

PRIVACY ACT STATEMENT: You have rights under the Privacy Act. The following statement describes how that Act applies to this study:

Authority: Authority to request this information is granted under Title 5, U.S. Code 136, Department of Defense Regulations, Executive Order 9396, DoD RCS#DD-HA(AR)2106 (expires 01/31/13), and OMB #0720-0029 (expires ??). Personal identifiers will be used to link survey data with medical and other military records.

Purpose: Medical research information will be collected in a research project titled "Prospective Studies of U.S. Military Forces: The Millennium Cohort Study." The project objective is to enhance basic medical knowledge and to improve the treatment and prevention of illnesses that may be related to military service.

Routine Uses: The information provided in this questionnaire will be maintained in data files at the DoD Center for Deployment Health Research at the Naval Health Research Center and used only for medical research purposes. Use of these data may be granted to other federal and non-federal medical research agencies as approved by the Naval Health Research Center's Institutional Review Board. However, your personal identifiers will be protected. By signing the original consent form, you volunteered to disclose your information as identified above. If you do not agree to this disclosure, your failure will make the research less useful. The "Blanket Routine Uses" that appears at the beginning of the Department of Defense's compilation of medical databases also applies to this system.

Anonymity: All responses will be held in confidence by the DoD Center for Deployment Health Research. Information you provide will be considered only when statistically summarized with the responses of others. Your personal identifiers (name, etc.) will only be used to link data sets and then the identifiers will be stripped from study data such that medical researchers cannot identify you individually.

Voluntary Disclosure: Completion of the questionnaire is voluntary. Failure to respond to any of the questions will NOT result in any penalties except possible lack of representation of your views in the final results and outcomes.

<u>PUBLIC BURDEN STATEMENT</u>: Public reporting burden for this collection of information is estimated at 30 minutes. Comments on the burden or content of the instrument should be sent to the Millennium Cohort Study team, PO Box 85777, San Diego, CA 92186-5777. Under 5 CFR 1320.5(b), an Agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless the collection displays a valid control number.



You may also complete this questionnaire online at www.MillenniumCohort.org

MARKING INSTRUCTIONS

• Sha • Mis	 Use BLACK or BLUE ink. Shade circles like this: ● Mistakes must be crossed out with an "X". Print in CAPITAL LETTERS and avoid contact with the edge of the box. EXAMPLE: 																								
	Α	ВС	D	Е	F	G H	I	J	K	L	M N	1	0	Р	Q	R	s	Т	U	٧	W	X	Υ	Z	
						best of y				he qu	ıestioı	nna	aire.												
1. W	hat is	s your c	urren	ıt ma	iling	address	s?																		
	Add	lress Li	ne 1:																						
	Add	Iress Li (opti	ne 2 onal):																						
C	City (or FPO/APO):																								
State	State/Province/Region (or AA/AE/AP): ZIP/Postal Code:																								
	Country:																								
2. Ple	ease	provide	your	day	time	phone r	numb	oer:					I	Τ	Π	Τ	Т	Т	Т	Τ				1 1	\neg
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			1	9]				
6. Wł	6. What is today's date? M M D D Y Y Y Y 2 0																								

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7. What is your current marital status? Choose the single best answer.	8. What is the highest level of education that you have completed ? Choose the single best answer.		hich hand r writing?	d do you use
○ Single, never married	O Less than high school completion/diploma		⊃ Right	
O Now married	O High school degree/GED/or equivalent		⊃ Left	
○ Separated	O Some college, no degree		O Use bot	h equally
○ Divorced	O Associate's degree			
○ Widowed	O Bachelor's degree			
	O Master's, doctorate, or professional degree			
10. How tall are you? For example, a person who is 5'8" tall should write 5 feet 08 inches.	11. What is your current weight? 12. How much did you weigh a year ago	?		pounds
			1 1	
lf you	are FEMALE, please continue to question 13			
	re MALE, please skip to question 14 on page 4			
 13. FOR WOMEN ONLY: a. Have you had at least one menstreed. b. If NO: What is the reason that you Mark all that apply. 	ual period in the past 12 months ?u have not had a menstrual period in the past 12 mon	ths?	O No	o O Yes
○ Pregnancy and/or breast feediı	ng O Hysterectomy			
O Contraception or hormone ther	apy Other please specify			
○ Menopause	○ Unknown			
		No	Yes	Does not apply
	d starts, do you have a serious problem anxiety, irritability, anger, or mood swings?	_ 0	0	Ο
d. If YES: Do these problems go awa	ay by the end of your period?	- 0	0	0
e. Are you currently pregnant?		0	0	0
f. Have you given birth within the las	st 3 years?	- 0	0	0
	ith gestational diabetes by a glucose tolerance test	. 0	0	0
h. Have you had a miscarriage withir	- 0	0	0	
i. During the last 3 years , have you	tried and been unable to become pregnant?		0	\circ

	he last 3 years , has your doctor or other health professional u that you have any of the following conditions?	told		If YES , in what year were you first diagnosed?	Mark here if you were hospitalized for the condition in the last 3 years
a.	Hypertension (high blood pressure)	O No	O Yes		O Hospitalized
b.	High cholesterol requiring medication	O No	O Yes		O Hospitalized
c.	Coronary heart disease	O No	O Yes		O Hospitalized
d.	Heart attack	O No	O Yes		O Hospitalized
e.	Angina (chest pain)	O No	O Yes		O Hospitalized
f.	Any other heart condition	○ No	O Yes		O Hospitalized
g.	Sinusitis	O No	O Yes		O Hospitalized
h.	Chronic bronchitis	O No	O Yes		O Hospitalized
i.	Emphysema	O No	O Yes		O Hospitalized
j.	Asthma	O No	O Yes		O Hospitalized
k.	Kidney failure requiring dialysis	O No	O Yes		O Hospitalized
l.	Bladder infection	O No	O Yes		O Hospitalized
m.	Pancreatitis	O No	O Yes		O Hospitalized
n.	Diabetes or sugar diabetes	O No	O Yes		O Hospitalized
0.	Gallstones	O No	O Yes		O Hospitalized
p.	Kidney stones	O No	O Yes		O Hospitalized
q.	Hepatitis B	O No	O Yes		O Hospitalized
r.	Hepatitis C	O No	O Yes		O Hospitalized
s.	Any other hepatitis	O No	O Yes		O Hospitalized
t.	Cirrhosis	O No	O Yes		O Hospitalized
u.	Fibromyalgia	O No	O Yes		O Hospitalized
v.	Rheumatoid arthritis	O No	O Yes		O Hospitalized
w.	Lupus	O No	O Yes		O Hospitalized

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Question 14 continued from previous page

14. In the **last 3 years**, has your doctor or other health professional told you that you have any of the following conditions?

If **YES**, in what year were you **first** diagnosed?

