

Power Partner Commitment Form Eat Smart. Play Hard.™

The Food and Nutrition Service invites you to become an Eat Smart. Play Hard.™ Power Partner. Complete this form and check what your agency will do over the next 12 months to promote healthy eating and physical activity behaviors. Email this form to Eatsmartplayhard@usda.gov or fax it to 703-305-2576, Attention NSS.

Primary Contact _____ Title

Organization/Dept. _____ Agency/Division

Address:

City: _____ State: _____ Zip:

Phone: _____ Fax: _____ Email:

Secondary Contact _____ Title

Organization/Dept. _____ Agency/Division

Address:

City: _____ State: _____ Zip:

Phone: _____ Fax: _____ Email:

ABOUT YOUR AGENCY

Which **USDA nutrition assistance program(s)** does your agency administer? Check all that apply.

NONE Child Nutrition/School Meals Food Stamp Program

- | | | |
|--------------------------------|--|--------------------------------|
| <input type="checkbox"/> WIC | <input type="checkbox"/> WIC Farmers Market | <input type="checkbox"/> FDPIR |
| <input type="checkbox"/> CACFP | <input type="checkbox"/> Summer Food Service Program | <input type="checkbox"/> TEFAP |
| <input type="checkbox"/> CSFP | <input type="checkbox"/> Other – specify _____ | |

Type of requesting agency: [Check only **one**]
State Agency _____ Local Agency _____ Other, specify _____

Check all that apply. As an Eat Smart. Play Hard.™ Partner, we will:

Complete the Choice A or B of the Basic Requirements and at least 2 optional requirements from (date) to (date) (must be completed in 12 months).

Basic Requirements:

- Choice A
 - conduct 3-4 lessons for kids (including the take home and community components),
 - sponsor at least one education/community wide program featuring Power Panther * that uses the Power Panther scripts, stories, and Power Up Moves,
 - conduct a tour of the kids' Eat Smart. Play Hard.™ website. Have kids work in groups to provide feedback on each of the eight locations in the virtual community.
 - conduct 1-2 Power Plan lessons for Parents.

- Choice B
 - o conduct 1-2 lessons for kids (including the take home and community components),
 - o sponsor at least one education/community wide program featuring Power Panther * that uses the Power Panther scripts, stories, and Power Up Moves,
 - o conduct 3-4 Power Plan lessons for Parents.

Note: The activities in either Choice A or B must be completed during a 6-8 week period of time to maximize impact.

Optional Requirements (Check at least two):

- Host a family “food tasting” night to make family members aware of the important role they play in promoting healthy eating and an active living environment; share resources and tips and conduct a tour of the parent web pages and resources. Include a taste test of the healthy, tasty, easy, and low cost recipes on the site.

- Conduct additional education sessions with children and or adults using the Power Plans or FNS My Pyramid for Kids lesson plans.

- Conduct (#) events using Power Panther*, the Power Panther scripts and related resources.
- Feature an article on Eat Smart. Play Hard.™ in our publications.
- Play the audio Eat Smart. Play Hard.™ PSAs
- Create a dance routine with our kids using the Power Panther songs.
- Encourage our band to learn and play the Power Panther song at school assemblies.
- Conduct trainings for staff on new Eat Smart. Play Hard.™ resources.
- Include a link to Eat Smart. Play Hard.™ on our website.
- Other, please describe_____

* Submit Costume Request and Agreement Form for your event at least 6-8 weeks in advance.

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|-------------|-----------------------------|------------------|
| Date | Name (print or type) | Signature |
|-------------|-----------------------------|------------------|