ATTACHMENT F5: MAIN INTERVIEW

Form Approved OMB #0920-XXXX Exp. Date XX/XX/20XX

Before we begin, I'd like to collect some basic information.

PA1.	What y	ear were you born?
		19 _ → GO TO PA3
		REFUSED
INTER	VIEWEF	NOTE:
IF YEA	R IS GI	/EN IN PA1, SKIP TO PA3.
	PA2.	Please tell me in which one of the following age categories you belong. Are you
		18 - 20, 1 21 - 30, 2 31 - 40, 3 41 - 50, 4 51 - 60, 5 61 - 70, or 6 71 or older? 7 REFUSED -7 DON'T KNOW -8
PA3.	ASK O	NLY IF NECESSARY. OTHERWISE RECORD OBSERVATION.
	Are you	u male or female?
		MALE

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PA4.	What county and state do you live in?	
1741.	What obtains and state do you live in.	
	(a)	(b)
	COUNTY	STATE
	REFUSED7 DON'T KNOW8	REFUSED7 DON'T KNOW8
PA5.	any miles driven by others. Estimate how m	ve your truck in the last 12 months, excluding any miles were <u>you</u> actually behind the wheel DTE: IF OVER 220,000 MILES, ASK HOW THESE ALL SOLO MILES?]
	MILES _ _ _ → RANGE: 1,000 - 220,000	GO TO A1
	REFUSED DON'T KNOW	
	PA5a. In the last 12 months, would you say	y <u>you</u> were behind the wheel of your truck
	LESS THAN 11,000 miles	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21
	REFUSEDDON'T KNOW	

PA6.	Would you say your health in general is excellent, very good, good, fair, or poor?
	EXCELLENT, 1 VERY GOOD, 2 GOOD, 3 FAIR, OR 4 POOR 5 REFUSED .8 DON'T KNOW .9
	A. CURRENT TRUCK DRIVING
Let's	begin by talking about your current trip and job.
A1.	Do you consider yourself A company employee who does not lease, own, or make payments on your truck?
A2.	Which of the following best describes the type of company that you currently work for? Would you describe it as For hire, meaning that your company's primary business is providing trucks and drivers to transport goods for other individuals or companies;
A3.	Are you carrying cargo today? YES

[INTERVIEWER NOTE: If response exactly matches any category in the list below, record the number of that category. If response does not match exactly, record response as 'other' and specify cargo]

LIVE ANIMALS/LIVESTOCK	1
FARM PRODUCE (OTHER THAN ANIMALS)	2
AUTOMOBILES (INCLUDING PICKUP	
TRUCKS)	3
GASOLINE	4
LOGS/TIMBER	5
MOBILE HOME	6
RADIOACTIVE WASTE	7
RUBBISH/TRASH/REFUSE/WASTE	8
USED HOUSEHOLD OR OFFICE GOODS/	
MOVING VAN	9
OTHER	91
(SPECIFY)	
REFUSED	-7
DON'T KNOW	-8

[INTERVIEWER NOTE: GO TO A4.]

A3b. What was your last cargo?

[INTERVIEWER NOTE: If response exactly matches any category in the list below, record the number of that category. If response does not match exactly, record response as 'other' and specify cargo]

LIVE ANIMALS/LIVESTOCK	1
FARM PRODUCE (OTHER THAN ANIMALS)	2
AUTOMOBILES (INCLUDING PICKUP	
TRUCKS)	3
GASOLINE	4
LOGS/TIMBER	5
MOBILE HOME	6
RADIOACTIVE WASTE	7
RUBBISH/TRASH/REFUSE/WASTE	8
USED HOUSEHOLD OR OFFICE GOODS/	
MOVING VAN	9
OTHER	91
(SPECIFY)	
REFUSED	-7
DON'T KNOW	-8

A4.	What type	of truck are	vou drivina	today?
A4.	vviiai type	oi liuck aic	you unving	iouay:

[INTERVIEWER NOTE: If response exactly matches any category in the list below, record the number of that category. If response does not match exactly, record response as 'other' and specify type of truck]

1
2
3
4
5
6
7
8
9
10
11
12
13
91
-7
-8

A5. Do you usually keep the temperature in your cab comfortable during your 10- hour rest period?

YES	1	
NO	2 ->	GO To A6
REFUSED	-7	
DON'T KNOW	-8	

A5a. How do you usually keep the temperature in your cab comfortable during your 10-hour rest period?

Idle my truck's engine	1	
Use my truck's Auxiliary Power Unit (APU)		
Hook up to the truck stop's power		
Other (specify)	5	
REFUSED		
DON'T KNOW	-8	

The next few questions are about your current trip. If you are not carrying cargo or if you are waiting for another load, then your current trip is the trip just completed.

A6.	On your current trip, are you
	Carrying one or more shipments to deliver within a network of terminals? Each shipment is less than 10,000 pounds and considered to be "LTL" freight, or
	Carrying one or more shipments that are each 10,000 pounds or more, and considered to be "TL" freight?
	REFUSED7 DON'T KNOW8
A6a.	On your current trip, how many total pickups will you make?
	PEFUSED7 DON'T KNOW8
A6b.	On your current trip, how many total drops will you make?
	REFUSED7 DON'T KNOW8
A7.	On your current trip, are you driving alone, with a non-driving passenger, as part of a driving team, as a trainer, or as a trainee with a senior driver?
	DRIVING ALONE 1 WITH A NON-DRIVING PASSENGER 2 DRIVING AS PART OF A TEAM 3 TRAINER 4 TRAINEE 5 REFUSED -7 DON'T KNOW -8
A8.	How are you being paid for your driving time on your current trip? [INTERVIEWER NOTE: ALLOW A 'YES' RESPONSE TO ONLY ONE OPTION BELOW, DO NOT READ OPTIONS]
b. c.	YES NO RF DH BY THE HOUR

A8a. Are you paid for nondriving work, such as waiting at the dock or loading/unloading?

