

Change the World, Start with ENERGY STAR

Home Improvement Profile

Step 1

What's Your Score? Use our [Home Energy Yardstick](#) to compare your home's energy use to others across the country. Is higher or lower than average? If your score is low, set a goal to increase efficiency. Even if your home scores well, there are always opportunities to increase performance!



Step 2

Get Recommendations. Our online [Home Advisor](#) will quickly give you recommendations to improve your home's energy efficiency. You can also contact a professional energy consultant to give you more customized recommendations and guide you through the improvement process. They can use specialized software to estimate what improvements will help you reach your goal.



Step 3

Take the Pledge. "Change the World, Start with ENERGY STAR" is a national campaign that encourages all Americans to take steps to help fight global warming by using less energy at home, at work, and in their communities. Through the [ENERGY STAR Pledge](#), you can commit to taking specific actions to improve energy efficiency.



Step 4

Track Your Progress. Twelve months after you make the improvements, come back to the [Home Energy Yardstick](#) and see how much your score gone up. Complete the 'Home Improvement Profile' to show the changes you've made and the results you've achieved. If you wish, send us the completed Profile – and your project might be featured on the ENERGY STAR Web site!



Change the World, Start with ENERGY STAR

Home Improvement Profile

Homeowner Name					
[City, State]					
[Annual Energy Saved]					
Project Cost			Project Professionals		
[\$500]			[Consultant X] [Contractor Y]		
ENERGY USE	Electric (kWh)	Natural Gas (therms)	Oil (gallons)	Other	Yardstick Score
Pre Project					
[Dates]					
Post Project					
[Dates]					
How We Changed the World with ENERGY STAR (check all the apply)					
ENERGY STAR Products Installed	ENERGY STAR Home Improvements Made		Recommended Behavior Changes Made		
<p><u>Appliances:</u></p> <input type="checkbox"/> Refrigerator/Freezer # _____	<input type="checkbox"/> Installed weather stripping around doors and windows		<input type="checkbox"/> Cleared registers and vents covered by furniture or rugs		
<input type="checkbox"/> Dishwasher	<input type="checkbox"/> Sealed air leaks in attic and basement		<input type="checkbox"/> Changed furnace air filter regularly		
<input type="checkbox"/> Clothes Washer	<input type="checkbox"/> Reduced whole-house air leakage (_____ ACH @ 50 Pa)		<input type="checkbox"/> Removed leaves, dirt, and debris from outdoor parts of HVAC system		
<input type="checkbox"/> Water Heater	<input type="checkbox"/> Added attic insulation (R-value _____)		<input type="checkbox"/> Used ceiling fans to reduce need for air conditioning		
<input type="checkbox"/> Room Air Conditioner	<input type="checkbox"/> Added wall insulation (R-value _____)		<input type="checkbox"/> Lowered water heater thermostat to 120°		
<input type="checkbox"/> Central Conditioner	<input type="checkbox"/> Added floor insulation (R-value _____)		<input type="checkbox"/> Wrapped water heater with an insulating jacket		
<input type="checkbox"/> Ceiling Fans # _____	<input type="checkbox"/> Added crawlspace insulation		<input type="checkbox"/> Installed low-flow shower heads and faucets		
<input type="checkbox"/> Heat Pump	<input type="checkbox"/> Sealed and insulated ductwork		<input type="checkbox"/> Turned off lights when you leave a room (or install a motion sensor)		
<input type="checkbox"/> Furnace	<input type="checkbox"/> Installed ENERGY STAR windows, doors, and/or skylights (# _____)		<input type="checkbox"/> Unplugged chargers and power adaptors when not in use		
<input type="checkbox"/> Boiler	<input type="checkbox"/> Installed a programmable thermostat		<input type="checkbox"/> Used power strips to shut off electronics when not in use		
<p><u>Lighting:</u></p> <input type="checkbox"/> Light Fixtures # _____	<input type="checkbox"/> Other _____		<input type="checkbox"/> Tightly closed fireplace damper when not in use		
<input type="checkbox"/> CFLs # _____	<hr/> <hr/>		<input type="checkbox"/> Other _____		
<p><u>Home Office Equipment:</u></p> <input type="checkbox"/> Computers/Laptops # _____					
<input type="checkbox"/> Printer/Scanner/Copier # _____					
<p><u>Electronics:</u></p> <input type="checkbox"/> Televisions # _____					
<input type="checkbox"/> DVD/VCR Players # _____					
<input type="checkbox"/> Cable Box # _____					
<input type="checkbox"/> Home Audio Equipment # _____					
<input type="checkbox"/> Portable Phone # _____					
<input type="checkbox"/> Battery Charger # _____					