Mark here if you were hospitalized for the condition in the last 3 years

х.	Multiple sclerosis	O No	O Yes	O Hospitalized
y.	Crohn's disease	O No	O Yes	O Hospitalized
Z.	Stomach, duodenal, or peptic ulcer	O No	O Yes	O Hospitalized
aa.	Ulcerative colitis or proctitis	○ No	O Yes	O Hospitalized
bb.	Acid reflux / gastroesophageal reflux disease requiring medication	O No	O Yes	O Hospitalized
CC.	Significant hearing loss	O No	O Yes	O Hospitalized
dd.	Significant vision loss even with glasses or contact lenses	O No	O Yes	O Hospitalized
ee.	Tinnitus / ringing of the ears	O No	O Yes	O Hospitalized
ff.	Migraine headaches	O No	O Yes	O Hospitalized
gg.	Stroke	O No	O Yes	O Hospitalized
hh.	Neuropathy-caused reduced sensation in hands or feet	O No	O Yes	O Hospitalized
ii.	Seizures	O No	O Yes	O Hospitalized
jj.	Sleep apnea	O No	O Yes	O Hospitalized
kk.	Anemia	O No	O Yes	O Hospitalized
II.	Thyroid condition other than cancer	O No	O Yes	O Hospitalized
mm.	Cancerplease specify	○ No	O Yes	O Hospitalized
nn.	Chronic fatigue syndrome	O No	O Yes	O Hospitalized
00.	Depression	O No	O Yes	O Hospitalized
pp.	Schizophrenia or psychosis	O No	O Yes	O Hospitalized
qq.	Manic-depressive disorder	O No	O Yes	O Hospitalized
rr.	Posttraumatic stress disorder	O No	O Yes	O Hospitalized
SS.	Infertility	○ No	O Yes	O Hospitalized
tt.	Other please specify	O No	O Yes	O Hospitalized

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15.	5. In the last 3 years , have you had persistent or recurring problems with any of the following?												
	a.	Severe headache	O No	O Yes	k.	Nigh	t sweats	(O No	O Yes			
	b.	Diarrhea	O No	O Yes	I.	Che	st pain	(O No	O Yes			
	c.	Rash or skin ulcer	O No	O Yes	m.	Unu	sual muscle pains	(O No	O Yes			
	d.	Sore throat	O No	O Yes	n.	Sho	rtness of breath _	(O No	O Yes			
	e.	Frequent bladder infections	O No	O Yes	0.	Trou	ble sleeping	(O No	O Yes			
	f.	Cough	O No	O Yes	p.	Unu	sual fatigue	(O No	O Yes			
	g.	Fever	O No	O Yes	q.	Forg	jetfulness	(O No	O Yes			
	h.	Sudden unexplained hair loss	O No	O Yes	r.	Con	fusion	(O No	O Yes			
	i.	Earlobe pain		O Yes	S.	Othe	er	(O No	O Yes			
	i.	Sleepy all the time		O Yes			please specify						
	٠,	Cloopy an are arms											
	(exc	r the past 3 years , approximately helude hospitalization for pregnancy a one O 1 day O 2-5 days	nd childi	oirth)	you hosp O 11-15			, ,	lays or ı	more			
17.	17. Over the past 3 years , approximately how many days were you unable to work or perform your usual activities												
		ause of illness or injury? (exclude lo			•		· ·	0.04					
	O N	one ○ 1 day ○ 2-5 days	O 6-1	0 days	O 11-15	days	○ 16-20 day	/s 0 21 c	days or	more			
		ng the last 4 weeks, how much hav		een									
	both	nered by any of the following problem	ns?			bothered by any of the following problems? Bothered Bothered							
	a.	Stomach pain					Not bothered	a little	a	thered a lot			
	b.	Back pain					O	a little	ā				
	_						0		6	a lot			
	C.	Pain in your arms, legs, or joints (kr					0	0	8	a lot			
	d.	·	nees, hip	 s, etc)			0 0 0	0	ē.	o lot			
		Pain in your arms, legs, or joints (kr	nees, hip rcourse	es, etc)			0 0 0	0 0 0	e e	o lot			
	d.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte	nees, hip rcourse	s, etc)		 	0 0 0 0	0 0 0 0	ε	0 0 0			
	d. e.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches	nees, hip rcourse	s, etc)			0 0 0 0	0 0 0 0	8	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d. e. f.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches Chest pain	nees, hip	es, etc)			0 0 0 0 0	0 0 0 0	6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d. e. f.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches Chest pain Dizziness	nees, hip	os, etc)			O O O O O	0 0 0 0 0	6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d. e. f. g. h.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches Chest pain Dizziness Fainting spells	nees, hip	os, etc)				0 0 0 0 0 0	6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d.e.f.g.h.i.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches Chest pain Dizziness Fainting spells Feeling your heart pound or race	nees, hip	os, etc)					8	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d.e.f.g.h.i.j.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inte Headaches Chest pain Dizziness Fainting spells Feeling your heart pound or race Shortness of breath	nees, hip	s, etc)					6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d.e.f.g.h.i.j.k.l.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inter Headaches Chest pain Dizziness Fainting spells Feeling your heart pound or race Shortness of breath Constipation, loose bowels, or diarrh	nees, hip	os, etc)					6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			
	d.e.f.g.h.i.j.k.l.	Pain in your arms, legs, or joints (kr Pain or problems during sexual inter Headaches Chest pain Dizziness Fainting spells Feeling your heart pound or race Shortness of breath Constipation, loose bowels, or diarrh Nausea, gas, or indigestion	nees, hip	os, etc)					6	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			

		the last 2 weeks , how often have you been bothered by any of ollowing problems?	Not at all	Several days	More than half the days	Nearly every day			
	a.	Little interest or pleasure in doing things	- · O	0	0	0			
	b.	Feeling down, depressed, or hopeless	_ O	0	0	0			
	c.	Trouble falling or staying asleep, or sleeping too much	- O	0	0	0			
	d.	Feeling tired or having little energy	- 0	0	0	0			
	e.	Poor appetite or overeating	- O	0	0	0			
	f.	Feeling bad about yourself - or that you are a failure or have let yourself or your family down	0	0	0	0			
	g.	Trouble concentrating on things, such as reading the newspaper or watching television	O _	0	0	0			
	h.	Moving or speaking so slowly that other people could have noticed or the opposite - being so fidgety or restless that you have been moving around a lot more than usual	0	0	0	0			
If you have been bothered by any of the items listed above on this page, you may want to seek help from a health professional in your area.									
20.	a.	In the last 4 weeks, have you had an anxiety attack - suddenly fe	eling fear or	panic?	O No	O Yes			
		If you marked NO, please skip to question	n 22 on pag	e 8					
	b.	Has this ever happened to you before?			O No	O Yes			
	C.	c. Do some of these attacks come suddenly out of the blue - that is, in situations where you don't expect to be nervous or uncomfortable?							
	d.	Do these attacks bother you a lot, or are you worried about having	O No	O Yes					
21.	Thinl	k about your last bad anxiety attack.							
	a.	Were you short of breath?			O No	O Yes			
	b.	Did your heart race, pound, or skip?			O No	O Yes			
	c.	Did you have chest pain or pressure?			O No	O Yes			
	d.	Did you sweat?				O Yes			
	e.	Did you feel as if you were choking?			O No	O Yes			
	f.	Did you have hot flashes or chills?			O No	O Yes			
	g. Did you have nausea or an upset stomach, or the feeling that you were going to have diarrhea?								
	h.	Did you feel dizzy, unsteady, or faint?			O No	O Yes			
	i.	Did you have tingling or numbness in parts of your body?			O No	O Yes			
	j.	Did you tremble or shake?			O No	O Yes			
	k.	Were you afraid you were dying?			O No	O Yes			