	YES
A9.	On your current trip, does your company offer bonuses or penalties based on whether or not you deliver your cargo on time?
	YES
A10. stoppir	Before arriving at this truck stop, how many hours had you driven continuously without ng for any reason?
	NUMBER OF HOURS _
	RANGE: 1 – 11 HOURS
	A10A. How many hours have you been at this truck stop?
	NUMBER OF HOURS - RANGE: 1 – 48 HOURS
A11.	How long has it been since you had at least 24 hours off? This would be at least 24 hours when you knew you wouldn't be working, allowing you to plan other activities such as extra sleep, shopping, exercise, etc. It could have been either at home or away from home. (INTERVIEWER: INCLUDE TIME SINCE THE END OF THE OFF-DUTY PERIOD)
	DAYS _ HOURS _ -
	REFUSED
A12.	We would like to know about the number of hours you spend working as a truck driver. Please estimate all time you spent doing your job; include not only driving time, but also time spent loading or unloading, waiting for loads, doing paperwork, or any other job-related tasks, even if you are not paid for these activities. Do not include mandatory rest periods. How many total hours have you worked as a truck driver since last[INTERVIEWER: INSERT THE DAY OF THE WEEK THAT WAS 7

	DAYS AGO]? [INTERVIEWER: ENCOURAGE DRIVER ANSWERING THE QUESTION]	R TO TAKE HIS	TIME	
	HOURS _ _			
	[INTERVIEWER, IF MORE THAT 126 HOURS, AS with your answer?']	K 'how did you com	ie up	
A13.	During those hours (INTERVIEWER: INSERT how many total hours did you spend on each of the following to		A12),	
		TOTAL TIME SPENT		
		(HOURS)	RE	DK
	a. Driving your truck?		-7	-8
	b. Truck maintenance or repair?	<u> </u>	-7	-8
	c. Physical labor such as loading and unloading,	·		
	staking, or tarping or securing loads?		-7	-8
	d. Other work at terminal?		-7	-8
	e. Waiting for the dispatcher to call, waiting at the			
	loading dock, or with the log book or other paper			
	work?		-7	-8
	f. Waiting for some other reason?		-7	-8
	g. Some other major job duty?			
	(SPECIFY 1)		-7	-8
	(SPECIFY 2)	·	-7	-8
	TOTAL (To be completed by Interviewer)	.		
[IN ⁻	TERVIEWER: ADD TIMES TOGETHER A MAKE SURE THEY IF THEY DO NOT ADD UP, PROBE TO SEE WHY NOT]	EQUAL ANSWER IN	A12.	
A14.	Are your wages and benefits negotiated by a labor union?			
	YES 1			
	NO			
	REFUSED7			
	DON'T KNOW8			
A15.	What do you like most about your job as a truck driver?			
	INDEPENDENCE 1			
	TRAVELING TO DIFFERENT PLACES			
	BEING MY OWN BOSS 3			
	FLEXIBILITY 4			
	MAKE A GOOD LIVING 5			
	ONLY WORK I'VE EVER DONE			
	I'M A GOOD DRIVER 7			

	JOB SECURITY	10 11
	FILLS THE TIME WHEN I'M NOT DOING MY OTHER JOB (E.G., FARMING) OTHER	12 91
	(SPECIFY) REFUSEDDON'T KNOW	-7 -8
416.	What do you like <u>least</u> about your job as a truck driver?	
	RISK OF CRASH INJURY	1
	RISK OF NON-CRASH INJURY	2
	POOR MAINTENANCE OF OTHER TRUCKS	
	ON THE ROAD	3
	LONG WORK HOURS	4
	IRREGULAR WORK HOURS	5
	UNPREDICTABLE WORK HOURS	6
	NIGHT SHIFT	7
	DON'T SLEEP WELL/LACK OF SLEEP	8
	FORCED TO SLEEP IN DAYTIME	9
	LACK OF EXERCISE	10
	LACK OF HEALTHY FOOD	11
	LOW INCOME	12
	ECONOMIC UNCERTAINTY	13
	UNREALISTIC DELIVERY SCHEDULES	14
	WORKPLACE VIOLENCE	15
	TOO MANY REGULATIONS	16
	AWAY FROM HOME TOO MUCH	17
	OTHER	91
	(SPECIFY)	
	REFUSED	-7
	DON'T KNOW	-8

B. WORK HISTORY

Now I would like you to think about your work in the trucking industry.

B1.	You indicated earlier that your current job requires you to spend at least one 10-hour re period away from home on each run. For how many years have you worked in this typ of truck driving job?		
		NUMBER OF YEARS	
		REFUSEDDON'T KNOW	
B2.		ou ever worked as a driver in a truck job which dic ome for at least one 10-hour rest period on each rur	
		YES	-7 🛮 GO TO B3
	B2a.	For how many total years did you work in this type	of truck driving job?
		NUMBER OF YEARS _	
		REFUSEDDON'T KNOW	
B3.	Have y	ou ever worked in the trucking industry but not as a	truck driver?
		YESNOREFUSEDDON'T KNOW	-7 [] GO TO B4
	ВЗа.	For how many years did you work in the trucki driver?	ng industry but not as a truck
		NUMBER OF YEARS	
		REFUSEDDON'T KNOW	•

What job(s) did you have? Were you a... B3b.

							B3c.		
	J	OB TITLE	YES	NO	RE	DK	How long did you do this job? (YEARS)	RE	DK
a.	Mechanic?.		1	2	-7	-8	- - - - -	-7	-8
b.		er?	1	2	-7	-8	<u> </u>	-7	-8
C.)	1	2	-7	-8	<u> </u>	-7	-8
d.		Management?	1	2	-7 -7	-8	<u> </u>	-7 -7	-8
e.	Anything en	se?	1	2	-7	-8	·	-7	-8
	[INTER	RVIEWER: IF RESPONSE	IS GIV	EN IN	MONT	'HS, CO	NVERT TO YEARS.]		
Β4	I. How m	any weeks per year do you	u work a	as a trı	uck dri	ver? Ple	ase include vacation time.		
		NUMBER OF WEEKS RANGE 1-52	•••••	•••••	·	I			
		REFUSED DON'T KNOW							
B5	5. Do you	ı currently have a second j	ob?						
		YES							
		NO							
		REFUSED DON'T KNOW							
		DON I KNOW				0	Ц		
	B5a.	What is your second job?	•						
		Job Title							
	B5b.	What type of business is	this?						
		(Business)							
	B5c.	Approximately how many	hours	per we	ek do	you wor	k at your second job?		
		HOURS PER WEEK			_				
		REFUSED DON'T KNOW							

	B5d	. For how long have you had a second job, including the curre	nt one?			
		NUMBERS OF YEARS _ NUMBER OF MONTHS _				
		REFUSED				
B6.	The job.	se next four questions are about benefits you receive from	your c	urrent 1	truck d	riving
			YES	NO	RE	DK
	a.	Will you receive pension checks from your current employer or union pension plan when you retire?	1	2	-7	-8
	b.	Does your employer contribute to a 401k retirement plan on your behalf?	1	2	-7	-8
	C.	·	1	2	-7	-8
	d.		1	2	-7	-8

C. HEALTH

Now let's talk about v	our health and health	care coverage.

C1.	Are you covered by any type of health insurance or health provided by your spouse or partner's plan.	nealth care plan? Include coverage
	VE0	4 5 00 TO 00

YES	1 🛮 GO TO C2
NO	2 IF B6c=1 ASK C1a
	ELSE GO TO C2
REFUSED	-7
DON'T KNOW	-8

C1a. Why don't you participate in your employer or union health insurance plan?

IT IS TOO EXPENSIVE	1
I AM NOT ELIGIBLE	2
OTHER (SPECIFY)	3
REFUSED	
DON'T KNOW	-8

C2. In the past twelve months, were there times when you needed medical care but did not get it? Do not include dental care.

YES	1	
NO	2 [
REFUSED	-7 🛚	GO TO C4
DON'T KNOW	-8 🛚	

C3. Why did you not get the needed medical care? Was it because...

