

## Power Partner Commitment Form Eat Smart. Play Hard.™

The Food and Nutrition Service invites you to become an Eat Smart. Play Hard.™ Power Partner. Complete this form and check what your agency will do over the next 12 months to promote healthy eating and physical activity behaviors. Email this form to [Eatsmartplayhard@usda.gov](mailto:Eatsmartplayhard@usda.gov) or fax it to 703-305-2576, Attention NSS.

**Primary Contact** \_\_\_\_\_ Title

\_\_\_\_\_

Organization/Dept. \_\_\_\_\_ Agency/Division

\_\_\_\_\_

Address:

\_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip:

\_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email:

\_\_\_\_\_

**Secondary Contact** \_\_\_\_\_ Title

\_\_\_\_\_

Organization/Dept. \_\_\_\_\_ Agency/Division

\_\_\_\_\_

Address:

\_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip:

\_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email:

\_\_\_\_\_

### ABOUT YOUR AGENCY

Which **USDA nutrition assistance program(s)** does your agency administer? Check all that apply.

**NONE**       Child Nutrition/School Meals       Food Stamp Program

- |                                |  |                                |
|--------------------------------|--|--------------------------------|
| <input type="checkbox"/> WIC   | <input type="checkbox"/> WIC Farmers Market          | <input type="checkbox"/> FDPIR |
| <input type="checkbox"/> CACFP | <input type="checkbox"/> Summer Food Service Program | <input type="checkbox"/> TEFAP |
| <input type="checkbox"/> CSFP  | <input type="checkbox"/> Other – specify _____       |                                |

Type of requesting agency: [Check only **one**]  
State Agency \_\_\_\_\_ Local Agency \_\_\_\_\_ Other, specify \_\_\_\_\_

**Check all that apply. As an Eat Smart. Play Hard.™ Partner, we will:**

Complete the Choice A or B of the Basic Requirements and at least 2 optional requirements from   (date)   to   (date)   (must be completed in 12 months).

**Basic Requirements:**

- Choice A
  - conduct 3-4 lessons for kids (including the take home and community components),
  - sponsor at least one education/community wide program featuring Power Panther \* that uses the Power Panther scripts, stories, and Power Up Moves,
  - conduct a tour of the kids' Eat Smart. Play Hard.™ website. Have kids work in groups to provide feedback on each of the eight locations in the virtual community.
  - conduct 1-2 Power Plan lessons for Parents.
  
- Choice B
  - o conduct 1-2 lessons for kids (including the take home and community components),
  - o sponsor at least one education/community wide program featuring Power Panther \* that uses the Power Panther scripts, stories, and Power Up Moves,
  - o conduct 3-4 Power Plan lessons for Parents.

**Note: The activities in either Choice A or B must be completed during a 6-8 week period of time to maximize impact.**

**Optional Requirements (Check at least two):**

- Host a family “food tasting” night to make family members aware of the important role they play in promoting healthy eating and an active living environment; share resources and tips and conduct a tour of the parent web pages and resources. Include a taste test of the healthy, tasty, easy, and low cost recipes on the site.
  
- Conduct additional education sessions with children and or adults using the Power Plans or FNS My Pyramid for Kids lesson plans.

- Conduct (# ) events using Power Panther\*, the Power Panther scripts and related resources.
- Feature an article on Eat Smart. Play Hard.™ in our publications.
- Play the audio Eat Smart. Play Hard.™ PSAs
- Create a dance routine with our kids using the Power Panther songs.
- Encourage our band to learn and play the Power Panther song at school assemblies.
- Conduct trainings for staff on new Eat Smart. Play Hard.™ resources.
- Include a link to Eat Smart. Play Hard.™ on our website.
- Other, please describe\_\_\_\_\_

\* Submit Costume Request and Agreement Form for your event at least 6-8 weeks in advance.

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Date	Name (print or type)	Signature
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