PAGE STARTS HER	₹E							
22. Over the last 4 weeks , how often have you be following problems?		Not at all	Several days	More than half the days				
a. Feeling nervous, anxious, on edge, or was about different things		O	0	0				
If you marked	NOT AT ALL, skip to question	on 23						
b. Feeling restless so that it is hard to sit s	:till		0	0				
c. Getting tired very easily		O	0	0				
d. Muscle tension, aches, or soreness		0	0	0				
e. Trouble falling asleep or staying asleep		O	0	0				
f. Trouble concentrating on things, such a watching TV		O	0	0				
g. Becoming easily annoyed or irritable		O	0	0				
23. On an average day , how many 8-12 oz beve	erages containing caffeine do	you drink (sucl	n as coffee, tea.	soda)?				
23. On an average day , how many 8-12 oz beverages containing caffeine do you drink (such as coffee, tea, soda)? O None O 1-2 per day O 3-5 per day O 6-10 per day O 11 or more per day								
24. About how many times each week do you eat from a fast food restaurant (such as hamburgers, tacos, or pizza)? O None O Once a week O 2-3 times/week O 4-7 times/week O 8-14 times/week O 15 or more times/week								
25. a. Do you often feel that you can't control what or how much you eat?ONo OYes								
b. Do you often eat, within any 2 hour period, what most people would regard as								
	riod, what most people would	regard as						
	riod, what most people would e, has this been as often, on	regard as	ON	lo O Yes				
an unusually large amount of food?c. If you marked YES to either of the above	riod, what most people would e, has this been as often, on 3 MONTHS?	regard as	ON	No OYes				
 an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 	riod, what most people would e, has this been as often, on 3 MONTHS?	regard as	ONON	No OYes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months , have you done any of	riod, what most people would e, has this been as often, on 3 MONTHS? the following in order to avoid	regard as	ONON	No O Yes No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended	riod, what most people would e, has this been as often, on 3 MONTHS? the following in order to avoid dose of laxatives?	gaining weight	ON ON ? ON	No O Yes No O Yes No O Yes No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended	the following in order to avoid dose of laxatives?	gaining weight	? ON ? ON	No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended c. Fasted - not eaten anything at all for at least	the following in order to avoid dose of laxatives?	gaining weight	ON ON ON ON ON ON	No OYes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended c. Fasted - not eaten anything at all for at lead d. Exercised for more than an hour specificate. If you marked YES to any of these ways of	the following in order to avoid dose of laxatives? ast 24 hours? ally to avoid gaining weight after avoiding gaining weight, we pregnant, did you have miscarriage?	gaining weight gaining weight er binge eating re any as ever got b. ve a	ON ON ON ON ON ON	No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended c. Fasted - not eaten anything at all for at lead d. Exercised for more than an hour specificate e. If you marked YES to any of these ways often, on average, as twice a week? 27. Have you and a partner ever tried to get pregnant? O No O Yes O Not applicable If you marked No or Not applicable,	the following in order to avoid dose of laxatives? ally to avoid gaining weight, we pregnant, did you have miscarriage? O Does not apply (no present a soften, on a soften avoid gaining weight after the soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gain avoid	gaining weight gaining weight er binge eating re any as ever got b. ve a	O N ? O N O N O N O N O N If YES , list the y	No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended c. Fasted - not eaten anything at all for at lead d. Exercised for more than an hour specificate e. If you marked YES to any of these ways of often, on average, as twice a week? 27. Have you and a partner ever tried to get pregnant? O No O Yes O Not applicable If you marked No or Not applicable, skip to question 29	the following in order to avoid dose of laxatives? ast 24 hours? ally to avoid gaining weight after of avoiding gaining weight, we pregnant, did you have miscarriage? O Does not apply (no process)	gaining weight gaining weight er binge eating re any as ever got b. ve a	O N ? O N O N O N O N O N If YES , list the y	No O Yes				
an unusually large amount of food? c. If you marked YES to either of the above average, as twice a week for the LAST 26. In the last 3 months, have you done any of a. Made yourself vomit? b. Took more than twice the recommended c. Fasted - not eaten anything at all for at lead d. Exercised for more than an hour specificate e. If you marked YES to any of these ways often, on average, as twice a week? 27. Have you and a partner ever tried to get pregnant? O No O Yes O Not applicable If you marked No or Not applicable,	the following in order to avoid dose of laxatives? ally to avoid gaining weight, we pregnant, did you have miscarriage? O Does not apply (no present a soften, on a soften avoid gaining weight after the soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight, we have soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gaining weight after a soften avoid gain avoid	gaining weight gaining weight er binge eating re any as ever got b. ve a pregnancy)	O N ? O N O N O N O N O N If YES , list the y	No O Yes				

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30. In the last 4 weeks , how much have you been bothered by any of the following problems?	Not bothered	Bothered a little	Bothered a lot					
a. Worrying about your health	- O	0	0					
b. Your weight or how you look	. 0	0	0					
c. Little or no sexual desire or pleasure during sex	· O	0	0					
d. Difficulties with husband/wife, partner/lover, or boyfriend/girlfriend	- O	0	0					
e. The stress of taking care of children, parents, or other family members_	. 0	0	0					
f. Stress at work outside of the home or at school	_ O	0	0					
g. Financial problems or worries	_ O	0	0					
h. Having no one to turn to when you have a problem	- O	0	0					
i. Something bad that happened recently	. 0	0	0					
j. Thinking or dreaming about something terrible that happened to you in the past - like your house being destroyed, a severe accident, being hit or assaulted, or being forced into a sexual act	. 0	0	0					
31. In the last year , have you been hit, slapped, kicked, or otherwise physically his by someone, or has anyone forced you to have an unwanted sexual act?		O No	O Yes					
32. Are you currently taking any medicine for anxiety, depression, or stress?O No Yes								
33. Over the past month , how many hours of sleep did you get in an average 24-hour period? hours								
			nours					
34. Please rate your sleep pattern for the past 2 weeks . None Mi		ate Severe	Very severe					
a. Difficulty falling asleep O	0	ate Severe	Very					
a. Difficulty falling asleep O O b. Difficulty staying asleep O O	0 0	0	Very severe O					
a. Difficulty falling asleep O	0 0	0	Very severe					
a. Difficulty falling asleep O O b. Difficulty staying asleep O O		0	Very severe O					
a. Difficulty falling asleep O b. Difficulty staying asleep O c. Problem waking up too early O		O O O	Very severe O O O					
a. Difficulty falling asleep b. Difficulty staying asleep c. Problem waking up too early d. Snoring 35. How satisfied/dissatisfied are you with your current sleep pattern? O Very satisfied O Generally satisfied O Somewhat dissatisfied to you consider your sleep pattern to interfere with your daily ability to function at work/daily chores, concentration, memory, mood, etc.)?	tisfied functioning (su	O Very dissa	Very severe O O O attisfied					
a. Difficulty falling asleep b. Difficulty staying asleep c. Problem waking up too early d. Snoring 35. How satisfied/dissatisfied are you with your current sleep pattern? O Very satisfied O Generally satisfied O Somewhat dissatisfied to you consider your sleep pattern to interfere with your daily ability to function at work/daily chores, concentration, memory, mood, etc.)?	tisfied functioning (su	O O O O O O O O O O O O O O O O O O O	Very severe O O O attisfied					
a. Difficulty falling asleep b. Difficulty staying asleep c. Problem waking up too early d. Snoring 35. How satisfied/dissatisfied are you with your current sleep pattern? O Very satisfied O Generally satisfied O Somewhat dissatisfied to you consider your sleep pattern to interfere with your daily ability to function at work/daily chores, concentration, memory, mood, etc.)?	tisfied functioning (su	O Very dissauch as daytime fa	Very severe O O O attisfied					
a. Difficulty falling asleep b. Difficulty staying asleep c. Problem waking up too early d. Snoring O O 35. How satisfied/dissatisfied are you with your current sleep pattern? O Very satisfied O Generally satisfied O Somewhat dissatisfied to function at work/daily chores, concentration, memory, mood, etc.)? O Not at all interfering O A little O Somewhat O Somewhat	tisfied functioning (su	O Very dissauch as daytime fa	Very severe O O O attisfied attigue, erfering					
a. Difficulty falling asleep b. Difficulty staying asleep c. Problem waking up too early d. Snoring O O 35. How satisfied/dissatisfied are you with your current sleep pattern? O Very satisfied O Generally satisfied O Somewhat dissatisfied to function at work/daily chores, concentration, memory, mood, etc.)? O Not at all interfering O A little O Somewhat O Somewhat	tisfied functioning (su Much pairing the qua	O Very dissauch as daytime fa	Very severe O O O attisfied attigue, erfering					

