

OMB No. XXXX-XXXX Expiration Date: Month Year

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Evaluation of the Native Aspirations Project

Document E.2: Community Knowledge, Awareness, and Behaviors – Youth Version Ages 11 and older (C-KABS-Y)

You are being asked to participate in this survey because your community, along with other tribal communities across the country, received federal funding to prevent violence, bullying, and suicide among Native American youth. As part of the Cross-community Evaluation of the Native Aspirations Project, we are asking that you complete this Community Knowledge, Awareness, and Behaviors Survey (C-KABS). This survey includes a series of questions asking you about your experiences, behaviors, attitudes, and beliefs. The survey also asks about things in your life that both help you grow and create challenges. The information you give will be used to help Native American youth, Native American communities, and the Native Aspirations Project.

This is not a test. There are not right or wrong answers to this survey. Please answer the questions based on what you really think and do. Your honest answers will help us, your community, and other Indian communities to better understand the needs of young people. DO NOT write your name on this survey. The answers you give will be anonymous. No one will know what you write. The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name.

Completing this survey is voluntary. Whether or not you answer the questions will not affect your grades in school. If you are not comfortable answering a questions, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Please read every question and fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Contact information: If you have any concerns about your participation in this survey or have any questions about the evaluation, please contact Christine Walrath at CWalrath@macrointernational.com (646-695-8154) or Kara Riehman at Kara.S.Riehman@macrointernational.com (404-592-2148). If you feel upset because of any items on the survey, please see Mr/Mrs NAME who is here today.

Thank you very much for your help.

Dir	ections:						
	O Use a #2 pencil						
	O Make dark mar						
	O Fill in a respons	se like this:	•	Yes No			
Thi	ou change your ans s section asks abou It most closely fits y	t your experier	ur old a	inswer nd invo	lvement in sc	hool. Please m	ark the answei
1.	Do you like school? O I like school ver O I like school qui O I like school a bi O I don't like school O I hate school	y much te a bit it					
2.	On average, how w O Very well O Well O Average O Poor O Very poorly O Not sure	ell do you thinl	k you a	are doir	ng in your scho	ool work?	
3.	How important is it	to you to do tl	he follo	owing i	n school:		
	Make friends	1	Very Importai O	nt	Somewhat Important O	Not very Important O	Not Important at all
	Get good grades	(0		0	0	0
	Participate in extra-						
	curricular activities	; (0		0	0	0
	Learn new things	(0		0	0	0

4.	In the next statements, parents can also mean guardians. They are the ones who live with you at home, take care of your needs, and influence your life.							
		NEVER	RARELY	SOME OF THE TIME	MOST OF THE TIME	ALL THE TIME		
	If I have a problem at school, my parents are ready to help.	0	0	0	0	0		
	My parents encourage me to do well at school.	0	0	0	0	0		
	My parents expect too much of me at school.	0	0	0	0	0		
5.	Please read the next three statements and ma	rk how	much y	ou agre	e or disa	agree		
			STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
	At my school, there is a teacher or some other adult who believes that I will be a success.		0	0	0	0	0	
	My teacher(s) notice when I am doing a good job and lets me know about it.		0	0	0	0	0	
	There are lots of chances for students in my school to get involved in sports, clubs, and other activities outside of class.		0	0	0	0	0	
	There is someone in my life that can help me if I need h	elp.	0	0	0	0	0	

