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OMB No:: 0920-0747: Exp Date: ???

The Olweus Scale

1. How do you like school?	5. Other students left me out of things on purpose, excluded me from their group of friends, or completely ignored me.	
O Dislike school very much		
O Dislike	O Hasn't happened	
O Neither like nor dislike	O Once or twice	
O Like school	O 2-3 times a month	
O Like school very much	O About once a week	
·	O Several times/week	
2. How many good friends do you have in your class(es)?	6. I was hit, kicked, pushed, shoved around, or locked indoors.	
O None	O Hasn't happened	
O 1 good friend	O Once or twice	
O 2-3 good friends	O 2-3 times a month	
O 4-5 good friends	O About once a week	
O 6+ good friends	O Several times/week	
3. How often have you been bullied at school in the past couple of months?	7. Other students told lies or spread false rumors about me and tried to make others dislike me.	
O Haven't been bullied	O Hasn't happened	
O Once or twice	O Once or twice	
O 2-3 times a month	O 2-3 times a month	
O About once a week	O About once a week	
O Several times/week	O Several times/week	
 I was called mean names, was made fun of, or teased in a hurtful way. 	8. I had money or other things taken away from me or damaged.	
O Hasn't happened	O Hasn't happened	
O Once or twice	O Once or twice	
O 2-3 times a month	O 2-3 times a month	
O About once a week	O About once a week	
O Several times/week	O Several times/week	

I was threatened or forced to do things I did not want to do.	12. I was bullied in another way.
	O Hasn't happened
O Hasn't happened	O Once or twice
O Once or twice	O 2-3 times a month
O 2-3 times a month	O About once a week
O About once a week	O Several times/week
O Several times/week	
 I was bullied with mean names or comments about my race or color. 	13. In which class(es) is the student or students who bully you?
O Hasn't happened	O In my class
O Once or twice	O Diff. class, same grade
O 2-3 times a month	O In a higher grade
O About once a week	O In a lower grade
O Several times/week	O In different grades
C Covered amoon wook	14. Have very been builted by being an sinte
11. I was bullied with mean names, comments, or	14. Have you been bullied by boys or girls?
gestures with a sexual meaning.	O Mainly by 1 girl
O Hasn't happened	O By several girls
O Once or twice	O Mainly by 1 boy
O 2-3 times a month	O By several boys
O About once a week	O Both boys and girls
O Several times/week	, -
C Covered amoon wook	15. By how many students have you usually been
11A) I was bullied with mean or hurtful messages,	bullied?
calls or pictures, or in other ways on my cell phone or	O Mainly by 1 student
over the Internet (computer).	O By 2-3 students
O Hasn't happened	O By 4-9 students
O Once or twice	O By more than 9
O 2-3 times a month	O Different students/grades
O About once a week	g. tance
O Several times/week	16. How long has the bullying lasted?
11B). If you were bullied on your cell phone or over the Internet, how was it done?	O 1 or 2 weeks
	O About a month
O Only on cell phone	O About 6 months
O Only over the Internet	O About a year
O In both ways	O Several years

