of enrollee needs, care, and services?

Review documentation supplied by the MCO/PIHP explaining how the study topic was chosen. Determine the extent to which the MCO/PIHP considered enrollee demographic characteristic and health risks, and the prevalence of the chosen topic among, or the need for a specific service by, enrollees. Determine the extent to which the explanation is consistent with demographic and epidemiologic information on the MCO's/PIHP's enrollees or consistent with information on similar groups in the MCO's/PIHP's geographic service area.

A project topic also may be suggested by patterns of inappropriate utilization. However, the project must have been clearly focused on identifying and correcting deficiencies in care or services that might have led to this pattern, such as inadequate access to primary care, rather than on utilization or cost issues alone. The goal of the project should be to improve processes and outcomes of health care. Therefore, it is acceptable for a project to focus on patterns of over utilization that present a clear threat to health or functional status.

Topics to be studied may also have been selected on the basis of Medicaid enrollee input. To the extent feasible, MCOs and PIHPs are encouraged to obtain input from enrollees who are users of, or concerned with, specific focus areas. For example, priorities in the area of mental health or substance abuse services could be developed in consultation with users of these services or their families.

2. Did the MCO's/PIHP's PIPs, over time, address a broad spectrum of key aspects of enrollee care and services? Did the MCO/PIHP select topics in clinical and non-clinical focus areas?

It is important that, when multiple years of PIP projects are viewed for an individual MCO or PIHP, the MCO's/PIHP's PIP topics address the full spectrum of clinical and nonclinical areas associated with the MCO/PIP, and also do not consistently eliminate any particular subset of Medicaid enrollees; e.g., children with special health care needs. Clinical focus areas should include, over time, prevention and care of acute and chronic conditions, high-volume services, and high-risk services. High-volume *services*, as opposed to a *clinical condition*, can include such services as labor and delivery, a frequently performed surgical procedure, or different surgical or invasive procedures. The MCO/PIHP may also target high-risk procedures even if they are low in frequency; e.g., care received from specialized centers inside or outside of the organization's network; e.g., burn centers, transplant centers, cardiac surgery centers. It could also assess and improve the way in which it detects which of its members have special health care needs and assess these members' satisfaction with the care received from the organization.

Finally, PIPs can address non-clinical areas. For example, PIPs addressing continuity or coordination of care could address the manner in which care is provided when a patient

receives care from multiple providers and across multiple episodes of care. Such studies may be disease or condition-specific or may target continuity and coordination across multiple conditions. Projects in other non-clinical areas could also address, over time, appeals, grievance and complaints; or access to and availability of services. Access and availability PIPs could focus on assessing and improving the accessibility of specific services or services for specific conditions, including reducing disparities between services to minorities and service to other members. Projects related to the grievance and coverage determination process might aim either to improve the processes themselves or to address an underlying issues in care or services identified through analysis of grievances or appeals.

## **Step 2: Review the Study Question(s)**

**Rationale.** It is important for the MCO/PIHP to clearly state, in writing, the question(s) the study is designed to answer. Stating the question(s) helps maintain the focus of the PIP and sets the framework for data collection, analysis, and interpretation.

### **Potential Sources of Supporting Information:**

- QI study documentation
- Relevant clinical literature

### **Methods of evaluation:**

Review the MCO's/PIHP's project documentation to determine whether a study question(s) was clearly defined. The problem to be studied must be stated as clear, simple, answerable question(s). An example of a vague study question is:

*“Does the MCO/PIHP adequately address psychological problems in patients recovering from myocardial infarction?”*

In this example, it is not clear how “adequately address” will be assessed. Furthermore, “psychological factors” is a very broad term. A clearer study question could be:

*“Does doing ‘x’ reduce the proportion of patients with myocardial infarction who develop severe emotional depression during hospitalization?”*

## **Step 3: Review the Selected Study Indicator(s)**

**Rationale.** A study indicator is a quantitative or qualitative characteristic (variable) reflecting a discrete event (e.g., an older adult has/has not received a flu shot in the last 12 months), or a status (e.g., an enrollee's blood pressure is/is not below a specified level) that is to be measured.

Each project should have one or more quality indicators for use in tracking performance and improvement over time. All indicators must be objective, clearly and unambiguously defined, and based on current clinical knowledge or health services research. In addition, all indicators must be capable of objectively measuring either enrollee outcomes such as health or functional status, enrollee satisfaction, or valid proxies of these outcomes.

Indicators can be few and simple, many and complex, or any combination thereof, depending on the study question(s), the complexity of existing practice guidelines for a clinical condition, and the availability of data and resources to gather the data.

Indicator criteria are the set of rules by which the data collector or reviewer determines whether an indicator has been met. Pilot or field testing is helpful to the development of effective indicator criteria. Such testing allows the opportunity to add criteria that might not have been anticipated in the design phase. In addition, criteria are often refined over time, based on results of previous studies. However, if criteria are changed significantly, the method for calculating an indicator will not be consistent and performance on indicators will not be comparable over time. It is important, therefore, for the indicator criteria to be developed as fully as possible during the design and field testing of data collection instruments.

#### **Potential Sources of Supporting Information:**

- Clinical and non-clinical practice guidelines
- Administrative data
- Medical records

#### **Methods of Evaluation:**

Review the MCO's/PIHP's project documentation to assess whether appropriate study indicators were used. Use the following questions to help assess study indicators.

1. Did the study use objective, clearly and unambiguously defined, measurable indicators?

When indicators exist that are generally used within the public health community or the managed care industry (such as NCQA's Health Plan Employer Data and Information Set (HEDIS) or the Foundation for Accountability's (FACCT) measures) and these indicators are applicable to the topic, use of those indicators is preferred. However, indicators may be developed by the MCO/PIHP on the basis of current clinical practice guidelines or health services research. When a MCO/PIHP develops its own indicators, it must be able to document the basis on which it adopted an indicator.

Consider the following list of key characteristics to determine if meaningful indicators were developed.

