

Attachment 7 – Service Provider Instruments

Document D.1: Service Provider Focus Group Guide Version 1

Document D.2: Service Provider Focus Group Guide Version 2

Public Burden Statement: An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB control number for this project is xxxx-xxxx. Public reporting burden for this collection of information is estimated to average 120 minutes per client per year, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to SAMHSA Reports Clearance Officer, 1 Choke Cherry Road, Room 7-1044, Rockville, Maryland, 20857.

Evaluation of the Native Aspirations Project

Document D.1: Service Provider Focus Group Moderator's Guide – Clinical/Agency Staff

Note to Interviewer: Before Focus Groups, meet with KAI community coordinators to discuss services that are available and not available in the community.

OPENING BLESSING (if appropriate)

Thank you all for being here today. Before we begin, I want to explain what we are going to be talking about and why the information is important. As part of the federally-funded evaluation of the Native Aspirations Project and how it will help/has helped your community, we want to ask you, as people who provide help, support, and services to Native youth in your community, about those services that are available and areas where more support might be needed. There are some guidelines for this discussion that I would like to suggest, and would like to hear any other guidelines that you would like to add.

- First, there are no right or wrong answers. Please share your true thoughts, even if they are different from what other people have said. We are interested in negative as well as positive comments; sometimes the negative comments are most helpful.
- Second, please speak up, and it's important that only one person talk at one time. We are tape recording the meeting to make sure that we have an accurate record of what has been said. If several people are talking at one time it the tape will be hard to understand and we will miss what you said.
- Please only use first names in our discussion today. In any of the reports that may later be created, none of your names will be used.

- Our discussion will last ninety minutes. There will be no formal break. We've put namecards in front of you to help us remember each other's names.

Alright, before we get started, does anyone have any questions?

1. To begin, could you tell me a little bit about the work that each of you do? Who (what populations) do you work with, and what supports and/or services do you provide?
2. What are the other resources available to support the well-being of Native youth in your community?
 - a. What community resources allow youth to learn more about their culture, or take part in cultural activities?
 - b. What supports are available to a young person if she/he:
 - i. needed help with drug or alcohol abuse?
 - ii. felt unsafe or were being hurt?
 - iii. felt unsafe in the community or were being bullied?
 - iv. was thinking about committing suicide?
 - c. Are there any other resources in your community that support youth wellness?
Probe: What about resources or supports that are provided on an informal basis?
3. How do the resources and supports that you mentioned above work together?
 - a. How do multiple agencies working with the same youth or family communicate with each other?
 - b. What agencies do you work with and/or refer youth or families to most often? Why?
 - c. What agencies do you prefer not to work with? Why?
 - d. How do agencies work with individuals in the community who provide informal services and supports, like natural helpers or traditional healers?
4. What are activities happening in the community that promote wellness and wholeness in young people?
 - a. Tell us about a person who is a respected leader in your community. What do they do to help young people
5. How are the services and supports provided by your agencies appropriate to the culture of your community?
 - a. Are there services provided in other languages?
 - b. How are traditional practices and beliefs integrated into services provided to young people?

- c. What risk factors are unique to your community? How do the supportive services take that into account?
 - d. What protective factors are unique to your community? How do the supportive services take that into account?
 - e. How could the services provided in the community better fit the needs of Native youth?
6. What might keep a young person from getting the help that they might need?
Probe a-c: Location/transportation? Language/cultural barriers? Stigma? Access?
- a. What if a young person was suicidal? What might be a barrier to him/her getting the support that they need?
 - b. What if a young person had a problem with drug or alcohol use? What might keep her/him from getting services?
 - c. What if a young person was experiencing or being threatened with violence, or being hurt in some way? What are things that would keep him/her from getting help?
 - d. What are other things that might keep individuals from seeking support?
7. On the opposite side, what are things that might encourage a young person or family to get mental health or wellness support services?
- a. What characteristics or traits are important in someone providing services or supports?
 - b. What could agencies or providers do to encourage youth or families to come in for services or supports?
 - c. Is there anything else that might encourage a young person or family to seek support?
8. [FOR YEAR 1 ADMINISTRATION:] Finally, what are the three biggest needs of young people in your community?
- a. How are those needs being met?
 - b. What further resources are needed to meet those needs?
9. [FOR YEAR 3 ADMINISTRATION] What changes have you seen in the services available in your community in the past year or so?
- a. Are there more services or a wider array of services available?
 - b. Are more people receiving mental health and wellness services and supports?
 - c. Do you think any of these changes are a result of the Native Aspirations Project?
 - i. If yes, how has Native Aspirations impacted services?