		YES	NO	RE	DK
a.	you couldn't afford it?	1	2	-7	-8
b.	you were unable to go to a clinic because you were working?	1	2	-7	-8
d.	of lack of health insurance?	1	2	-7	-8
e.	of some other reason?	1	2	-7	-8
	(SPECIFY)				

C4. During the past 12 months, did you get a flu shot? A flu shot is usually given in the fall and protects against influenza for the flu season.

YES	1 → GO TO C6
NO	2
REFUSED	-7
DON'T KNOW	-8

C5.	Why didn't you get a flu shot? PROBE: Any other reason?
	YES NO RF DK a. TOO EXPENSIVE 1 2 -7 -8 b. INCONVENIENT 1 2 -7 -8 c. DON'T THINK I NEED IT 1 2 -7 -8 d. DON'T KNOW WHERE TO GET IT 1 2 -7 -8 e. DON'T HAVE TIME 1 2 -7 -8 f. FLU SHOT WILL GIVE ME THE FLU 1 2 -7 -8 g. OTHER 1 2 -7 -8 (SPECIFY) 1 2 -7 -8
The n	ext few questions are about cigarette smoking.
C6.	Have you smoked at least 100 cigarettes, or 5 packs, in your entire life?
	YES
C7.	How old were you when you <u>first</u> started to smoke fairly regularly?
	YEARS _
	NEVER SMOKED REGULARLY
C8.	Thinking back over the years you have smoked regularly, about how many cigarettes did you usually smoke each day? Recall that 1 pack equals 20 cigarettes.
	CIGARETTES PER DAY
	REFUSED
C9.	Do you <u>now</u> smoke cigarettes every day, some days, or not at all?
	EVERY DAY. $1 \rightarrow GO TO C11$ SOME DAYS. $2 \rightarrow GO TO C11$ NOT AT ALL. 3 REFUSED. $-7 \rightarrow GO TO C11$ DON'T KNOW. $-8 \rightarrow GO TO C11$
C10.	How long has it been since you quit smoking cigarettes?
	YEARS

	MONTHS	
	REFUSEDDON'T KNOW	
	next few questions are about drinking alcoholic bev as whiskey or gin, beer, wine, wine coolers, and a age.	
C11.	In the past 12 months, how often did you drink any type of	alcoholic beverage?
	DAYS PER WEEK MONTH YEAR	2
	DON'T DRINK ALCOHOLREFUSEDDON'T KNOW	-7
C12.	In the <u>past 12 months</u> , on those days that you drank a drinks did you usually have? Would you say	Icoholic beverages, how many
	1 or 2 drinks,	2 3 -7
Now I'	d like to ask about your height, weight, and physical ac	tivity.
Please	e tell me your height and weight without shoes.	
C13.	FEETINCHES	
	REFUSEDDON'T KNOW	
C14.	POUNDS	
	REFUSEDDON'T KNOW	

The next question is about physical activity. We are interested in moderate or vigorous physical activities that cause at least light sweating or a slight increase in your breathing or heart rate. Examples include fast walking, pushing a lawn mower, or moving heavy boxes by hand. Activities could have been either during work or in your free time.

C15.	Since					
		T WAS 7 DAYS AGO.], on how many days did you do modical activities for at least 30 minutes at a time?	derate	or vigo	rous	
	. ,	DAYS [
		 -				
		REFUSED7				
		DON'T KNOW8				
The	next fe	w questions are about health conditions you might have.				
C16.		ng the past three months, did you have low back pain that <u>last</u> ? Do not report aches and pains that are fleeting or minor.	ed a w	hole da	<u>y or</u>	
		YES 1				
		NO 2				
		REFUSED7				
		DON'T KNOW8				
C17.	Are :	you currently taking medicine to lower your blood pressure?				
		YES 1→ GO TO	C19			
		NO 2	010			
		REFUSED7				
		DON'T KNOW8				
C18.		e you ever been told by a doctor or other health profession rtension, also called high blood pressure?	nal tha	at you	had	
		YES 1				
		NO 2				
		REFUSED7				
		DON'T KNOW8				
C19.	Have	e you <u>ever</u> been told by a doctor or other health professional that y	ou had.			
			YES	NO	RE	DK
	a.	coronary heart disease?		2	-7	-8
	b.	angina, also called angina pectoris?	1	2	-7	-8
	C.	any kind of heart condition or heart disease other than the ones already mentioned?	1	2	-7	-8
		(SPECIFY)		۷	-1	-0
	d.	diabetes or sugar diabetes?	1	2	-7	-8
		[IF FEMALE, READDon't include diabetes only during				
		pregnancy, otherwise known as gestational diabetes.]				
	e.	emphysema?	1	2	-7	-8
	f.	obstructive lung disease or chronic lower respiratory disease?	1	2	-7	-8

C20.	Blood cholesterol is a fatty substance found in the blood. cholesterol checked?	Have you ever had your blood
	YES NOREFUSEDDON'T KNOW	1 2 → GO TO C23 -7 -8
C21.	Are you currently taking medicine to lower your cholestero	l?
	YES NOREFUSED DON'T KNOW	1→ GO TO C23 2 -7 -8
C22.	Have you ever been told by a doctor, nurse or other hea cholesterol is high?	Ith professional that your blood
	YES NOREFUSED DON'T KNOW	1 2 -7 -8
C23.	Have you <u>ever</u> been told by a doctor or other health profes malignancy of any kind?	ssional that you had cancer or a
	YES NOREFUSED DON'T KNOW	-7 I GO TO C25

			How old were you when you were
			diagnosed?
	BLADDER	1	<u> </u>
	BLOOD	2	<u> </u>
	BONE	3	
	BRAIN	4	
	BREAST	5	
	CERVIX COLON	6	<u> </u>
		7	<u> </u>
	ESOPHAGUS	8	<u> </u>
	GALLBLADDER	•	
	KIDNEY	_	<u> </u>
	LARYNX-WINDPIPE		
	LEUKEMIA		<u> </u>
	LIVER		<u> </u>
	LUNG	14	<u> </u>
	LYMPHOMA	15	
	MELANOMA	16	<u> </u>
	MOUTH/TONGUE/LIP	17	<u> </u>
	OVARY	18	<u> </u>
	PANCREAS	-	
	PROSTATE	20	<u> </u>
	RECTUM	21	
	SKIN (NON-MELANOMA)	22	
	SKIN (DON'T KNOW WHAT KIND)		
	SOFT TISSUE (MUSCLE OR FAT)		<u> </u>
	STOMACH	25	<u> </u>
	TESTIS		<u> </u>
	THROAT-PHARYNX	27	<u> </u>
	THYROID	_	<u> </u>
	UTERUS		<u> </u>
	OTHER	91	<u> </u>
	(SPECIFY)	0.7	
	REFUSED	-	
	DON'T KNOW	-99	
The n	ext few questions are about your sleep pat	terns	
C25.	On average, how many hours of sleep do you		
	time you actually spend sleeping or napping, r should get.	iot jus	it the amount of sleep you think you
	TOTAL NUMBER OF HOURS		
	[INTERVIEWER: IF ANSWER IS MO THIS IS ACTUAL SLEEPING TIME		HAN 8, PRUBE TO DISCOVER IF
	THIS IS ACTUAL SLEEPING TIME	1	
	REFUSED		7
	DON'T KNOW		