6.	6. Read the following statements and choose the answer that best describes how you feel.					
	I feel safe at school.	O NEVER	O RARELY	O SOME OF THE TIME	O MOST OF THE TIME	О АЦ ТНЕ ТІМЕ
	I feel safe on my way	_			\circ	\circ
	to and from school.	0	0	0	0	0
	Other young people say mean things to me at school.	0	0	0	0	0
	I am bullied in my classroom(s) at school.	0	0	0	0	0
	I am bullied outside of my classroom(s) at school.	0	0	0	0	0
	I am bullied on my way to and from school.	0	0	0	0	0
	I feel like an outsider (or left out of things) at my school.	0	0	0	0	0
	e would like to ask you about your family and your early the answer that best fits your experiences or how	=		n your fa	mily. Pl	ease
7.	Including yourself, how many people live in your ho	me?				
8.	Please mark all of the adults that live with you in yo	ur home				
	O Mother O Father O Guardian O Step-mother O Step-father O Grandmother O Grandfather O Uncle O Aunt O Older brother or sister O Other (Please specify) O None of above					

9.	Read the following statements and how much you agree or disagree with the statement
	about your family life and involvement with your family.

	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE
When I am not at home, one of my family members knows where I am.	0	0	0	0	0
I regularly share my thoughts and feelings with someone in my family.	0	0	0	0	0
If I had a personal problem, I could ask someone in my family for help.	0	0	0	0	0
Someone in my family notices when I am feeling upset or sad.	0	0	0	0	0
My parent/guardian or someone in my family notices when I am doing well in school.	0	0	0	0	0
People in my family support each other when times get rough.	0	0	0	0	0
My parent/guardian knows the friends that I hang around with.	0	0	0	0	0
I am very close with my family.	0	0	0	0	0

We'd like to get a better sense of the community you live in. Some of the statements below may apply to your community and others will not. Please mark the answer that best matches how you feel.

10. Please read the following statements about the community you live in and mark how much you agree or disagree.

	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	DON"T KNOW
If I needed the advice or help from someone in the community (not part of your family), it would be easy for me to get it.	0	0	0	0	0	0
I take pride in my community.	0	0	0	0	0	0
I feel like I belong in my community.	0	0	0	0	0	0
If I needed mental health services, I would know where to go.	0	0	0	0	0	0
I seek advice from elders when I have a personal problem.	0	0	0	0	0	0
If I wanted to get some alcohol (beer, wine, or hard liquor), it would be easy for me to get it.	0	0	0	0	0	0
If I wanted to get some marijuana, it would be easy for me to get it.	r O	0	0	0	0	0
If I wanted to get other illegal drugs (cocaine, heroin, ocrystal meth), it would be easy for me to get it.	or O	0	0	0	0	0
Gangs are a serious problem in my community.	0	0	0	0	0	0
Suicide is a frequent problem in my community.	0	0	0	0	0	0
Violence is a frequent problem in my community.	0	0	0	0	0	0
If I wanted to find someone to do a traditional Native ceremony, I could find a person easily.	0	0	0	0	0	0
If I had a personal challenge or struggle I would feel comfortable talking to a counselor.	0	0	0	0	0	0

We'd like to ask you some questions about how you might respond in various situations with friends. There are no right or wrong answers. Please mark the answer that best fits how you think you would react.

••••	in you would reacti						
11	If a friend began to lose interest in activities, othe "I'm not much good to anyone," how likely would			netimes	said thir	ngs lik	e
		DEFINITELY WOULD NOT	PROBABLY WOULD NOT	PROBABLY WOULD	DEFINITELY WOULD	DON'T KNOW	
	Mind your own business and let him/her have privacy?	0	0	0	0	0	
	Ask him/her if something was bothering him/her?	0	0	0	0	0	
	Try to get him/her to go talk to a trusted adult about what's bothering him/her?	0	0	0	0	0	
	Tell an elder about what you noticed about your friend?	0	0	0	0	0	
	Tell an adult (not an elder) about what you noticed about your friend?	0	0	0	0	0	
	Tell another friend about what you noticed about your friend?	0	0	0	0		
12	If a friend was being threatened, bullied, picked o student on a regular basis, how likely would you b		sically at	tacked b	y anoth	er	
	student on a regular basis, now likely would you t	DEFINITELY WOULD NOT	PROBABLY WOULD NOT	PROBABLY WOULD	DEFINITELY WOULD	DON'T KNOW	
	Mind your own business and let your friend handle the situation on his/her own?	0	0	0	0	0	
	Report the situation to an adult at school (teacher, principal, school officer)?	0	0	0	0	0	
	Try to get him/her to go talk to a trusted adult?	0	0	0	0	0	
	Tell an elder about what you noticed about your friend?	0	0	0	0	0	
	Tell an adult you trust (not an elder) about what you noticed about your friend?	0	0	0	0	0	

Tell another friend about what you noticed

about your friend?

