

DOCTORS

HOSPITALS

PHARMACIES

OTHER

Name	Name
Address	
Phone	Phone
Name	Name
Address	Address
	<u> </u>
Phone	Phone
Name	Name
Address	Address
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Address	Address
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Dhana		_
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Namo		
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Phone		









Instructions

You may use this record keeper to help prepare for your future MEPS interviews. For each health care event record the following information:

- household member's name
- date of the visit or phone call
- health care provider
- reason for the visit or phone call
- any payment information
- any medications prescribed

On the back of the record keeper there is space to record your health care providers' contact information.



Name	Name	Name	Name	Name
Date	Date	Date	Date	Date
Provider	Provider	Provider	Provider	Provider
Reason	Reason	Reason	Reason	Reason
Payment	Payment	Payment	Payment	Payment
Prescriptions	Prescriptions	Prescriptions	Prescriptions	Prescriptions
Name	Name	Name	Name	Name
Date	Date	Date	Date	Date
Provider	Provider	Provider	Provider	Provider
Reason	Reason	Reason	Reason	Reason
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