C26.	Is this sleep usually continuous or broken up? For example, if you had slept for 8 hours, was that 8 uninterrupted hours or was it broken up with work?
	BROKEN UP
C27.	Considering your work schedule, how many days did you have the opportunity to sleep at home in the last 30 days?
	NUMBER OF DAYS _
	REFUSED7 DON'T KNOW
C28.	Where do you <u>usually</u> take your longest sleep period on days that you drive your truck? Is it
	In a motel, 1
	At home,
	Somewhere else?4 (SPECIFY)
	REFUSED7
	DON'T KNOW8
C29.	Do you use a Continuous Positive Airway Pressure (CPAP) machine while sleeping?
	YES 1
	NO
	REFUSED7 DON'T KNOW8

IΝ	JTFR'	VIEWER	NO	ſF٠

GIVE SHOW CARD TO RESPONDENT.

C30. The following questions refer to your behavior while sleeping or trying to sleep. On a scale from one, meaning you never do this or have never been told you do this while sleeping or trying to sleep, to 5 meaning this happens 5 – 7 times or more per week, please tell me the one number that best describes you while sleeping or trying to sleep in the past month.

		RARELY,	1-2	3-4	5-7	
		LESS THAN	TIMES	TIMES	TIMES	DK
		ONCE A	PER	PER	PER	
	NEVI	ER WEEK	WEEK	WEEK	WEEK	
a.	Loud snoring? 1	2	3	4	5	-8
b.	Snorting or gasping? 1	2	3	4	5	-8
C.	Your breathing stops or you					
	struggle for breath?	2	3	4	5	-8

ı	N	JT	F	R	V	IF۱	W	EF	₹	N	റ	T	F	•

TAKE SHOW CARD FROM RESPONDENT.

C31. In the past month, have you used alcohol to help you fall asleep?

YES	1
NO	2
REFUSED	-7
DON'T KNOW	_Q

IN.	TER\	/IFV	VFR	NO	TF:

GIVE SHOW CARD TO RESPONDENT.

C32. I'm going to read you a list of activities. How likely are you to doze off or fall asleep during each activity? Use a scale from 1 to 4, with 1 being "I would never doze or fall asleep," and 4 being "that it would be highly likely that you would doze off or fall asleep." Even if you have not done some of these things in the past week, try to think how they would have affected you..

	V	VOULD					
	N	IEVER	SLIGHT	MODERATE	HIGH		
		DOZE	CHANCE	CHANCE	CHANCE	RE	DK
a.	Sitting and reading?	1	2	3	4	-7	-8
b.	Watching TV?	1	2	3	4	-7	-8
C.	Sitting inactive in a public place such as						
	a theatre or meeting?	1	2	3	4	-7	-8
d.	As a passenger in a vehicle for an hour						
	without a break?	1	2	3	4	-7	-8
e.	Lying down in the afternoon when						
	circumstances permit?	1	2	3	4	-7	-8
f.	Sitting and talking to someone?	1	2	3	4	-7	-8
g.	Sitting quiet after a lunch	1	2	3	4	-7	-8
h.	In a vehicle, while stopped for a few						
	minutes in traffic?	1	2	3	4	-7	-8

	TER\				
114		/ IL V	v L R	IVO	

TAKE SHOW CARD FROM RESPONDENT.

C33. How often do you feel very drowsy when you are driving?

Never (or almost never)	1
About once per month	2
About once per week	3
2 or 3 times per week	4
4 or 5 times per week	5
Almost every day	6
REFUSED	-7
DON'T KNOW	-8

C34. Keeping in mind that all of your responses are anonymous, have you ever nodded off or fallen asleep while driving your truck?

YES	1
NO	2 [
REFUSED	-7 [] GO TO C35
DON'T KNOW	-8 □

C34 a.	How often do you estimate this has happened in the last	3 months	>		
	Would you say				
	Never Only one or two times About once per week 2 or 3 times per week More than 3 times per week REFUSED DON'T KNOW	2 3 4 5 7			
C35.	In the <u>last 2 days</u> , have you used <u>medications or drug</u> <u>driving</u> ? Some examples include Sudafed, Ritalin, Provigil. Please exclude caffeine when answering.				
	YES NO REFUSED DON'T KNOW	. 2 7			
NOW I	WOULD LIKE TO ASK SOME QUESTIONS ABOUT YO	OUR JOB.			
C36.	How often do you load and unload your truck at work? or never?	Would you	say often,	sometir	nes,
	OFTENSOMETIMESNEVERREFUSEDDON'T KNOW	2 3 [] GO	TO C38c		
C37.	When loading or unloading your cargo, do you use any protective equipment?	of the follo	wing types	of pers	onal
	 a. Face mask?	1 11	2 2 2	RF -7 -7 -7 -7	DK -8 -8 -8 -8

INTERVIEWER NOTE:

GIVE SHOW CARD TO RESPONDENT.

C38. Now I'm going to read you some statements about how you may or may not feel during your work as a truck driver. On a scale from zero, meaning "not at all likely" to agree with the statement to 5 meaning "very likely" to agree with the statement, please tell me the number that best indicates how likely it would be for you to agree with each statement. Think about your work since last

_____ [INTERVIEWER: INSERT THE DAY OF THE WEEK THAT WAS 7 AGO] when answering.

		NOT								
		AT ALL					VERY			
		LIKELY					LIKELY	RE	DK	NA
a.	After several days with lots of loading and									
	unloading I can't do my work so well									
	because I am too tired	D	1	2	3	4	5	-7	-8	-9
b.	After doing a lot of loading and unloading									
	for some days, I feel physically exhausted	D	1	2	3	4	5	-7	-8	-9
c.	After a long day at work I have enough									
	energy to tackle anything	D	1	2	3	4	5	-7	-8	-9
d.	During the working day I need extra									
	breaks	0	1	2	3	4	5	-7	-8	-9
e.	When I have driven all day, it's hard for									
	me to unwind	D	1	2	3	4	5	-7	-8	-9
f.	After work I relax easily		1	2	3	4	5	-7	-8	-9
g.	I sleep well	D		2		4	5	-7	-8	-9
h.	I usually fall asleep easily	Ω	1	2	3	4	5	-7	-8	-9
i.	I sleep uneasily	0	1	2	3	4	5	-7	-8	-9
j.	When I wake up in sleep, it's hard for me									
	to fall asleep again	Ω	1	2	3	4	5	-7	-8	-9
k.	After several days with lots of driving I									
	can't do my work so well because I am									
	too tired	D	1	2	3	4	5	-7	-8	-9

INTERVIEWER NO	IE:
----------------	-----

TAKE SHOW CARD FROM RESPONDENT.