40.	In t	he past month have you experienced?	Not at all	A little bit	Moderately	Quite a bit	Extremely
	a.	Repeated, disturbing memories of stressful experiences from the past	. 0	0	0	0	0
	b.	Repeated, disturbing dreams of stressful experiences from the past	0	0	0	0	0
	C.	Suddenly acting or feeling as if stressful experiences were happening again	0	0	0	0	0
	d.	Feeling very upset when something happened that reminds you of stressful experiences from the past	_ O	0	0	0	0
	e.	Trouble remembering important parts of stressful experiences from the past	_ O	0	0	0	0
	f.	Loss of interest in activities that you used to enjoy	_ O	0	0	0	0
	g.	Feeling distant or cut off from other people	0	0	0	0	0
	h.	Feeling emotionally numb, or being unable to have loving feelings for those close to you	O	0	0	0	0
	i.	Feeling as if your future will somehow be cut short	_ O	0	0	0	0
	j.	Trouble falling asleep or staying asleep	·- O	0	0	0	0
	k.	Feeling irritable or having angry outbursts	- O	0	0	0	0
	I.	Difficulty concentrating	O	0	0	0	0
	m.	Feeling "super-alert" or watchful or on guard	_ O	0	0	0	0
	n.	Feeling jumpy or easily startled	_ O	0	0	0	0
	0.	Physical reactions when something reminds you of stressful experiences from the past	0	0	0	0	0
	p.	Efforts to avoid thinking about your stressful experiences from the past or avoid having feelings about them	O	0	0	0	0
	q.	Efforts to avoid activities or situations because they remind you of stressful experiences from the past	_ O	0	0	0	0
	_	eneral, would you say your health is: (Please select or			0.5		
() E	xcellent O Very good	O Good		○ Fair		O Poor
42. I	Hov	v would you describe the condition of your teeth and gu	ms?				
() E	xcellent O Very good	○ Good		○ Fair		O Poor

43. Choose the single best description of your **USUAL** daily activities.

- O You sit during the day and do not walk much.
- O You stand or walk a lot during the day, but do not carry or lift things often.
- O You lift or carry light loads, or climb stairs or hills often.
- O You do heavy work or carry heavy loads often.

	-							_	_
	(6003390865							
44	(P			mi /eek o	On those days, how many inutes per day on average do you exercise	y			
	a.	STRENGTH TRAINING or work that strengthens your muscles? (such as lifting/pushing/pulling weights)		AND		OR	NoneCannot	t physically do)
	b.	VIGOROUS exercise or work that causes heavy sweating or large increases in breathing or heart rate? (such as running, active sports, marching, biking)		AND		UK	NoneCannot	t physically do)
	C.	MODERATE or LIGHT exercise or work that causes light sweating or slight increases in breathing or heart rate? (such as walking, cleaning, slow jogging)		AND		OR	O None O Cannot	physically do)
45	. Or vic	n a typical day , how much time do you spend sitting and w deos or using a computer?	atching T\	/ or			hours	per day	
46	. Th	ne following questions are about activities you might do duri	ng a typic	al day. D	oes your hea	Ith no	w limit y	/ou	
		these activities? If so, how much?		No, not li at al	mited Yes,	limited little		s, limited a lot	
	a.	Vigorous activities, such as running, lifting heavy object participating in strenuous sports?		_ O		0		0	
	b.	. Moderate activities , such as moving a table, pushing a cleaner, bowling, or playing golf?		0		0		0	
	C.	Lifting or carrying groceries?				0		0	
	d.	Climbing several flights of stairs?		- 0		0		0	
	e.	. Climbing one flight of stairs?		0		0		0	
	f.	Bending, kneeling, or stooping?		. 0		0		0	
	g.	. Walking more than a mile ?		. 0		0		0	
	h.	. Walking several blocks?		. 0		0		0	
	i.	Walking one block?		. 0		0		0	
	j.	Bathing or dressing yourself?		. 0		0		0	
4	7. D	ouring the past 4 weeks, have you had any of the following	problems	with your	work or other	regula	ır daily		
	a	ctivities as a result of your physical health?	No, none of the time	Yes a little the tin	of some o	f n	Yes, nost of ne time	Yes, all of the time	
	a.	Cut down the amount of time you spent on work or other activities	0	0	0		0	0	
	b.	Accomplished less than you would like	0	0	0		0	0	
	C.	Were limited in the kind of work or other activities	0	0	0		0	0	
	d.	Had difficulty performing the work or other activities (for example, it took extra effort)	0	0	0		0	0	

48	48. During the <u>past 4 weeks</u> , have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?								
					No, none of the time	Yes, a little of the time	Yes, some of the time	Yes, most of the time	Yes, all of the time
	a.	Cut down the amou l other activities	nt of time you sp	ent on work or	0	0	0	0	0
	b.	Accomplished less	than you would li	ike	- · O	0	0	0	0
	C.	Didn't do work or oth	er activities as ca	arefully as usual	O	0	0	0	0
49	no	ring the <u>past 4 week</u> rmal social activities v	vith family, friends	s, neighbors, or gro	ups?	·		•	
	0	Not at all	○ Slightly	○ Moder	ately	O Qi	uite a bit	0	Extremely
50	50. During the past 4 weeks , how much bodily pain have you had?								
	0	None O V	ery mild	O Mild	O Moderat	е	O Severe	0 V	ery severe
51	51. During the <u>past 4 weeks</u> , how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?								
	0	Not at all	O A little bit	O Moder	ately	O Qu	uite a bit	0	Extremely
52		ring the past 4 week elect the single best		question.) None of the	A little of the	Some of the	A good bit of	Most of the	All of the
	a.	Did you feel full of p	en?	time	time	time	the time	time	time
		Have you been a ve			0	0	0	0	0
		Have you felt so dow	•	nat					
		nothing could chee			0	0	0	0	0
	d.	Have you felt calm a	ind peaceful?	O	0	0	0	0	0
	e.	Did you have a lot o	f energy?	О	0	0	0	0	0
	f.	Have you felt downh			0	0	0	0	0
	g.	Did you feel worn or		J	0	0	0	0	0
	h.	Have you been a ha		_	0	0	0	0	0
	i.	Did you feel tired ?		O	0	0	0	0	0
53	53. During the <u>past 4 weeks</u> , how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives)?								
	0	None of the time	○ A little of the	time O Some	of the time	O Mo	st of the time	O All	of the time

_	_	_	_	_	_	_	_	_	_
$^{\circ}$	~	л	റ	~	\mathbf{a}	$^{\circ}$	n	6	Λ.