- Was/were the indicator(s) related to identified health care guidelines pertinent to the study question?
- Was this an important aspect of care to monitor that made a difference to the MCO's/PIHP's beneficiaries?
- Were the data available either through administrative data, medical records or other readily accessible sources?
- Did limitations on the ability to collect the data skew the results?
- Did these indicators require explicit or implicit criteria? The MCO/PIHP must consider the specificity of the criteria used to determine compliance with an indicator. The greater number of people involved in data collection and analysis, the greater the need for more explicit, or precise, data collection and indicator criteria to obtain inter-reviewer reliability. The more specific the criteria, the easier the data collection process will be, because staff will not need extensive training. An example of an explicit criterion for an immunization study is:
  - Documentation of refusal by parent to have a child immunized through nurses notes and/or signed refusal by the parent in the medical record.

Implicit criteria may require a high degree of professional clinical judgement, and therefore, may be time-consuming and expensive. An example of an implicit criterion for an immunization study is:

- Medical contraindications for receiving childhood immunizations.

Specific indicators do not always need to be established at the outset of a PIP. There may be instances in which a project would begin with more general collection and analysis of baseline data on a topic, and then narrow its focus to more specific indicators for measurement, intervention and reevaluation. The success of the project is assessed in terms of the indicators ultimately selected.

2. Did the MCO's/PIHP's indicators measure changes in health status, functional status, or enrollee satisfaction, or valid proxies of these outcomes?

The objective of a PIP should be to improve processes and outcomes. For the purpose of this protocol "outcomes" are defined as measures of patient health, functional status or satisfaction following the receipt of care or services. Indicators selected for a PIP in a clinical focus area ideally should include at least some measure of change in health status or functional status or process of care proxies for these outcomes. Indicators may also include measures of satisfaction.



It is recognized, however, that relatively few standardized performance measures actually address outcomes. Even when outcome measures are available, their utility as quality indicators may be limited because outcomes can be significantly influenced by factors outside of the organization's control, such as poverty, genetics, and environment. Because of this, quality indicators do not always need to be outcome measures. Process measures are acceptable as long as it can be shown that there is strong clinical evidence that the process being measured is meaningfully associated with outcomes. To the extent possible, this determination should be based on published guidelines that support the association and that cite evidence from randomized clinical trials, case control studies, or cohort studies. Although published evidence is generally required, there may be certain areas of practice for which empirical evidence of process/outcome linkage is limited. At a minimum, it should be demonstrated that there is a consensus among relevant practitioners with expertise in the defined area as to the importance of a given process.

While enrollee satisfaction is an important outcome of care in clinical areas, improvement in satisfaction should not be the sole demonstrable outcome of a project in any of these areas. Some improvement in health or functional status should also be measured. For projects in non-clinical areas, use of health or functional status indicators also is generally preferred, particularly for projects addressing access to and availability of health care services. However, there may be some non-clinical projects for which enrollee satisfaction indicators alone are sufficient.

#### **Step 4: Review the Identified Study Population**

**Rationale.** Once a topic has been selected, measurement and improvement efforts must be system-wide; i.e., each project must represent the entire Medicaid enrolled population to which the PIP study indicators apply. Once that population is identified, the MCO/PIHP must decide whether to review data for that entire population or use a sample of that population. Sampling is acceptable as long as the samples are representative of the identified population (see Step 5).

#### **Potential Sources of Supporting Information:**

- Data on the Medicaid enrolled population that enumerates the numbers of enrollees to which the study topic and indicators apply. This would include demographic information from MCO/PIHP enrollment files and MCO/PIHP utilization, diagnostic and outcome information, such as services, procedures, admitting and encounter diagnoses, adverse incidents (such as deaths, avoidable admissions, or readmissions), and patterns of referrals or authorization requests.
- Other data bases, as needed; e.g., pharmacy claims data to identify patients taking a specific medication(s) during a specific enrollment period.

#### **Methods of Evaluation:**

Review the study description and methodology to assess whether the study clearly identified the study population. Consider the answers to the following questions to assess the extent to which the MCO/PIHP clearly identified the study population.

1. How did the MCO/PIHP define the study's "at risk" population?
  - Did the MCO/PIHP clearly define all individuals to whom the identified study question(s) and indicators are relevant?
  - Did the MCO/PIHP include the entire study population or use a sample in the study? The organization's decision may have been determined by the resources available to analyze the data. If the organization is capable of collecting and analyzing data through an automated data system, it might be possible to study the whole population because many of the data collection and analysis steps can be automated. If the data must be collected manually, sampling may be more realistic.
  - Did the definition of the study population include any requirements for the length of the study populations' members enrollment in the MCO or PIHP? The required length of time will vary depending on the study topic and study indicators.
  - If the MCO/PIHP studied the entire population, did its data collection approach truly capture all enrollees to which the study question applied?

If the MCO/PIHP used a sample, go to Step 5. If the MCO/PIHP studied the entire population, skip Step 5 and go to Step 6.

### **Step 5: Review Sampling Methods**

**Rationale.** If the MCO/PIHP used a sample to select members of the study, proper sampling techniques are necessary to provide valid and reliable (and therefore generalizable) information on the quality of care provided. When conducting a study designed to estimate the rates at which certain events occur, the sample size has a large impact on the level of statistical confidence in the study estimates. Statistical confidence is a numerical statement of the probable degree of certainty or accuracy of an estimate. In some situations, it expresses the probability that a difference could be due to chance alone. In other applications, it expresses the probability of the accuracy of the estimate. For example, a study may report that a disease is estimated to be present in 35% of the population. This estimate might have a 95% level of confidence, plus or minus five percentage points. This means that we are 95% sure that between 30-40 percent of the population has the disease.

The true prevalence or incidence rate for the event in the population may not be known for the first time a topic is studied. In such situations, the most prudent course of action is to assume

that a maximum sample size is needed to establish a statically valid baseline for the project indicators.