INTERVIEWER NOTE:

GIVE SHOW CARD TO RESPONDENT. FATIGUE IS DEFINED AS BEING SO TIRED THAT YOU NEED TO SLEEP.

C39. I am going to read some statements about how fatigue might affect you. On a scale from zero, which means "not at all fatigued," to 10, which means "as fatigued as I could be," please tell me the number that best indicates how the statement describes your level of fatigue since last ______

[INTERVIEWER: INSERT THE DAY OF THE WEEK THAT WAS 7 DAYS AGO]

		NO	Γ						AS	FA	ΓIGU	JED		
		AT.	ALL						P	AS I	COI	JLD		
		FAT	IGU	ED								BE	R	DK
													E	
a.	Your level of fatigue on the day													
	you felt most fatigued	0	1	2	3	4	5	6	7	8	9	10	-7	-8
b.	Your level of fatigue on the day													
	you felt least fatigued	0	1	2	3	4	5	6	7	8	9	10	-7	-8
c.	Your average level of fatigue	0	1	2	3	4	5	6	7	8	9	10	-7	-8
d.	Your level of fatigue right now	0	1	2	3	4	5	6	7	8	9	10	-7	-8

INTERVIEWER NOTE:

ASK RESPONDENT TO TURN OVER SHOW CARD.

C39a. Continuing with statements about how fatigue might affect you, please rate the following statements on a scale of zero, which means "no interference," to 10, which means "extreme interference." Again, base your answers on the time since last ______ [INTERVIEWER: INSERT THE DAY OF THE WEEK THAT WAS 7 DAYS AGO]

		NO INT	ERI	FERI	ENC	E		Iľ	NTE.		TRE REN		R E	DK
a.	How much did fatigue interfere with your general level of activity	0	1	2	3	4	5	6	7	8	9	10	-7	-8
b.	How much did fatigue interfere with your leisure activities	0	1	2	3	4	5	6	7	8	9	10	-7	-8
	How much did fatigue interfere with your work	0	1	2	3	4	5	6	7	8	9	10	-7	-8
d.	How much did fatigue interfere with your ability to	0	1	2	3	4	5	6	7	8	9	10	-7	-8
	concentrate												1	

	ı yo	our 1	elati	ons	witl	ı ot			1	2	3	4	5	6	7	8	9	10	-7	-8
f. Hov	•																			
								. 0	1	2	3	4	5	6	7	8	9	10	-7	-8
g. Hov				•	_			0	1	2	2	4	_	C	7	0	0	10	_	0
With	ı yo	our i	nood	• • • •	•••••	••••	••••••	0	1	2	3	4	5	6	7	8	9	10	-7	-8
INTI	ER\	/IEW	/ER N	ЮТ	E:															
TAK	Œ S	SHO	W CA	RD	FRO	M R	ESPO	ONDE	NT.											
)	PIE		dia	ate r	OW	man	y day								ги л	ТМ	JAS'	7 D A	WC
C40		[IN AG	TER O] y	VI ou	E WI felt f	E R: atig	INS	ERT or an										ling j		115
C40	, .	[IN AG	TER O] y ore y	VI ou our	E WI felt fa sleep	E R: atig pe	INS ued f riod.		y par	t of y	your	worl	king l							115
C40	, .	[IN AG	TER O] y ore y C	VI ou our OAY	E WI felt fo sleep S	ER: atigo pe	INS ued f riod.	or an	y par	t of y	your RA	worl <u> </u> NGE	king 0-7	perio						115
C41		On plea	TER O] y ore y F c a sca	VI ou our OAY REF OON	EWI felt for sleep S JSEI 'T KN	ER: atig pe pe	INS ued for riod	or an	y par	none	RA e of t	work	o-7	-7 -8 and 1	od, n	eing sing	"the ce las	entire	ust e day	7,"

D. TRUCK CRASHES AND WORK-RELATED INJURIES

The next set of questions is about work-related crashes and injuries.

D1.	either when to immed	r career as a truck driver, have you <u>ever</u> been in a DOT recordable truck crash, as a driver or as a non-driving team member? <u>A DOT recordable crash occurs</u> the crash results in one of the following: a fatality; an injury to a person requiring diate treatment away from the scene of the accident; or disabling damage to a e, requiring it to be towed.
		YES
D2.	How m	nany of these crashes have you had?
		NUMBER OF CRASHES _
		REFUSED
INTER	RVIEWER	R NOTE:
IF D2	= 1, REA	AD "this" IN D3. OTHERWISE, READ "your first."
D3.	In wha	t calendar year was [this/your first] crash?
		YEAR
		REFUSED
INTER	VIEWER	R NOTE:
IF D2	= 1, GO	TO D3b.
	D3a.	In what calendar year was your most recent crash?
		YEAR
		REFUSED
INTER	VIEWER	R NOTE:
IF D2	= 1, RE <i>F</i>	AD "this" IN D3b. OTHERWISE, READ "your most recent."

D3b. In [this/your most recent] crash, were you the driver or a team member?

		DRIVER				
D4. attent		result of the crash, did <u>you</u> suffer any injuries that required	mmediat	te med	lical	
		YES) D7			
	D5a.	ON-SITE MEDICAL TREATMENT	O D6			
	Boa.	a. Insurance?b. Self – cash payment?c. Not paid?d. Some other way?(SPECIFY)	1 1 1	NO 2 2 2 2	RE -7 -7 -7	Dk -8 -8 -8
		R NOTE: GO TO D5b. OTHERWISE, GO TO D6.				
IF D3(D5b.	What kind of insurance was it? Was it				
		a. Worker's compensation? b. Insurance related to operating your truck? c. Your health insurance policy? d. Insurance carried by the other party? e. Other? (SPECIFY)	1 1 1	NO 2 2 2 2 2 2	RE -7 -7 -7 -7	Dk -8 -8 -8 -8

D6.	Did yo	u miss any work days due to this injury?												
		YES												
	D6a.	How much time did you miss from work [due to this injury]?												
		DAYS												
		REFUSED												
	D6b.	Did you file a worker's compensation claim?												
		YES												
	D6c.	Did you receive worker's compensation payment for?												
		YES NO RE DR NO RE												
D7.		last [INTERVIEWER: INSERT THE DAY OF THE WEEK WAS 7 DAYS AGO], have you had "a near miss" that made you feel lucky <u>not</u> to een in a crash?												
		YES												
	D7a.	How many times since last [INTERVIEWER: INSERT THE DAY OF THE WEEK THAT WAS 7 DAYS AGO] have you had "a near miss?"												
		NUMBER OF TIMES												
		REFUSED7 DON'T KNOW8												

The next set of questions is about any injuries you received on the job as a truck driver but were <u>not</u> a result of a truck crash. This could include injuries that you received while doing any part of your job as a truck driver—for example, loading or unloading.