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Evaluation of the Native Aspirations Project

Document D.2: Service Provider Focus Group Moderator's Guide – Non-Agency Staff

OPENING BLESSING (if appropriate)

Thank you all for being here today. Before we begin, I want to explain what we are going to be talking about and why the information is important. As part of the federally-funded evaluation of the Native Aspirations program and how it will help/has helped your community, we want to ask you, as people who provide help, support, and services to your community, about those services that are available and places where more support might be needed. There are some guidelines for this discussion that I would like to suggest, and would like to hear any other guidelines that you would like to add.

- First, there are no right or wrong answers. Please share your true thoughts, even if they are different from what other people have said. We are interested in negative as well as positive comments; sometimes the negative comments are most helpful.
- Second, please speak up, and it's important that only one person talk at one time. We are tape recording the meeting to make sure that we have an accurate record of what has been said. If several people are talking at one time it the tape will be hard to understand and we will miss what you said.
- Please only use first names in our discussion today. In any of the reports that may later be created, none of your names will be used.
- Our discussion will last ninety minutes. There will be no formal break. We've put namecards in front of you to help us remember each other's names.

Alright, before we get started, does anyone have any questions?

1. To begin, can you tell me a little bit about how you work with young people in your community?
 - a. Why do young people come to you?
 - b. What activities do you do together?
 - c. How do you help them?

2. What are the other resources available to support the well-being of youth in your community?
 - a. What community resources allow a young person to learn more about their culture, or take part in cultural activities?
 - b. What supports are available to a young person if he/she needed:
 - i. help with drug or alcohol abuse?
 - ii. felt unsafe or were being hurt?
 - iii. felt unsafe in the community or were being bullied?
 - iv. was thinking about committing suicide?
 - c. Are there any other resources in your community that support youth wellness?
 - d. How are the services provided by agencies in the community different from the support and guidance that you offer to young people?
 - e. Do you think that agencies and organizations providing services respect your role in the lives of young people? How?

3. What activities happening in the community promote wellness and wholeness in the young people?
 - a. Tell us about a person who is a respected leader in your community. What do they do to help young people?

4. What might keep a young person from getting the help or support that he/she might need?
 - a. Location/transportation? Language/cultural barriers? Stigma? Access?
 - b. What if a young person was suicidal? What might be a barrier to him/her getting the support that they need?
 - c. What if a young person had a problem with drug or alcohol use? What might keep her/him from getting services?
 - d. What if a young person was experiencing or being threatened with violence, or being hurt in some way? What are things that would keep him/her from getting help?
 - e. What are other reasons why a young person may not seek help or support for a problem they face?

5. On the opposite side, what are things that might encourage a young person or family to try to get help or support for their mental and emotional wellbeing?
 - a. What characteristics or traits are important in someone providing services or supports to young people or families?
 - b. What should be done to encourage youth and families to seek services or supports?
 - c. Why do you think that people come to you?

6. [FOR YEAR 1 ADMINISTRATION:] Finally, what are the three things, related to mental and emotional wellbeing, that young people in your community need the most?
 - a. How are those needs being met?
 - b. What further resources are needed to meet those needs?

7. [FOR YEAR 3 ADMINISTRATION] What changes have you seen in the services available in your community in the past year or so?
 - a. Are there more services or a wider array of services available?
 - b. Are more people receiving mental health and wellness services and supports?
 - c. Has anything changed about the supports that you provide to young people?
 - d. Do you think any of these changes are a result of the Native Aspirations program?
 - i. If yes, how has Native Aspirations impacted services?