0

0

0

0

0

13. If a friend told you he/she was thinking about committing suicide how likely would you be to:						
	DEFINITELY WOULD NOT	PROBABLY WOULD NOT	PROBABLY WOULD	DEFINITELY WOULD	DON'T KNOW	
Tell your friend to call a hotline?	0	0	0	0	0	
Believe your friend is serious?	0	0	0	0	0	
Talk to an elder about your friend?	0	0	0	0	0	
Talk to an adult (not an elder) about your friend?	0	0	0	0	0	
Talk to that friend without getting anyone else's help?	0	0	0	0	0	
Get advice from another friend?	0	0	0	0	0	
Respect your friend's privacy and keep it a secret?	0	0	0	0	0	
The next section asks about your thoughts about per There are no right or wrong answers and your responsable. Please read the following and indicate how much	onses will be	e kept p	rivate.	th trea	tment.	
	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	
It is a sign of personal weakness to receive treatment for suicidal thoughts and behaviors.	0	0	0	0	0	
I would think less of a person if I found out that person received treatment for suicidal thoughts and behaviors.	0	0	0	0	0	
If you receive mental health treatment, you shouldn't tell anyone about it.	0	0	0	0	0	
I wouldn't trust someone who received mental health treatment.	0	0	0	0	0	

We'd like to know a little bit more about your life and experiences. These next questions will ask you about alcohol and drug use. There are no right or wrong answers. No one except the study team will see your responses, and your name will not be linked with your answers.

15	In the <i>past 12 months</i> , how often have you: (P below.)	lease	mark t	he ansv	wer usin	g the le	gend
	below.j	NOT AT ALL	LESS THAN ONCE PER MONTH	1–3 TIMES PER MONTH (FOR EXAMPLE, EVERY OTHER WEEKEND)	1–2 TIMES PER WEEK (FOR EXAMPLE, EVERY WEEKEND)	3–6 TIMES PER WEEK	DAILY
	Smoked cigarettes?	0	0	0	0	0	0
	Had a drink of alcohol, other than a few sips?	0	0	0	0	0	0
	Had more than 5 alcoholic drinks in one sitting?	0	0	0	0	0	0
	Used marijuana?	0	0	0	0	0	0
	Used methamphetamine (meth, crystal meth, crank)?	0	0	0	0	0	0
	Sniffed glue, breathed the contents of spray paint cans, or inhaled any paints or fumes to get high?	0	0	0	0	0	0
	Used Derbisol?	0	0	0	0	0	0
	Used other drugs such as cocaine, heroin, or LSD?	0	0	0	0	0	0
	Used other people's prescription drugs to get high, such as Vicodin, OxyContin,Xanax, Valium, Ritalin, or Ambien)?	0	0	0	0	0	0
	Been in the FR under the influence of drugs or alcohol?	Ο	Ο	0	Ο	0	0