54	Please choose	the answer that bes	t describes how true	e or false each of t	the following state	ments is for you
υт.	. 1 10030 0110030	the answer that bes	L GCSCHDCS HOW LIGH	OI IGIOC CACII OI	tile ioliewilla state	

0-1. 1	Todae dilocae the allower that best describes flow true	or raise casin or		ng otatomonto	o ioi you.	
		Definitely true	Mostly true	Not sure	Mostly false	Definitely false
a.	I seem to get sick a little easier than other people	O	0	0	0	0
b.	I am as healthy as anybody I know	O	0	0	0	0
c.	I expect my health to get worse	-· O	0	0	0	0
d.	My health is excellent	-· O	0	0	0	0
55. <u>C</u>	Compared to 3 years ago, how would you rate your phy	sical health in	general nov	w?		
(Much better O Somewhat better O Abo	ut the same	O Son	newhat worse	01	Much worse
	Compared to 3 years ago, how would you rate your emodepressed, or irritable) now?	otional health o	or well-beir	ig (such as fee	ling anxiou	S,
(Much better O Somewhat better O Abo	ut the same	O Son	newhat worse	01	Much worse
57 I	n the last 4 weeks , how well have your family or friends	supported you?				
	· · ·	erately		te a bit	01	Extremely
58. (Other than conventional medicine, what other health treat	ments have you	used in th	e last 12 mont	hs?	
á	a. Acupuncture O No Yes	i. High do	se / megav	vitamin therapy.	O No	O Yes
ı	o. Biofeedback O No Yes	j. Homeo	pathy		O No	O Yes
(c. Chiropractic care O No O Yes	k. Hypnos	is		O No	O Yes
(d. Energy healing O No Yes	l. Massag	je		O No	O Yes
(e. Folk remedies O No O Yes	m. Relaxat	tion		_	O Yes
1	Herbal therapy ONO Yes	•				O Yes
(g. Yoga O No O Yes	o. Meditat	ion		O No	O Yes
ı	n. Movement therapy O No O Yes	p. Breathi	ng techniqu	ies	O No	O Yes
59. H	Have you taken any of the following supplements in the la	st 12 months?				
á	a. Body building supplements (such as amino acids, we	ight gain produc	cts, creatine	e, etc.)	O No	O Yes
ı	c. Energy supplements (such as energy drinks, pills, or	energy enhanci	ng herbs)_		O No	O Yes
(c. Weight loss supplements				O No	O Yes
-						
60. a	a. Have you ever received the anthrax vaccine?				O No	○ Yes
b	b. If YES , how many shots of the anthrax vaccine have yo	ou received?				
61. H	Have you received the smallpox vaccine after 2001?				_	○ Yes

	4	4811390860						
62		licate the degree to which the following statements are e in your life	Not at all	To a very small degree	To a small degree	To a moderate degree	To a great degree	To a very great degree
	a.	I prioritize what is important in life	0	0	0	0	0	0
	b.	I have an appreciation for the value of my own life	0	0	0	0	0	0
	c.	I am able to do good things with my life	0	0	0	0	0	0
	d.	I have an understanding of spiritual matters	0	0	0	0	0	0
	e.	I have a sense of closeness with others	0	0	0	0	0	0
	f.	I have established a path for my life	0	0	0	0	0	0
	g.	I know that I can handle difficulties	0	0	0	0	0	0
	h.	I have religious faith	0	0	0	0	0	0
	i.	I'm stronger than I thought I was	0	0	0	0	0	0
	j.	I have learned a great deal about how wonderful people are	0	0	0	0	0	0
	k.	I have compassion for others	0	0	0	0	0	0
63	(su	ese next few questions are about drinking alcoholic beverages. Alcoholoch as whiskey, gin, etc.). For the purpose of this questionnaire: One drink = one 12-ounce beer, one 4-ounce glass of the past year, how often did you typically drink any type of alcohologophics.	wine, c	or one 1.5				
	10	Never O Rarely O Monthly		0'	Weekly			
								Daily
64		If you marked NEVER, skip to questio	n 72 o	n page 1	5			Daily
		If you marked NEVER, skip to question the past year, on those days that you drank alcoholic beverages, average, how many drinks did you have?	on 72 o	n page 1	5			Daily drinks
65	on	the past year , on those days that you drank alcoholic beverages,						
65	on	the past year , on those days that you drank alcoholic beverages, average, how many drinks did you have?				uor		
	on . In	the past year , on those days that you drank alcoholic beverages, average, how many drinks did you have?a typical week , how many drinks of each type of alcoholic beverage		ou have?				drinks
66	on . In . La	the past year , on those days that you drank alcoholic beverages, average, how many drinks did you have?	Frid	ou have?	liq Sature	day		drinks

69	_	PR MEN ONLY: the past year, how o	ften did you typically have	5 or more drinks of alcoholic beverages within	a 2-hour period	?
	01	Never	O Monthly or less	O 2-4 times a month	O >4 times per	month
70		OR WOMEN ONLY: the past year, how o	ften did you typically have	4 or more drinks of alcoholic beverages within	a 2-hour period	?
	01	Never	O Monthly or less	O 2-4 times a month	O >4 times per	month
71	. In	the <u>last 12 months</u> , l	have any of the following h	nappened to you more than once?		
		problem with your h	ealth	ested that you stop drinking because of a	O No	O Yes
	b.		•	hung over while you were working, going to ponsibilities	○ No	O Yes
	C.			other activities because you were drinking or	O No	O Yes
	d.	You had a problem	getting along with people v	vhile you were drinking	O No	O Yes
	e.	You drove a car after	er having several drinks or	r after drinking too much	O No	O Yes
72		ve you ever felt any o	-			
						O Yes
				ut back on your drinking		O Yes
	C.	Felt you needed an	"eye-opener" or early mor	rning drink	O No	O Yes
	d.	Felt guilty about you	ır drinking		O No	O Yes
73	. In t	the past year , have y	ou used any of the followi	ing tobacco products?		
	a.	Cigarettes			O N o	O Yes
	b.	Cigars			O No	O Yes
	C.	Pipes			O No	O Yes
	d.	Smokeless tobacco	(chew, dip, snuff)		O N o	O Yes
74	. In	your lifetime , have y	ou smoked at least 100 ci	igarettes (5 packs)?	O No	O Yes
			If you marked NO	, skip to question 79 on page 16		
75	. At	what age did you sta	rt smoking?			years old
76				ge of at least 3 cigarettes per day		years