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17. Where have you been bullied?	21. Has any adult at home contacted the school to try to stop your being bullied at school in the past couple
O Playground/athletic field	of months?
O Hallways/stairwells	O Haven't been bullied
O Class (teacher in room)	O No, not contacted school
O Class (teacher NOT in room)	O Yes, once
O Bathroom	
O Gym class	
O Lunchroom	O
O Way to and from school	22. When you see a student your age being bullied at school, what do you feel or think?
O Bus stop	
O School bus	O Probably deserves it
O Somewhere else in school	O Don't feel much
10. Hove you told anyone that you have been bullied	O Feel a bit sorry
18. Have you told anyone that you have been bullied in the past couple months?	O Feel sorry and want to help
O Been bullied/not told	23. How often have you taken part in bullying another student(s) at school in the past couple months?
O Been bullied/told somebody	student(s) at school in the past couple months:
Who have you told?	O Not bullied others
O Your class teacher	O Once or twice
O Another adult at school	O 2-3 times a month
O Your parent(s) guardian(s)	O About once a week
O Your brother(s)/sister(s)	O Several times/week
O Your friend(s)	
O Somebody else	24. I called another student(s) mean names and made
19. How often do the teachers or other adults at school	fun of or teased him or her in a hurtful way.
try to put a stop to it when a student is being	
bullied at school?	O Hasn't happened
	O Once or twice
O Almost never	O 2-3 times a month
O Once in a while	O About once a week
O Sometimes	O Several times/week
O Often	
O Almost always	25. I kept him or her out of things on purpose,
20. How often do other students try to put a stop to it when a student is being bullied at school?	excluded him or her from my group of friends, or completely ignored him or her.
O. Almant marrie	O Hasn't happened
O Almost never	O Once or twice
O Once in a while	O 2-3 times a month
O Sometimes	O About once a week
O Often	

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O Hasn't happened	O Not bullied others	
30. I bullied him or her with mean names or comments about his or her race or color.	33. Has your class or homeroom teacher or any other teacher talked with you about your bullying another student(s) at school in the past couple of months?	
O Several times/week		
O About once a week	O Several times/week	
O 2-3 times a month	O About once a week	
O Once or twice	O 2-3 times a month	
O Hasn't happened	O Once or twice	
	O Hasn't happened	
29. I threatened or forced him or her to do things he or she did not want to do.	32. I bullied him or her in another way.	
O Several times/week	O In both ways	
O About once a week	O Only over the Internet	
O 2-3 times a month	O Only on cell phone	
O Once or twice	O Only on coll phone	
• •	dulle?	
damaged his or her belongings. O Hasn't happened	31B) If you bullied another student(s) on your cell phone or over the Internet (computer), how was it done?	
28. I took money or other things from her or her or		
	O Several times/week	
O Several times/week	O About once a week	
O About once a week	O 2-3 times a month	
O 2-3 times a month	O Once or twice	
O Once or twice	O Hasn't happened	
O Hasn't happened	phone or over the Internet (computer).	
27. I spread false rumors about him or her and tried to make others dislike him or her.	31A) I bullied him or her with mean or hurtful messages, calls or pictures, or in other ways on my cell	
O Several times/week	O Several times/week	
O About once a week	O About once a week	
O 2-3 times a month	O 2-3 times a month	
O Once or twice	O Once or twice	
O Hasn't happened	O Hasn't happened	
26. I hit, kicked, pushed, and shoved him or her around, or locked him or her indoors.	31. I bullied him or her with mean names, comments, or gestures with a sexual meaning.	
O Almost always	O Several times/week	

O Several times/week

O Once or twice	O No, haven't talked with me			
O 2-3 times a month	O Yes, they have once			
O About once a week	O Yes, several times			
O Several times/week				
34. Has any adult at home talked with you about your bullying another student(s) at school in the past couple of months?	37. How often are you afraid of being bullied by other students in your school?			
O Not bullied others	O Never			
O No, haven't talked with me	O Seldom			
O Yes, they have once	O Sometimes			
O Yes, several times	O Fairly often			
5 100, 00701a. tillio	O Often			
35. Do you think you could join in bullying a student	O Very often			
whom you do not like?	38. Overall, how much do you think your class or homeroom teacher has done to cut down on bullying in			
O Yes	your classroom in the past couple of months?			
O Yes, maybe				
O I don't know	O Little or nothing			
O No, I don't think so	O Fairly little			
O No	O Somewhat			
O Definitely no	O A good deal			
C Deminion no	O Much			
36. How do you usually react if you see or learn that a student your age is being bullied by another student(s)?				
O I have never noticed it				
O I take part in the bullying.				
O I don't do it, but find it OK				
O I just watch what goes on				
O I ought to help				
O I try to help				
O Tity to help				
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Date Interviewed		Interviewed		
	Month	Day	Year	by

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