### **Potential Sources of Supporting Information:**

- Data on enrollee characteristics relevant to health risks or utilization of clinical and non-clinical services, including age, sex, race/ethnicity/language and functional status.
- Utilization, diagnostic and outcome information, such as services, procedures, admitting and encounter diagnoses, adverse incidents (such as deaths, avoidable admissions, or readmissions), and patterns of referrals or authorization requests.
- Other information as needed, such as pharmacy claims data to identify patients taking a defined number of a specific medication(s) during a specific enrollment period.

### **Methods of Evaluation:**

Review the study description and methodology. Consider the answers to the following questions in evaluating the soundness of the MCO's/PIHP's approach to sampling.

1. Did the methods used by the MCO/PIHP to calculate the needed sample size consider and specify the true (or estimated) frequency of occurrence of the event, the confidence interval to be used, and the acceptable margin of error?
2. Did the MCO/PIHP employ valid sampling techniques?
  - There are two basic categories of statistical sampling methods -- probability sampling and nonprobability sampling.

*Probability (or random) sampling* methods leave selection of population units totally to chance, and not to preference on the part of the individuals conducting or otherwise participating in the study. Biases are removed in these methods. There are several types of probability (or random) sampling that can be used by the MCO/PIHP:

- In simple random sampling, all members of the study population have an equal chance of being selected for the sample. Population members are generally numbered, and random numbers generated by computer are used to select units from the population
- Systematic random sampling - the basic principle is to select every *n*th unit in a list. This can be used when a sampling frame is organized in a way that does not bias the sample. Steps to organize and select a systematic sample are:
  - 1) Construct a comprehensive sampling frame (e.g., list of all beneficiaries).

- 2) Divide the size of the sampling frame by the required sample size to produce a sampling interval or skip interval (e.g., if there are 250 beneficiaries and a sample of 25 is needed, then divide  $250/25 = 10$ ).
  - 3) From a random number table select a random number between 1 and 10.
  - 4) Count down the list to get the Nth name (i.e., the # identified in step 3).
  - 5) Skip down 10 names on the list and select a second name. Repeat the process as many times as needed until the required sample size has been reached.
- Stratified random sampling is used when the target population consists of non-overlapping sub-groups or strata. Typically this is used if the population is homogeneous (same) within a strata and heterogeneous (different) between strata. Stratified random sampling requires more information about the population and also requires a larger overall sample size than simple random sampling. Once strata are identified and selected, sampling must be conducted within each strata using probability (or random) sampling.
  - Cluster sampling is used when a comprehensive sampling frame is NOT available. Units in the population are gathered or classified into groups, similar to stratified sampling. Unlike the stratified sampling method, the groups must be heterogeneous within themselves with respect to the characteristic being measured. This method requires prior knowledge about the population. Once clusters are identified, a random sample of clusters are selected.

***Non-probability sampling*** methods are based on choice, rather than chance; therefore some bias can be expected. There are several types of non-probability sampling that can be used:

- Judgment sampling involves constructing a sample based on including units in the sample if they are thought (or judged) to be representative of the population. By doing so, the sample is constructed to be a mini-population.
- Convenience sampling uses units that are readily or conveniently available. For example, if the objective were beneficiary opinions regarding a group practice, patients in the office on any given day or during a specific month could be interviewed.

- Quota sampling ensures that units in the sample appear in the same proportion as in the population. For instance, if a certain target population consisted of 55% female and 45% male, the quota sample would require a similar female/male distribution.

## **Step 6: Review the MCO's/PIHP's Data Collection Procedures**

**Rationale.** Procedures used by the MCO/PIHP to collect data for its PIP must ensure that the data collected on the PIP indicators are valid and reliable. Validity is an indication of the accuracy of the information obtained. Reliability is an indication of the repeatability or reproducibility of a measurement. The MCO or PIHP should have employed a data collection plan that included:

- clear identification of the data to be collected,
- identification of the data sources and how and when the baseline and repeat indicator data will be collected,
- specification of who will collect the data, and
- identification of instruments used to collect the data.

When data were collected from automated data systems, development of specifications for automated retrieval of the data should have been devised. When data were obtained from visual inspection of medical records or other primary source documents, several steps should have been taken to ensure the data were consistently extracted and recorded:

1. The key to successful manual data collection is in the selection of the data collection staff. Appropriately qualified personnel, with conceptual and organizational skills, should have been used to abstract the data; however, the specific skills should vary depending on the nature of the data collected and the degree of professional judgment required. For example, if data collection involved searching throughout the medical record to find and abstract information or judging whether clinical criteria were met, experienced clinical staff, such as registered nurses should have collected the data. However, if the abstraction involved verifying the presence of a diagnostic test report, trained medical assistants or medical records clerks may have been used.
2. Clear guidelines for obtaining and recording data should have been established, especially if multiple reviewers were used to perform this activity. The MCO/PIHP should have determined the necessary qualifications of the data collection staff before finalizing the data collection instrument. An abstractor would need fewer clinical skills if the data elements within the data source are more clearly defined. Defining a glossary of terms for each project should have been a part of the training of abstractors to ensure consistent interpretation among and between the project staff.

3. The number of data collection staff used for a given project affects the reliability of the data. A smaller number of staff promotes inter-rater reliability; however, it may also increase the amount of time it takes to complete this task. Intra-rater reliability (i.e., reproducibility of judgements by the same abstractor at a different time) should have also been considered.

### **Potential Sources of Supporting Information:**

- List of sources of data used in the study
- If medical record review, or other manual data collection was used to produce study data:
  - data recording forms
  - instructions to data collectors
- If automated data collection was used, an algorithm showing the steps in the production of quality indicators and other relevant data collection

### **Methods of Evaluation:**

Evaluation of the MCO's/PIHP's data collection procedures can be determined through two processes: assessing the study's approach to data collection (discussed in this step) and conducting a verification sample of the study's findings (discussed in ACTIVITY II). Consider the answers to the following questions in determining the soundness of data collection procedures.

