



5. For each of the following statements, please indicate whether you agree or disagree:	Mark (X) one box in each row.				
	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
a. Spirometry is an essential component of a clinical evaluation for an asthma diagnosis	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
b. Inhaled corticosteroids are the most effective medications to control persistent asthma	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
c. Asthma action plans are an effective tool to guide patient self-management efforts	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
d. Patients with persistent asthma should have follow-up visits at least every 6 months to assess control	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
e. Assessing asthma severity is necessary to determine initial therapy	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
6. Please rate your confidence in using the following actions	Mark (X) one box in each row.				
	Very confident	Somewhat confident	Not all confident	N/A (do not perform)	
a. Using spirometry data as a component of a clinical evaluation for an asthma diagnosis	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
b. Assessing underlying asthma severity using standard criteria	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
c. Prescribing the appropriate dose of inhaled corticosteroids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
d. Evaluating the need to step up controller therapy	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
e. Evaluating when to step down controller therapy	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
7. For what percent of asthma visits do you document overall asthma control?					
1 <input type="checkbox"/> 0% (Never)					
2 <input type="checkbox"/> 1–24% (Sometimes)					
3 <input type="checkbox"/> 25–74% (Often)					
4 <input type="checkbox"/> 75–100% (Almost always)					
8. For what percent of asthma visits do you ask about the following items or perform the following tests to assess current asthma control?	Mark (X) one box in each row.				
	0% (Never)	1–24% (Sometimes)	25–74% (Often)	75%–100% (Almost always)	
a. Ability to engage in normal daily activities	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
b. Frequency of daytime symptoms	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
c. Frequency of nighttime awakening	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
d. Patient perception of symptom control	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
e. Control assessment tool (e.g. Asthma Control Test)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
f. Frequency of rescue inhaler use (e.g., Albuterol)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
g. Frequency of exacerbations requiring oral steroids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
h. Frequency of patient report of emergency department or urgent visit for asthma	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
i. Peak flow results from home	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	
j. Spirometry	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	

9. For what percent of asthma visits do you use each of the following strategies to help patients control and manage their asthma?	Mark (X) one box in each row.				
	0% (Never)	1-24% (Sometimes)	25-74% (Often)	75-100% (Almost always)	N/A
a. Provide a new or review an existing written asthma action plan outlining medications, triggers, and when to seek emergency care.	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
b. Assessment by history of triggers at home (e.g., pets, mold, tobacco smoke)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
c. Assessment by history of triggers at school (e.g., mold, dust, exhaust) <i>Skip to 9d if you do not see children</i>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
d. Ask adult patients about their occupation and place of employment <i>Skip to 9f if you do not see adults</i>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
e. Assessment by history of triggers at the workplace (e.g., dust, fumes, chemicals) <i>Skip to 9f if you do not see adults</i>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
f. Testing for allergic sensitivity via skin or allergen-specific IgE (e.g., RAST) testing	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
g. Assessment of daily use of controller medication (e.g., inhaled corticosteroids) for patients with persistent asthma	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
h. Repeated assessment of inhaler technique	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
i. Referral to a specialist <i>Skip to 10 if you are an asthma/allergy specialist</i>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
10. Under which circumstances do you make the following recommendations about environmental exposures?	Mark (X) one box in each row.				
	For most asthma patients	Only for patients with sensitivity to this trigger	Rarely or never recommend		
a. Using dust mite control measures (e.g., mattress covers)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
b. Controlling household mold and pests (e.g., cockroaches)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
c. Removing pets from the home	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
d. Avoiding pollen (e.g., limit outdoor time, close windows)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
e. Avoiding air pollution (e.g., ozone warnings)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
f. Making changes to cooking appliances (e.g., exhaust vents)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
g. Avoiding second-hand tobacco smoke	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>		
11. How do you use the following medications?	Mark (X) ALL that apply on each row.				
	Symptom relief/acute exacerbation	Daily long term control therapy	Add on daily control therapy	For difficult to control asthma	Do not use
a. Short acting beta agonists (e.g., Albuterol)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
b. Inhaled corticosteroids (ICS)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
c. Long acting beta agonists (LABA) (e.g., Serevent/salmeterol, Foradil/formoterol)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
d. Combination medication that includes both LABA and ICS (e.g., Advair)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
e. Leukotriene modifiers (e.g., Singulair/montelukast)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
f. Anticholinergics (e.g., ipratropium, tiotropium)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
g. Methylxanthines (e.g., theophylline)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
h. Omalizumab/Xolair	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
i. Short course of oral/injectable corticosteroids	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
j. Long course of oral corticosteroids (>10 days)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>

12. Below are strategies that could be used to help patients control their asthma. Please specify whether you use each strategy, and next, specify **the one most important barrier (if any)** that you face to using each strategy.

	Do you use this strategy?	No barrier	Poor patient adherence	Low patient health literacy	Not effective	Lack of staff/equipment	Lack of training	Lack of time	Lack of payment	
	Mark (X) one		Mark (X) one box for each row.							
(a) Written asthma action plans	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(b) A control assessment tool (e.g., ACT)	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(c) Home peak flow monitors	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(d) In-office spirometry	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(e) Educating patients to recognize symptoms	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(f) Educating patients to avoid risk factors	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(g) Involve patients in treatment decision-making	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(h) Observe inhaler use by patients	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(i) Advise patients to change their home environment	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(j) Advise employed patients to seek changes in the work environment	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>
(k) Schedule routine follow-up visits to assess asthma control	1 <input type="checkbox"/> Yes	2 <input type="checkbox"/> No	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>	8 <input type="checkbox"/>

13. How often do you encounter these patient concerns or misunderstandings about asthma therapies?

Mark (X) one box in each row.

	Never (0%)	Sometimes (1-24%)	Often (25-74%)	Almost always (75-100%)
(a) Misunderstanding of medication risks or side effects, or belief in myths (e.g., muscle development, addiction)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
(b) Concern about short-term side effects from inhaled corticosteroids (e.g., thrush)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
(c) Concern about long-term side effects of inhaled corticosteroids (e.g., delayed growth in children)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
(d) Confusion between symptom relief medications and daily control medications	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>

14. Please indicate your role?

- 1  Sample physician  
 2  Other clinical role (e.g., PA, NP, RN)  
 3  Other office staff

**CLOSING STATEMENT**

Thank you for completing this special survey. We appreciate your time and cooperation.