2530390866 77. When smoking, how many packs per day did you or do you smoke? 78. Have you ever tried to quit smoking? O Less than half a pack per day O Yes, and succeeded O Yes, but not successfully O Half to 1 pack per day O No O 1 to 2 packs per day O More than 2 packs per day If YES, list 79. In the past 3 years, have any of the following life events happened to you? most recent year a. You moved or changed residence more than once _____ O No O Yes 0 b. You changed job, assignment, or career path involuntarily (for example, 2 0 O No O Yes you lost a job, or you had to take a job you did not like) O No O Yes 2 0 c. You or your partner had an unplanned pregnancy ______ 0 2 d. You were divorced or separated _____ O No O Yes Suffered major financial problems (such as bankruptcy) _____ O No O Yes 2 0 2 Suffered forced sexual relations or sexual assault _____ O No O Yes 0 Experienced sexual harassment O No O Yes 2 0 2 0 Suffered a violent assault _____ O No O Yes Had a family member or loved one who became severely ill_____ O No O Yes 2 0 2 0 Had a family member or loved one who died _____ O No O Yes 2 0 k. Suffered a disabling illness or injury_____ O No O Yes 80. During the past 3 years, have you been PERSONALLY exposed Yes. If YES, list to any of the following? (do not include TV, video, movies, Yes, more than most recent year computers, or theater) 1 time 1 time No of exposure 2 0 a. Witnessing a person's death due to war, disaster, or tragic event - - O 0 0 2 0 b. Witnessing instances of physical abuse (torture, beating, rape)___ O \circ \circ 2 0 c. Dead and/or decomposing bodies _____ O 0 0 2 0 Maimed soldiers or civilians _____ 0 \circ e. Prisoners of war or refugees _____O 2 0 0 0

Chemical or biological warfare agents ______

warfare protective gear _____ O

Medical countermeasures for chemical or biological

h. Alarms necessitating wearing of chemical or biological

0

0

0

0

0

0

0

2 | 0

2

0

	2	175390861				
81.		ring the past 3 years, were you PERSONALLY oosed to any of the following?	No	Don't know	Yes	If YES , list most recent year of exposure
	a.	Occupational hazards requiring protective equipment, such as respirators or hearing protection	_ 0	0	0	2 0
	b.	Routine skin contact with paint and/or solvent and/or substances	0	0	0	2 0
	C.	Depleted uranium (DU)	- 0	0	0	2 0
	d.	Microwaves (excluding small microwave ovens)	- O	0	0	2 0
	e.	Pesticides, including creams, sprays, or uniform treatments	_	0	0	2 0
	f.	Pesticides applied in the environment or around living facilities _	. 0	0	0	2 0
	g.	Any exposure, physical or psychological, during a military deployment that had a significant impact on your health?	O	0	0	2 0
		please specify				
82.	We	re you ever injured from any of the following? Yes, while Yes, No NOT deployed while deployed	Total #	11103116		ury you lose more than
	a.	Training or sports injury O		MM	/ Y	✓ O No O Yes
	b.	Blast / explosion / bullet O		MM	/ Y	Y O No O Yes
	C.	Motor vehicle accident/crash O O		MM	/ Y	✓ ONO OYes
		If YES, to the crash question above, please answer the following	ig for you	ur most severe a	acciden	at or crash.
		c1. What type of vehicle was involved? O Motorcycle C	Person	al car/truck O	Gover	nment vehicle
		c2. How many vehicles were involved? O Your vehicle only	y O M	Iultiple vehicles		
		c3. What was your role?O Driver	Passen	ger		
		c4. What safety features did you use? O Seat belt O F	lelmet	O Both O N	either	
		c5. What time and day of the week Day of week: O M Time of day: O 6 A			○ F night - 0	
		c6. Which of the following factors (related to Speed ○ No of the DRIVER) were involved in the crash? Alcohol ○ No of		•		○ No ○ Yes one use) ○ No ○ Yes
		c7. Did any of the following contribute to the crash? OBad we	ather O	Poor road condi	tions C	Combat / enemy fire
		c8. Injury treatment: O Minor injury, no treatment sought O Clinic or office visit only	Hospital	lized — Nur	nber of	days:
				number of limite ot include lost w		ys):
83.		any injury you received in the <u>past 3 years</u>	Yes, le deploy	Yes, wh yed NOT depl		If YES, list date of most recent injury
		Being dazed, confused, or "seeing stars"	O		[M M / Y Y
	b.	Not remembering the injury	0	0		M M / Y Y
	c.	Losing consciousness (knocked out)O	0	0		M M / Y Y
		If YES , approximately how long were you unconscious (known of Less than 1 minute of 1-4 minutes of 5-30 minutes		for? ore than 30 min	utes	

Please answer question 84 ONLY if you are ENLISTED (Active Duty, Reserve, or National Guard). All others please skip to question 85 on page 19

84. Review the list of military occupational categories below. Select the **two** categories that **best match** your military job and fill in the two-digit codes for your **primary** job code and your **secondary** job code.

PRIMARY JOB CODE		SECONDARY JOB CODE	

ENLISTED MILITARY OCCUPATIONAL CATEGORIES INFANTRY, GUN CREWS & SEAMANSHIP SPECIALISTS FUNCTIONAL SUPPORT & ADMINISTRATION Infantry......01 Personnel......50 Armor or Amphibious......02 Administration......51 Clerical/Personnel......52 Data Processing......53 Artillery/Gunnery, Rockets or Missiles......04 Accounting, Finance or Disbursing......54 Other Functional Support......55 Religious, Morale or Welfare......56 Information or Education......57 **ELECTRONIC EQUIPMENT REPAIRERS ELECTRICAL/MECHANICAL EQUIPMENT REPAIRERS** Radio/Radar.....10 Fire Control Electric Systems, Non-Missile......11 Aircraft or Aircraft Related......60 Automotive......61 Sonar Equipment......13 Wire Communications......62 Nuclear Weapons Equipment.....14 Missile Mechanical or Electrical......63 ADP Computers......15 Armament or Munitions...... 64 Teletype or Cryptographic Equipment......16 Shipboard Propulsion......65 Other Electronic Equipment......19 Precision Equipment......67 **COMMUNICATIONS & INTELLIGENCE SPECIALISTS CRAFTWORKERS** Metalworking......70 Signal Intel/Electronic Warfare......23 Construction.......71 Intelligence.....24 Utilities......72 Combat Operations Control.......25 Lithography......74 Industrial Gas or Fuel Production......75 Communications Center Operations......26 **HEALTH CARE SPECIALISTS** Other Craftworker......79 Medical Care......30 **SERVICE & SUPPLY HANDLERS** Ancillary Medical Support......31 Dental Care......33 Motor Transport......81 Medical Administration or Logistics......34 Material Receipt, Storage or Issue......82 OTHER TECHNICAL AND ALLIED SPECIALISTS Personnel Service......84 Auxiliary Labor.....85 Photography......40 Forward Area Equipment Support......86 Mapping, Surveying, Drafting or Illustrating......41 Other Services......87 Weather......42 Ordnance Disposal or Diving......43 OTHER Musician......45 Patients or Prisoners......90 Technical Specialist......49 Officer Candidate or Student......91 Undesignated Occupations......92 Not Occupationally Qualified......95

Please answer question 85 ONLY if you are an OFFICER or WARRANT OFFICER (Active Duty, Reserve, or National Guard). All others please skip to question 86 on page 20

85. Review the list of military occupational categories below. Select the <u>two</u> categories that <u>best match</u> your military job and fill in the two-digit codes for your <u>primary</u> job code and your <u>secondary</u> job code.