1. Did the study design clearly specify the data to be collected?

Accurate measurement depends on clearly defined data elements. Data elements must be carefully specified with unambiguous definitions. When descriptive terms are used (e.g., high, low, normal), numerical definitions are established for each term. The units of measure must also be specified (e.g., pounds, kilograms, etc.).

2. Did the study design clearly specify the sources of data?

Data sources vary considerably and depend upon the selected topic and indicators. Similarly, the topic and indicators will reflect not just the clinical and research considerations, but also the available MCO/PIHP data sources. Sources can include: beneficiary medical records, tracking logs, encounter and claims systems, provider interviews, beneficiary interviews and surveys.

3. Did the study design specify a systematic method of collecting valid and reliable data that represents the entire population to which the study's indicators apply?

The MCO's/PIHP's PIP study may use automated or manual data collection methods depending on the resources available. If an automated data collection system was

utilized, the degree of completeness of the data in the automated system is always a concern. For example, for:

- Inpatient data: Did the data system capture all inpatient admissions?
- Primary care data: Did primary care providers submit encounter data for all encounters?
- Specialty care data: Did specialty care providers submit encounter data for all encounters?
- Ancillary services data: Did ancillary service providers submit encounter or utilization data for all services provided?

The study's design and methodology should include an estimation of the degree of completeness of the automated data used for the PIP study indicators.<sup>2</sup>

Manual data collection may be the only feasible option for many MCOs/PIHPs and for many topics selected. The beneficiary medical record is the most frequently used data source. Other manual systems which might contain sources of information include clinical tracking logs, registries, complaint logs, and manual claims. When evaluating manual data collection, the following issues should be considered:

- Did the MCO/PIHP use qualified staff and personnel to collect the data?

Clinical knowledge and skills were addressed, including good conceptual skills, organization skills, thoroughness, and strong documentation skills.

- Did the MCO/PIHP use instruments for data collection that provide for reliable and accurate data collection over the time periods studied?

If manual data collection was performed, the data collection instrument(s) should be clear and promote inter-rater reliability. An important part of designing data collection instruments is developing instructions or guidelines for data collection staff. Instrument design is particularly important when staff not involved in the study design perform data collection. Instructions should be clearly and succinctly written and should provide an overview of the study, specific instructions on how to complete each section of the form and general guidance on how to handle situations not covered by the instructions.

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<sup>2</sup>The accuracy of automated data is also a concern, but validation of this is beyond the scope of this protocol.

- When assessing non-clinical services such as health care access or cultural competency or care coordination, a study may utilize information on how the MCO/PIHP is structured and operates.

4. Did the study design prospectively specify a data analysis plan which reflected the following considerations?

- Whether qualitative or quantitative data, or both, were to be collected.

Qualitative data describes characteristics or attributes by which persons or things can be classified; for example, sex, race, poverty level, or the presence or absence of a specific disease. Calculation of proportions and calculation of rates are the two most common qualitative measures.

Quantitative data are concerned with numerical variables such as height, weight and blood levels. The methods by which the data are analyzed and presented will vary by type of data. Quantitative data require, at a minimum, simple descriptive statistics such as measures of central tendency (i.e., mean, median or mode) and measure of variability (i.e., range or standard deviation).

- Whether the data were to be collected on the entire population or a sample.
- Whether the measurements obtained from the data collection activity were to be compared to the results of previous or similar studies. If so, the data analysis plan should have considered evaluating the comparability of the studies and identified the appropriate statistical tests to be used to compare studies.
- Whether the PIP was to be compared to the performance of an individual MCO/PIHP, a number of MCOs/PIHPs, or different provider sites. Comparing the performance of multiple entities involves greater statistical design and analytical considerations than those required for a study of a single entity, such as a MCO/PIHP.



## **Step 7: Assess the MCO's/PIHP's Improvement Strategies.**

**Rationale.** Real, sustained improvements in care result from a continuous cycle of measuring and analyzing performance, and developing and implementing system-wide improvements in care. Actual improvements in care depend far more on thorough analysis and implementation of appropriate solutions than on any other steps in the process.

An improvement strategy is defined as an intervention designed to change behavior at an institutional, practitioner or beneficiary level. The effectiveness of the intervention activity or activities can be determined by measuring the MCO's/PIHP's change in performance, according to predefined quality indicators. Interventions are key to an improvement project's ability to bring about improved health care outcomes. Appropriate interventions must be identified and/or developed for each PIP, to assure the likelihood of effecting measurable change.

If repeat measures of QI indicate that QI actions were not successful, i.e., did not achieve significant improvement, the problem-solving process begins again with data analysis to identify possible causes, propose and implement solutions, and so forth. If QI actions were successful, the new processes should be standardized and monitored.

### **Potential Sources of Supporting Information:**

- Current project baseline data
- Previous project data (if available)
- Results of clinical and literature research
- Project evaluation results completed by evaluators

### **Methods of Evaluation:**

Consider the answer to the following question to help determine the extent to which appropriate interventions were addressed.

1. Did the MCO/PIHP undertake interventions related to causes/barriers identified through data analysis and QI processes?

It is expected that interventions associated with improvement on quality indicators will be system interventions, i.e., educational efforts, changes in policies, targeting of additional resources, or other organization-wide initiatives to improve performance. Interventions that might have some short-term effect, but that are unlikely to induce permanent change (such as a one-time reminder letter to physicians or beneficiaries) are insufficient.

An MCO/PIHP is not required to demonstrate conclusively (for example, through controlled studies) that a change in an indicator is the effect of its intervention; it is sufficient to show that an intervention occurred that might reasonably be expected to affect the results. Nor is the MCO/PIHP required to undertake data analysis to correct for

secular trends (changes that reflect continuing growth or decline in a measure as a result of external forces over an extended period of time). To the extent feasible, however, the MCO/PIHP should be able to demonstrate that its data have been corrected for any major confounding variables with an obvious impact on the outcomes. The MCO's/PIHP's interventions should reasonably be determined to have resulted in measured improvement.

