

CURRENT

FORM APPROVED  
OMB NO. 3220-0039

U.S. RAILROAD RETIREMENT BOARD  
Office of Programs - Operations  
P.O. Box 10695  
Chicago, Illinois 60610-0695

ID-7H (09-99)



In reply refer to  
SS No.  
REQ -

NOTICE OF DETERMINATION - SICKNESS BENEFITS

According to information on your recent Application for Sickness Benefits, the first day for which you can claim benefits is . In addition, medical information submitted with your application shows that you were able to return to work on . Accordingly, you do not have a sufficient number of days of sickness to establish a valid claim. A minimum of five days of sickness is required in a claim period for benefits to be payable, or for the claim to satisfy a waiting period requirement.

If you were unable to work for a longer period of time, you may request reconsideration of our determination. Your request must be in writing and should include a statement from your doctor indicating the date you were able to return to work, or are expected to be able to work. This information may be furnished on the doctor's own form or by letter. If you request reconsideration, your request and the doctor's statement must be received within 60 days of the date of this letter.

If you are unemployed, able to work, and available for work, you may be eligible for unemployment benefits. You can obtain an Application for Unemployment Benefits from your local Railroad Retirement Board office. Applications are also available through railroad employers and many labor organizations. If you file for unemployment benefits, your application must be received within 30 days of the first day for which you want to claim benefits, or you may lose benefits.

Robert J. Duda  
Director of Operations