PRIMARY JOB CODE		SECONDARY JOB CODE		
------------------	--	--------------------	--	--

OFFICER OF WARRANT OFFICER MILITARY OCCUPATIONAL CATEGORIES **TACTICAL OPERATIONS OFFICERS GENERAL OFFICERS & EXECUTIVES** Fixed-Wing Fighter or Bomber Pilot......2A General or Flag......1A Helicopter Pilot......2C Executive......1B Aircraft Crew......2D **HEALTH CARE OFFICERS** Ground or Naval Arms......2E Missiles......2F Physician......6A Operations Staff......2G Dentist......6C Civilian Pilot.....2H Nurse......6E Veterinarian......6G **INTELLIGENCE OFFICERS** Biomedical Sciences or Allied Health.......6H Health Service Administration......6I **ADMINISTRATORS** Counter-intelligence.....3C Administrator, General......7A **ENGINEERING & MAINTENANCE OFFICERS** Training Administrator......7B Construction or Utilities......4A Electrical or Electronic......4B Comptroller or Fiscal......7D Communications or Radar......4C Data Processing......7E Aviation Maintenance or Allied......4D Pictorial......7F Information......7G Ordnance......4E Missile Maintenance.....4F Police......7H Ship Construction or Maintenance.....4G Inspection......7L Morale & Welfare......7N Ship Machinery......4H Safety......4J Chemical......4K **SUPPLY, PROCUREMENT & ALLIED OFFICERS** Automotive or Allied......4L Logistics, General.....8A Surveying or Mapping...... 4M Supply......8B Other......4N Transportation......8C Procurement or Production.....8D **SCIENTISTS & PROFESSIONALS** Food Service.....8E Physical Scientist......5A Exchange or Commissary.....8F Meteorologist......5B Other......8G Biological Scientist......5C **OTHER** Social Scientist......5D Psychologist......5E Patient......9A Legal......5F Student......9B Chaplain......5G Other......9E Social Worker......5H Mathematician or Statistician.....5J Educator or Instructor......5K Research & Development Coordinator......5L Community Activities Officer......5M

Scientist or Professional......5N

Please answer question 86 ONLY if you have a CIVILIAN job. All others please skip to question 87 on page 22

86. Review the list of <u>civilian</u> occupational categories on this pag	
match your civilian job and fill in the three-digit codes for your	primary and your <u>secondary</u> job codes.
PRIMARY JOB CODE SE	ECONDARY JOB CODE
CIVILIAN OCCUPATION	ONAL CATEGORIES
More categories li	
ARCHITECTURE & ENGINEERING	EDUCATION, TRAINING & LIBRARY
Architect, Surveyor or Cartographer171	Postsecondary Teacher
Engineer	Primary, Secondary or Special Education School Teacher
Drafter, Engineering or Mapping Technician173	Other Teacher or Instructor
ARTS, DESIGN, MEDIA, ENTERTAINMENT & SPORTS	Librarian, Curator or Archivist254
	Other Education, Training or Library Occupation259
Art or Design271	Other Education, Training of Library Goodpation200
Entertainer, Performer, Sports or Related Worker272	FARMING, FISHING & FORESTRY WORKERS
Media Communication Worker273	
Media Communication Equipment Worker274	Supervisor, Farming, Fishing or Forestry Worker451
	Agricultural Worker
BUILDING & GROUNDS CLEANING & MAINTENANCE	Fishing or Hunting Worker
Supervisor, Building & Grounds, Cleaning &	Forest, Conservation or Logging Worker
Maintenance Worker371	Other Farming, Fishing or Forestry459
Building Cleaning or Pest Control372	FOOD PREPARATION & SERVING RELATED
Ground Maintenance373	TOOD FREFARATION & SERVING RELATED
	Supervisor, Food Preparation or Serving351
BUSINESS & FINANCIAL OPERATIONS	Cook or Food Preparation Worker352
Business Operations Specialist131	Food and Beverage Worker353
Financial Specialist	Other Food Preparation or Serving Related Worker359
i iriaridiai opedialist132	
COMMUNITY & SOCIAL SERVICES	HEALTH CARE
	Physician295
Counselor, Social Worker or Other Community	Nursing, Psychiatric or Home Health Aid311
or Social Service Specialist211	Occupational or Physical Therapist Assistant or Aid312
Religious Worker212	Other Health Care Occupation319
COMPLETED & MATHEMATICAL	
COMPUTER & MATHEMATICAL	INSTALLATION, REPAIR & MAINTENANCE
Computer Specialist151	Supervisor of Installation, Maintenance
Mathematical Specialist152	or Repair Worker491
Mathematical Technician153	Electrical or Electric Equipment Mechanic,
	Installer or Repairer492
CONSTRUCTION & EXTRACTION	Vehicle or Mobile Equipment Mechanic,
Supervisor, Construction or Extraction Worker471	Installer or Repairer493
Construction Trades Worker471	Other Installation, Maintenance or Repair499
Helper, Construction Trades	·
Other Construction or Related Worker474	
Extraction Worker475	

More categories listed on page 21...

CIVILIAN OCCUPAT	ONAL CATEGORIES
LEGAL	PRODUCTION
Lawyer, Judge or Related Worker231	Supervisor, Production Worker511
Legal Support Worker232	Assembler, Fabricator512
	Food Processing Worker513
LIFE, PHYSICAL & SOCIAL SCIENCES	Metal or Plastic Worker514
Life Scientist191	Printing Worker515
	Textile, Apparel or Furnishing Worker516
Physical Scientist	Woodworker517
	Plant or Systems Operator518
Life, Physical or Social Sciences Technician194	Other Production Occupation519
MANAGEMENT	PROTECTIVE SERVICES
Top Executive111	First Line Supervisor/Manager, Protective Services331
Advertising, Marketing, Promotions, PR or	Firefighting or Prevention Worker332
Sales Manager112	Law Enforcement Worker333
Operations Specialties Manager113	Other Protective Service Worker339
Other Management Occupation119	
OFFICE & ADMINISTRATIVE SUPPORT	SALES-RELATED
Companies Office on Administrative Company	Supervisor, Sales411
Supervisor, Office or Administrative Support431	Retail Sales Worker412
Communications Equipment Operator	Sales Representative, Services413
Financial Clerk	Sales Representative, Wholesale or Manufacturing414
Information or Record Clerk	Counter or Rental Clerk or Parts Salesperson415
Material Recording, Scheduling, Dispatching	Other Sales or Related Worker419
or Distributing Worker	
Secretary or Administrative Assistant	TRANSPORTATION & MATERIAL MOVING
''	Supervisor, Transportation or Material Moving531
PERSONAL CARE SERVICE	Motor Vehicle Operator533
	Rail Transportation Worker534
Supervisor, Personal Care or Service391	Water Transportation535
Animal Care or Service392	Other Transportation536
Entertainment Attendant or Related Worker393	Material Moving Worker537
Funeral Worker394	ŭ
Personal Appearance395	
Transportation, Tourism or Lodging Attendant396	
Other Personal Care or Service Worker399	