D8.	During the last $\underline{12 \text{ months}}$, did you receive any injuries on your job for which you visited a doctor or other health professional?
	YES
D9.	How many of these on-the-job injuries did you have during the last 12 months?
	NUMBER OF INJURIES _
	REFUSED7 DON'T KNOW8
	ollowing questions are about the most recent injury you had. Please keep in mind nese injuries should <u>not</u> have been as a result of a truck crash.
D10.	Which of the following <u>best</u> describe the type of injury or injuries you received. Was it a
	a. Sprain or strain?
D11.	Again, thinking about your most recent injury, what part or parts of your body were injured? Was it your
	A. Back?

D12. How did it occur? Was it... Contact with object or equipment,..... 1 Fall on same level,..... Fall to lower level,..... Assault, or...... 4 Something else?..... 5 (SPECIFY) REFUSED......-7 DON'T KNOW.....--8 What were you doing when the injury occurred? Were you... D13. Getting in/getting out of cab,..... 1 Getting on/off the freight carrying portion of the truck 2 Securing the load,..... 4 Spreading a tarp,..... 5 Doing truck maintenance, or...... 6 Doing something else?..... 7 REFUSED......-7 DON'T KNOW.....-8 D14. Where did the injury occur? Was it... On the dock 2 At a loading or unloading location other than a dock 3 At a truck stop or rest area,..... 4 Somewhere else?..... 5 (SPECIFY) REFUSED......-7 DON'T KNOW.....--8 D15. Where did you first receive medical attention for the injury? ON-SITE MEDICAL TREATMENT..... 1 EMERGENCY DEPARTMENT..... DOCTOR'S OFFICE...... 3 COMPANY CLINIC...... 4 DIDN'T RECEIVE MEDICAL ATTENTION....... 5 → GO TO D17 OTHER...... 91 REFUSED......-7

DON'T KNOW.....--8

D16.	Were y	ou hospitalized due to this injury?				
		YES				
	D16a.	How was the medical treatment paid? Was it by				
		a. Insurance? b. Self – cash payment? c. Not paid? d. Some other way? (SPECIFY)	1 1	NO 2 2 2 2	RE -7 -7 -7	DK -8 -8 -8
INTER	VIEWEF	R NOTE:				
IF D16	aa = 1, (GO TO D16b. OTHERWISE, GO TO D17.				
	D16b.	What kind of insurance was it? Was it				
		a. Worker's compensation? b. Insurance related to operating your truck? c. Your health insurance policy? d. Insurance carried by the other party? e. Other? (SPECIFY)	1 1 1	NO 2 2 2 2 2 2		DK -8 -8 -8 -8
D17.	Did yo	u miss any work days due to this injury?				
		YES	D18			
	D17a.	How much time did you miss from work [due to this injury]?				
		DAYS				
		REFUSED7 DON'T KNOW8				

D18.	Did you	u file worker's compensation claim?				
	D18a	YES	D19			
[INTE		a. Lost work days? b. Disability? c. Disfigurement? d. Anything else? (SPECIFY) e. CLAIM PENDING WER NOTE: IF ANY OPTION IN D18a = 1, THEN GO	1 1 1	NO 2 2 2 2 2 2 2 1]	RE -7 -7 -7 -7	DK -8 -8 -8 -8
	D18b.	Why didn't you file a worker's compensation claim?				
D19.	Did you	report this injury to your employer? YES				

E. JOB-RELATED TRAINING

Now I have some questions about any job-related training you have received while employed as a truck driver.

E1a.	At the beginning of your career as a truck driver, did you receive enough training to drive
	your truck safely under all road and weather conditions?

YES	1
NO	2
REFUSED	-7
DON'T KNOW	-8

E1b. Do you now have enough training to safely handle and secure your cargo?

YES	1
NO	2
REFUSED	-7
DON'T KNOW	-8

E2. I'm going to read you a list of health and safety topics. Have you received training in a classroom setting for each of these in the last 12 months?

		ΥE	NO	RE	DK
		S			
a.	Federal regulations concerning trucking safety, such as				
	the Hours of Service regulation?	1	2	-7	-8
b.	Safe driving practices and/or defensive driving?	1	2	-7	-8
C.	Proper lifting techniques?	1	2	-7	-8
d.	Fall prevention?	1	2	-7	-8
e.	Vehicle maintenance and safety checks?	1	2	-7	-8
f.	Security procedures and awareness?	1.	2	-7	-8
g.	Assault prevention?	1	2	-7	-8

F. COMPANY SAFETY CLIMATE/CULTURE

The next set of questions is about the safety policies of the company for which you currently work.

INTER	VIEWEF	R NOTE:		
IF DRI	VER IS	AN INDEPENDENT OWNER OPERATOR, GO TO	G1	
F1.	Does t	he company offer safety awards/incentives?		
		YES	-7	
F2.		he company have safety programs, written policies ace safety?	s, rules	s, or guidelines regarding
		YES NOREFUSED DON'T KNOW	1 2 -7 -8	
F3.		the company use a satellite-based system, such the location of your truck?	as Qı	ual-com to communicate
		YES	2	GO TO F4
	F3a.	Do you like, dislike, or have no feeling about this t	echnol	ogy?
		LIKE DISLIKE NEITHER LIKE NOR DISLIKE REFUSED DON'T KNOW	-	

F4. Now I'm going to read you a list of statements about worker safety. Please tell me whether you strongly disagree, disagree, agree, or strongly agree with each of these statements.

		STRON DISAGE	_	ST	RONGLY AGREE	RE	DK
a.	The safety of workers is a high priority with management where I work	0	1	2	3	-7	-8
b.	There are no significant compromises or shortcuts taken when worker safety is at	0	1	2	3	-7	-8
C.	stakeWhere I work, employees and						
	management work together to ensure the safest possible working conditions	0	1	2	3	-7	-8

G. OTHER SAFETY RELATED QUESTIONS

G1.	brea	e you start a trip, how many hours do you usual k? [INTERVIEWER NOTE: IF DRIVER PROVI THEN PROBE FOR A SPECIFIC NUMBER OF	DES A RA HOURS f	ANGE, RE			
		a) NUMBER OF HOURS					
		INTERVIEWER NOTE: GOTO G2					
		b) <2 HOURS	2 3 4 7				
INTER	VIEW	ER NOTE:					
GIVE S	SHOW	CARD TO RESPONDENT.					
G2.		often do you continue to drive despite fatiç ause:	gue, bad v	weather, o	r heavy tr	affic	
				SOME-			
			OFTEN	TIMES	NEVER	RE	DK
	a.	You must deliver or pick up a load at a given time?	1	2	3	-7	-8
	h	The 14-hour continuous shift?		2	3	-7 -7	-o -8
	b.	You need to make more money?		2	3	-7 -7	-8
	c. d.	Delays associated with dispatching?		2	3	-7 -7	-8
	_	Delays associated with loading/ unloading?		2	3	-7 -7	-8
	e.		. 1	2	3	-1 -7	-o -8
	f.	You want to get home		2	3	-7	-8
	g.	Some other reason?(SPECIFY)	1	2	3	-7	-8
G3.		often do you do the following while driving a tretimes, or never?	ruck at wor		you say of	iten,	
			OFTEN	SOME- TIMES	NEVED	DE	DK
	a.	Get frustrated by operations at the loading	OFTEN	LIMES	NEVER	RE	DK
	a.	dock?	1	2	3	-7	-8
	b.	Wear a seatbelt?	1	2	3	-7 -7	-8
	D. C.	Get frustrated by other drivers on the road?	1	2	3	- <i>1</i> -7	-o -8
	d.	Drive 10 miles or more faster than the speed	Τ.	۷	3	- 1	-0
	u.	limit	1	2	3	-7	-8
		111111111111111111111111111111111111111	_	_	5	'	.0