### **Step 8: Review Data Analysis and Interpretation of Study Results.**

**Rationale.** Review of MCO/PIHP data analysis begins with examining the MCO's/PIHP's calculated plan performance on the selected clinical or non-clinical indicators. The review examines the appropriateness of, and the MCO's/PIHP's adherence to, the statistical analysis techniques defined in the data analysis plan.

#### **Potential Sources of Supporting Information:**

- Baseline project indicator measurements
- Repeat project indicator measurements
- Industry benchmarks
- Analytic reports of PIP results by the MCO/PIHP

#### **Methods of Evaluation:**

Consider the answers to each of the following to assess the extent to which MCO/PIHP PIP data analysis and interpretation was appropriate and valid.

1. Did the MCO/PIHP conduct an analysis of the findings according to its data analysis plan?
2. Did the MCO/PIHP present numerical PIP results and findings data in a way that provides accurate, clear, and easily understood information?
3. Following the data analysis plan, did the analysis identify:
  - initial and repeat measurements of the prospectively identified indicators for the project?
  - the statistical significance of any differences between the initial and repeat measurements?
  - factors that influence the comparability of initial and repeat measurements?
  - factors that threaten the internal or external validity of the findings?

4. Did the MCO's/PIHP's analysis of the study data include an interpretation of the extent to which its PIP was successful and what follow-up activities were planned as a result?

Interpretation and analysis of the study data should be based on continuous improvement philosophies and reflect an understanding that most problems result from failures of administrative or delivery system processes, not failures of individuals within the system. Interpreting the data should involve developing a hypothesis about the causes of less-than-optimal performance and collecting data to validate the hypotheses.

### **Step 9: Assess the Likelihood that Reported Improvement is “Real” Improvement.**

**Rationale.** When a MCO/PIHP reports a change in its performance, it is important to know whether the reported change represents “real” change or is an artifact of a short-term event unrelated to the intervention, or random chance. The EQRO will need to assess the probability that reported improvement is actually true improvement. This probability can be assessed in several ways, but is most confidently assessed by calculating the degree to which an intervention is statistically “significant.” While this protocol does not specify a level of statistical significance that must be met, it does require that EQROs assess the extent to which any changes in performance reported by an MCO/PIHP can be found to be statistically significant. States may choose to establish their own numerical thresholds for finding reported improvements to be “significant.”

#### **Potential Sources of Supporting Information:**

- Baseline and repeat measures on quality indicators
- Tests of statistical significance calculated on baseline and repeat indicator measurements
- Benchmarks for quality specified by the State Medicaid agency or found in industry standards

#### **Methods of Evaluation:**

At the point in time an MCO/PIHP is far enough into its improvement cycle, review documentation to determine the extent to which improvement occurred. Through repeated measurement of the quality indicators selected for the project, meaningful change in performance relative to the performance observed during baseline measurement must be demonstrated. The repeat measurement should use the same methodology as the baseline measurement, except that, when baseline data was collected for the entire population at risk, the repeat may instead use a reliable sample. Performance using the identified indicators can be measured by collecting information on all individuals, encounters or episodes of care to which the indicator is applicable (a census) or by collecting information on a representative subset of individuals, encounters, providers of care, etc. The following questions should be considered in making the evaluation.

1. Was there any documented QI in processes or outcomes of care?
2. Does the reported improvement in performance have “face” validity; i.e., on the face of it, does the intervention appear to have been successful in improving performance? Does the improvement in performance appear to have been the result of the planned QI intervention as opposed to some unrelated occurrence?
3. Is there any statistical evidence that any observed performance improvement is true improvement?

### **Step 10: Assess Whether the MCO/PIHP has Sustained its Documented Improvement**

**Rationale.** Real change results from changes in the fundamental processes of health care delivery. Such changes should result in sustained improvements. In contrast, a spurious “one time” improvement can result from unplanned accidental occurrences or random chance. If real change has occurred, the MCO/PIHP should be able to document sustained improvement.

#### **Potential Sources of Supporting Information:**

- Baseline and first repeated measurements on quality indicators
- Additional measurements on quality indicators made after the first repeat measurement

#### **Methods of Evaluation:**

Review of the remeasurement documentation is required to assure that the improvement on a project is sustained. Consider the answer to the following question in making a determination as to whether the improvement was sustained.

1. Was the MCO/PIHP able to demonstrate sustained improvement through repeated measurements over comparable time periods?

The MCO/PIHP should repeat measurements of the indicators after the first measurement taken after the intervention. It is recognized that because of random year-to-year variation, population changes, and sampling error, performance on any given individual measure may decline in the second measurement. However, when all of the MCO's/PIHP's repeat measurements for a given review are taken together, this decline should not be statistically significant and should never be statistically significant after two remeasurement periods.

## **ACTIVITY 2:      VERIFY STUDY FINDINGS (OPTIONAL)**

**Rationale.** In addition to reviewing the methodology and findings of a MCO's/PIHP's PIP, at times States might want the EQRO to verify the actual data produced as part of a PIP to determine if the initial and repeat measurements of the quality indicators are accurate. This activity can be resource intensive and may not be feasible to perform for every (or even some) PIPs that an EQRO is to validate. However, if undertaken, verification activities can provide added confidence in reported MCO/PIHP PIP results because they provide greater evidence that a given PIP' findings are accurate and reliable. Therefore, this activity is included in this protocol as an optional activity that a State may elect to have the EQRO conduct on an ad hoc basis when the State has special concerns about data integrity.

### **Potential Data Sources Needed for Verification Activities:**

- Current project data and findings
- Depending upon the source of the PIP data:
  - MCO/PIHP administrative data
  - Beneficiary interviews and surveys
  - An assessment of the MCO's/PIHP's Information System (IS) (see Appendix Z)

### **Methods of Evaluation:**

The key focus in this activity is validating the processes through which data needed to produce quality indicators was obtained, converted to information, and analyzed. How to verify quality indicator findings depends on whether the data was obtained through review and abstraction of medical records or produced through an MCO's /PIHP's automated IS:

**Verification of data obtained through medical record review:** Verification of quality indicators produced through medical record review can be achieved by conducting a re-abstraction of a small subset (validation sample) of the records that provided the data for the quality indicators used in the study. Data retrieval and analysis will be conducted on a small scale, with the validation sample following the same abstracting rules of the original study. Statistical correlations then will be made between the validation sample and the original study data.