16.	In the <i>last 4 weeks</i> , how often have you:	0 TIMES	1–2 TIMES	3–4 TIMES	5–6 TIMES	7 OR MORE TIMES
	Smoked cigarettes?	0	0	0	0	0
	Had a drink of alcohol, other than a few sips?	0	0	0	0	0
	Had more than 5 alcoholic drinks in one sitting?	0	0	0	0	0
	Used marijuana?	0	0	0	0	0
	Used methamphetamine (meth, crystal meth, crank)?	0	0	0	0	0
	Sniffed glue, breathed the contents of spray paint cans, or inhaled any paints or fumes (like gasoline) to get high?	0	0	0	0	0
	Used Derbisol?	0	0	0	0	0
	Used other drugs such as cocaine, heroin, or LSD?	0	0	0	0	0
	Used other people's prescription drugs to get high, such as Vicodin, OxyContin,Xanax, Valium, Ritalin, or Ambien)? Been in the ER under the influence of drugs or alcohol?	0	0	0	0	0
dor	kt we'd like to learn a little more about specific activit ne in the last 12 months. In the past 12 months, how often have you:	ties tha	t you m	nay or	may no	t have
			NEVER	ONCE	MORE THAN ONCE	
	Been active in sports, clubs, or other activities at school and/or in my community?		0	0	0	
	Been honored for something good you did in your community?		0	0	0	
	Spent at least one day learning or practicing traditional Native languages, arts, crafts, or music?		0	0	0	
	Got an A on an assignment in class?		0	0	0	
	Set goals for yourself?		0	0	0	

Talked to an adult about a challenge you were facing?	0	0	0	

Questions 18–22 ask about some serious topics. We know that these are sensitive issues, but your answers are important to our understanding of your community. If you feel upset by the questions, Mr./Mrs. NAME, who is here today, can assist you.

First, we'd like to ask you about how you interact with others and your exposure to violence . No one will know how you answered the questions.

18. For each of the following statements, choose how many times you did this activity or it happened to you in the last *12 months*.

	0 TIMES	1–2 TIMES	3–4 TIMES	5–6 TIMES	7 OR MORE TIMES
I upset other students for the fun of it.	0	0	0	0	0
I made other students scared.	0	0	0	0	0
In a group, I teased other students.	0	0	0	0	0
I fought students I could easily beat.	0	0	0	0	0
Other students picked on me.	0	0	0	0	0
Other students called me names.	0	0	0	0	0
I got hit and pushed by other students.	0	0	0	0	0
I enjoyed helping other students.	0	0	0	0	0
I helped harass other students.	0	0	0	0	0
I cooperated with others.	0	0	0	0	0
I teased other students.	0	0	0	0	0
I pushed, shoved, slapped, or kicked other students.	0	0	0	0	0
I got in a physical fight.	0	0	0	0	0
I threatened to hurt or hit another student.	0	0	0	0	0
I got into a physical fight because I was angry.	0	0	0	0	0
I took my anger out on an innocent person.	0	0	0	0	0
I hit back when someone hit me first.	0	0	0	0	0
I was mean to someone when I was angry.	0	0	0	0	0
I spread rumors about other students.	0	0	0	0	0
I started arguments or conflicts.	0	0	0	0	0
I encouraged people to fight.	0	0	0	0	0
I excluded other students from my group of friends.	0	0	0	0	0

19. In the past 12 months, how often	າ have yo	ou:
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		0 TIMES	1–2 TIMES	3–4 TIMES	5–6 TIMES	7 OR MORE TIMES
	or physically threatened another student you wanted?	0	0	0	0	0
	nysical fight in which you were hurt and haed by a doctor or nurse?	d O	0	0	0	0
Been in a ph	nysical fight that did not involve a weapon	0	0	0	0	0
Been in a ph	nysical fight that did involve a weapon?	0	0	0	0	0
Carried a we	eapon, such as a gun or knife, to school?	0	0	0	0	0
	apped, or physically hurt by a parent, r an adult who lives in your home?	0	0	0	0	0
OYes O No	ever been hit, slapped, or physically	/ hurt by a boyf	riend o	or girlfrie	end?	
•	ne ever touched or messed with you ot want to do?	u or forced you t	to do s	omethir	ng sexua	ally that
these question	uld like to ask you questions about ons might be difficult to answer, bu ng your community.			_		
22. In the <i>pas</i>	et 12 months, how often have you:		N E V E K	ONCE	MORE THAN ONCE	
Thought of	killing yourself?		0	0	0	