	• 4	196390866					_
87	. WI em	hich of the following best describes your inployment status? Choose the single best answer. Full-time (greater than or equal to 30 hours per week) Part-time (less than 30 hours per week) Not employed, looking for work Not employed, not looking for work Not employed, retired Not employed, disabled Homemaker Other please specify		hat is your a) less than \$) \$25,000-\$2) \$50,000-\$3) \$75,000-\$3) \$125,000-\$3) \$125,000-\$3	19,999 74,999 99,999 6124,999 6149,999	old income?	
89		ease indicate your level of agreement h these statements:	Strongl Disagre	•	Neither Agree no ee Disagree		Strongly Agree
	a.	I have little control over the things that happen to me	O	0	0	0	0
	b.	What happens to me in the future mostly depends on n	ne O	0	0	0	0
	c.	I can do just about anything I really set my mind to do _	· O	0	0	0	0
	\\/\		Negative	Somewhat Negative	Neither Negative nor Positive	Positive	Positive
		hat is your overall feeling about your military service?	_		O Decemie or N	O lational Cua	_
		· · · · · · · · · · · · · · · · · · ·	es, Active D		s, Reserve or N	-	_
			s, Active D	uty O Yes	s, Reserve or N	-	_
91	. Are	e you currently serving in the US military? ○ Ye	s, Active D	uty O Yes	s, Reserve or N	-	_
91	. Are	If you marked YES, skip to w much did each of the following reasons affect	es, Active D to question Not at all	uty O Yes	s, Reserve or N	lational Gua	rd O No
91	. Are	If you marked YES, skip to w much did each of the following reasons affect for decision to leave the military? Dissatisfaction with deployments and/or	to question Not at all	uty O Yes n 96 on pago A little bit	e 23 Moderately	lational Gua Quite a bit	rd O No Extremely
91	. Are	If you marked YES, skip to w much did each of the following reasons affect our decision to leave the military? Dissatisfaction with deployments and/or frequent moves	Not at all	uty O Yes n 96 on page A little bit	s, Reserve or N e 23 Moderately	Quite a bit	rd O No Extremely
91	. Are	If you marked YES, skip to we much did each of the following reasons affect our decision to leave the military? Dissatisfaction with deployments and/or frequent moves Military service created hardship for family	Not at all	uty O Yes n 96 on page A little bit	s, Reserve or N e 23 Moderately	Quite a bit	Extremely
91	a. b.	If you marked YES, skip to we much did each of the following reasons affect our decision to leave the military? Dissatisfaction with deployments and/or frequent moves Military service created hardship for family Dissatisfaction with promotion, pay, or other benefits	Not at all	uty O Yes 1 96 on page A little bit	Moderately O	Quite a bit	Extremely
91	a. Hc. you	If you marked YES, skip to we much did each of the following reasons affect our decision to leave the military? Dissatisfaction with deployments and/or frequent moves Military service created hardship for family Dissatisfaction with promotion, pay, or other benefits Dissatisfaction with job or leadership/supervision Desire to continue your education, start a new career,	Not at all	uty O Yes	Moderately O O O	Quite a bit	Extremely O O
91	a. hc. d.	If you marked YES, skip to we much did each of the following reasons affect ar decision to leave the military? Dissatisfaction with deployments and/or frequent moves Military service created hardship for family Dissatisfaction with promotion, pay, or other benefits Dissatisfaction with job or leadership/supervision Desire to continue your education, start a new career, or change in personal goals	Not at all	uty O Yes	Moderately O O O	Quite a bit	Extremely O O O
91	a. hc. d. e. f.	If you marked YES, skip to we much did each of the following reasons affect our decision to leave the military? Dissatisfaction with deployments and/or frequent moves Military service created hardship for family Dissatisfaction with promotion, pay, or other benefits Dissatisfaction with job or leadership/supervision Desire to continue your education, start a new career, or change in personal goals Disability or other medical reasons Difficulty meeting weight standards and/or	Not at all	uty O Yes	Moderately O O O O O O	Quite a bit	Extremely O O O O

j. Fulfilled term of service or was retirement eligible _ _ _ \bigcirc

65				

93. a. Has the VA determined that you have one or more service connected disabilities?O No O Yes
b. If YES , indicate the total percent of your VA service connected disabilities percent disability
94. Have you ever received any medical care from VA facilities?O None O Some of my care O All of my care
95. Are you currently employed by a US Federal agency or the US Federal government?O No O Yes
96. In the last 3 years , have you received imminent danger pay, hardship duty pay, or combat zone tax exclusion benefits for deployment?O No O Yes
If you marked NO, skip to question 101 on page 24
97. Use the country and sea codes (01-27) assigned to the locations below to indicate the region(s) where you received imminent danger pay, hardship duty pay, or combat zone tax exclusion benefits. Please list the most recent first.
Country Codes 11 Pakistan Sea Codes
01 Afghanistan 12 Philippines 21 Adriatic Sea
02 Bahrain 13 Qatar 22 Arabian Sea
03 Bosnia or Herzegovina 14 Saudi Arabia 23 Gulf of Aden
04 Croatia 15 Serbia (includes Kosovo) 24 Gulf of Oman
05 Iraq 16 Tajikistan 25 Persian Gulf
06 Kuwait 17 Turkey 26 Red Sea
07 Kyrgyzstan 27 Other sea area
08 Macedonia please specify
19 Uzbekistan 09 Montenegro
10 Oman 20 Other country please specify
product specify
Location Date Arrived Date Departed
a. Month / Year Month / Year a. To // 2 0 // 2 0 // 2 0
b.
c.
d.
e. / 2 0 TO / 2 0
f. / 2 0 TO / 2 0

O Yes

hardship duty pay, or combat zone tax exclusion benefits than fit into the space allowed above? O No

98. In the last 3 years, have you been to more regions where you received imminent danger pay,

99	. In the last 3 years , how often have you experienced the following	g during (1 time	More than 1 time	List most recent year of exposure
a.	Feeling that you were in great danger of being killed	0	0	0	2 0
d.	. Being attacked or ambushed	0	0	0	2 0
	. Receiving small arms fire	0	0	0	2 0
	. Clearing / searching homes or buildings	0	0	0	2 0
	. Having an improvised explosive device (IED) or booby trap explode near you	0	0	0	2 0
f.	Being wounded or injured	0	0	0	2 0
g.	Seeing dead bodies or human remains	0	0	0	2 0
h.	Handling or uncovering human remains	0	0	0	2 0
i. j.	Knowing someone seriously injured or killed	0	0	0	2 0
	Seeing Americans who were seriously injured or killed	0	0	0	2 0
k.	Having a member of your unit be seriously injured or killed	0	0	0	2 0
I.	Being directly responsible for the death of an enemy combatant	0	0	0	2 0
m	Being directly responsible for the death of a non-combatant	0	0	0	2 0
n	. Being exposed to smoke from burning trash and/or feces	0	0	0	2 0
100. When you were returning from deployment, did you first go to a separate location other than your home station and complete a structured decompression program? O No O Yes If YES, please specify location:					
101. Do you have any concerns about your health that are not covered in this questionnaire that you would like to share? (Continue on a separate sheet if necessary.)					

Thank you for completing this important questionnaire!

Your responses will help service members and veterans.

More information on the Millennium Cohort Study can be found at http://www.MillenniumCohort.org