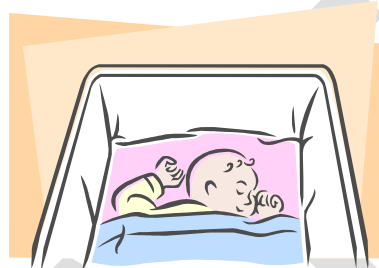


Source: Visits: Within X Days of 6 Month Visit Mode: Self-administered (Mail-in) Estimated Time:	BAR CODE LABEL OR SUBJECT ID HERE



Baby (6-month-old) 3-Day Time and Place Diary

6 Month Visit
Instructions

1	This booklet contains instructions for the 6-Mo Baby 3-Day Time and Place Diary.
2	Fill out one Time and Place Diary [PUT LABEL HERE WITH DAYS THE RESPONDENT SHOULD FILL OUT THE DIARY - TWO WEEKDAYS AND ONE WEEKEND DAY] [EITHER TH, F, SA OR SU, M, TU]
3	Each Time and Place Diary asks about how and where your baby spent his/her time (we are most interested in WHERE your baby spent his/her time on each day).
4	In this diary, a day begins at 4:00 am in the early morning and ends at 3:59 am the following morning. For each hour of the day, write in generally what your baby was doing at that time.
5	The diary is designed for you to fill out based on your baby's activities on the previous day. So, if you are to complete a diary for Sunday, then you should fill it out on Monday and if you are to complete a diary on Monday, you should fill it out on Tuesday, and so on. We would like you to complete the diary for 3 days, 1 weekend day, and 2 weekdays. The appropriate days are listed on the label above and on a label at the top of each day of the diary.
6	Use only a black ball-point pen (not red ink or felt tip) to mark the places where your baby spent his / her time <input type="checkbox"/> . If your baby make a mistake, cross out the incorrect answer <input checked="" type="checkbox"/> and draw a circle around the correct answer <input checked="" type="checkbox"/> .

How to Complete Your Baby's Diary

Beginning at 4:00 AM, think of everything your baby did for the next hour. Write in the activity number that corresponds to what your baby was doing for this hour. Check (☑) a box for every place your baby was during that hour. Fill this out for 24 hours, ending at 3:59 AM (the next day). Fill out a diary for all of the days listed on page 1, or the cover sheet to this package.

Example 1: Let's say from 4:00 AM to 5:59 AM, your baby was sleeping at home. Write the word "sleeping" under activities, and check the box for "Inside at home."



Time	Activities	Inside, at home	Inside, at daycare	Inside, somewhere else	Outside, at home	Outside, at daycare	Outside, somewhere else	In transit
4:00 AM – 4:59 AM	Sleeping	☑	☐	☐	☐	☐	☐	☐
5:00 AM – 5:59 AM	Sleeping	☑	☐	☐	☐	☐	☐	☐

For hours where your baby spent time multiple places, write generally what your baby did under "activities" and check a box for every place that your baby spent time during that hour.

Example 2: Let's say your baby woke up at about 6:00 AM then you changed her diaper and dressed her for daycare, walked the dog outside with your baby in a stroller, and then you took your baby to daycare you would complete the diary as follows.



Time	Activities	Inside, at home	Inside, at daycare	Inside, somewhere else	Outside, at home	Outside, at daycare	Outside, somewhere else	In transit
4:00 AM – 4:59 AM	Sleeping	☑	☐	☐	☐	☐	☐	☐
5:00 AM – 5:59 AM	Sleeping	☑	☐	☐	☐	☐	☐	☐
6:00 AM – 6:59 AM	Woke up, diaper changed, ate, etc.	☑	☐	☐	☐	☐	☐	☐
7:00 AM – 7:59 AM	Got dressed, walked dog, left for daycare	☑	☐	☐	☑	☐	☐	☑

If you have any questions on how to fill out the diary, call 1-800-XXX-XXXX.

DRAFT

[PUT LABEL HERE THAT LIST THE DAY [EITHER TH, F, SA OR SU, M, TU] AND THE DATE THE RESPONDENT SHOULD FILL OUT THE DIARY]

Day 3

Now fill in the diary below.

	Time	Activities	Inside, at home	Inside, at daycare	Inside, somewhere else	Outside, at home	Outside, at daycare	Outside, somewhere else	In transit
Morning	4:00 AM – 4:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	5:00 AM – 5:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	6:00 AM – 6:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	7:00 AM – 7:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	8:00 AM – 8:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	9:00 AM – 9:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	10:00 AM – 10:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Afternoon	11:00 AM – 11:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	12:00 PM – 12:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1:00 PM – 1:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	2:00 PM – 2:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	3:00 PM – 3:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	4:00 PM – 4:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evening	5:00 PM – 5:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	6:00 PM – 6:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	7:00 PM – 7:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	8:00 PM – 8:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	9:00 PM – 9:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	10:00 PM – 10:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Night time <small>(AM - next day)</small>	11:00 PM – 11:59 PM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	12:00 AM – 12:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1:00 AM – 1:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	2:00 AM – 2:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	3:00 AM – 3:59 AM		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Thank you *very much* for completing this time and place diary. Your answers are very important to the National Children's Study.