Made a plan to kill yourself?		0	0	0	
Tried to kill yourself?		0	0	0	
This next section asks about kinds of things you do	o in your com	munity	/ .		
23. How often have you done the following? [ITEM	IS WILL BE TA	ILORED	TO FIT (COMM	UNITY
SPECIFIC ACTIVITIES]			ш	ш	ш
			OF TH	OF TH	ETIMI
	NEVER	RARELY	SOME OF THE TIME	MOST OF THE TIME	ALL THE TIME
Gone hunting?	0	o O	S T	2 F 0	0
Gone fishing?	0	0	0	0	0
Gone digging for roots or gathered herbs					
or medicines in a traditional Native way?	0	0	0	0	0
Gathered berries in a traditional Native way?	0	0	0	0	0
Gathered materials for baskets and done basket	0	0	0	0	0
weaving in a traditional Native way?	_				-
Gone canoeing?	0	0	0	0	O
Been to a pow-wow?	0	0	0	0	0
Participated in community celebrations?	0	0	0	0	0
Participated in potlatches?	0	0	0	0	0
Gone to church?	0	0	0	0	0
Done traditional native beading?	0	0	0	0	0
Gone to a sweat?	0	0	0	0	0
Smudged?	0	0	0	0	0
Participated in other cultural or spiritual activities? Please describe					
——————————————————————————————————————	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0

24	. Mark each activity that you participated in during the <i>past 12 months</i> . Mark all that apply. [ITEMS WILL BE TAILORED TO COMMUNITY SPECIFIC NATIVE ASPIRATIONS ACTIVITIES]
	O Community Specific Activity 1 O Community Specific Activity 2 O Community Specific Activity 3 O Community Specific Activity 4 O Community Specific Activity 5 O Other (Please specify) O I did not attend any of these activities
25	. Please indicate whether you have been exposed to the following in your community in the past 12 months. [ITEMS WILL BE TAILORED TO COMMUNITY SPECIFIC NATIVE ASPIRATIONS ACTIVITIES]
	O Community Specific Product 1 O Community Specific Product 2 O Community Specific Product 3 O Community Specific Product 4 O Community Specific Product 5 O Other (Please specify) O I was not exposed to any of these
yo	u are almost finished with the survey. We would like to ask you a few questions about urself that will help us understand the whole group of students who take the survey. This formation will not be used to identify you or any individual student.
26	. What is your gender? O Female O Male
27	. What is your age? O 11 years old O 12 years old O 13 years old O 14 years old

28. What grade are you in? O 6 th grade O 7 th grade O 8 th grade O 9 th grade O 10 th grade O 11 th grade O 12 grade O Ungraded						
 29. Are you Hispanic or Latino? O Yes [go to question 360] O No [go to question 371] 						
 30. Which Hispanic or Latino group represents you? An O Mexican, Mexican-American, or Chicano O Puerto Rican O Cuban O Dominican O Central American O South American O Other Hispanic Origin, please describe 		1ark all	that ap	oly.)		
 31. What is your race? (Mark all that apply.) American Indian Alaska Native Asian Black or African American Native Hawaiian or other Pacific Islander White 						
32. What languages are spoken in your home?						
Tribal language	O NEVER	O RARELY	SOME OF THE OTIME	O MOST OF THE TIME	О АЦ ТНЕ ТІМЕ	
English	0	0	0	0	0	
Spanish	0	0	0	0	0	
Other language Please specify		0	0	0	0	

 33. Do you practice traditional Indian/Native beliefs and values? O Yes O No O I don't know
Thank you for your time and attention to this survey. The information you have provided is extremely important to suicide, violence, substance use, and bullying prevention efforts in your community.
To request additional information or if you or someone you know is in need of help, please contact your school counselor or dial 1-800-273-TALK