A wide variety of statistical methods can be applied to assess the degree of correlation between the study and validation measures. Two recommended methods are the Pearson correlation coefficient for continuous data (e.g., age, income, etc) and the Kappa statistic for categorical data (e.g., gender, race, etc.).

**Verification of data obtained though MCO/PIHP automated IS:** The accuracy of quality indicators produced through an MCO's/PIHP's automated IS is a reflection of three phenomena:

- 1) the soundness of the algorithm the MCO/PIHP used to produce quality indicators from its IS;

- 2) the integrity (completeness and accuracy) of the MCO's /PIHP's IS at capturing enrollee information; and
- 3) the accuracy of the information translated from source documents (e.g., an enrollee's medical record) into automated data in the MCO's/PIHP's IS.

The soundness of the algorithm the MCO/PIHP used to produce quality indicators from its IS is to be assessed in Step 6. In order to assess the integrity of the MCO's IS, and the accuracy of the information translated from source documents (e.g., an enrollee's medical record) into automated data in the MCO's/PIHP's IS, the EQRO should review a copy of an assessment of the MCO's /PIHP's IS and any validations of MCO/PIHP encounter data that the State has produced. These activities are described in Appendix Z and in the protocol, *Validating MCO/PIHP Encounter Data*, and would typically be conducted as a part of another activity conducted by the EQRO or other organization as part of another activity; e.g., validating encounter data, validating performance measures, or assessing an MCO's or PIHP's compliance with standards for MCO/PIHP IS specified by the State Medicaid agency or other organization such as a private accrediting organization. In order to use this information to help verify the accuracy of reported quality indicators, the EQRO should obtain a copy of a recently completed assessment of the MCO's/PIHP's IS and validation of its encounter data from the MCO/PIHP, the State Medicaid agency, or other organization identified by the MCO/PIHP. In the event that no current evaluation of an MCO's/PIHP's IS or encounter data exists, the State may want to contract out this function as a part of validating MCO/PIHP PIPs.

Assessing the MCO's/PIHP's algorithm together with the integrity of the MCO's/PIHP's IS and encounter data should provide a strong indication of the accuracy of the MCO's/PIHP's reported quality indicators.

### **ACTIVITY 3: EVALUATE OVERALL VALIDITY AND RELIABILITY OF PIP RESULTS**

After completing Activity One and, as appropriate Activity Two, the EQRO will need to assess the implications of all findings on the likely validity and reliability of the MCO/PIHP PIP findings and thereby whether or not the State Medicaid agency should have confidence in the MCO's/PIHP's reported PIP findings. Because it is almost always (if not always) possible to design the "perfect" study or PIP, the EQRO will need to accept some threats to the accuracy and generalizeability of the PIP as a routine fact of QI activities. Determining when an accumulation of threats to validity and reliability and PIP design problems reach a point at which the PIP findings are no longer credible is always a judgement call. The EQRO may want to report its findings back to the State in the form of a short summary of the validation findings along with a summary rating using levels such as the following:

- High confidence in reported MCO/PIHP PIP results
- Confidence in reported MCO/PIHP PIP results
- Low confidence in reported MCO/PIHP PIP results

- Reported MCO/PIHP PIP results not credible

**END OF PROTOCOL**

## ORIGIN OF THE PROTOCOL

This protocol was one of nine protocols developed during 1998-2001 from standards and guidelines used in the public and private sectors during this time. This protocol was developed from the following documents:

- *Quality Improvement System for Managed Care (QISMC)*

QISMC was an initiative of CMS that set forth standards and guidelines pertaining to health care quality for Medicaid and Medicare health plans (MCOs, PIHPs, and Medicare+Choice plans). These standards and guidelines, in part, address MCO and PIHP quality assessment and improvement projects.

- *Health Care Quality Improvement Studies in Managed Care Settings: A Guide for State Medicaid Agencies (National Committee for Quality Assurance (NCQA))*

Produced under a contract from CMS, this guidebook identifies key concepts related to the conduct of QI studies and details widely accepted principles of research design and statistical analysis necessary for designing, implementing and assessing QI studies.

- *A Health Care Quality Improvement System for the Medicaid Managed Care, A Guide for States (Health Care Financing Administrations (HCFA))*

CMS's 1993 guide for health care QI provides a framework for building QI systems within State Medicaid managed care initiatives. This document included guidelines addressing quality assessment and improvement studies and related activities of MCOs and PIHPs. This document was the result of the Quality Assurance Reform Initiative (QARI).

- *Framework for Improving Performance, From Principles to Practice (Joint Commission on Accreditation of Healthcare Organizations (JCAHO))*

This publication describes the Joint Commission's theory-based, practical methodology for continuously improving the core work and resulting outcomes of any health care organization. In this document, JCAHO defines the key characteristics and essential behaviors of any health care organization striving to achieve high quality patient care.

- *1990-2000 Standards for Health Care Networks (SHCN) (JCAHO)*

The JCAHO 1990-2000 SHCN provides a standards-based evaluation process to assist the MCO in measuring, assessing and improving its network's performance. It also helps the MCO focus on conducting performance improvement efforts in a multi disciplinary, system-wide manner. The 1990-2000 SHCN integrates information about the Joint Commission's health care network accreditation process.



- *NCQA 1997, 1998, and 1999 Standards for Accreditation of Managed Care Organizations and NCQA 1999 Standards for Accreditation of Managed Behavioral Healthcare Organizations (MBHO)*

These documents include administrative policies and procedures for NCQA's MCO and MBHO accreditation programs, the 1997, 1998, and 1999 standards, and rationale statements for the standards.

- *Peer Review Organizations (PRO) 4th and 5th Scope of Work (SOW) (CMS)*

The 4th and 5th SOW documents outlined the requirements for PROs to adhere to while conducting health care quality and improvement activities for Medicare beneficiaries.

