

Appendix A.4

Food Consumption (FCQ)

***The following items were fielded as part of the ECLS-B Kindergarten '06 Parent Interview.**

FOOD CONSUMPTION – FCQ

FCQ021

Now I'd like to ask you about {CHILD}'s eating habits and health. The next questions ask about food {CHILD} ate or drank during the past 7 days. Think about all the meals and snacks {CHILD} had from the time {he/she} got up until {he/she} went to bed. Be sure to include food {CHILD} ate at home, school, restaurants, play dates, anywhere else, and over the weekend. Let's start with the kinds of milk {CHILD} drinks. Include all types of milk, including cow's milk, soy milk or any other kind of milk; include the milk {he/she} drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.

During the past 7 days, how many times did {CHILD} drink milk? Would you say...

- 1 Once a day,
- 2 Twice a day,
- 3 Three times a day,
- 4 Four or more times a day,
- 5 One to three times during the past 7 days,
- 6 Four to six times during the past 7 days, or
- 7 {CHILD} did not drink milk during the past 7 days (FCQ41)

DK Allowed

Refusal Allowed

FCQ037

What kind of milk did {CHILD} usually (most often) drink during the past 7 days?

- 1 WHOLE MILK
- 2 2% MILK
- 3 SKIM MILK
- 4 LOW FAT OR 1% MILK
- 5 SOY MILK
- 6 BOTH REGULAR COW'S MILK AND SOY MILK
- 7 SOME OTHER
- 8 SPECIFY OTHER KIND OF MILK: _____

DK Allowed

Refusal Allowed

FCQ041

During the past 7 days, how many times did {CHILD} drink 100% fruit juices such as orange juice, apple juice, or grape juice? Do not count punch, Sunny Delight, Kool-Aid, sports drinks, or other fruit-flavored drinks.

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not drink 100% fruit juice during the past 7 days?

DK Allowed

Refusal Allowed

FCQ043

During the past 7 days, how many times did {CHILD} drink soda pop (for example, Coke, Pepsi, or Mountain Dew), sports drinks (for example, Gatorade), or fruit drinks that are not 100% fruit juice (for example, Kool-Aid, Sunny Delight, Hi-C, Fruitopia, or Fruitworks)?

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not drink any during the past 7 days?

DK Allowed

Refusal Allowed

FCQ044

During the past 7 days, how many times did {CHILD} eat fresh fruit, such as apples, bananas, oranges, berries or other fruit such as applesauce, canned peaches, canned fruit cocktail, frozen berries, or dried fruit? Do not count fruit juice.

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not eat fruit during the past 7 days?

DK Allowed

Refusal Allowed

FCQ045

During the past 7 days, how many times did {CHILD} eat vegetables other than French fries and other fried potatoes? Include vegetables like those served as a stir fry, soup, or stew, in your response.

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not eat vegetables during the past 7 days?

DK Allowed

Refusal Allowed

FCQ046

During the past 7 days, how many times did {CHILD} eat a meal or snack from a fast food restaurant with no wait service such as McDonald's, Pizza Hut, Burger King, Kentucky Fried Chicken, Taco Bell, Wendy's and so on? Consider both eating out, carry out, and delivery of meals in your response.

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not eat food from a fast food restaurant during the past 7 days?

DK Allowed

Refusal Allowed

FCQ047

During the past 7 days, how many times did {CHILD} eat candy (including Fruit Roll-Ups and similar items), ice cream, cookies, cakes, brownies, or other sweets?

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not eat any sweets during the past 7 days?

DK Allowed

Refusal Allowed

FCQ048

During the past 7 days, how many times did {CHILD} eat potato chips, corn chips such as Fritos or Doritos, Cheetos, pretzels, popcorn, crackers or other salty snack foods?

- 1 1 time per day,
- 2 2 times per day,
- 3 3 times per day,
- 4 4 or more times per day,
- 5 1 to 3 times during the past 7 days,
- 6 4 to 6 times during the past 7 days, or
- 7 {CHILD} did not eat any salty snacks during the past 7 days?

DK Allowed

Refusal Allowed

FCQ050a

Do you have {CHILD} on any special diet?

- 1 YES
- 2 NO (FCQ51)

DK Allowed (FCQ51)

Refusal Allowed (FCQ51)

FCQ050b

What type of diet?

CODE ALL THAT APPLY.

- 1 LOW SATURATED FAT AND CHOLESTEROL
- 2 MILK PROTEIN FREE
- 3 LACTOSE FREE
- 4 GLUTEN RESTRICTED
- 5 PEANUT FREE
- 6 SHELLFISH FREE
- 7 EGG FREE
- 8 VEGETARIAN

DK Allowed

Refusal Allowed

FCQ051

During the past 12 months, did {CHILD} take any vitamin or mineral supplements of any kind?

- 1 YES
- 2 NO

DK Allowed

Refusal Allowed