

APPENDIX F
CONSENT FORM



The USDA National Food Study

Consent Form

Your consent is being sought to participate in the National Food Study. Your address was selected at random using a scientific process to assure that all households have a chance to be selected. Please read the following information carefully before you decide whether or not you consent to participate.

Sponsor of Study: The study is sponsored by the U.S. Department of Agriculture and conducted by Mathematica Policy Research, an independent research firm.

Purpose of the study: This study will collect information to help USDA improve its programs and help to assure that all Americans have access to a healthy diet at affordable prices.

Procedures to follow: If you agree to participate, we will ask you and members of your household to keep track of the foods you get for 7 days. We will also ask you to complete interviews. The study procedures include:

1. **Complete** three (3) 30-minute interviews:
 - a. **Interview #1** will be done today, in person. It includes questions about your household, where you shop for food, and whether you receive benefits from food assistance programs.
 - b. **Interview #2** will be done mid-week when a telephone interviewer calls you. It includes questions about household income, assets, and major non-food expenditures.
 - c. **Interview #3** will be done at the end of the week, in person. It includes general questions about your family's health, special dietary needs, nutrition knowledge, and food security.
2. **Receive a one-hour training** to learn how to keep track of foods for the survey.
3. **Save receipts** from all of your household food purchases for the next 7 days.
4. **Scan food items** that you bring into your home during the next 7 days. We will give you a scanner to use for the week. This may take about 20 minutes during the week.
5. **Keep track of meals and snacks that you get away from home.** This may take about 1 hour during the week for each person age 11 and over who obtains food away from home.
6. **Call us for three (3) 15-minute telephone calls** to discuss the foods you get during the week.

It may take six to seven hours of your time during the week, depending on your household size.

Incentives/benefits for participation: This study provides three types of incentives:

- The primary food shopper in the household, who completes the three (3) interviews and keeps track of food, will receive a **\$50 check** at the end of the week after returning the scanner and food books.
- The primary food shopper will also receive up to **three (3) \$10 Walmart gift cards**, one for each time that you call us to report the foods you get during the week.
- Other members of your family will receive a gift card if they keep track of the foods they get: children age 11 to 14 will receive a **\$10 Walmart gift card** and persons age 15 and older will get a **\$20 Walmart gift card**.