An in-depth comparison of these documents was performed to identify the activities and features common to these protocols, and features unique to individual protocols, while acknowledging the different purposes of the documents. The QISMC, JCAHO and NCQA standards are written as guides for MCOs/PIHPs to follow in developing, conducting and evaluating their quality improvement studies. They can also be used by States or their agents (e.g., EQROs) to assess compliance with State mandated guidelines and/or to facilitate overall plan-to-plan comparisons. QARI was written with States as the intended audience to help them and their agents (e.g., EQROs) assure compliance with regulations and Medicaid program requirements, and promote consistency in the manner in which MCOs and PIHPs carry out activities related to focused studies.

The analysis revealed that in spite of their different purposes, all the documents identify several common characteristics of effective focused studies. These include:

*Selection of Topics:* All of the reference documents address the need for focused studies to clearly specify the topic to be addressed. They all acknowledge both clinical (e.g., specific disease or condition such as pregnancy or asthma) and non-clinical (e.g., availability, timeliness and accessibility of care) health service delivery issues as appropriate topics for health care QI initiatives.

*Means of Identifying Topics:* Continuous data collection and analysis is stressed throughout all documents as a means of identifying appropriate topics. It is stated that topics should be systematically selected and prioritized to achieve the greatest practical benefit for enrollees. A minimal set of criteria is suggested for selecting appropriate topics, including: the prevalence of a condition among, or need for a service by, the MCO's/PIHP's enrollees; enrollee demographic characteristics and health risks; the likelihood that the study topic will result in improved health status among the enrollees; and the interest of consumers in the aspect of care or services to be addressed.

*Scope of study topics:* The QISMC standards specify that performance improvement projects should address the breadth of the MCO's or PIHP's services, such as whether they include

physical health and mental/substance abuse health services. They also identify specific clinical and non-clinical focus areas that are applicable to all enrollees. The QISMC standards also specify that the scope of the health plans' improvement efforts are to include all enrollees.

*Stating the Study Question(s):* The HCQIS Guide discusses the importance of “stating the study question” after a study topic is identified. It asserts that stating a study question helps a project team avoid becoming sidetracked by data that is not central to the issue under study. For example, once a focused study has identified childhood immunizations as a study topic: it might specify a number of different study questions:

- Have all children received all scheduled doses of one vaccine in particular?
- Have all children of all ages received all recommended vaccines appropriate for their age?
- Have all children of a particular age (e.g., at the age of one, two, six or other years) received all age-appropriate immunizations?

Alternatively, more detailed information may be desired so it may be necessary to specify the study questions as:

- What proportion of Medicaid enrollees who have reached two years of age have received:
  - All four recommended doses of DPT vaccine?
  - All three recommended doses of the Polio vaccine?
  - One recommended dose of the MMR vaccine?
  - At least one dose of Hib in the second year of life?

Further specificity of additional study questions may be desired to provide information in QI efforts, such as:

- In what percent of cases of lack of immunization were children not immunized for one of the following reasons?
  - Refusal by a parent or guardian.
  - Medical contraindications.
  - Member non-complaint with the recommended immunization regimen.

Incorporating the process of documenting a study question(s) into the project design can help ensure a systematic method of identifying appropriate indicators and data to be collected. In this protocol we have included “defining the study question(s)” as a key step in designing and implementing a Focused study.

*Use of Quality Indicators:* All reference documents address the need to specify well-defined indicators to be monitored and evaluated throughout the study. It is emphasized that quality indicators do not always need to be outcome measures. Process measures are also appropriate, especially when there is strong clinical evidence that the process being measured has a meaningful association with outcomes. There are various ways to obtain appropriate indicators, such as using those dictated from outside sources (such as the State or CMS) or by an MCO/PIHP developing them internally on the basis of clinical literature or findings of expert panels.

In addition to these features found uniformly in all reference documents, other significant aspects of focused studies were identified by one or more of the reference documents. These include:

*Significant improvement:* NCQA's document, "Health Care Quality Improvement Studies in Managed Care Settings", states that, "When presenting statistical results of any study, it is important to fully disclose. . .the statistical significance of the estimates produced, as well as the statistical significance of any apparent differences between units of comparison." Building on this, CMS's QISMC document called for specific amounts of measurable improvement to be demonstrated by the health plan. QISMC defines "demonstrable" improvement as either: 1) benchmarks established by CMS (for national Medicare projects) or State agencies (for statewide Medicaid QI projects) or by the health plans for individual (organizational) projects; or 2) a 10% reduction in adverse outcomes. This protocol does not call for a specific level of statistical achievement to be achieved but, consistent with the NCQA document, calls for disclosure and review of the statistical significance of any measurable performance of a focused study.

*Phase-in or time frame requirements:* QISMC delineates specific time frame requirements for MCOs/PIHPs to reach certain phases in a QI cycle. For example:

- By the end of the first year, an MCO/PIHP should have initiated at least two quality improvement projects addressing two different focus areas;
- By the end of the second review year, at least two additional projects addressing two different focus areas should be initiated.
- By the end of the first year after the 2 year phase-in period, and each subsequent year, at least two projects are to achieve demonstrable improvement in two of the focus areas.

*Evaluation Tools:* NCQA's HCQIS guidebook includes study planning and summary worksheets to be used in the evaluation of an MCO's/PIHP's focused study. This feature provides a helpful method for recording data during the evaluation process and promotes the collection of consistent information by all evaluators. This protocol contains an example of a worksheet (Attachment A) that can be used by EQROs when conducting focused studies.

*Scoring system:* NCQA accreditation provides a numerical scoring system to measure performance against standards and to promote consistency in the process used to evaluate MCOs. Although the scores do not dictate the final decision with respect to compliance with standards,

they do serve as a guide for NCQA evaluators to recommend non-compliance. This scoring system also includes an opportunity for the MCO/PIHP to comment on the reviewer's scores before a final decision is rendered. It also promotes continuous improvement practices by securing "customer" input into a final product (i.e., evaluation decisions). This protocol does not include a scoring system. This protocol includes an example of a summary scale that EQROs can use to report their aggregate findings and the degree of confidence in the MCO/PIHP PIP suggested by the validation activities.