G4.	Remembering that this survey received while on duty in the last		s, how ma	ny moving	violati	ions ha	ve you
	NUMBER OF MOVING VIOLATIONS		_				
	REFUSED DON'T KNOW						
G5.	What do you <u>usually</u> do whe usually	n you are give	en an unre	alistic deli	very ti	me? [Do you
	Refuse the load or rene Take the load, Do something else? (SPECIFY)			2			
	DISPATCHER OR SHI UNREALISTICALLY NO DISPATCHER REFUSED DON'T KNOW	TIGHT DELIVE	ERY TIME	4 5 -7			
G6.	In your driving experience over occur? Would you say often, so			often do th	e follov	wing situ	uations
			SOME-				N/A
	. Van and delbas as a siele	OFTEN	TIMES	NEVER	RE	DK	0
	a. You must deliver or pick u load at a given time?		2	3	-7	-8	-9
	b. You receive an unrealistic			Ü	•	Ü	-9
	tight delivery schedule?		2	3	-7	-8	
	c. The time you are allotted loading and unloading unrealistically tight?	is 1	2	3	-7	-8	-9
	d. Your delivery is later t	han 1	2	3	-7	-8	-9
	scheduled?				7	0	-9
	e. Traffic congestion del your deliveries significantl		2	3	-7	-8	-9
	f. The Hours-of-Service ru		2	3	-7	-8	-9
	are violated?			-			
	g. You arrive on time but				-7	-8	-9
	forced to wait to enter		2	3			
	dock?h. The dispatcher works with				-7	-8	-9
	get you home	as 1	2	3	•	J	J
	scheduled?				_	_	
	i You feel your work has be adequately rewarded.	een 1	2	3	-7	-8	-9

INTERVIEWER NOTE:

TAKE SHOW CARD FROM RESPONDENT.

G7. I'm going to read you some activities that may or may not improve safety for truck drivers. Using a scale from 0, which means "not at all" to 5, which means "very much," please rate how well each statement describes how you feel about whether or not the activity would improve safety.

INTERVIEWER NOTE:

GIVE SHOW CARD TO RESPONDENT.

		NO	Т			VE	RY		
		AT	ALL			MU	JCH	RE	DK
a.	Strictly enforce the Hours-of-Service (HOS) regulations	0	1	2	3	4	5	-7	-8
b.	Strictly enforce traffic law on car and truck drivers equally	0	1	2	3	4	5	-7	-8
C.	Equalize the car and truck maximum speed limit on interstate highways	0	1	2	3	4	5	-7	-8
d.	Increase the current maximum speed limit on interstate	0	1	2	3	4	5	-7	-8
	highways by 10 miles per hour	_	_	_	_		_	_	_
e.	Decrease the current maximum speed limit on interstate	0	1	2	3	4	5	-7	-8
	highways by 10 miles per hour		_	_	_	_	_	l _	_
f.	Require speed governors for all large trucks	0	1	2	3	4	5	-7	-8
g.	Designate truck only lane on interstate highways	0	1	2	3	4	5	-7	-8
h.	Build more truck stops/parking area	0	1	2	3	4	5	-7	-8
i.	Pay drivers by the hour for driving time	0	1	2	3	4	5	-7	-8
J.	Pay drivers by the hour for loading and unloading time	0	1	2	3	4	5	-7	-8
k.	Require a short rest break after 4 hours continuous driving	0	1	2	3	4	5	-7	-8

INTERVIEWER NOTE:

TAKE SHOW CARD FROM RESPONDENT.

H DEMOCDADHI	

	H1a.	Do you	ı consider	yourself to be	e Hispanic (or Latino
--	------	--------	------------	----------------	--------------	-----------

UTFR\		

IF RESPONDENT IS UNSURE, READ THE FOLLOWING: "This would include Spanish, Mexican, Mexican-American, Chicano, Puerto Rican, Cuban, Dominican (Republic), Central or South American, Other Latin American or Other Hispanic/Latino."

YES	1
NO	
REFUSED	-7
DON'T KNOW	-8

INTERVIEWER NOTE:

GIVE SHOW CARD TO RESPONDENT.

H1b. What race or races do you consider yourself to be? Please select the ones which best describe you. PROBE: Anything else?

	YΕ	N	R	D
	S	0	Ε	Κ
a. WHITE	1	2	-7	-8
D. BLACK OR AFRICAN AMERICAN	1	2	-7	-8
C. ASIAN	1	2	-7	-8
d. AMERICAN INDIAN OR ALASKA NATIVE	1	2	-7	-8
e. NATIVE HAWAIIAN OR OTHER PACIFIC	1	2	-7	-8
ISLANDER				
•				
(OTHER)				
,				

INTERVIEWER NOTE:

TAKE SHOW CARD FROM RESPONDENT.

H2. Are you <u>now</u> married, widowed, divorced, separated, or never been married, or living with a partner?

NOW MARRIED	1
WIDOWED	2
DIVORCED	3
SEPARATED	4
NEVER MARRIED	5
LIVING WITH A PARTNER	6
REFUSED	-7

		DON'T KNOW	-8	
H3.	What is	s the highest grade of school or college that you cor	nplet	ed?
		8 th GRADE OR LESS	AL)	
[INTER	VIEWE ASK H	R: IF DRIVER IS A COMPANY DRIVER, ASK H5a 5b]	a, IF	AN OWNER OPERATOR,
H4a.	What is	s your current personal annual income from truck dr	iving	, before taxes?
		ANNUAL INCOME	\rightarrow	GO TO H5
		REFUSED DON'T KNOW		
	H4a1.	Would you say it is		
		Under \$20,000,	2 3 4 5 6 7 8 -7	
		[INTERVIEWER NOTE: GO TO H5.]		
H4b.	What is	s your current net annual income from truck driving ses?	, befo	ore taxes and excluding all
		ANNUAL INCOME	\rightarrow	GO TO H5
		REFUSEDDON'T KNOW		
	H5b1.	Would you say it is		
		Under \$20,000,	1	

\$20,001 - \$30,000,	2
\$30,001 - \$40,000,	3
\$40,001 - \$50,000,	4
\$50,001 - \$60,000,	5
\$60,001 - \$70,000,	6
\$70,001 - \$80,000,	7
Over \$80,000?	8
REFUSED	-7
DON'T KNOW	-8

H5. We think this survey will provide useful information about safety and health of truck drivers. I'm going to read you a list of some ways that the information we learn can be shared. Please tell me which ways you think are most important to share what we learned with other drivers. Some ways are...