## PERFORMANCE IMPROVEMENT PROJECT VALIDATION WORKSHEET

*Use this or a similar worksheet as a guide when validating MCO/PIHP Performance Improvement Projects. Answer all questions for each activity. Refer to the protocol for detailed information on each area.*

ID of evaluator: \_\_\_\_\_

Date of evaluation: \_\_\_ / \_\_\_ / \_\_\_

Demographic Information		
MCO/PIHP Name or ID:		
Project Leader Name:		
Telephone Number:		
Name of Performance Improvement Project:		
Dates in Study Period:     ___ / ___ / ___    to   ___ / ___ / ___		
Type of Delivery System (check all that are applicable)		
<input type="checkbox"/> Staff Model <input type="checkbox"/> Network <input type="checkbox"/> Direct IPA <input type="checkbox"/> IPA Organization	<input type="checkbox"/> MCI <input type="checkbox"/> PIHP	<input type="checkbox"/> Number of Medicaid Enrollees in MCO or PIHP <input type="checkbox"/> Number of Medicare Enrollees in MCO or PIHP <input type="checkbox"/> Number of Medicaid Enrollees in Study <input type="checkbox"/> Total Number of MCO or PIHP Enrollees in Study
Number of MCO/PIHP primary care physicians _____		
Number of MCO/PIHP specialty physicians _____		
Number of physicians in study (if applicable) _____		

I. ACTIVITY 1: ASSESS THE STUDY METHODOLOGY				
Step 1. REVIEW THE SELECTED STUDY TOPIC(S)				
Component/Standard	Y	N	N/A	Comments
1.1 Was the topic selected through data collection and analysis of comprehensive aspects of enrollee needs, care and services?				

1.2. Did the MCO's/PIHP's PIPs, over time, address a broad spectrum of key aspects of enrollee care and services?				
1.3. Did the MCO's/PIHP's PIPs over time, include all enrolled populations; i.e., did not exclude certain enrollees such as those with special health care needs?				
<b>Step 2:REVIEW THE STUDY QUESTION(S)</b>				
2.1. Was/were the study question(s) stated clearly in writing?				
<b>Step 3:REVIEW SELECTED STUDY INDICATOR(S)</b>				
3.1. Did the study use objective, clearly defined, measurable indicators?				
3.2. Did the indicators measure changes in health status, functional status, or enrollee satisfaction, or processes of care with strong associations with improved outcomes?				
<b>Step 4:REVIEW THE IDENTIFIED STUDY POPULATION</b>				
4.1. Did the MCO/PIHP clearly define all Medicaid enrollees to whom the study question and indicators are relevant?				
4.2. If the MCO/PIHP studied the entire population, did its data collection approach capture all enrollees to whom the study question applied?				
<b>Step 5:REVIEW SAMPLING METHODS</b>				
5.1. Did the sampling technique consider and specify the true (or estimated) frequency of occurrence of the event, the confidence interval to be used, and the margin of error that will be acceptable?				
5.2. Did the MCO/PIHP employ valid sampling techniques that protected against bias? <i>Specify the type of sampling or census used:</i>				

5.3. Did the sample contain a sufficient number of enrollees?				
<b>Step 6:REVIEW DATA COLLECTION PROCEDURES</b>				
6.1. Did the study design clearly specify the data to be collected?				
6.2. Did the study design clearly specify the sources of data?				
6.3. Did the study design specify a systematic method of collecting valid and reliable data that represents the entire population to which the study’s indicators apply?				
6.4. Did the instruments for data collection provide for consistent, accurate data collection over the time periods studied?				
6.5. Did the study design prospectively specify a data analysis plan?				
6.6. Were qualified staff and personnel used to collect the data?				
<b>Step 7:ASSESS IMPROVEMENT STRATEGIES</b>				
7.1. Were reasonable interventions undertaken to address causes/barriers identified through data analysis and QI processes undertaken?				
<b>Step 8:REVIEW DATA ANALYSIS AND INTERPRETATION OF STUDY RESULTS</b>				
8.1. Was an analysis of the findings performed according to the data analysis plan?				
8.2. Did the MCO/PIHP present numerical PIP results and findings accurately and clearly?				
8.3. Did the analysis identify: initial and repeat measurements, statistical significance, factors that influence comparability of initial and repeat measurements, and factors that threaten internal and external validity?				
8.4. Did the analysis of study data include an				

interpretation of the extent to which its PIP was successful and follow-up activities?				
<b>Step 9:ASSESS WHETHER IMPROVEMENT IS “REAL” IMPROVEMENT</b>				
9.1. Was the same methodology as the baseline measurement, used, when measurement was repeated?				
9.2. Was there any documented, quantitative improvement in processes or outcomes of care?				
9.3. Does the reported improvement in performance have “face” validity; i.e., does the improvement in performance appear to be the result of the planned quality improvement intervention?				
9.4. Is there any statistical evidence that any observed performance improvement is true improvement?				
<b>Step 10:ASSESS SUSTAINED IMPROVEMENT</b>				
10.1. Was sustained improvement demonstrated through repeated measurements over comparable time periods?				
<b>ACTIVITY 2.VERIFYING STUDY FINDINGS (OPTIONAL)</b>				
1. Were the initial study findings verified upon repeat measurement?				



**ACTIVITY 3. EVALUATE OVERALL VALIDITY AND RELIABILITY OF STUDY RESULTS:  
SUMMARY OF AGGREGATE VALIDATION FINDINGS AND SUMMARY.**

**Check one:**

- High confidence in reported MCO/PIHP PIP results
- Confidence in reported MCO/PIHP PIP results
- Low confidence in reported MCO/PIHP PIP results
- Reported MCO/PIHP PIP results not credible

**END OF DOCUMENT**