INTERVIEWER NOTE:

GIVE SHOW CARD TO RESPONDENT AND READ ALL RESPONSE OPTIONS AND THEN LET RESPONDENT PICK MOST IMPORTANT.

	ΥE	NO	RE	DK
	S			
AM/FM radio	1	2	-7	-8
Satellite radio	1	2	-7	-8
Television	1	2	-7	-8
Truck stops	1	2	-7	-8
Postings through your employer		2	-7	-8
Union postings	1	2	-7	-8
Internet website postings	1	2	-7	-8
Trucking magazines/publications			-7	-8
Something else?	1	2	-7	-8
(SPECIFY)				
OTHER	1	2	-7	-8
(SPECIFY1)				
OTHER	1	2	-7	-8
(SPECIFY2)				
OTHER	1	2	-7	-8
(SPECIFY3)				

H6. Have you seen data collection for this survey, the National Survey of Truck Driver Injury and Health, going on at any other truck stops? You would have seen posters like the ones we have here as well as interviewers with similar IDs.

YES	1
NO	2
REFUSED	-7
DON'T KNOW	-8

The remainder of this questionnaire is to be completed only by you. Remember that all of your responses are anonymous. We are interested in learning the amount of time you spent driving/on

duty, off duty/not working, and sleeping for the past two days and today. A familiar format is used to make this task easy for you, however, we are **not** interested in your HOS-logged driving time; **only** your honest and best estimate for the hours you spent on these activities— For example, the number of hours you actually slept and not simply the hours you spent in the sleeper berth. When you are finished, please hand your activity diary back to the interviewer.

Thank you for participating in this survey.

INTERVIEWER NOTE:

Today (so far- please end at the current time)

Today (so far- please end at the current time)

Yesterday

HAND RESPONDENT DRIVER SLEEP AND ACTIVITY DIARN DEANS ANGER ON THEIR OWN AND HAND BACK TO INTERVIEWER.

Sleeping
Not Working

Driving/Working

12am

INTERVIEWER INSTRUCTIONS FOR THE ACTIVITY DIARY:

PLEASE REVIEW THE EXAMPLE ACTIVITY LOG WITH RESPONDENT. WHEN READING THE SCRIPT BELOW PLEASE POINT TO THE APPROPRIATE AREAS ON THE EXAMPLE DIAGRAM WHEN YOU DISCUSS THE ACTIVITIES DURING THOSE HOURS.

INTERVIEWER SCRIPT: Looking at the example activity log, you will see that the person who filled out this log slept from 12AM to 6AM, did not work from 6AM to 6:30 AM, drove or worked from 7AM to 3 PM, did not work again from 3PM to 4PM, worked again from 4PM to 7PM, did not work again from 7 PM to 10:30 PM, and went to sleep at 11PM. If you have any question applease feel free to ask before beginning work on your activity log.

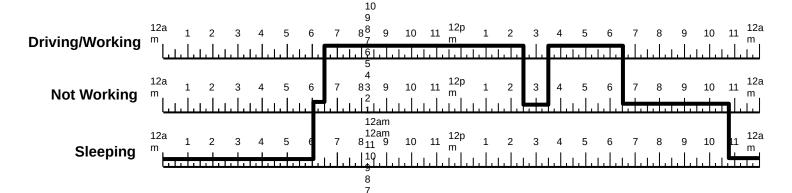
12am 12am

Driver Sleep and Activity Diary

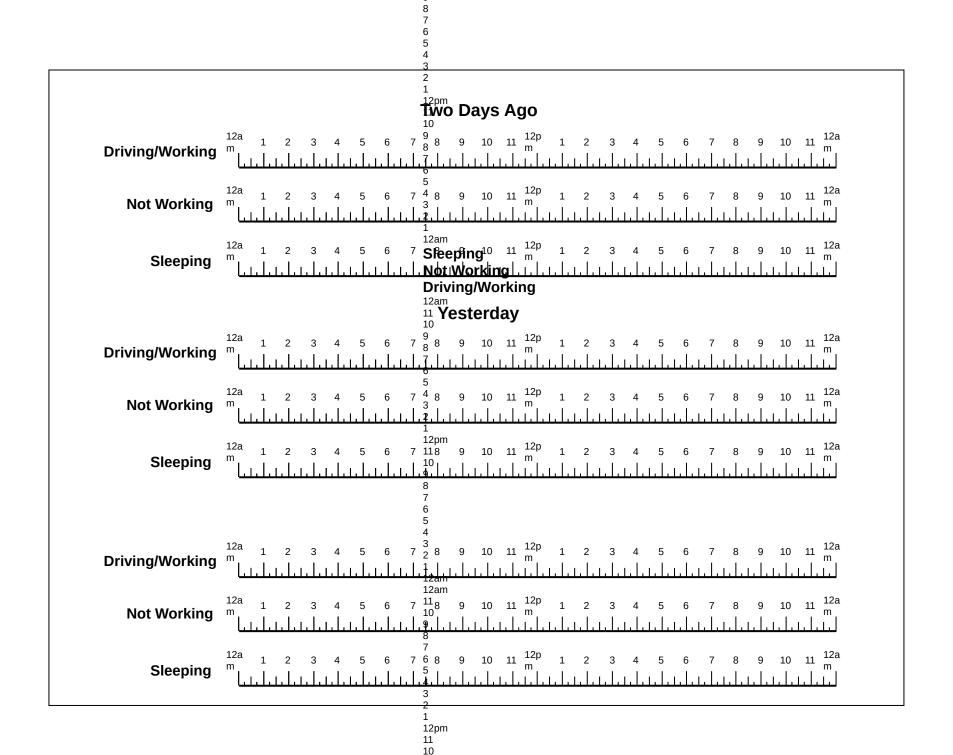
Instructions: We are interested in learning the amount of time you spent driving/on duty, off duty/not working, and sleeping (including napping) for the past two days and today. A familiar format is used to make leaving task easy for you, however, we are NOT interested in your HOS-logged times; but wather your honest and best estimate for the hours you spent on these activities— Priving Wather the number of hours you actually slept and not simply the hours you spent in the sleeper berth.

Keep in mind that this survey is completely anonymous.

The example below shows how we would like you to indicate the hours you spent on these activities. Just like the example below, Please draw a continuous line to show your time spent on these activities.



Please indicate on the back of this page your driving, off-duty, and sleep/nap activities for the previous two days, as well as so far today. Starting at 12 am two days ago, work forward through that day, yesterday, up to the time now, today.



12am 12am 11 10